

14th Annual FRIGID BEE OPENER

December 7, 2024

FIELD EVENTS

11 a.m. High Jump men followed by women

East runway: Long jump men, followed by Triple jump

West runway: Long jump women, followed by Triple jump

Pole vault women followed by men

11 a.m. Weight Throw men followed by women

~1 p.m. Shot Put men followed by women (women's shotput will compete on the High Jump Apron following the conclusion of HJ)

TRACK EVENTS (women first, except 60mH FINAL)

11 a.m. 3,000m RW co-ed

11:30 AM 5,000m run

12:15 P.M. 60m Dash Prelim

12:30 p.m. 60m Hurdles Prelim (w/m)

12:40 p.m. Mile

1:05 p.m. 300m Dash

1:40 p.m. 60m Dash FINAL

1:55 p.m. 60m Hurdle FINAL (m/w)

2:05 p.m. 200m

~2:50 p.m. 600m

~3:00 p.m. 800m

~3:15 p.m. 3000m

~3:45 p.m. 4x400m Relay