

Moco Mercer Challenge January 25, 2025

Sites: Chlapaty Recreation and Wellness Center – 150 McCormick Street Extension, Dubuque, IA 52001

A.Y. McDonald Indoor Track - http://www.dbq.edu/Athletics/Facilities/ChlapatyRecWellnessCenter/

Entries: Only entries done online will be accepted: www.directathletics.com

Eligibility: Open to student-athletes from participating schools and open entries ages 18 & up

UNATTACHED athletes must enter and pay online (\$20)

Entry Limits: Unlimited Entries (individual and relays). Unless otherwise specified.

Entry Fee: TF \$300 per gender team or \$600 for both genders / paid online only

Venue Info: ACCESS: Only athletes, coaches and staff are allowed on the track.

SPECTATORS: Seating available on the mezzanine/grandstands.

CONCESSIONS: Concessions will be open.

SPIKES: Only ¼ (or less) inch pyramid spikes are permitted.

THROWS: Shot/Weight on WOOD

JUMPS: All jumps on track surface. Spikes allowed for high jump. **FOOD/DRINK:** No food or colored drinks on the track – WATER ONLY

Team food/drink area will be designated – Mud Room indoors.

Timing: AccuRace Timing Services - www.accuracetiming.com

Parking: Bus parking located in lot south of venue through the gates

Sports Medicine: A certified athletic trainer will be available, and the athletic training room will be open one hour prior to

first event and close thirty minutes after the last event. Teams traveling with a certified athletic trainer are welcome to use our facilities and modalities. Teams traveling without a certified athletic trainer will be assisted by our staff for treatments, taping and injury care. Prior written notification must be provided for

modality treatments. Please provide your own supplies.

Contact: Carissa Berendes, Certified Athletic Trainer, with questions.

Phone: 563-589-3655 Email: CBerendes@dbq.edu

Administration: Nelson Edmonds, Vice President of Student Engagement and Intercollegiate Athletics

Phone: 563-589-3867 Email: nedmonds@dbq.edu

Megan Wilson, Associate Dean of Student Engagement and Intercollegiate Athletics

Phone: 563.589.3361 Email: mwilson@dbq.edu

Meet Director: Evan Gerish - Assistant Track & Field Coach

Phone: 313-452-1599 Email: EGerish@dbq.edu

Online registration and payment only at www.directathletics.com

ENTRIES/FEES ARE DUE: Wednesday January 22, 2025 by 8:00PM

ONLY THE TOP 36 VERIFIED MARKS WILL BE ACCEPTED INTO EACH THROWING EVENT UNLESS THE SCHEDULE PERMITS FOR MORE

SCHEDULE OF EVENTS:

HEAD COACHES, please check-in at the timer's table at 10:45am to submit scratches

10:00 am Field Events Begin

Weight Throw – (W/M) Shot Put follows (W/M)

High Jump – (W/M)

Long Jump – (M/W) Triple Jump follows (M/W)

Pole Vault - (M/W)

11:00am Track Events (run on time; schedule to follow once entries are submitted)

60M Hurdle Prelim 60M Dash Prelim Mile 60M Hurdle Final 60M Dash Final 600M 1,000M 300M 3,000M

4x400M Relay