

UW-Platteville Invitational

Friday - Saturday, April 11th - 12th, 2025

- Entry Fee:** Entry fee is \$400.00 per gender (\$800.00 combined men and women). **Please make check payable to: UW-PLATTEVILLE TRACK AND FIELD.** The ability to pay with a credit card when finalizing entries will be available. A fee will be added by DirectAthletes for this service. Unattached athletes may enter the meet with permission from meet management. Entry fee is \$40 per individual athlete.
- Entry Deadline:** Invited teams & unattached athletes are eligible only upon receiving permission from UW-Platteville. Directathletics.com will be handling online entries. Online entries will open on **March 24th** and close on **Tuesday, April 8th at Midnight**. For questions related to online entries please e-mail Clark with AccuRace Timing at: chvjillson@aol.com
- Performance:** All seed marks must be verifiable and must have been achieved at a meet within the last year. All entries without times will be put into the slower heats. If an athlete does not have a verifiable mark in the 5000m from the last year but the coach has enough evidence to provide an estimated mark, please e-mail James Akita at akitaja@uwplatt.edu. Please use metric measurements in all field events. The meet will NOT be scored.
- Track:** The track, which is located directly south of the Williams Fieldhouse, is 9 lanes with a 10mm full pour polyurethane Beynon surface. **Quarter inch or smaller pyramid spikes only.**
- Hammer/Discus:** Preliminary flights with the best nine throws advancing to finals. Hammer and discus will be contested on the infield of the track. Hammer/discus cages are located across from each other on the northwest and southeast corners of the infield. Depending on the weather, hammer competition may be moved to Saturday. Only invited teams can enter the hammer competition.
DUE TO SAFETY CONCERNS IT IS CRITICAL THAT ALL NON-COMPETING ATHLETES AND COACHES STAY OFF THE INFIELD DURING LONG THROW COMPETITION!!!
- Javelin:** Preliminary flights with the best nine throws advancing to finals. The women's javelin competition will be contested on the east D end of the infield after the women's high jump and men's discus are complete. The men's javelin will be contested on the west D end of the infield after the women's discus is completed.
- Long/Triple Jump:** Preliminary flights with the best nine jumpers advancing to finals. The long jump runway is located outside of the track along the home stretch (south side of the track). Three sand pits allow both the TJ and LJ to be run in an east or west direction depending on wind conditions. Distance to pit from wood takeoff board is 10 feet. There is 140 feet of runway. Distance to pit from triple jump wood takeoff boards are 32 and 40 feet. Distances to pit from the triple jump track surface takeoff boards are 24, 28 and 36 feet.
- Pole Vault:** The pole vault runway is located outside of the track along the back stretch (north side of the track). Location of the pole vault pit will depend on wind conditions. In the case of inclement weather, competition will be contested on the indoor track.

- Shot Put: Preliminary flights with the best nine throws advancing to finals. Two shot circles are located on the west D end of the infield.
- Weigh-in: Weigh-ins will take place in the south end of the indoor track at the following times:
FRIDAY: 4:00-5:30 pm
SATURDAY: 9:00-10:30 am
- High Jump: The high jump will be contested on the east D end of the infield near the steeplechase pit. In case of inclement weather, competition will be contested on the indoor track.
- 5000m Run: The Friday heats of the 5K are intended for men and women attempting to qualify to Conference and National meets. Coaches will have the option to sign up athletes for either the Friday or Saturday heats of the 5K. Once entries are finalized, the field for the Friday 5K will be announced. Based on the number of entries multiple heats may be run. Athletes that did not make the field for the Friday 5K will be entered into the Saturday heats. Depending on the weather, all 5K heats may be moved to Saturday. The exact race time and field will be announced on Wednesday, April 9th after all entries have been accepted. TIMES WILL BE VERIFIED! If you enter a time that has not been run or previously been run, the athlete may not be accepted into the faster sections.
- 100m Dash: If necessary, a qualifying round will be included in the meet as shown in the schedule of events. The top 45 verifiable marks in the 100m from the past year will automatically advance to the semifinal. The qualifying round will advance the heat winners and the next fastest times to create six heats in the semifinal. To qualify for the 100m final, heat winners and the next three fastest times will be taken.
- Clerk Area: Athletes will check-in and get hip numbers at the table located on the South end of the Fieldhouse.
- Locker Rooms: Locker rooms and showers are located directly adjacent to the outdoor track and field facility in the Williams Fieldhouse. Please provide your own locks and towels. No items should be left unattended in the locker room.
- Training Room: The athletic training room is located on the same level as the indoor track. To access the athletic training room, exit the indoor track through the southwest doors near the LJ/TJ runway. A certified athletic trainer will be available throughout the entire event.
- Team Areas: Team areas will be available in the indoor track, which is in the Williams Fieldhouse. Food and drink will be allowed on the inside of the indoor track. This area will have tarps covering the surface.
- Info Pick-up: Please pay entry fee and make scratches on sheets provided at the start/finish line.
- Restrooms: Portable units will be available on the southwest corner of the outdoor track. Restrooms are located inside the fieldhouse adjacent to the indoor track. To access the restrooms, exit the indoor track through the southwest doors near the LJ/TJ runway.
- Parking: Buses may load and unload teams at the East entrance of the Fieldhouse in the turnaround area. Buses should park in lot 6, east of the tower or lot 10 by the Pioneer Stadium. Cars and vans can park in lot 26.

Results: Live results will be available at www accuracetimeing.com. Results will be posted at <https://letsgopioneers.com/sports/track/2024-25/schedule> following the meet.

Questions: If you have further questions or concerns, please call ...
James Akita at (608) 342-1504, email: akitaja@uwplatt.edu
Andres Young at (608) 342-1263, email: youngan@uwplatt.edu

UW-Platteville Invitational
Friday, April 11th - Saturday, April 12th, 2025
Schedule of Events

Friday, April 11th

Field Events

Time	Event
6:00 pm	Hammer – Men (West Cage)
6:00 pm	Hammer – Women (East Cage)

Running Events (Slower to faster sections)

Time	Event	
6:30pm	5000m Run – Women (Heat 1)	
7:00	5000m Run – Men (Heat 1)	
7:25	5000m Run – Men (Heat 2)	
7:50	5000m Run – Women (Heat 2)	
8:15	5000m Run – Men (Heat 3)	
8:35	5000m Run – Men (Heat 4)	
8:55	5000m Run – Women (Heat 3)	
9:20	5000m Run – Men (Heat 5)	
9:40	5000m Run – Women (Heat 4)	
10:05	5000m Run – Men (Heat 6)	
10:25	5000m Run – Women (Heat 5)	(PENDING)**
10:45pm	5000m Run – Men (Heat 7)	(PENDING)**

***Friday running events will be adjusted based on weather conditions**

**** Additional sections may be added**

Saturday, April 12th (Running schedule is tentative & based on previous seasons)

Field Events

Time	Event
11:00 am	Discus – Men (West Cage) Shot Put – Men (Begins after completion of women's shot put)
11:00	Shot Put – Women Discus – Women (West Cage after completion of men's discus)
11:00	Pole Vault – Men (2 pits) Pole Vault – Women (2 pits) – will begin after completion of the men's pole vault)
11:00	Long Jump – Women Long Jump – Men (will begin after completion of the women's long jump)
11:00	Triple Jump – Men Triple Jump – Women (will begin after the completion of the men's triple jump)
11:00	High Jump – Men High Jump – Women (will begin after the completion of the men's high jump) Javelin – Women (will begin after completion of women's HJ) Javelin – Men (will begin after completion of the women's javelin)

Running Events – Slow Sections First, Women first except for finals of hurdles and dash

Time	Event
10:50 am	National Anthem
11:00	100m Dash Qualifying Round – Men & Women if necessary
11:15	5000m Run – Women
12:05	5000m Run – Men
12:45	4 x 100m Relay – Women
12:55	4 x 100m Relay – Men
1:00	3000m Steeplechase – Women
1:20	3000m Steeplechase – Men
1:35	100m Hurdle Prelims – Women
1:50	110m Hurdle Prelims – Men
2:05	100m Dash Semifinals – Women
2:25	100m Dash Semifinals – Men
2:35	1500m Run – Women
2:50	1500m Run – Men
3:05	400m Dash – Women
3:25	400m Dash – Men
3:45	110m Hurdle Finals – Men
3:50	100m Hurdle Finals – Women
3:55	100m Dash Finals – Men
4:00	100m Dash Finals – Women
4:05	800m Run – Women
4:25	800m Run – Men
4:50	400m Hurdles – Women
5:00	400m Hurdles – Men
5:15	200m Dash – Women
5:45	200m Dash – Men
6:15	4 x 400m Relay – Women
6:30	4 x 400m Relay – Men

***Rolling schedule, if we move ahead, we will stay ahead**