



UNIVERSITY OF DUBUQUE
Track & Field
TRI-RIVERS CONFERENCE CHAMPIONSHIPS
Friday, March 28, 2025

OFFICIAL MEET SCHEDULE – Friday, March 28, 2025

FIELD EVENTS

4:30 Shot Put **Girls first – 4 throws, no finals**

Boys to follow girls – 4 throws, no finals

4:30 Long Jump **Boys first – 4 jumps, no finals** (90 minute open pit)

Girls follow at 6:30 – 4 jumps, no finals

4:30 High Jump **Girls first – starting height 4'**

Boys follow – starting height 5'

RUNNING EVENTS **(4:30pm start time. ROLLING SCHEDULE)**

G 4x800m Relay

B 4x800m Relay

G 55m Dash

B 55m Dash

G 55m Hurdles

B 55m High Hurdles

G 4x200M Relay

B 4x200M Relay

G 1500m Run

B 1600m Run

G 400M Dash

B 400M Dash

G Medley Relay (200-200-400-800)

B Medley Relay (200-200-400-800)

G 800M Run

B 800M Run

G 200M Dash

B 200M Dash

G 4x400M Relay

B 4x400M Relay