



## 14th ANNUAL RICHARD GLENDENNING INVITE

### Track & Field Invite at Monroe High School

Date: Thursday, April 3<sup>rd</sup>, 2025  
Time: Field Events @ 4:30, Running Events @ 4:45  
Teams (9): Albany, Pec/Argyle, Belleville, Black Hawk, Brodhead, Darlington, Monroe, Monticello, Platteville  
Cost: \$5 for adults

Limits: 4 Individual Entries per event, 2 Relay Teams per event. Please be accurate with your seed times, as all heats are timed finals. If you are planning on having 2 relays, please be sure to have an 'a' and 'b'. If more than 1 heat is needed, both relay teams from your school will be in different heats. The goal of this meet is to maximize the opportunity for athletes to compete.

#### Schedule of Events:

4:45	4x8 Relay	4:30	Girls Long Jump (girls to follow)
	High Hurdles		Boys Triple Jump (boys to follow)
	100 Dash		Boys Pole Vault (girls to follow)
	1600 Run		Girls High Jump (boys to follow)
	4x2 Relay		Boys Shot Put (girls to follow)
	400 Dash		Girls Discus (boys to follow)
	4x1 Relay		
	300 Hurdles		
	800 Run		
	200 Dash	***	Track events will be on a rolling schedule.
	3200 Run	***	All track events are TIMED FINALS!
	4x4 Relay		

Field Events: Long & Triple Jump – 1.5 hour open pit; 4 jumps, no finals  
High Jump – 2” increments  
Starting heights... Girls – 3’10 Boys – 4’10  
Pole Vault – 1’ increments until 8 or less are left. We will start on time!!!  
Starting heights... Girls – 6’0 Boys 7’6  
Shot & Disc – Ranked flights; 4 throws, no finals



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Coaches Meeting: 4:00 at the finish line

Awards: Medals for the Top 6 in each individual event, Top 3 Relays  
Team Trophy for 1<sup>st</sup> Place team  
Scoring will be 10-8-6-5-4-3-2-1

Entries: *Entries will be through MileSplit at [wi.milesplit.com](http://wi.milesplit.com) with a deadline set for noon on **Wednesday, April 2nd**. If you have questions logging in, contact Clark Jillson, AccuRace Timing at [chvjillson@aol.com](mailto:chvjillson@aol.com) or 608-778-1727.*