

MEMORIAL HIGH SCHOOL

2220 Fairfax Street Eau Claire, WI 54701 (715) 852-6300 FAX (715) 852-6304
www.ecasd.us/Memorial-High-School



Dear Cross Country Coach:

Eau Claire Memorial High School will be hosting our 2023 Old Abe Cross Country Invitational on Saturday, October 7 at South Middle School athletic fields, Fairfax Park and Pine Meadows Golf Course. The race site address is 2115 Mitscher Ave, Eau Claire, 54701. The fee is \$150, payable to EC Memorial High School at the address in the heading of this letter.

AccuRace Timing Services has been contracted to time this year's race. Register at [accuracetime.com](https://www accuracetime.com) by Thursday, Oct. 5 at noon. Up to 8 athletes may run varsity, and you will need to designate varsity or JV when registering. AccuRace will provide bibs and pins. Results will be posted at the race site and be available after the award ceremony on the AccuRace website.

Race times will be:	10:00 AM	Boys Varsity
	10:40 AM	Girls Varsity
	11:20 AM	Boys JV
	12:00 AM	Girls JV
	Approx. 12:45 PM	Awards ceremony

Teams participating are:

Large Schools: Chippewa Falls, DC Everest, Duluth East, EC Memorial, EC North, Hudson, La Crosse Central, Menomonie, New Richmond, Rice Lake, River Falls, St. Croix Central

Small Schools: Altoona, Colfax, EC Immanuel, Elmwood, Glenwood City, McDonell, Mondovi, Osceola, Osseo-Fairchild, Regis, St. Croix Falls, Winter

The following awards will be given:

- 1st Place Large Schools Team Trophy – Boys & Girls
- 1st Place Small Schools Team Trophy – Boys & Girls
- 1st Place JV Team Trophy – Boys & Girls
- 1st-10th Place Varsity individuals – Medals – Boys & Girls
- 11th-20th Varsity individuals – Ribbons – Boys & Girls
- 1st-10th JV individuals – Ribbons – Boys & Girls

Maps will be available at the race site and is attached to this letter.

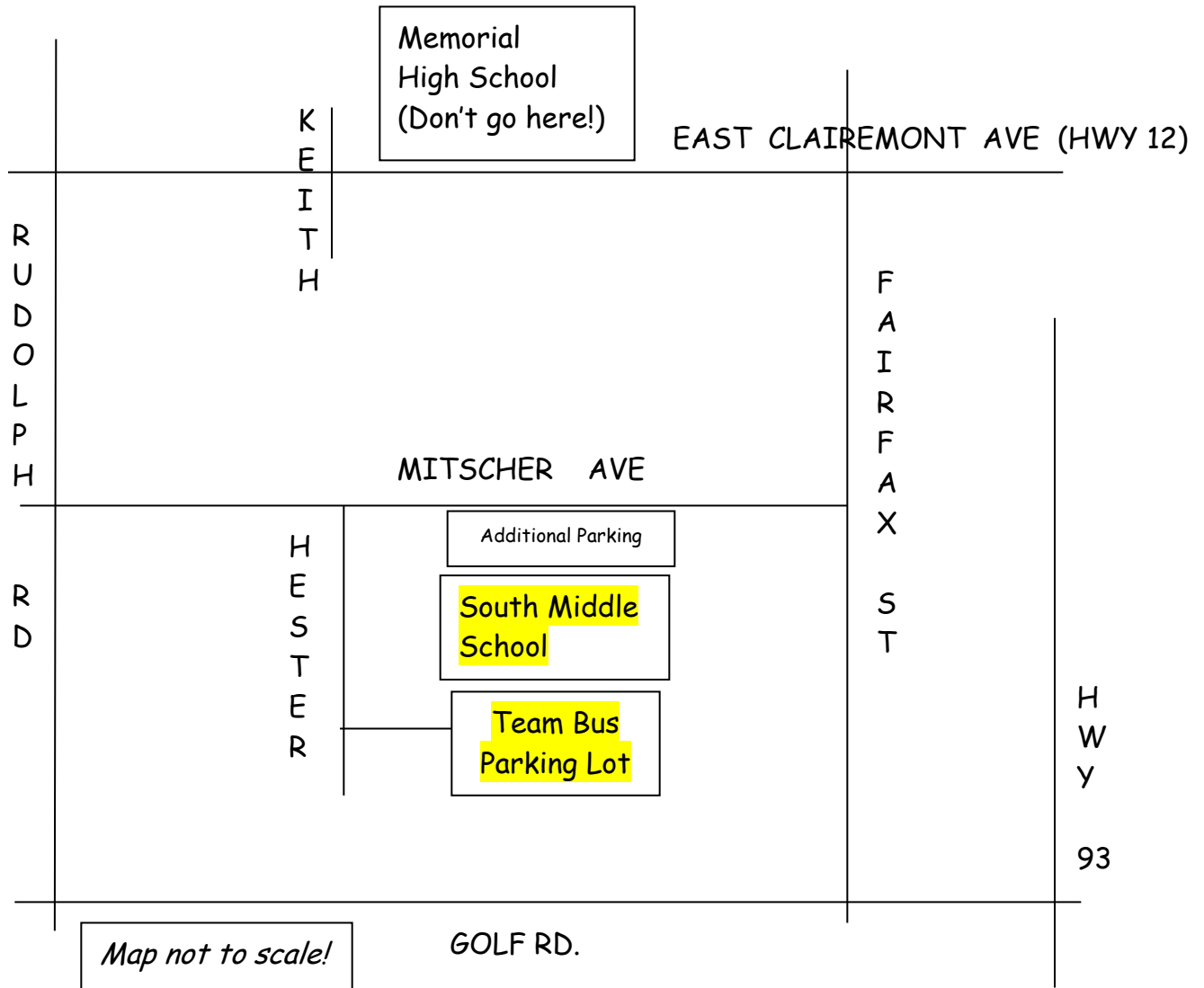
Please remind your families that BIKES are not allowed on the golf course and DOGS are not allowed at school events by ECASD policy. Food and clothing concessions will be available.

Covid protocols: persons with symptoms of Covid should not be present. Crowding around the start and finish lines is discouraged.

We look forward to seeing you!

Matt Wenaas, EC Memorial Cross Country Coach

To get to the race site at **South Middle School** 2115 Mitscher Avenue, Eau Claire, 54701: from the north take Clairemont west to Fairfax, south to Mitscher, west to Hester. From the south take Hwy 93 to Golf Rd, west to Fairfax, north to Mitscher, west to Hester.



**OLD ABE INVITATIONAL
5K CROSS-COUNTRY
COURSE MAP
Established in 2010**

