

BROOKWOOD MIDDLE SCHOOL TRACK INVITATIONAL

Monday, April 14, 2025 at Adam Luing Field; on the east side of the school buildings.

Bus Arrival: **Buses should not arrive prior to 3:30 P.M.** Our dismissal occurs at 3:15, and due to ongoing construction at the school, the parking lot is currently very congested. For safety reasons, we request that buses refrain from arriving early.

Timetable:

Shot & Discus weigh-in 3:45-4:15 under grandstand

Coach's Meeting: 4:00 (finish line),

Field Events: 4:30

Running Events: 5:00

Schools Confirmed: Bangor, Brookwood, Cashton, Hillsboro, Kickapoo-LaFarge, New Lisbon, North Crawford, Royall, Wauzeka-Steuben, Viroqua, Westby, Wonewoc Center

NO MEDALS / AWARDS WILL BE AWARDED

Officials: Tim Lee, Todd Camlek, Eric Anderson

Relay exchanges: Brookwood HS Athletes

Spikes: ¼ inch spikes may be worn on all runways, approach areas, and the track. Please, no pin or "Christmas tree" spikes.

Approach marking: Please do not use athletic tape on the track for marks in field events. Chalk will be provided.

Athletic Trainer: Gunderson Health will provide a trainer.

Concessions: Available on Site.

Infield: Closed to anyone except athletes warming up for a race. No spectators are allowed on the infield; this includes athletes cheering or watching events. High jump athletes and coaches will have designated areas. Unauthorized individuals will be asked to leave the infield. There is a walkway around the outside of the fence for people to get to field events. The walkway begins at the grandstand on the west side of the track and goes north to the east side where all field events except high jump occur. High jump will be at the north end of the track.

Team Camps: We will have a designated area near the discus for tents to be set up with signage indicating specific areas. Please respect our newly seeded grass areas by staying in the designated areas.

Handicap Parking: There are handicap parking spaces directly beside the track facility. Please contact us in advance with any questions regarding accessibility needs.

Admission: Adults \$3.00; Students \$2.00

Bus Parking: We will be sending out a separate note about parking.

Entry Limitations: Four individuals per event plus one relay team. An individual athlete may compete in a maximum of three events. No more than 2 running or field events. You will be allowed to scratch and replace. No additions.

Number of jumps and throws will be 3.

Event Checkout: Check out from field events will be 10 minutes. Time for return will begin when the competitor's name is called. It is early in the season, so please review this rule with athletes.

Entries: Entries will be through **Athletic.net**. The meet information and program will be available at AccuRace Timing Services' website at www accuracetimeing.com.

The entry deadline is set at 12:00 pm on Sunday, April 13th.

Contact Clark Jillson at AccuRace Timing (chvjillson@aol.com) if you have entry-related questions. The heat sheets will be available online and copies will be available the day of the meet. AccuRace Timing will be timing and scoring the meet.

Entry Fee: Please send your entry fee of **\$150** payable to Brookwood High School before the day of meet or give it to Ken Clinton on the 14th.

Questions: Please contact athletic director Ken Clinton at kclinton@now.k12.wi.us or coaches Kim Neal Nofsinger at knofsinger@now.k12.wi.us or Heidi Maurhoff at hmaurfoff@now.k12.wi.us



ORDER OF EVENTS

FIELD EVENTS STARTING AT 4:30 - NO FINALS

Girl's High Jump followed by Boys
Girl's Triple Jump followed by Boys
Girl's Shot Put followed by Boys
Boy's Long Jump followed by Girls
Boy's Discus followed by Girls

RUNNING EVENTS STARTING AT 5:00 - ALL EVENTS ARE FINALS

(GIRLS WILL RUN FIRST IN EACH EVENT)

800 Sprint Medley Relay (100, 100, 200, 400)

100 meter hurdles

100 meter dash

1600 meter run

4x200 meter relay (800m)

400 meter dash

4x100 meter relay (400m)

200 meter hurdles

800 meter run

200 meter dash

4x400 meter relay (1600m)