



**Cuba City Middle School**  
**Track and Field Invitational**  
**Friday, April 25, 2025**

**Entry Deadline:**

All entries will be done online using the website.

<https://wi.milesplit.com>

Entries must be received by Thursday, April 24th at 12:00pm.

For questions related to online entries, please contact Clark Jillson at AccuRace Timing, [chvjillson@aol.com](mailto:chvjillson@aol.com).

**Entry Fee : \$100**

**Participating Teams:**

Cuba City, Black Hawk, Shullsburg, East Dubuque, Cassville, Darlington

**Entry Limits:**

Unlimited Entries. No more than 3 events per athlete. ie : 2 races 1 field, 2 field 1 race.

**Meet Referee:**

Charles Spielman

**Start Times:**

Coach's Meeting: 3:45 pm

Field Events: 4:00 pm

Running Events: 4:15 pm

**Scratches and Changes:**

For running events, the scratches and changes can be made at the press box at 3:45. Field event scratches should be made at the event site.

## Schedule of Events

<u>Time</u>	<u>B/G</u>	<u>Event</u>
<b>4:00 PM</b>	<b>G/B</b>	<b><u>Shot Put, 3 Throws, no finals</u></b>
<b>4:00PM</b>	<b>G/B</b>	<b><u>Triple Jump: Open Pit, 3 jumps, no finals</u></b>
<b>4:00PM</b>	<b>B/G</b>	<b><u>Long Jump: Open Pit, 3 jumps, no finals</u></b>
<b>4:00PM</b>	<b>G/B</b>	<b><u>High Jump: 3 jumps no finals, Open Pit</u></b>
<b>4:00PM</b>	<b>B/G</b>	<b><u>Discus: Open Pit, 3 throws no finals</u></b>
<b>4:15PM</b>	<b>G</b>	<b><u>100 Meter Low Hurdle Finals</u></b>
	<b>B</b>	<b><u>100 Meter Low Hurdle Finals</u></b>
	<b>G</b>	<b><u>100 Meter Dash Finals</u></b>
	<b>B</b>	<b><u>100 Meter Dash Finals</u></b>
	<b>G</b>	<b><u>1600 Meter Run</u></b>
	<b>B</b>	<b><u>1600 Meter Run</u></b>
	<b>G</b>	<b><u>4x200 Meter Run (red to red, red to red, yellow to yellow)</u></b>
	<b>B</b>	<b><u>4x200 Meter Run (red to red, red to red, yellow to yellow)</u></b>
	<b>G</b>	<b><u>400 Meter Dash</u></b>
	<b>B</b>	<b><u>400 Meter Dash</u></b>
	<b>G</b>	<b><u>4x100 Meter Relay (yellow to yellow)</u></b>
	<b>B</b>	<b><u>4x100 Meter Relay (yellow to yellow)</u></b>
	<b>G</b>	<b><u>800 Meter Run</u></b>
	<b>B</b>	<b><u>800 Meter Run</u></b>
	<b>G</b>	<b><u>200 Meter Dash</u></b>
	<b>B</b>	<b><u>200 Meter Dash</u></b>
	<b>G</b>	<b><u>4x400 Meter Relay(1st runner: stay in lane; 2nd runner: cut in at cone after 1st turn; 3rd/4th runner: green to green)</u></b>
	<b>B</b>	<b><u>4x400 Meter Relay(1st runner: stay in lane; 2nd runner: cut in at cone after 1st turn; 3rd/4th runner: green to green)</u></b>

\*\*\*\*\*Please refrain from stepping on the football field.\*\*\*\*\*

\*\*\*\*\*Buses will have a parking spot held for them on the south end of the parking lot.\*\*\*\*\*

\*\*\*\*\*There are two porta potties set up in the parking lot for bathroom use. \*\*\*\*\*

\*\*\*\*\*Concession stands available. \*\*\*\*\*