



UNIVERSITY OF DUBUQUE

Track & Field
High School Meet Information
2025

Sites: Chlapaty Recreation and Wellness Center – 150 McCormick Street, Dubuque, IA 52001
A.Y. McDonald Indoor Track - <http://www.dbq.edu/Athletics/Facilities/ChlapatyRecWellnessCenter/>

Entries: Only entries done online will be accepted: <https://ia.milesplit.com/>

Eligibility: All high school teams and student-athletes from participating schools ONLY.

Entry Limits: Entry limits vary based on meets.

Entry Fee: \$150 per gender team OR \$300 for both genders / paid online only

Meet Dates: **Tuesday, March 18, 4pm – Steve Rutz Starter Meet – CO-ED**
Thursday, March 20, 4pm – UD High School Classic BOYS
Friday, March 21, 4pm – UD High School Classic GIRLS
***Tuesday, March 25, 4pm – UD River Valley Conference Championships**
***Friday, March 28, 4:30pm – UD Tri-Rivers Conference Championships**

Venue Info: **ACCESS:** Only athletes, coaches and staff are allowed on the track
SPECTATORS: Seating available on the mezzanine/grandstands (some meets may allow track access)
CONCESSIONS: Concessions will be open
SPIKES: Only ¼ (or less) inch pyramid spikes are permitted.
THROWS: Shot on WOOD indoors
JUMPS: All jumps on track surface. Spikes allowed for high jump.
FOOD/DRINK: No food or drinks other than water allowed on the track – WATER ONLY
Team food/drink area will be designated – Mud Room indoors. Visiting bleachers outdoors.

Timing: AccuRace Timing Services - www accuracetiming.com

Parking: **Bus parking in south Chlapaty lot beyond indoor track through gates.**
Buses DO NOT PARK IN LOT DIRECTLY SOUTH OF CRWC OR ANYWHERE OTHER THAN LOT ABOVE!

Sports Medicine: A certified athletic trainer will be available for emergencies.

Contact: Matty Burst, Certified Athletic Trainer, with questions.
Phone: 920-639-2645 **Email:** mburst@dbq.edu

Contact: **Meet Directors**

Matt Davis, Assistant Track & Field Coach
Phone: (815) 858-4669 Email: mjdavis@dbq.edu
Bryson Hunter, Assistant Track & Field Coach
Phone: (434) 818-2679 Email: bhunter@dbq.edu



UNIVERSITY OF DUBUQUE

Track & Field

Steve Rutz Starter Indoor Co-Ed Meet

Tuesday, March 18, 2025

Chlapaty Recreation and Wellness Center

A.Y. McDonald Indoor Track

OFFICIAL Meet Schedule

FIELD EVENTS

- 4:00 Shot Put – Boys Varsity/Top 9 to Finals, then JV (4 throws no finals) in South Circle**
Shot Put – Girls Varsity/Top 9 to Finals, then JV (4 throws no finals) in Center Circle
- 4:00 Long Jump – Girls open pit 90 minutes - 4 jumps, no finals (Varsity & JV together)**
- 4:00 High Jump – Varsity & JV together**
Boys first, Girls to follow
- 6:00 Long Jump – Boys open pit 90 minutes – 4 jumps, no finals (Varsity & JV together)**
- ~6:30 High Jump – Girls Varsity & JV together (will have 30 min warmup after boys)**

TRACK EVENTS – BEGIN AT 4:00PM

SCHEDULE IS ROLLING

G 4x800m Relay Varsity & JV
B 4x800m Relay Varsity & JV
G 55m Dash Varsity
G 55m Dash JV
B 55m Dash Varsity
B 55m Dash JV
G 55m Hurdles Varsity
B 55m High Hurdles Varsity
G 1500m Run Varsity
G 1500m Run JV
B 1600m Run Varsity
B 1600m Run JV

G 4x200M Relay Varsity
G 4x200M Relay JV
B 4x200M Relay Varsity
B 4x200M Relay JV
G 800M Run Varsity
B 800M Run
G 4x400M Relay Varsity
G 4x400M Relay JV
B 4x400M Relay Varsity
B 4x400M Relay JV