

University of Dubuque Home Track & Field Meets

Mississippi River Rumble – April 5 2025

Sites: [Chlapaty Recreation and Wellness Center](#) – 150 McCormick Street Extension, Dubuque, IA 52001
[Douglas J. Miller Outdoor Track](#) –
<http://www.dbq.edu/Athletics/Facilities/ChalmersFieldandMillerTrack/>

Entries: Only entries done online will be accepted: www.directathletics.com

Eligibility: Open to student-athletes from participating schools and open entries ages 18 & up
UNATTACHED athletes must enter and pay online (\$20)

Entry Limits: Unlimited Entries (individual and relays). Unless otherwise specified.

Entry Fee: TF **\$300 per gender team or \$600 for both genders / paid online only**

Venue Info: **ACCESS:** Only athletes, coaches and staff are allowed on the track.
SPECTATORS: Seating available on the mezzanine/grandstands.
CONCESSIONS: Concessions will be open.
SPIKES: Only ¼ (or less) inch pyramid spikes are permitted on track. Any spike acceptable for javelin.
THROWS: Shot/Discus/Hammer on CEMENT. Javelin on GRASS.
JUMPS: All jumps on track surface. Spikes allowed for high jump.
FOOD/DRINK: No food or colored drinks on the track – WATER ONLY
Team food/drink area will be designated – Mud Room indoors. Visiting bleachers outdoors.

Weigh-Ins: Throwing implement weigh-ins will take place from 8:30am-9:30am at the south gate of the track, near the finish line entrance.

Timing: AccuRace Timing Services - www accuracetiming.com

Parking: **Bus parking in south Chlapaty lot beyond indoor track through gates.**
DO NOT PARK IN LOT DIRECTLY SOUTH OF CRWC OR ANYWHERE OTHER THAN LOT ABOVE!

Sports Medicine: A certified athletic trainer will be available, and the athletic training room will be open one hour prior to the first event and close thirty minutes after the last event. Teams traveling with a certified athletic trainer are welcome to use our facilities and modalities. Teams traveling without a certified athletic trainer will be assisted by our staff for treatments, taping and injury care. Prior written notification must be provided for modality treatments. Please provide your own supplies.

Contact: Matty Burst, Certified Athletic Trainer, with questions.
Phone: 563-589-3119 **Email:** mburst@dbq.edu

Administration: Nelson Edmonds, Vice President of Student Engagement and Intercollegiate Athletics
Phone: 563-589-3867 **Email:** nedmonds@dbq.edu

Megan Wilson, Associate Dean of Student Engagement and Intercollegiate Athletics
Phone: 563.589.3361 **Email:** mwilson@dbq.edu

Management: **Meet Director**
Evan Gerish, Assistant Track & Field Coach
Phone: 313-452-1599 **Email:** EGerish@dbq.edu

Chlapaty Recreation and Wellness Center
Douglas J. Miller Outdoor Track

Online registration and payment only at www.directathletics.com
ENTRIES/FEES ARE DUE: Wednesday April 2, 2025 by 8:00PM

Meet Schedule

Saturday

Start of field events subject to change based on number of entries

10:00am Hammer (M/W) - Only the top 32 verified marks will be accepted
Discus (M/W) to follow W Hammer – Only the top 32 verified marks will be accepted
Javelin – (M/W)
Shot Put (W/M)
11:00am Long Jump – (W/M) Triple Jump follows (W/M)
11:30am Pole Vault – (M/W)
11:30am High Jump – (W/M)

1:00pm – Track Events

100m Dash Prelim
100mH/110mH Prelim
3000m Steeplechase
4x100m Relay
1500m Run
100mH/110mH Final
100m Dash Final
400m Dash
800m Run
400m Hurdles
200m Dash

Break

4x400m Relay