



UNIVERSITY OF
DUBUQUE
TRACK & FIELD

Spartan Shootout
February 1, 2025

- Sites:** **Chlapaty Recreation and Wellness Center** – 150 McCormick Street Extension, Dubuque, IA 52001
A.Y. McDonald Indoor Track – <http://www.dbq.edu/Athletics/Facilities/ChlapatyRecWellnessCenter/>
- Entries:** Only entries done online will be accepted: www.directathletics.com
- Eligibility:** Open to student-athletes from participating schools and open entries ages 18 & up
UNATTACHED athletes must enter and pay online (\$20)
- Entry Limits:** Unlimited Entries (individual and relays). Unless otherwise specified.
Entry Fee: TF **\$300 per gender team or \$600 for both genders / paid online only**
- Venue Info:** **ACCESS:** Only athletes, coaches and staff are allowed on the track.
SPECTATORS: Seating available on the mezzanine/grandstands.
CONCESSIONS: Concessions will be open.
SPIKES: Only ¼ (or less) inch pyramid spikes are permitted.
THROWS: Shot/Weight on WOOD
JUMPS: All jumps on track surface. Spikes allowed for high jump.
FOOD/DRINK: No food or colored drinks on the track – WATER ONLY
Team food/drink area will be designated – Mud Room indoors.
- Timing:** AccuRace Timing Services - www accuracetimeing.com
- Parking:** Bus parking located in lot south of venue through the gates
- Sports Medicine:** A certified athletic trainer will be available, and the athletic training room will be open one hour prior to first event and close thirty minutes after the last event. Teams traveling with a certified athletic trainer are welcome to use our facilities and modalities. Teams traveling without a certified athletic trainer will be assisted by our staff for treatments, taping and injury care. Prior written notification must be provided for modality treatments. Please provide your own supplies.
- Contact: Carissa Berendes, Certified Athletic Trainer, with questions.
Phone: 563-589-3655 **Email:** CBerendes@dbq.edu
- Administration:** Nelson Edmonds, Vice President of Student Engagement and Intercollegiate Athletics
Phone: 563-589-3867 **Email:** nedmonds@dbq.edu
Megan Wilson, Associate Dean of Student Engagement and Intercollegiate Athletics
Phone: 563.589.3361 **Email:** mwilson@dbq.edu
- Meet Director:** Evan Gerish – Assistant Track & Field Coach
Phone: 313-452-1599 Email: EGerish@dbq.edu

Online registration and payment only at www.directathletics.com

ENTRIES/FEEES ARE DUE: Wednesday January 29, 2025 by 8:00PM

ONLY THE TOP 36 VERIFIED MARKS WILL BE ACCEPTED INTO EACH THROWING EVENT UNLESS THE SCHEDULE PERMITS FOR MORE

SCHEDULE OF EVENTS:

HEAD COACHES, please check-in at the timer's table at 10:45am to submit scratches

9:30 am **UD Track & Field Senior Day Recognition**

10:30 am **Field Events Begin**

10:30 am Weight Throw – (W/M) Shot Put follows (W/M)

****1st Flight Men's Shot Put will begin in 2nd ring at 10:30am (During WWT) ****

10:30 am Long Jump – (W/M) Triple Jump follows (W/M)

10:30 am Pole Vault – (W/M)

11:00 am High Jump – (M/W)

11:30 am **Track Events Begin (run ON TIME)**

11:30 am W 60M Hurdle Prelim (2 Sections)

11:37 am M 60M High Hurdle Prelim (2 Sections)

11:44 am W 60M Dash Prelim (6 Sections)

12:04 pm M 60M Dash Prelim (7 Sections)

12:30 pm W Mile Run (2 Sections)

12:48 pm M Mile Run (3 Sections)

1:16 pm *M 60M High Hurdle Final

1:21 pm W 60M Hurdle Final

1:26 pm *M 60M Dash Final

1:31 pm W 60M Dash Final

1:36 pm W 400M Dash (4 Sections)

1:48 pm M 400M Dash (7 Sections)

2:04 pm W 800M Run (2 Sections)

2:14 pm M 800M Run (4 Sections)

2:30 pm W 200M Dash (11 Sections)

2:48 pm M 200M Dash (16 Sections)

3:28 pm W 3,000M Run (1 Section)

3:43 pm M 3,000M Run (2 Sections)

4:10 pm W 1600M Relay (2 Sections)

4:25 pm M 1600M Relay (3 Sections)