

PDC Jerry Fernette Track Invite

Coaches and AD's,

The 48th Annual Jerry Fernette Middle School Track and Field Invitational will be held on **Monday, April 28, 2025**. Your school is scheduled to compete. Please read this letter and the attached events sheet. The events are listed in the order in which they will run.

Because of the number of teams involved, schools will be limited to entering **ONE TEAM**. We will be using the AccuRace Timing System to set up the meet, timing and scoring. Directions for online entries are below.

Details:

When: **Monday, April 28, 2025**

Teams: Boscobel, Cassville, Dodgeville, Fennimore, Iowa-Grant, Lancaster, MFL
Mar Mac, Mineral Point, North Crawford, Platteville, Prairie du Chien, and
Riverdale

Cost: \$100 for 1 boys and 1 girls team combined. Please mail this to
Bluff View Intermediate School
% Sara Godfrey
1901 E. Wells Street
Prairie du Chien, WI 53821

Awards: Medals to 1st place; ribbons to 2nd- 6th, place. Team trophies to the 1st
place boys' and girls' teams.

Entries: **4 athletes per event, except 2 in high jump, 2 teams per
relay, and unlimited in the 100 m.** All athletes can score for your team.
Four events per athlete (3/1 or 2/2) Relays count as a running
event. No more than ¼ inch spikes!

Deadlines: Entries must be entered online by **Sunday, April 27, 2025, by 12:00 p.m.**
No exceptions! Scratches ONLY at the meet!! Entries will be made with
AthleticNET at athletic.net. **Questions on entries sent to** Clark Jillson,
AccuRace Timing Services, @ chvjillson@aol.com.

Admissions: \$3.00 for adults, Students/children are free

Food: Concessions will be available.

As you pull into the High School Parking lot, please pull towards the back of the school to drop off the kids. The **coaches meeting/scratches ONLY** will take place between 3:40 and 4:00 in the High School Fieldhouse - Court 1.

In the fieldhouse, you will find your packet with information, records, and a garbage bag to have the kids clean up after the meet. We will also have ham or turkey sub, chips, cookies and water for the coaches. Come in the doors by the greenhouse (Door 21) and head to the Fieldhouse (Court 1) to make your scratches, grab some food and water at the Fieldhouse concession stand, and head out to the track to get things started right away! We will **not** be officially hosting a meeting unless it is necessary.

Remember to double-check to make sure your 4X100 and 4X100 throwers relays are correct.

NO tape on the track or on the runways for long, triple or high jump. CHALK ONLY! Long and triple jump, may take all 3 jumps in a row. For the shot put and discus, we will be using the "dot" to mark the 3 throws and measure the longest throw. The 100-meter run will have unlimited entries this year.

Any questions, please email me at godfreysa@pdc.k12.wi.us.

3:45-4:00 Coaches Meeting/Scratches ONLY - High School Fieldhouse - Court 1.

4:15 All Field Events – 3 jumps or throws and they could be in a row. Open Pit except high jump and pole vault. Chalk only!

*(changes for field events can be done at the event)

Shot Put (boys/girls) 4:15-6:00 boys & 6:15-8:00 girls

Triple Jump (boys/girls) 4:15-6:00 boys & 6:15-8:00 girls

Discus (girls/boys) 4:15-6:00 girls & 6:15-8:00 boys

Long Jump (girls/boys) 4:15-6:00 girls & 6:15-8:00 boys

High Jump (girls/boys) 4:15 3'8" girls start & 4' boys start

Pole Vault (boys & girls combined) 4:15 5' start. – **This is a scored event!**

Girls/Boys for all running events – these are approximate times. First call will be about 10 minutes before the start, second call 5 minutes, and final call 1 minute before the start. NO Tape. Chalk only!

4:30 100 m. hurdles at the lowest possible setting.

5:00 Sprint Medley (100-100-200-400) yellow, yellow, blue with cut

5:30 100 m. dash **UNLIMITED RUNNERS!**

6:00 1600 m. run (boys and girls together unless there are a lot of runners)

6:30 4 x 200 (800 m. relay)

7:00 400 m. dash

7:15 4 x 100 (400 m. relay) **Double check that this is not the throwers relay when entering this event.**

7:30 800 m. run

7:50 200 m. dash

8:15 4 x 400 (1600 m. relay) 2nd runner can cut in at the cones at the 100 m

8:30 4 X 100 (400M throwers relay) **Must participate in at least one throwing event at the meet. Please make sure you selected the correct event when entering your athletes!**

WE WILL RUN AHEAD OF SCHEDULE IF POSSIBLE!

Shot and Disc – Please warm-up with your **own** shot and disc and we will provide two shots or discus's for the competition. The boys will use an 8.8 lb. HS girls shot (4K) and the girls will use a 6 lb. shot. This is an open pit, 3 throws but to keep the invite moving, have your athletes wait for their running event until the final call and then come right back. This year, we will use the "dot" to mark their throws and measure the longest so they will need to take all 3 throws in a row. Open pit!

Long Jump - Athletes may take all 3 jumps in a row. Open pit.

Triple Jump - Athletes may take all 3 jumps in a row. Open pit!

High Jump – Girls will start at 3’8” and the boys will start right after the girls at 4’. You will only have a 10-minute checkout time so have your athletes wait for their running event until the final call and then come right back. If the athlete is not there to jump that height, the bar will be raised and they will have a chance to jump the next height.

REMINDER, NO tape on the track or on the runways for long, triple or high jump or pole vault. CHALK ONLY!

Exchange Zones

Sprint Medley (100, 100, 200, 400) – yellow, yellow, blue with cut

4 X 200 – red, red, yellow

4 X 100 – yellow, yellow

4 X 400 – 2nd runner can cut in at the cones at the 100 m

Exchange Zone Helpers – Highlighted teams, we would greatly appreciate your help at the exchange zones.

Sprint Medley (100, 100, 200, 400)

1st exchange – PDC (lanes 1-2 & flag) Platteville (3-5) & Lancaster (6-8)

2nd exchange – Dodgeville (lanes 1-4) & Fennimore (lanes 5-8)

3rd exchange – Iowa-Grant

4 X 200

1st and 3rd exchange – North Crawford (1-4) and Cassville (5-8)

4 X 100 - Regular and Throwers relay - must participate in at least one throwing event.

1st exchange - Boscobel (lanes 1-2 & flag) Riverdale (3-5) PDC (6-8)

2nd exchange – MFL Mar Mac (1-4) & Mineral Point (5-8)

3rd exchange – Platteville

Please have your athletes stay out of the infield/football field as much as possible and have them clean up any garbage at the end of the meet. Garbage bags will be provided in your coach's packet.