

# UNIVERSITY OF DUBUQUE

Track & Field High School Meet Information 2025

**Sites. Unilapaty Recreation and Wellness Center** – 150 McCormick Street, Dubuque, IA 52001

A.Y. McDonald Indoor Track - http://www.dbq.edu/Athletics/Facilities/ChlapatyRecWellnessCenter/

Entries: Only entries done online will be accepted: https://ia.milesplit.com/

**Eligibility:** All high school teams and student-athletes from participating schools ONLY.

Entry Limits: Entry limits vary based on meets.

Entry Fee: \$150 per gender team OR \$300 for both genders / paid online only

Meet Dates: Tuesday, March 18, 4pm - Steve Rutz Starter Meet - CO-ED

Thursday, March 20, 4pm – UD High School Classic BOYS Friday, March 21, 4pm – UD High School Classic GIRLS

\*Tuesday, March 25, 4pm – UD River Valley Conference Championships \*Friday, March 28, 4:30pm – UD Tri-Rivers Conference Championships

Venue Info: ACCESS: Only athletes, coaches and staff are allowed on the track

SPECTATORS: Seating available on the mezzanine/grandstands (some meets may allow track access)

**CONCESSIONS:** Concessions will be open

**SPIKES:** Only ¼ (or less) inch pyramid spikes are permitted.

**THROWS:** Shot on WOOD indoors

JUMPS: All jumps on track surface. Spikes allowed for high jump.

**FOOD/DRINK:** No food or drinks other than water allowed on the track – WATER ONLY Team food/drink area will be designated – Mud Room indoors. Visiting bleachers outdoors.

**Timing:** AccuRace Timing Services - <u>www.accuracetiming.com</u>

Parking: Bus parking in south Chlapaty lot beyond indoor track through gates.

Buses DO NOT PARK IN LOT DIRECTLY SOUTH OF CRWC OR ANYWHERE OTHER THAN LOT ABOVE!

**Sports Medicine:** A certified athletic trainer will be available for emergencies.

Contact: Matty Burst, Certified Athletic Trainer, with questions.

Phone: 920-639-2645 Email: mburst@dbq.edu

Contact: Meet Directors

Matt Davis, Assistant Track & Field Coach

Phone: (815) 858-4669 Email: mjdavis@dbq.edu **Bryson Hunter**, Assistant Track & Field Coach Phone: (434) 818-2679 Email: bhunter@dbq.edu



## UNIVERSITY OF DUBUQUE

Track & Field
UD BOYS INDOOR CLASSIC
Thursday, March 20, 2025
Chlapaty Recreation and Wellness Center
A.Y. McDonald Indoor Track

## **OFFICIAL MEET SCHEDULE**

#### FIELD EVENTS

- 4:00 Shot Put (Varsity then JV) 3 throws, 9 Varsity to Finals 4 throws, no finals for JV
- 4:00 Varsity Long Jump 90 min. OPEN PIT Top 9 to Finals at 5:45pm JV follows 60 min. OPEN PIT (3 jumps) at ~6:30pm
- 4:00 High Jump starting height 5'0" VAR and JV together
- ~7:45 Triple Jump 30 min. OPEN PIT (3 jumps no finals) follows JV Long Jump

### TRACK EVENTS – 4:00pm start

#### Schedule will be ROLLING

4x400M Relay Varsity

4x800m Relay Varsity 4x800m Relay JV 55m Dash Varsity \*Top 8 Times to Finals 55m Dash JV **55m Hurdles Varsity** \*Top 8 times to Finals Medley Relay Varsity - (200m-200m-400m-800m) Medley Relay JV - (200m-200m-400m-800m) 1500m Run Varsity 1500m Run JV 55m Hurdle Finals\* 55m Dash Finals\* 400M Dash 4x200M Relay Varsity 4x200M Relay JV 800M Run 3000M Run 4x400M Relay JV