

DARLINGTON HIGH SCHOOL

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Mitchell Austin, Principal

Thomas Uppena
High School Counselor

Lindsey Crist
Activities Director

Darlington Junior High Track Meet Tuesday, April 29th – 4:00 PM

Schools Participating: Albany, Barneveld, Monroe, New Glarus, Pecatonica, Tri-State Home & Darlington

- 1) Entries will be done online. Each athlete is limited to 3 events including relays. All entries will be done at <https://wi.milesplit.com>. **Try to put a mark or time in for all athletes to assist with getting athletes placed in the correct spots.** Entries are due by **Monday, April 28, 2025 at 12:00 PM.**
- 2) Competitors will use the gates at the **north (scoreboard) end** of the track to report to the Clerk of Course and to get to the throwing areas.
- 3) **Only Competitors and officials** are allowed inside the fence after the meet starts.
- 4) All races will be timed finals.
- 5) The meet will start at **4:00 PM with Field Events and 4:15 with Running Events. Coaches meeting will be in the white shed north of the pressbox at 3:45 PM.**
- 6) **7th grade boys will go first in the high jump and shot put, 7th Grade Girls will go first in long jump and discus.**
- 7) Starting height for the high jump will be determined at the coaches meeting.
- 8) Meet Official: Knight Wynn

Questions: Call 608-776-4001(School) or email:

miehea@darlington.k12.wi.us

Arnie Miehe
Darlington MS Track Coach

cristl@darlington.k12.wi.us

Lindsey Crist
Darlington Athletic Director

Order of Events

4:00 PM: 7th Grade Boys in the high jump followed by 8B, then 7G, then 8G
7th Grade Girls in the long jump followed by 8G, then 7B, then 8B
7th Grade Boys in the shot put followed by 8B, then 7G, then 8G
7th Grade Girls in the discus followed by 8G, then 7B, then 8B

4:15 PM: 100 Meter Low Hurdles (7G, 8G, 7B, 8B)
1600 Meter Run (7G, 8G, 7B, 8B)
400 Meter Dash (7G, 8G, 7B, 8B)
Sprint Medley Relay (100-100-200-400) (7G, 8G, 7B, 8B)
200 Meter Dash (7G, 8G, 7B, 8B)
4x100 Meter Relay (7G, 8G, 7B, 8B)
100 Meter Dash (7G, 8G, 7B, 8B)
800 Meter Run (7G, 8G, 7B, 8B)
4x200 Meter Relay (7G, 8G, 7B, 8B)