

## BROOKWOOD TRACK INVITATIONAL

**Tuesday, April 15, 2025** at Adam Luing Field; on the east side of the school buildings.

**Bus Arrival:** Buses should not arrive prior to 3:30 P.M. Our dismissal occurs at 3:15, and due to ongoing construction at the school, the parking lot is currently very congested. For safety reasons, we request that buses refrain from arriving early.

### **Timetable:**

Shot & Discus weigh-in 3:45-4:15 under grandstand  
Pole Vault pole verification 3:45-4:15 under grandstand  
Coach's Meeting: 4:00 (finish line),  
Field Events: 4:30, Running Events: 4:30

**Schools Confirmed:** Bangor, Brookwood, Cashton, Hillsboro, Ithaca/Weston, New Lisbon, North Crawford, Providence Academy, Royall, Wauzeka-Steuben. Wonewoc Center

**Medals:** Top 3 Finishers in Each Event

**Team Awards:** 1st and 2nd Place plaques for both Boys & Girls

**Officials:** Kevin Kravik, Ken Hall, Brad Bever

**Jury of Appeals:** One coach from Bangor and Cashton and Jasmine Parry (Brookwood)

### **Hand Offs:**

#### **4x100 M**

**Exchange Zone #1** - Bangor, Wauzeka-Steuben  
**Exchange Zone #2** - Cashton, Royal  
**Exchange Zone #3** - Brookwood, Wonewoc-Center

#### **4x 200 M Exchange**

**Zones #1&#3** - Hillsboro, Ithaca/Weston  
**Exchange Zone #3** - New Lisbon, North Crawford

**Spikes:** ¼ inch spikes may be worn on all runways, approach areas, and the track. Please, no pin or "Christmas tree" spikes.

**Approach marking:** Please do not use athletic tape on the track for marks in field events. Chalk will be provided.

**Athletic Trainer:** Gunderson Health will provide a trainer.

**Concessions:** Available on Site.

**Infield:** Closed to anyone except athletes warming up for a race. No spectators are allowed on the infield; this includes athletes cheering or watching events. High jump athletes and coaches will have designated areas. Unauthorized individuals will be asked to leave the infield. There is a walkway around the outside of the fence for people to get to field events. The walkway begins at the grandstand on the west side of the track and goes north to the east side where all field events except high jump occur. High jump will be at the north end of the track.

**Team Camps:** We will have a designated area near the discus for tents to be set up with signage indicating specific areas. Please respect our newly seeded grass areas by staying in the designated areas.

**Handicap Parking:** There are handicap parking spaces directly beside the track facility. Please contact us in advance with any questions regarding accessibility needs.

**Admission:** Adults \$4.00; Students \$2.00

**Bus Parking:** We will be sending out a separate note about parking.

**Entry Limitations:** Entries are limited to 28 with one entry in each of the four relay races. We will combine races (4x8, 3200m run, etc.) when possible, especially if weather is an issue.

**Additional Information:** We have the pole vault. We have lights, but we will strive to move through the meet as efficiently as possible. All events will be finals only. Please be accurate in seeding times.

**Number of jumps and throws will be 4.**

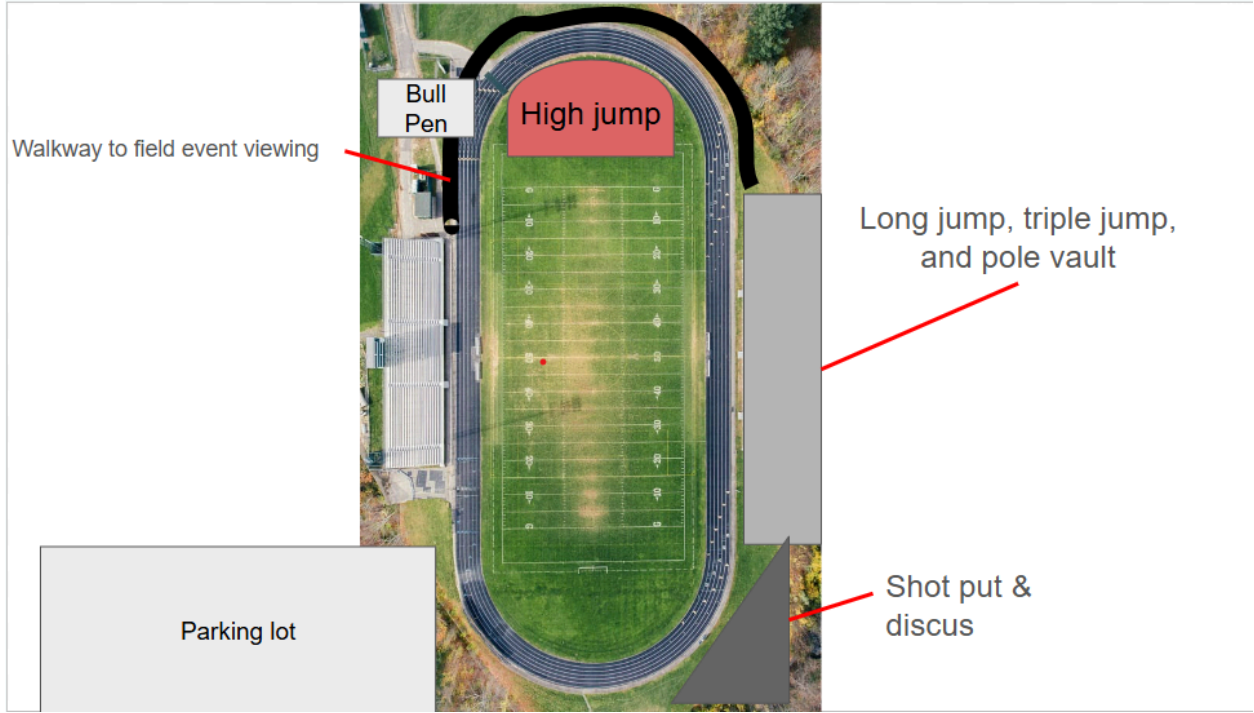
**Event Checkout:** Check out from field events will be 15 minutes. Time for return will begin when the competitor's name is called. It is early in the season, so please review this rule with athletes.

**Entries:** Entries will be through MileSplit at [wi.milesplit.com](http://wi.milesplit.com). The meet information and program will be available at AccuRace Timing Services' website at [www accuracetiming.com](http://www accuracetiming.com). **The entry deadline is set at 12:00 pm on Monday, April 14<sup>th</sup>.**

Contact Clark Jillson at AccuRace Timing ([chvjillson@aol.com](mailto:chvjillson@aol.com)) if you have entry-related questions. The heat sheets will be available online and copies will be available the day of the meet. AccuRace Timing will be timing and scoring the meet.

**Entry Fee:** Please send your entry fee of **\$200** payable to Brookwood High School before the day of meet or give it to Ken Clinton on the 15th.

**Questions:** Please contact athletic director Ken Clinton at [kclinton@now.k12.wi.us](mailto:kclinton@now.k12.wi.us) or coaches Kim Neal Nofsinger at [knofsinger@now.k12.wi.us](mailto:knofsinger@now.k12.wi.us) or Heidi Maurhoff at [hmaurhoff@now.k12.wi.us](mailto:hmaurhoff@now.k12.wi.us)



Bull Pen

High jump

Walkway to field event viewing

Parking lot

Long jump, triple jump, and pole vault

Shot put & discus

## **ORDER OF EVENTS**

### FIELD EVENTS STARTING AT 4:30

High Jump **Starting Height**—Will be determined—Boys and Girls will Jump Simultaneously on Two Pits. Boys Pit to East – Girls Pit to West. We will use the “Five Alive” procedure.

Triple Jump Southeast pit open from 4:30-6:30 - Cafeteria Format

Long Jump Southwest pit open from 4:30 -6:30 Cafeteria Format

Girls Shot Put - followed by Boys

Boys Discus - followed by Girls

Boys Pole Vault followed by Girls - Starting Heights - Boys 6’0” Girls 5’0”

### RUNNING EVENTS STARTING AT 4:30 - ALL EVENTS ARE FINALS

We will not follow a set time schedule. The running portion of the meet will begin with the 4x800 relay and proceed as quickly as we can in order to accommodate all who must travel any distance. Heats will be based on slowest to fastest with NO finals; Please try to be accurate in seed times

All Events Girls Followed by Boys

4x800m Relay (may be combined)

Girl’s 100M hurdles

Boy’s 110M High Hurdles

100M Dash

1600M Run (may be combined depending on entries)

4x200M Relay

400M DASH

4X100M RELAY

Girl’s 300M Low Hurdles

Boy’s 300M Intermediate Hurdles

800M RUN

200M DASH

3200 METER RUN (may be combined)

4X400M RELAY