



# ***Cochrane - Fountain City Pirate Invitational Friday, April 25, 2025***



**Event:** *Cochrane-Fountain City Pirate Invitational*

**Teams:** Cochrane-Fountain City, Pepin-Alma, Black River Falls, Brookwood, Eau-Claire Immanuel, Eleva-Strum, Ellsworth, Independence-Gilmanton, Luther

**Admission Fee:** \$150 - Bring with you or send via mail.

**Concessions:** will be available at the softball field

**Trainer:** Will be onsite

**Scoring:** *Individual events-* 10-8-6-5-4-3-2-1 *Relays:* 5-3

**Entries:** Entries will be through MileSplit at [Pirate Invitational](#). **Deadline for entries is Thursday, April 24th at noon.**

**\*\*Running events-** 3entries, 1 relay. **Field Events -** 3 entries.

**Timing:** AccuRace Timing Services

**Track Complex-** 8 lane rubberized track and jumping areas - **CHALK** for jumping and relay marks

**Coaches Meeting** **3:45 pm-** at the 50m mark of homestretch in front of the crows nest. Have scratches ready. Substitutions are acceptable. A written copy would be appreciated.

**HS Field Events 4:00 pm** (All events are finals)

**Long Jump:** Boys and Girls together Cafeteria Style (4 jumps)

**Triple Jump:** Boys and Girls together Cafeteria Style (4 jumps)

**Pole Vault:** Girls first

**High Jump:** Boys first

**Shot Put:** Boys first (4 throws)

**Discus:** Girls first (4 throws)

**HS Running Events 4:30 pm** (All events are final, 3200m Relay will be run together)

Regular order of events: Girls/Boys

1. 3200 M Relay

2. 100 / 110 M Hurdles ( 33" / 39" )

3. 100 M Dash

4. 1600 M Run

5. 800 M Relay

6. 400 M Dash

7. 400 M Relay

8. 300 M Hurdles ( 30" / 36" )

9. 800 M Run

10. 200 M Dash

11. 3200 M Run

12. 1600 M Relay

**Contact:**

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