



**RIVERDALE MIDDLE SCHOOL TRACK & FIELD INVITATIONAL**

Riverdale High School

Muscoda, WI 53573

608-739-3116

**Athletic Director: Curt Thompson    Head Coach: Juliette Schneider    Principal: Sarah Gruen**

**WHEN:            Friday 4-25-25**

**WHERE:          Riverdale High School Track**

**TIME:            Field events begin at 4:00pm; running begins at 4:30pm  
Coaches meeting at 3:45pm in the press box.**

**Entry Fee:      \$150.00**

**ENTRIES:** All entries will be done online at <http://wi.milesplit.com>, entries end on Wednesday April 23rd, at 10:00pm. Please make sure you log in by Tuesday so that you do not have problems later in the week. All results will be posted on [www accuracetimeing.com](http://www accuracetimeing.com). Contact Clark Jillson at [chvjillson@aol.com](mailto:chvjillson@aol.com) if you have trouble logging in.

**\*ALL WIAA RULES APPLY – 3 entries per running events and 2 per field events, 3 relay limit.**

**Spikes:** Only ¼” pyramid spikes may be used on this track.

**\*\* Please do not use tape on track or runways. Chalk will be provided\*\***

**Scratches:** Scratches and changes can be done in the track garage, no additions.

**Coaches meeting at 3:45 p.m. in the Press box near track.** Scratches and replacements can be made immediately upon arrival in the track garage.

**Field Events will begin at 4pm**

\*. The athletes will get 4 attempts in all field events.

\*Girls Shot Put – followed by Boys

\*Boys Discus– followed by Girls

\*Boys Triple Jump – followed by Girls \*\*Boys 4 to 5:15, Girls 5:30 to 7pm

\*Girls Long Jump – followed by Boys\*\* Girls 4 to 5:15, Boys 5:30 to 7pm

\*Boys Pole Vault followed by Girls – starting heights determined at coaches meeting

\*Girls High Jump followed by Boys – starting heights determined at coaches meeting

**Running events will begin at 4:30 p.m.** 100/110H, then 100 m dash

**AWARDS:** Team plaques will be awarded to 1<sup>st</sup> and 2<sup>nd</sup> place team.

**RESULTS:** Will be posted to [www accuracetimeing.com](http://www accuracetimeing.com) following the meet.

**CONCESSIONS:** We will have a concession stand available.

**\*\*Please clean up your team camp before you leave. \*\***

**4:30PM Running Events:**

100m Hurdles – Girls

100m Hurdles – Boys

100m Dash – Girls

100m Dash – Boys

1600m Run – Girls

1600m Run – Boys

4 x 200m Relay – Girls

4 x 200m Relay – Boys

400m Dash – Girls

400m Dash – Boys

4 x 100m Relay – Girls

4 x 100m Relay – Boys

800m Run – Girls

800m Run – Boys

200m Dash – Girls

200m Dash – Boys

4 x 400m Relay – Girls

4 x 400m Relay – Boys

**\*\*SCHEDULE IS ROLLING\*\***