

River Ridge Home Track Meet Information

April 1, 2025 at River Ridge High School In Patch Grove

Teams: **River Ridge, Lancaster, Wauzeka-Steuben, Cassville-Potosi, Clayton Ridge, Seneca, De Soto**

Teams should not arrive until after 3:15

Coaches meeting/scratch meeting at 3:40 by the track shed

Restrooms available at concession stands

This meet will be a FAT timed meet

Concessions available

Unlimited team entries are allowed athletes must follow WIAA rules with the 4 entries

No awards. \$100 participation fee to help pay for timing services and meet workers.

Entry Deadline:

<https://wi.milesplit.com>

will be handling online entries. Only online entries will be accepted.

The link to access online entries will be available at <http://www accuracetimeing.com/info>

Online entries will close on Monday March 31 at Noon. For questions related to online entries, please contact Clark Jillson at AccuRace Timing, chvjillson@aol.com

Field Events Start: 4:15 pm

-Girls High Jump, Girls Shot, Boys Disc, Boys Vault (Will vault boys and girls together if entries are low)

-Long and Triple Jump will be open pit for both genders from 4:15-5:30

4 attempts in field events

Running Events Start: 4:40 pm

4x800 (boys and girls together if low entries)

100/110 Hurdles

100

1600

4x200 Relay

400

4x100 Relay

300 Hurdles

800

200

3200 (Boys and Girls Together)

4x400 Relay

Email to sperlesh@rrsd.k12.wi.us with any questions

If teams have scratches or changes the day of the meet. Please try to email them before you leave to save time before the meet starts.

Note: 3200 Relay and 3200M could be run at the same time in this meet if entries allow.