

**Three Rivers Middle School Conference Meet**  
**Onalaska High School**  
**Onalaska, Wisconsin - 5/17/2024**  
**Results**

**Boys 100 Meter Dash**

Name	Year	School	Finals	H#	Points
<b>Finals</b>					
1 Jaxson Kuntz	8	Tomah	12.08	3	10
2 Landon Barg	8	Holmen	12.17	3	8
3 Drew Hendrikson	8	Holmen	12.25	3	6
4 Jackson Seberg	8	West Salem	12.34	3	5
5 Lawrence Alexandre	8	Tomah	12.80	3	4
6 Kaiden Harris	8	Sparta Meadowview	12.85	2	3
7 Brayden Thomas	8	Longfellow (	12.94	3	2
8 Cooper Hegge	8	Onalaska	12.96	3	1
9 Gladden Ganser	8	Sparta Meadowview	12.99	2	
10 Isaac Killip	8	Onalaska	13.02	3	
11 Nate Janiszewski	8	Tomah	13.13	2	
12 Levi Klum	8	Westby	13.24	2	
13 Aj Korger	8	Aquinas	13.36	2	
14 Brayden Styba	8	Winona	13.38	2	
15 Kehler Trost	7	Longfellow (	13.57	2	
16 Aidan Kimmerle-Lesser	8	Winona	13.58	2	
17 Alex Brenengen	7	Winona	13.79	1	
18 Tremell Jones	8	Logan	13.89	1	
19 Nolan Vandenlanegberg	7	Aquinas	13.98	1	
20 Elliot Heiden	8	Logan	14.41	1	
21 Sawyer Schultz	8	Westby	14.42	1	
22 Da'Roc Bell	7	Logan	14.72	1	
23 Elijah Wood	8	Westby	16.54	1	

**Boys 200 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Jackson Seberg	8	West Salem	24.44	3	10
2 Jaxson Kuntz	8	Tomah	24.44	3	8
3 Landon Barg	8	Holmen	24.70	3	6
4 Drew Hendrikson	8	Holmen	24.93	3	5
5 Tyler Paulson	8	Aquinas	25.60	3	4
6 Carl Joseph (Cj) Davis	8	Tomah	25.75	3	3
7 Hunter Huntington	8	Sparta Meadowview	26.70	2	2
8 Isaac Killip	8	Onalaska	26.92	3	1
9 Zachary Miller	8	Sparta Meadowview	27.15	3	
10 Nate Janiszewski	8	Tomah	27.69	2	
11 Kaden Betz	8	Onalaska	27.81	2	
12 Nolan Vandenlanegberg	7	Aquinas	28.32	2	
13 Alex Brenengen	7	Winona	28.57	2	
14 Liam Wilkinson	7	Longfellow (	28.63	2	
15 Elliot Heiden	8	Logan	29.39	2	
16 Jess Hutzler	8	Westby	29.82	1	
17 Cyrus Breier	8	West Salem	29.95	2	
18 Da'Roc Bell	7	Logan	30.77	1	

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19 Cameron Christianson	7 Westby	30.79	1
20 Malik Sheard	6 Logan	31.96	1
21 Levi Tomten	7 West Salem	32.08	1
22 Colton Smith	8 Winona	32.29	1
23 Beckett Bergstrom	7 Winona	37.62	1

**Boys 400 Meter Dash**

Name	Year School	Finals	H#	Points
1 Drew Hendrikson	8 Holmen	56.35	3	10
2 Landon Brickner	8 Holmen	57.35	3	8
3 Jackson Seberg	8 West Salem	58.73	3	6
4 Lance Greeno	8 Sparta Meadowview	58.78	3	5
5 David Schanhofer	8 Tomah	59.04	3	4
6 Tameron Evaro	8 Onalaska	59.47	3	3
7 Alex Penzkover	8 Aquinas	59.93	3	2
8 Kameron Hulst	8 Westby	1:00.95	2	1
9 Lukas Valentine	8 Longfellow (	1:01.62	2	
10 Tavaryies Henderson	8 West Salem	1:02.05	2	
11 Pearce Mathison	8 Sparta Meadowview	1:02.22	2	
12 Aiden Hoff	8 Onalaska	1:02.33	3	
13 Cullen MacGlashin	8 Longfellow (	1:02.65	2	
14 Ethan Krautkramer	8 Aquinas	1:02.99	2	
15 Liam Griffin	7 Tomah	1:03.21	2	
16 Lucas Timm	8 Aquinas	1:06.04	1	
17 Carter Anderson	7 Tomah	1:09.60	1	
18 Alexander Gutierrez Nune	7 West Salem	1:09.62	2	
19 William Mayer	7 Westby	1:10.69	1	

**Boys 800 Meter Run**

Name	Year School	Finals	H#	Points
1 Casey Horman	8 Holmen	2:14.41	2	10
2 Issac Grilley	8 Tomah	2:16.90	2	8
3 Tameron Evaro	8 Onalaska	2:17.85	2	6
4 Wil Howard	8 Logan	2:20.19	2	5
5 Zachary Miller	8 Sparta Meadowview	2:20.79	2	4
6 Theron Hamilton	8 Longfellow (	2:23.08	2	3
7 Hudson Moss	8 Holmen	2:25.62	2	2
8 Owen Skemp	8 Longfellow (	2:28.81	2	1
9 Desmond Simon	7 Onalaska	2:29.82	2	
10 Charles Nordeen	6 Aquinas	2:33.38	2	
11 Jonah Scoville	8 Winona	2:33.55	2	
12 Pearce Mathison	8 Sparta Meadowview	2:36.24	1	
13 Wilt Schul	7 Winona	2:41.39	2	
14 Bennett Bossingham	8 West Salem	2:41.46	1	
15 Finley Duerst	8 Logan	2:42.05	1	

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**....Boys 800 Meter Run**

16 Dawson Weiss	7 Aquinas	2:43.63	1
17 Liam Schnick	7 West Salem	2:45.53	1
18 Ryan Buchholz	6 Westby	2:48.40	1
19 Grant Reineking	8 Logan	2:52.43	1
20 Trevor Boland	7 Westby	3:14.66	1
21 Eli Tusynski	8 Westby	3:28.84	1

**Boys 1600 Meter Run**

Name	Year School	Finals	Points
1 Casey Horman	8 Holmen	5:08.82	10
2 David Schanhofer	8 Tomah	5:10.20	8
3 Issac Grilley	8 Tomah	5:10.34	6
4 Hudson Moss	8 Holmen	5:11.29	5
5 Charles Nordeen	6 Aquinas	5:16.90	4
6 Cade Sommerfield	8 Onalaska	5:16.95	3
7 Wilt Schul	7 Winona	5:21.71	2
8 Jonah Scoville	8 Winona	5:29.55	1
9 Wesley Olson	8 Longfellow (	5:32.43	
10 Evan Berra	8 West Salem	5:33.90	
11 Benjamin Perez	8 Sparta Meadowview	5:36.69	
12 Andrew Witherow	8 Sparta Meadowview	5:36.81	
13 Ryan Wilder	8 Longfellow (	5:38.44	
14 Ethan Davey	8 Logan	5:43.27	
15 Landon Ball	7 Sparta Meadowview	5:44.38	
16 Caleb Farmer	8 Logan	5:48.04	
17 Parker Jehn	7 West Salem	5:51.92	
18 Spencer Buck	7 Aquinas	6:08.59	
19 Nolan Davey	7 Logan	6:13.23	
20 Corbin Lee	6 Westby	6:52.10	

**Boys 100 Meter Hurdles**

Name	Year School	Finals	H#	Points
1 Lance Greeno	8 Sparta Meadowview	14.83	2	10
2 Tay Parcher	8 Holmen	14.88	2	8
3 Aiden Hoff	8 Onalaska	15.29	2	6
4 Xa Si (Peter) Singvah	8 Onalaska	15.62	2	5
5 Wesley Olson	8 Longfellow (	15.80	2	4 15.792
6 Clayton Mlynczak	8 Winona	15.80	2	3 15.799
7 Hudson Winchel	8 Onalaska	15.92	2	2
8 Kai Jacobson	7 Sparta Meadowview	16.80	1	1
9 Chandler Gilberts	8 Holmen	17.20	2	
10 Rylan Gale	6 Aquinas	17.74	1	
11 Thomas Binsfeld	6 Aquinas	17.87	1	
12 Landon Goodman	7 Longfellow (	18.58	1	
13 Jaden Miller	7 West Salem	18.67	1	

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**....Boys 100 Meter Hurdles**

14 Lane Thrush	7 Aquinas	18.86	1
15 Kai Kunbal	6 Westby	19.06	1
16 Eli Tusynski	8 Westby	22.35	1

**Boys 200 Meter Hurdles**

Name	Year	School	Finals	H#	Points
1 Tay Parcher	8	Holmen	29.69	2	10
2 Hudson Winchel	8	Onalaska	29.82	2	8
3 Landon Brickner	8	Holmen	30.14	2	6
4 Clayton Mlynczak	8	Winona	30.74	2	5
5 Kaden Betz	8	Onalaska	31.20	2	4
6 Wesley Olson	8	Longfellow (	31.55	2	3
7 Cade Sommerfield	8	Onalaska	32.75	2	2
8 Kai Jacobson	7	Sparta Meadowview	34.35	1	1
9 Will Byom	8	West Salem	34.96	2	
10 Rylan Gale	6	Aquinas	35.75	1	
11 Thomas Binsfeld	6	Aquinas	36.80	1	

**Boys 4x100 Meter Relay**

School	Finals	H#	Points
1 Tomah	47.98	2	10
1) Lawrence Alexandre 8			
2) Carl Joseph (Cj) Davis 8			
3) Nate Janiszewski 8			
4) Jaxson Kuntz 8			
2 Holmen	49.23	2	8
1) Liam Nelson 8			
2) Nolan Knapmiller 8			
3) Landon Barg 8			
4) Nolan Lomas 8			
3 Onalaska	49.41	2	6
1) Adam Kuhn 8			
2) Cooper Hegge 8			
3) Tyler Wiesjahn 8			
4) Isaac Killip 8			
4 Aquinas	49.91	2	5
1) Aj Korger 8			
2) Tyler Paulson 8			
3) Martez Sheard 8			
4) Korbin Neher 8			
5 Sparta Meadowview	51.10	2	4
1) Hunter Huntington 8			
2) Gladden Ganser 8			
3) Joey Wells 7			
4) Kaiden Harris 8			
6 Winona	51.95	2	3
1) Aidan Kimmerle-Lesser 8			
2) Leif Overhaug 7			
3) Conner Zimmerman 8			
4) Brayden Styba 8			
7 Longfellow (La Crosse)	52.17	2	2
1) Gabe Yang 8			
2) Robert Seehafer 8			
3) Logan Olinger 8			
4) Kehler Trost 7			
8 West Salem	53.11	1	1
1) Will Byom 8			
2) Evan Greil 8			
3) Michael Lysne 8			
4) Alexander Gutierrez Nunez 7			
9 Westby	55.47	1	



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**....Boys 4x100 Meter Relay**

- |                    |                     |         |
|--------------------|---------------------|---------|
| 1) Breyer Bothe 8  | 2) Levi Klum 8      |         |
| 3) Kameron Hulst 8 | 4) Sawyer Schultz 8 |         |
| 10 Logan           |                     | 56.72 1 |
| 1) Da'Roc Bell 7   | 2) Elliot Heiden 8  |         |
| 3) Malik Sheard 6  | 4) Benjamin Thao 6  |         |

**Boys 4x200 Meter Relay**

School	Finals	H#	Points
1 Onalaska 1) Adam Kuhn 8 3) Wylde Burch 8	1:45.42	2	10
2 Aquinas 1) Tyler Paulson 8 3) Alex Penzkover 8	1:45.97	2	8
3 Sparta Meadowview 1) Landen Bolen 8 3) Akal Basra 8	1:46.50	2	6
4 Holmen 1) Tay Parcher 8 3) Nolan Knapmiller 8	1:46.99	2	5
5 Tomah 1) Jacob Confer 7 3) Carl Joseph (Cj) Davis 8	1:47.84	2	4
6 Winona 1) Aidan Kimmerle-Lesser 8 3) Conner Zimmerman 8	1:48.92	2	3
7 Longfellow (La Crosse) 1) Gabe Yang 8 3) D'Artagnan Wilk 8	1:50.81	2	2
8 Logan 1) Haden Brubaker 7 3) Jackson Schultz 8	1:56.49	2	1
9 West Salem 1) Trenton Berlin 7 3) Clayton Vanish 7	2:05.31	1	
10 Westby 1) Adam Steiner 8 3) Jess Hutzler 8	2:07.20	1	

**Boys 4x400 Meter Relay**

School	Finals	H#	Points
1 Holmen 1) Casey Horman 8 3) Landon Brickner 8	3:57.14	2	10
2 Onalaska	4:02.29	2	8
			4:02.282



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**....Boys 4x400 Meter Relay**

1) Keegan Clark 8	2) Cade Sommerfield 8			
3) Tameron Evaro 8	4) Wylder Burch 8			
3 Tomah		4:02.29	2 6	4:02.287
1) David Schanhofer 8	2) Lawrence Alexandre 8			
3) Liam Griffin 7	4) Issac Grilley 8			
4 Aquinas		4:11.38	2 5	
1) Ian Honaker 8	2) Alex Penzkover 8			
3) Korbin Neher 8	4) Martez Sheard 8			
5 Longfellow (La Crosse)		4:11.42	2 4	
1) Lukas Valentine 8	2) Cullen MacGlashin 8			
3) Robert Seehafer 8	4) Owen Skemp 8			
6 Sparta Meadowview		4:20.03	2 3	
1) Hunter Huntington 8	2) Benjamin Perez 8			
3) Pearce Mathison 8	4) Lance Greeno 8			
7 Winona		4:25.78	2 2	
1) Leif Overhaug 7	2) Conner Zimmerman 8			
3) Wilt Schul 7	4) Jonah Scoville 8			
8 Logan		4:25.90	2 1	
1) Haden Brubaker 7	2) Ethan Davey 8			
3) Jackson Schultz 8	4) Damarrion Thomas 8			
9 West Salem		4:44.60	1	
1) Parker Jehn 7	2) Brayden Kinstler 8			
3) Ben Konkol 8	4) Hudson Neubauer 7			
10 Westby		5:19.03	1	
1) Jess Hutzler 8	2) Adam Steiner 8			
3) Joe Jorstad 7	4) Corbin Lee 6			

**Boys High Jump**

Name	Year	School	Finals	Points
1 Wylder Burch	8	Onalaska	6-02.00	10
2 Kaiden Harris	8	Sparta Meadowview	5-08.00	8
3 Landon Barg	8	Holmen	5-04.00	6
4 Tavaryies Henderson	8	West Salem	J5-04.00	5
5 Cooper Hegge	8	Onalaska	5-02.00	4
6 Jackson Noel	8	Longfellow (	J5-02.00	3
7 Aiden Hoff	8	Onalaska	5-00.00	2
8 Adiel Onyeabor	7	Aquinas	J5-00.00	1
9 Cullen MacGlashin	8	Longfellow (	J5-00.00	
10 Leif Overhaug	7	Winona	4-10.00	
11 Drew Hendrikson	8	Holmen	J4-10.00	
12 Lincoln Stanek	8	Aquinas	J4-10.00	
13 Jonah Scoville	8	Winona	4-04.00	
13 Nolan Davey	7	Logan	4-04.00	

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**Boys Long Jump**

Name	Year School	Finals	Points
1 Kaiden Harris	8 Sparta Meadowview	18-02.00	10
2 Tavaryies Henderson	8 West Salem	18-00.75	8
3 Wylder Burch	8 Onalaska	17-08.00	6
4 Kameron Hulst	8 Westby	17-00.25	5
5 Adrian La Beause	8 Tomah	16-06.00	4
6 Hudson Winchel	8 Onalaska	16-02.00	3
7 Nate Janiszewski	8 Tomah	16-01.00	2
8 D'Artagnan Wilk	8 Longfellow (	16-00.00	1
9 Tay Parcher	8 Holmen	15-11.00	
10 Brayden Thomas	8 Longfellow (	15-10.00	
11 Adiel Onyeabor	7 Aquinas	15-07.50	
12 Nolan Lomas	8 Holmen	15-05.50	
13 Zachary Miller	8 Sparta Meadowview	15-04.50	
14 Clayton Mlynczak	8 Winona	15-03.75	
15 Jackson Noel	8 Longfellow (	15-03.50	
16 Lincoln Stanek	8 Aquinas	14-08.50	
17 Joey Wells	7 Sparta Meadowview	13-11.50	
18 Michael Lysne	8 West Salem	13-10.25	
19 Sawyer Schultz	8 Westby	13-02.50	
20 Bennett Bossingham	8 West Salem	12-08.00	
21 Adam Steiner	8 Westby	11-05.00	

**Boys Triple Jump**

Name	Year School	Finals	Points
1 Nolan Knapmiller	8 Holmen	36-11.00	10
2 Mason Zimmer	8 Onalaska	35-00.00	8
3 Jackson Noel	8 Longfellow (	34-00.00	6
4 Tremell Jones	8 Logan	33-11.50	5
5 Wyatt Hanson	7 Tomah	33-05.00	4
6 Sean Vang	8 Onalaska	32-11.00	3
7 Cullen MacGlashin	8 Longfellow (	31-10.00	2
8 D'Artagnan Wilk	8 Longfellow (	31-07.00	1
9 Evan Berra	8 West Salem	31-05.25	
10 Lincoln Stanek	8 Aquinas	30-08.50	
11 Adiel Onyeabor	7 Aquinas	30-02.00	
12 Rameses Anderson	8 Holmen	27-11.50	
13 William Mayer	7 Westby	27-06.00	
14 Trevor Boland	7 Westby	26-10.00	
15 Joe Jorstad	7 Westby	25-01.00	
16 Peyton Schamens	8 Sparta Meadowview	24-03.00	

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**Boys Shot Put**

Name	Year	School	Finals	H#	Points
1 Lance Greeno	8	Sparta Meadowview	37-09.50	2	10
2 Breyer Bothe	8	Westby	37-01.00	2	8
3 Clayton Mlynczak	8	Winona	J36-05.00	2	6
4 Peter Mulvaney	8	Sparta Meadowview	J36-05.00	2	5
5 Henry Duster	8	West Salem	33-02.00	2	4
6 Gabe Yang	8	Longfellow (	32-04.00	2	3
7 Eddie Carey	8	Longfellow (	32-03.00	2	2
8 Alex Rodebaugh	8	Holmen	32-01.00	2	1
9 George Lundebreck	8	Logan	31-11.00	2	
10 Evan Greil	8	West Salem	31-07.00	1	
11 Kenneth Cheney	8	Winona	31-04.00	2	
12 Kristian Tisdale	8	Holmen	31-03.00	2	
13 William Mees	7	Tomah	31-00.00	1	
14 Gideon Stewart	8	West Salem	30-09.00	1	
15 Braylen McKey	8	Logan	30-01.00	1	
16 Sean Vang	8	Onalaska	29-09.00	1	
17 Aj Korger	8	Aquinas	29-00.00	1	
18 Edison Erdmanczyk	7	Winona	27-09.00	1	
19 Will Nordeen	8	Aquinas	26-08.00	1	
20 Max Woodward	8	Logan	26-04.00	1	
21 Corwin Griffiths	8	Tomah	25-08.00	1	
22 Eli Walker	6	Westby	24-11.00	1	
23 Aiden Humm	7	Westby	23-00.00	1	

**Boys Discus Throw**

Name	Year	School	Finals	H#	Points
1 Luca Whitson	8	Onalaska	110-10	2	10
2 Will Byom	8	West Salem	110-04	2	8
3 George Lundebreck	8	Logan	106-07	1	6
4 Peter Mulvaney	8	Sparta Meadowview	106-05	2	5
5 Breyer Bothe	8	Westby	104-04	2	4
6 Henry Duster	8	West Salem	100-01	2	3
7 Oliver Walker	8	Longfellow (	90-09	2	2
8 Kristian Tisdale	8	Holmen	89-05	2	1
9 William Mees	7	Tomah	84-00	1	
10 Max Benson	8	Longfellow (	81-08	2	
11 Brooks Schaffer	8	Logan	80-03	1	
12 Edison Erdmanczyk	7	Winona	79-10	1	
13 Will Nordeen	8	Aquinas	72-02	1	
14 Alex Rodebaugh	8	Holmen	72-00	2	
15 Braylen McKey	8	Logan	71-11	1	
16 Gideon Stewart	8	West Salem	69-00	2	
17 Aj Korger	8	Aquinas	68-02	2	
18 Aiden Humm	7	Westby	62-06	1	
19 Kenneth Cheney	8	Winona	61-01	1	



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**....Boys Discus Throw**

20 Corwin Griffiths	8 Tomah	60-00	1
21 Jackson Leger	8 Winona	58-04	1

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Women - Team Rankings - 15 Events Scored

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1) Holmen	108	2) Onalaska	100
3) Aquinas	82.50	4) Tomah	78
5) Longfellow (La Crosse)	65	6) West Salem	60.50
7) Sparta Meadowview	50	8) Winona	29
9) Westby	6	9) Logan	6

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Men - Team Rankings - 15 Events Scored

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1) Holmen	135	2) Onalaska	111
3) Tomah	81	4) Sparta Meadowview	77
5) West Salem	50	6) Longfellow (La Crosse)	41
7) Aquinas	29	8) Winona	25
9) Westby	18	9) Logan	18