COE COLLEGE OUTDOOR TRACK & FIELD HOME MEET INFORMATION

RITTGERS INVITATIONAL

WEDNESDAY APR. 23, 2024

SITE: Clark Field / Coe College / Cedar Rapids, IA

FACILITY: 8-lane Beynum surface (nine years old) / new throwing cage (2021) / 1 horizontal jump runway, two sand pits / grass javelin runway

                   The track has lights and a new $200,000 videoboard for results.

TEAMS: Coe, Mount Mercy, Quincy Univ., Upper Iowa… others may send certain event groups

ENTRIES: Submitted on Direct Athletics and Due Monday Apr. 21 @ 11:59am

TIMING: AccuRace will be timing the meet and will have live results available online

ELIGIBILITY: College and unattached athletes

ENTRY LIMITS: We plan to have unlimited entries, but may have to limit the throwing and/or horizontal jumps field sizes if they are exceptionally large.

ENTRY FEED: $10 per individual up to a max of $150 per gender

SPIKES: ¼-inch pyramids or smaller

CLERKING: Behind the 100m start area by the storage building.

TEAM CAMPS: Metal bleachers on either side of the stadium grandstands or on the backstretch.

                   We will have space available for team campus inside the Racquet Center, but only if needed for inclement weather.

SPECTATORS: The meet will be free of charge to all spectators.

                   There will be no concessions available onsite. We encourage athletes, coaches, parents,

                   and other spectators to use Jimmy John's. It is visible from the track and just a two block walk. They are donating 20% of all proceeds from the meet back to our team. They are also offering team deals for box lunches delivered to the track.

<u>Tentative schedule of events</u>

2:00pm	Women's hammer
2:00pm	Men's Javelin
2:00pm	Men's triple jump

~3:30pm	Men's hammer
~3:30pm	Women's Javelin
~3:30pm	Women's triple jump

~5:00pm	Women's discus
~5:00pm	Men's shot put
~5:00pm	Women's high jump
~5:00pm	Men's long jump

~6:00pm	Men's discus
~6:30pm	Women's shot put
~6:30pm	Men's high jump
~6:30pm	Women's long jump

5:00pm	110m HH / 100m HH
	100m
	800m
	200m
	3,000m
	4 x 400m

*We will send out an estimated time schedule per event after receiving entries.