

Three Rivers Middle School Conference Meet
Onalaska High School
Onalaska, Wisconsin - 5/17/2024
Results

Girls 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Brielle Moore	8	West Salem	13.35	4	10
2 Elin Gilles	8	Onalaska	13.44	4	8
3 Hannah Kleiner	8	Holmen	13.79	4	6
4 Ella Everson	8	Holmen	13.84	4	5
5 Klara Hall	8	Tomah	13.89	4	4
6 Amelia Schumacher	8	Sparta Meadowview	13.91	4	3
7 Myla Habelman	7	Tomah	13.96	3	2
8 Hermione Anderson	8	Sparta Meadowview	14.10	3	1 14.092
9 Honnahlee Korner	7	Winona	14.10	3	14.100
10 Mikaela Dixon	8	Sparta Meadowview	14.21	3	
11 Ava Kerkenbush	8	Winona	14.25	4	
12 Ava Kujak	8	Aquinas	14.26	3	
13 Norah Betcher	8	Tomah	14.28	4	
14 Anna Witte	8	West Salem	14.46	2	
15 Ali Amundson	8	Westby	14.61	3	
16 Teagan Boge	8	Aquinas	14.63	2	
17 Anabelle Lieurance	7	Longfellow (14.66	3	
18 Kensley Skifton	8	West Salem	14.97	2	
19 Maren Heckman	8	Longfellow (14.98	2	
20 Lily Rebarchek	7	Winona	15.24	2	
21 Sequoia Storbakken	6	Westby	15.76	1	
22 Riley Horn	8	Logan	15.77	2	
23 Clairia Blakley	7	Westby	15.83	1	
24 Emery Miller	7	Onalaska	15.85	3	
25 Josie Bacon	7	Logan	15.88	1	
26 Shakayla Tomlinson	7	Logan	16.74	2	

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Anna Binsfeld	8	Aquinas	28.17	4	10
2 Hannah Kleiner	8	Holmen	28.55	4	8
3 Klara Hall	8	Tomah	28.73	4	6
4 Tiegan Duffy	8	West Salem	28.89	3	5
5 Nola Mullikin	8	Tomah	28.98	4	4
6 Ava Kerkenbush	8	Winona	29.07	4	2.50 29.064
6 Honnahlee Korner	7	Winona	29.07	3	2.50 29.064
8 Mikaela Dixon	8	Sparta Meadowview	29.39	2	1
9 Amelia Schumacher	8	Sparta Meadowview	29.42	3	
10 Ali Amundson	8	Westby	29.44	2	
11 Ella Everson	8	Holmen	29.47	4	
12 Bailey Rosenthal	8	West Salem	29.92	3	
13 Norah Betcher	8	Tomah	30.00	3	
14 Ilyanna Martinez	8	Onalaska	30.58	3	
15 Lily Rebarchek	7	Winona	30.88	4	

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16	Ava Senn	8	Onalaska	30.93	3
17	Elin Blackbourn	7	Longfellow (31.02	2
18	Victoria Stojalowsky	7	Logan	31.17	4
19	Alayna Curti	7	Longfellow (31.40	2
20	Peyton Jehn	7	West Salem	31.52	2
21	Hannah Korish	8	Logan	32.04	2
22	Amelia Hoven	8	Westby	32.51	1
23	Shakayla Tomlinson	7	Logan	33.67	1
24	Leah Nofsinger	7	Westby	34.35	1

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Elin Gilles	8	Onalaska	1:03.63	3	10
2	Anna Binsfeld	8	Aquinas	1:03.93	3	8
3	Nola Mullikin	8	Tomah	1:05.34	3	6
4	Mallory Kemper	7	Holmen	1:06.13	3	5
5	Abby Frost	7	Longfellow (1:06.59	3	4
6	Anna Witte	8	West Salem	1:06.76	3	3
7	Maren Heckman	8	Longfellow (1:06.96	3	2
8	Ali Amundson	8	Westby	1:07.69	3	1
9	Ellie Knapmiller	7	Holmen	1:08.06	2	
10	Bailey Rosenthal	8	West Salem	1:09.01	2	
11	Sofiya Cromheecke	8	Onalaska	1:10.08	2	
12	Claire Verzwylt	8	Onalaska	1:11.15	2	
13	Tessa Baertsch	7	Winona	1:12.62	2	
14	Avery Barrette	8	Longfellow (1:12.92	2	
15	Judith Castro	6	Sparta Meadowview	1:13.89	2	
16	Addyson Lydon	8	Sparta Meadowview	1:14.56	2	
17	Melody Dahlberg	6	Logan	1:16.72	1	
18	Sierra Brantner	7	Sparta Meadowview	1:17.10	1	
19	Emma Biondo	7	Aquinas	1:18.47	1	
20	Aubrey Owens	8	West Salem	1:22.13	1	
21	Maya Martinez	8	Winona	1:23.62	1	
22	Azure Davis Ripley	8	Winona	1:36.39	1	

Girls 800 Meter Run

Name	Year	School	Finals	Points	
1	Abby Frost	7	Longfellow (2:30.22	10
2	Rubianne Kinsman	8	Holmen	2:30.91	8
3	Mallory Kemper	7	Holmen	2:31.32	6
4	Sanjana Musafir	8	Aquinas	2:39.08	5
5	Sadie Peterson	8	Onalaska	2:43.22	4
6	Ellie Apaun	7	Longfellow (2:43.33	3
7	Sofia Gerlach	8	Onalaska	2:51.00	2
8	Clara Heinrichs	7	Winona	2:52.88	1

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....Girls 800 Meter Run

9	Odessa Huebner	8	Westby	2:53.22
10	Aubrey Flock	7	West Salem	2:53.74
11	Ada Meddinger	6	Longfellow (2:55.01
12	Olivia Conzemius	7	Tomah	2:55.65
13	Claire Vandenlanegberg	7	Aquinas	3:06.44
14	Ellanora Denis	8	Winona	3:08.34
15	Sierra Brantner	7	Sparta Meadowview	3:08.62
16	Sydney Evenstad	6	Westby	3:13.21
17	Maya Martinez	8	Winona	3:20.20

Girls 1600 Meter Run

Name	Year	School	Finals	Points
1	Abby Frost	7	Longfellow (5:41.76 10
2	Rubianne Kinsman	8	Holmen	5:42.97 8
3	Sanjana Musafir	8	Aquinas	5:46.69 6
4	Allison Anibas	7	Holmen	6:06.54 5
5	Sadie Peterson	8	Onalaska	6:07.49 4
6	Odessa Huebner	8	Westby	6:11.46 3
7	Kaylyn Torkelson	8	Longfellow (6:21.97 2
8	Teagan Bailey	7	Tomah	6:22.85 1
9	Charlotte Yard	8	Longfellow (6:27.75
10	Isla Grabowski	6	Aquinas	6:35.43
11	Judith Castro	6	Sparta Meadowview	6:53.93
12	Marley Johnston	7	Winona	7:05.68
13	Sydney Evenstad	6	Westby	7:05.95
14	Kiana Zahрте	7	Winona	7:19.98

Girls 100 Meter Hurdles

Name	Year	School	Finals	H#	Points
1	Finley Rudie	8	Onalaska	15.70	3 10
2	Myla Habelman	7	Tomah	15.79	3 8
3	Tiegan Duffy	8	West Salem	16.11	3 6
4	Claire Fortun	8	Onalaska	17.08	3 5
5	Olivia Matt	8	Holmen	17.39	3 4
6	Isabella Tomsovic	7	Aquinas	17.81	1 3
7	Kaleigh Brecheisen	8	Sparta Meadowview	17.83	2 2
8	Lahna Bloyer	8	Holmen	18.13	3 1
9	Natalie Barr	8	Onalaska	18.14	3
10	Kaylyn Torkelson	8	Longfellow (18.36	2
11	Harper Rowling	7	Longfellow (18.61	2
12	Avery Tepp	7	Aquinas	18.67	3
13	Greta VonFeldt	7	Westby	18.70	2
14	Allie Krueger	8	West Salem	18.78	2
15	Antigone Leone	8	Logan	18.89	2
16	Melody Dahlberg	6	Logan	19.24	1

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....Girls 100 Meter Hurdles

17 Lorelei Macon	8 Winona	19.35	2
18 Elin Miles	7 Logan	19.53	2
19 Macy Hulst	6 Westby	19.77	1

Girls 200 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Brielle Moore	8	West Salem	32.91	2	10
2 Elise Myre	8	Aquinas	34.44	2	8
3 Natalie Barr	8	Onalaska	35.22	2	6
4 Amarria Roberson	8	Holmen	36.00	2	5
5 Harlow Hoffman	7	Tomah	36.76	1	4
6 Anja Johnson	7	Tomah	36.91	2	3
7 Lorelei Macon	8	Winona	37.78	1	2
8 Harper Rowling	7	Longfellow (37.88	1	1
9 Elin Miles	7	Logan	38.33	1	
10 Sophia Biundo	7	Longfellow (39.04	1	

Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Sparta Meadowview	54.29	2	10
1) Amelia Schumacher 8			
3) Mikaela Dixon 8			
2 West Salem	54.41	2	8
1) Tiegan Duffy 8			
3) Allie Krueger 8			
3 Aquinas	54.89	2	6
1) Teagan Boge 8			
3) Amelia Miller 6			
4 Onalaska	55.41	2	5
1) Ava Senn 8			
3) Ilyanna Martinez 8			
5 Holmen	56.08	2	4
1) Hadley Johnson 8			
3) Aubree Tuma 7			
6 Tomah	56.15	2	3
1) Myla Habelman 7			
3) Chloe Vitcenda 7			
7 Winona	57.20	1	2
1) Lily Rebarchek 7			
3) Ella Larson 8			
8 Longfellow (La Crosse)	57.91	2	1
1) Sienna Raasch 8			
3) Isla Hansen 6			
9 Logan	58.30	2	
1) Michaela Hatchett 7			



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....Girls 4x100 Meter Relay

3) Antigone Leone 8	4) Victoria Stojalowsky 7
10 Westby	1:03.44 1
1) Greta VonFeldt 7	2) Ellie Lyons 7
3) Brynn Skala 7	4) Clairra Blakley 7

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Holmen 1) Hannah Kleiner 8 3) Ella Everson 8	1:54.05	2	10
2 Tomah 1) Norah Betcher 8 3) Jadyn Peterson 8	1:54.51	2	8
3 Aquinas 1) Anna Binsfeld 8 3) Molly Stanton 8	1:55.98	2	6
4 Onalaska 1) Ava Senn 8 3) Claire Fortun 8	2:02.68	2	5
5 Longfellow (La Crosse) 1) Alayna Curti 7 3) Isla Hansen 6	2:03.69	2	4
6 West Salem 1) Brooklyn Weiland 7 3) Brynn Loging 7	2:03.80	2	3
7 Logan 1) Hannah Korish 8 3) Autumn Yang 7	2:05.46	1	2
8 Westby 1) Amelia Hoven 8 3) Greta VonFeldt 7	2:11.10	1	1
9 Winona 1) Ava Ellinghysen 8 3) Nola Lundgren 7	2:11.62	1	
10 Sparta Meadowview 1) Brianna Pahuamba 6 3) Jazmin Vasquez Vasquez 8	2:15.11	2	

Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Holmen 1) Rubianne Kinsman 8 3) Ava Newman 7	4:34.34	2	10
2 Onalaska 1) Sofia Gerlach 8	4:43.05	2	8



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....Girls 4x400 Meter Relay

3) Sadie Peterson 8	4) Elin Gilles 8		
3 Tomah	4:45.06	2	6
1) Chloe Vitcenda 7	2) Tenley Jilek 7		
3) Shelby Vervoren 8	4) Ella Meagher 6		
4 Longfellow (La Crosse)	4:47.30	2	5
1) Maren Heckman 8	2) Kaylyn Torkelson 8		
3) Ellie Apaun 7	4) Avery Barrette 8		
5 Winona	4:56.98	2	4
1) Tessa Baertsch 7	2) Ellanora Denis 8		
3) Lorelei Macon 8	4) Clara Heinrichs 7		
6 Logan	4:57.13	2	3
1) Daphne Jespersion 7	2) Josie Bacon 7		
3) Autumn Yang 7	4) Michaela Hatchett 7		
7 Sparta Meadowview	4:58.33	1	2
1) Addyson Lydon 8	2) Kaleigh Brecheisen 8		
3) Lilly Hackbarth 8	4) Judith Castro 6		
8 Aquinas	5:08.99	1	1
1) Ella Krejchik 7	2) Isabella Tomsovic 7		
3) Lindsey Tyrriver 6	4) Emma Biondo 7		
9 West Salem	5:11.46	1	
1) Raylyn Anderson 7	2) Ellie Peterson 7		
3) Olivia Sprehn 7	4) Aubrey Flock 7		

Girls High Jump

Name	Year	School	Finals	Points
1 Ellie Apaun	7	Longfellow (J4-10.00	10
2 Hermione Anderson	8	Sparta Meadowview	J4-10.00	8
3 Ella Krejchik	7	Aquinas	J4-08.00	5.50
3 Anna Witte	8	West Salem	J4-08.00	5.50
5 Twyla Hoffman	6	Tomah	J4-08.00	4
6 Rachel Zastoupil	8	Tomah	J4-08.00	3
7 Mikaela Dixon	8	Sparta Meadowview	J4-06.00	2
8 Macy Hulst	6	Westby	J4-06.00	1
9 Tessa Baertsch	7	Winona	J4-06.00	
10 Sofiya Cromheecke	8	Onalaska	J4-06.00	
11 Brooklyn Weiland	7	West Salem	4-04.00	
11 Lauren Heltemes	7	Winona	4-04.00	
13 Hadley Johnson	8	Holmen	4-02.00	
13 Teagan Bailey	7	Tomah	4-02.00	
13 Lahna Bloyer	8	Holmen	4-02.00	
16 Ellie Lyons	7	Westby	4-00.00	
16 Greta VonFeldt	7	Westby	4-00.00	

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Girls Long Jump

Name	Year	School	Finals	Points
1 Hermione Anderson	8	Sparta Meadowview	16-00.00	10
2 Anna Binsfeld	8	Aquinas	15-07.00	8
3 Kaleigh Brecheisen	8	Sparta Meadowview	14-06.00	6
4 Ilyanna Martinez	8	Onalaska	13-08.50	5
5 Ella Everson	8	Holmen	13-07.00	4
6 Ava Kujak	8	Aquinas	13-06.00	3
7 Hayden Olsen	8	Sparta Meadowview	13-04.00	2
8 Victoria Stojalowsky	7	Logan	12-09.00	1
9 Antigone Leone	8	Logan	12-08.00	
10 Allie Krueger	8	West Salem	12-07.00	
11 Josie Bacon	7	Logan	12-03.00	
12 Amarria Roberson	8	Holmen	11-11.50	
13 Amelia Hoven	8	Westby	J11-08.00	
14 Olivia Sprehn	7	West Salem	J11-08.00	
15 Lily Rebarchek	7	Winona	11-06.50	
16 Lorelei Macon	8	Winona	11-04.00	
17 Sienna Raasch	8	Longfellow (J11-01.50	
18 Brynn Skala	7	Westby	J11-01.50	
19 Macy Hulst	6	Westby	10-06.00	
20 Elsa Wolbrink	7	West Salem	10-01.50	

Girls Triple Jump

Name	Year	School	Finals	Points
1 Jady Peterson	8	Tomah	31-02.00	10
2 Courtney Simmons	7	Holmen	29-09.00	8
3 Brielle Moore	8	West Salem	29-08.00	6
4 Elin Gilles	8	Onalaska	29-03.50	5
5 Ellie Stenberg	7	West Salem	28-03.00	4
6 Ava Baseman	6	Sparta Meadowview	J27-00.00	3
7 Claire Verzwyvelt	8	Onalaska	J27-00.00	2
8 Brooklyn Walz	6	Longfellow (26-06.00	1
9 Tatum Michaels	6	Longfellow (J26-06.00	
10 Ella Krejchik	7	Aquinas	26-03.00	
11 Emilia Suarez	8	Holmen	25-10.50	
12 Odessa Huebner	8	Westby	25-10.00	
13 Avery Tepp	7	Aquinas	25-00.50	
14 Ellee Schanhofer	8	Sparta Meadowview	24-02.00	
15 Emily Leigl	8	Sparta Meadowview	23-05.50	
16 Elsa Wolbrink	7	West Salem	23-00.00	

Girls Shot Put

Name	Year	School	Finals	H#	Points
1 Kaia Van Tol	8	Winona	31-00.00	2	10

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....Girls Shot Put

2	Avery Cowley	8	Onalaska	28-02.50	2	8
3	Olivia Winter	7	Longfellow (27-06.00	2	6
4	Peyton Soland	8	Onalaska	26-06.50	2	5
5	Rachel Zastoupil	8	Tomah	26-04.00	2	4
6	Alivia Ritter	8	Aquinas	25-09.00	2	3
7	Lindsay Stephany	7	Holmen	25-02.00	1	2
8	Allison Gatz	8	Winona	24-07.00	2	1
9	Claire Verzwylvelt	8	Onalaska	24-06.50	2	
10	Abigail Moore	7	Tomah	24-02.50	1	
11	Zalayha Ashby	8	Aquinas	22-11.00	2	
12	Reagan Jessie	8	Holmen	22-10.50	1	
13	Emanuelle Parcher	7	Logan	22-07.00	1	
14	Cydelle Gerhard	7	Longfellow (22-06.00	1	
15	Catie Duerst	8	Westby	19-09.00	1	
16	Madeline Michaels	8	Westby	19-02.00	1	
17	Joss Kofta	8	Logan	12-03.50	1	

Girls Discus Throw

Name	Year	School	Finals	H#	Points	
1	Alivia Ritter	8	Aquinas	89-08	2	10
2	Avery Cowley	8	Onalaska	75-05	2	8
3	Olivia Winter	7	Longfellow (68-11	1	6
4	Reagan Jessie	8	Holmen	68-08	2	5
5	Maria Magozzi	8	Holmen	68-04	2	4
6	Kaia Van Tol	8	Winona	64-05	2	3
7	Abigail Moore	7	Tomah	64-03	2	2
8	Allison Gatz	8	Winona	64-00	2	1
9	Emanuelle Parcher	7	Logan	62-10	1	
10	Cydelle Gerhard	7	Longfellow (59-09	2	
11	Catie Duerst	8	Westby	59-01	2	
12	Ellie Stenberg	7	West Salem	52-05	1	
13	Brynn Loging	7	West Salem	50-10	1	
14	Shashi Getachew	8	Aquinas	50-05	1	
15	Aleena Montgomery	7	Tomah	48-10	1	
16	Kaycee Schauf	8	Sparta Meadowview	44-09	1	
17	Joss Kofta	8	Logan	42-10	1	

Women - Team Rankings - 15 Events Scored

1)	Holmen	108	2)	Onalaska	100
3)	Aquinas	82.50	4)	Tomah	78
5)	Longfellow (La Crosse)	65	6)	West Salem	60.50
7)	Sparta Meadowview	50	8)	Winona	29
9)	Westby	6	9)	Logan	6

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....Girls Discus Throw

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Men - Team Rankings - 15 Events Scored
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1) Holmen	135	2) Onalaska	111
3) Tomah	81	4) Sparta Meadowview	77
5) West Salem	50	6) Longfellow (La Crosse)	41
7) Aquinas	29	8) Winona	25
9) Westby	18	9) Logan	18