

Middle School Track Meet – April 28, 2025

Schools Participating: Ashland, Bayfield, Drummond, Hayward, Northwestern, South Shore, North Shore Academy & Lac Courte Oreilles.

We will be hand timing the meet. (no need for stickers). We will be doing online entries which will allow for heat sheets and lane assignments. All entries must be done online using Athletic.net. Entries will close on Sunday April 27 at 12:00 pm.

There will be no food or beverages, other than water, allowed in the field area. Remind your athletes that gum, candy, and sunflower seeds are prohibited inside the track area. We have a brand-new turf field and will be very strict about no food or drink. No athletes will be allowed on the field once the meet starts.

Fans are not allowed on the infield.

Meet Details:

- 1) Field events will **begin at 4:00 and end at 6:00**. Running Events will begin at 4:30.
- 2) 6th-7th graders will compete against 6-7th graders and 8th against 8th.
- 3) Athletes may be in 4 events.
- 4) **Coaches Meeting at 3:40 pm in Stadium Press Box for scratches & substitutions.**
- 5) Meet is at Northwestern High School

Order of Events

Girls 100 Meter Hurdles (5 Hurdles)

Boys 100 Meter Hurdles (5 Hurdles)

100 Meter Dash

1600 Meter Run

400 Meter Relay

400 Meter Dash

200 Meter Dash

800 Meter Run

800 Meter Relay

6th-7th grade girls

8th grade girls

6-7th grade boys

8th grade boys

In the 800, 1600, & Field Events
If possible:

6th, 7th and 8th girls together

6th, 7th and 8th grade boys
together

Field Events

Long Jump – open pit

High Jump – girls, then boys

Shot Put – Boys, then girls

Discus – Girls, then boys

There will be four score sheets.

6-7th grade girls

8th grade girls

6-7th grade boys

8th grade boys

