

**Heart O' North Conference Meet
 Spooner High School
 Spooner, Wisconsin - 5/14/2024
 Results**

Boys 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

| Name | Year | School | Prelims | H# |
|----------------------|------|---------------------|---------|----------|
| Preliminaries | | | | |
| 1 Jackson Dufek | 11 | Ashland | 11.60Q | 2 |
| 2 Micah Nwachukwu | 9 | St. Croix Falls | 11.61Q | 1 |
| 3 Ramdy Goyke | 11 | Ashland | 11.70Q | 3 |
| 4 Doug Stevenson | 11 | Ladysmith | 11.66q | 2 |
| 5 Evan Hornstein | 10 | Cumberland | 11.73q | 1 |
| 6 Aiden Golat | 11 | Cameron | 11.76q | 1 |
| 7 Caden Anderson | 12 | Cameron | 11.77q | 3 |
| 8 David Pond | 10 | Barron | 11.84q | 2 |
| 9 Chase Hedican | 12 | Ashland | 11.86 | 3 |
| 10 Devon Kerkhoff | 10 | Barron | 11.87 | 3 |
| 11 Luke Anderson | 10 | Chetek-Weyerhaeuser | 11.99 | 1 |
| 12 Brock Chucka | 11 | Hayward | 12.01 | 2 |
| 13 Connor Burke | 10 | Spooner | 12.03 | 1 |
| 14 Logan Poppe | 12 | Hayward | 12.08 | 1 |
| 15 Cole Peterson | 11 | Cameron | 12.10 | 2 |
| 16 Tucker Galindo | 12 | Ladysmith | 12.15 | 3 |
| 17 Leo Loucks | 10 | Spooner | 12.22 | 3 |
| 18 James Chamberlain | 11 | Chetek-Weyerhaeuser | 12.41 | 3 |
| 19 Parker Dolan | 10 | Spooner | 12.51 | 2 12.501 |
| 20 Izaiah Patrow | 12 | Chetek-Weyerhaeuser | 12.51 | 2 12.503 |
| 21 Eli Minton | 9 | Ladysmith | 14.10 | 1 |

Boys 100 Meter Dash

| Name | Year | School | Finals | Points |
|-------------------|------|-----------------|--------|--------|
| Finals | | | | |
| 1 Ramdy Goyke | 11 | Ashland | 11.27 | 10 |
| 2 Micah Nwachukwu | 9 | St. Croix Falls | 11.31 | 8 |
| 3 Jackson Dufek | 11 | Ashland | 11.41 | 6 |
| 4 Evan Hornstein | 10 | Cumberland | 11.59 | 5 |
| 5 Doug Stevenson | 11 | Ladysmith | 11.60 | 4 |
| 6 David Pond | 10 | Barron | 11.69 | 3 |
| 7 Aiden Golat | 11 | Cameron | 11.71 | 2 |
| 8 Caden Anderson | 12 | Cameron | 11.72 | 1 |

Boys 200 Meter Dash

| Name | Year | School | Finals | H# | Points |
|-------------------|------|---------|--------|----|--------|
| 1 Ramdy Goyke | 11 | Ashland | 23.26 | 3 | 10 |
| 2 Jackson Dufek | 11 | Ashland | 23.73 | 3 | 8 |
| 3 Caden Anderson | 12 | Cameron | 23.74 | 3 | 6 |
| 4 Cody Donica | 11 | Barron | 23.87 | 2 | 5 |
| 5 Garrett Sadtler | 11 | Barron | 23.97 | 2 | 4 |

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| | | | | |
|-----------------------|------------------------|-------|---|---|
| 6 Lucas Hansen | 10 Hayward | 24.05 | 3 | 3 |
| 7 Gannon Mohr | 12 Hayward | 24.20 | 3 | 2 |
| 8 Alex DePew | 11 Hayward | 24.28 | 3 | 1 |
| 9 Julien Foster | 10 Cameron | 24.32 | 2 | |
| 10 Erik Malmberg | 12 Ashland | 24.35 | 3 | |
| 11 Marten von Kalben | 12 Barron | 24.43 | 2 | |
| 12 Jarrod Fossum | 11 Northwestern | 24.52 | 2 | |
| 13 Chayden Berghammer | 11 Cumberland | 24.59 | 2 | |
| 14 Cole Peterson | 11 Cameron | 24.71 | 2 | |
| 15 Adam Foss | 10 Chetek-Weyerhaeuser | 25.36 | 1 | |
| 16 Anders Olson | 9 Chetek-Weyerhaeuser | 26.66 | 1 | |
| 17 Seth Meyers | 9 Ladysmith | 27.18 | 1 | |
| 18 Waylon Huset | 10 Chetek-Weyerhaeuser | 27.38 | 1 | |
| 19 Eli Minton | 9 Ladysmith | 29.71 | 1 | |

Boys 400 Meter Dash

| Name | Year School | Finals | H# | Points |
|--------------------|------------------------|---------|----|--------|
| 1 Jack Myers | 11 Chetek-Weyerhaeuser | 52.88 | 3 | 10 |
| 2 Gannon Mohr | 12 Hayward | 53.39 | 3 | 8 |
| 3 Chase Lessard | 12 St. Croix Falls | 53.60 | 3 | 6 |
| 4 Oscar Danz | 11 Northwestern | 55.07 | 3 | 5 |
| 5 Ethan Young | 12 Spooner | 55.64 | 2 | 4 |
| 6 Cody Donica | 11 Barron | 55.83 | 3 | 3 |
| 7 Cade Schlapper | 10 Hayward | 55.87 | 3 | 2 |
| 8 Colt Mikolon | 10 Cameron | 56.15 | 2 | 1 |
| 9 Jax Manor | 11 Cameron | 56.41 | 2 | |
| 10 Noah Nelson | 10 Chetek-Weyerhaeuser | 56.67 | 2 | |
| 11 Ashton Brannan | 11 Cumberland | 57.02 | 2 | |
| 12 Bryant Motzer | 11 Chetek-Weyerhaeuser | 57.47 | 3 | |
| 13 Micheal Gronski | 10 Cameron | 57.53 | 2 | |
| 14 Onesimus West | 9 Cumberland | 57.65 | 1 | |
| 15 Josh Jain | 12 Cumberland | 58.09 | 3 | |
| 16 Charlie Smith | 9 Spooner | 59.56 | 1 | |
| 17 Seth Meyers | 9 Ladysmith | 1:00.60 | 1 | |

Boys 800 Meter Run

| Name | Year School | Finals | H# | Points |
|----------------------|-----------------|---------|----|--------|
| 1 Ben Laird | 11 Hayward | 2:04.00 | 2 | 10 |
| 2 Preston Eldred | 10 Cameron | 2:05.38 | 2 | 8 |
| 3 Austin Ewert | 10 Hayward | 2:05.42 | 2 | 6 |
| 4 Deryck Parduhn | 12 Ashland | 2:05.59 | 2 | 5 |
| 5 Owen Stibak | 10 Ladysmith | 2:05.77 | 2 | 4 |
| 6 Dylan Anderson | 12 Ashland | 2:10.60 | 2 | 3 |
| 7 Hunter Fredrickson | 10 Northwestern | 2:10.96 | 2 | 2 |
| 8 Michael Jarman | 11 Northwestern | 2:12.82 | 1 | 1 |

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| | | | | | |
|----|-------------------|----|---------------------|---------|---|
| 9 | Morgan Martens | 10 | Northwestern | 2:12.90 | 2 |
| 10 | Luke Popp | 12 | Spooner | 2:13.12 | 2 |
| 11 | Grant Popp | 12 | Spooner | 2:15.93 | 1 |
| 12 | Brett Mikolon | 10 | Cameron | 2:17.64 | 1 |
| 13 | Ashton Brannan | 11 | Cumberland | 2:18.28 | 1 |
| 14 | Trinity Halverson | 12 | Barron | 2:18.50 | 1 |
| 15 | Aiden Susedik | 12 | Hayward | 2:18.89 | 1 |
| 16 | Zach Fleishauer | 10 | Spooner | 2:20.45 | 1 |
| 17 | Conner Burke | 12 | Cumberland | 2:21.60 | 1 |
| 18 | Nick Davis | 9 | Chetek-Weyerhaeuser | 2:34.64 | 1 |
| 19 | Tyson Keller | 11 | Chetek-Weyerhaeuser | 2:59.20 | 1 |

Boys 1600 Meter Run

| Name | Year | School | Finals | Points | |
|------|--------------------|--------|---------------------|---------|----|
| 1 | Evan Mcconnell | 11 | Hayward | 4:32.67 | 10 |
| 2 | Ben Laird | 11 | Hayward | 4:33.08 | 8 |
| 3 | Gavin Stewart | 11 | Ladysmith | 4:33.96 | 6 |
| 4 | Morgan Martens | 10 | Northwestern | 4:34.58 | 5 |
| 5 | Deryck Parduhn | 12 | Ashland | 4:44.16 | 4 |
| 6 | Dylan Blancarte | 10 | Ashland | 4:48.72 | 3 |
| 7 | Luke Popp | 12 | Spooner | 4:49.61 | 2 |
| 8 | Owen Hamholm | 11 | Chetek-Weyerhaeuser | 4:49.75 | 1 |
| 9 | Hunter Fredrickson | 10 | Northwestern | 4:51.93 | |
| 10 | Tristan Blancarte | 10 | Ashland | 5:03.18 | |
| 11 | Josh Swint | 12 | Cumberland | 5:03.21 | |
| 12 | Zach Fleishauer | 10 | Spooner | 5:08.50 | |
| 13 | Nolan Posewitz | 9 | Ladysmith | 5:09.92 | |
| 14 | Tommy Dettinger | 10 | Cumberland | 5:13.94 | |
| 15 | Liam Gort | 9 | Northwestern | 5:16.51 | |
| 16 | Trinity Halverson | 12 | Barron | 5:21.73 | |
| 17 | Damien Ottum | 11 | Barron | 5:26.05 | |
| 18 | Bradyn Keller | 11 | Hayward | 5:32.81 | |
| 19 | Oliver Bauer | 9 | St. Croix Falls | 5:33.67 | |
| 20 | Camdyn Voight | 9 | Ladysmith | 5:40.91 | |
| 21 | Tyson Keller | 11 | Chetek-Weyerhaeuser | 6:51.22 | |

Boys 3200 Meter Run

| Name | Year | School | Finals | Points | |
|------|-----------------|--------|--------------|----------|----|
| 1 | Gavin Stewart | 11 | Ladysmith | 10:09.62 | 10 |
| 2 | Evan Mcconnell | 11 | Hayward | 10:21.01 | 8 |
| 3 | Dylan Blancarte | 10 | Ashland | 10:39.57 | 6 |
| 4 | Seth Becker | 12 | Hayward | 10:42.84 | 5 |
| 5 | Morgan Martens | 10 | Northwestern | 10:47.93 | 4 |
| 6 | Jaden Reed | 9 | Cameron | 10:58.36 | 3 |
| 7 | Josh Swint | 12 | Cumberland | 11:02.12 | 2 |



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| | | | |
|----------------------------|--------------------|----------|---|
| 8 Nolan Posewitz | 9 Ladysmith | 11:13.32 | 1 |
| 9 Tommy Dettinger | 10 Cumberland | 11:15.05 | |
| 10 Daniel Paquin | 9 Hayward | 11:15.63 | |
| 11 Simon Hedlund | 10 Spooner | 11:23.25 | |
| 12 Milo Gomez | 10 Ashland | 11:25.04 | |
| 13 Lincoln Ferris | 12 St. Croix Falls | 11:30.48 | |
| 14 Raul Tzampaxtle | 9 Barron | 11:55.07 | |
| 15 Alvaro Del Real Alvarez | 12 Northwestern | 12:52.11 | |
| 16 Camdyn Voight | 9 Ladysmith | 13:15.31 | |

Boys 110 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

| Name | Year School | Prelims | H# |
|------|-------------|---------|----|
|------|-------------|---------|----|

Preliminaries

| | | | |
|-------------------|------------------------|--------|---|
| 1 Lucas Hansen | 10 Hayward | 16.40Q | 1 |
| 2 Kale Borchert | 12 St. Croix Falls | 16.63Q | 2 |
| 3 Greg Warren | 11 Ashland | 17.50q | 2 |
| 4 Cavin Thompson | 10 Northwestern | 17.63q | 1 |
| 5 Owen Wallace | 9 St. Croix Falls | 18.60q | 1 |
| 6 Jacob Schradle | 12 Cumberland | 18.87q | 2 |
| 7 Luke Morneau | 10 Chetek-Weyerhaeuser | 19.49q | 1 |
| 8 Bryce McNulty | 9 Cumberland | 20.87q | 2 |
| 9 Jayden Eagleman | 9 Cumberland | 22.46 | 1 |
| 10 Logan Keene | 10 Barron | 23.42 | 2 |

Boys 110 Meter Hurdles

| Name | Year School | Finals | Points |
|------|-------------|--------|--------|
|------|-------------|--------|--------|

Finals

| | | | |
|------------------|------------------------|-------|----|
| 1 Lucas Hansen | 10 Hayward | 15.77 | 10 |
| 2 Kale Borchert | 12 St. Croix Falls | 15.88 | 8 |
| 3 Cavin Thompson | 10 Northwestern | 17.05 | 6 |
| 4 Greg Warren | 11 Ashland | 17.24 | 5 |
| 5 Jacob Schradle | 12 Cumberland | 17.77 | 4 |
| 6 Owen Wallace | 9 St. Croix Falls | 18.30 | 3 |
| 7 Luke Morneau | 10 Chetek-Weyerhaeuser | 18.64 | 2 |
| 8 Bryce McNulty | 9 Cumberland | 19.67 | 1 |

Boys 300 Meter Hurdles

| Name | Year School | Finals | H# | Points |
|------|-------------|--------|----|--------|
|------|-------------|--------|----|--------|

| | | | | |
|------------------|--------------------|-------|---|----|
| 1 Lucas Hansen | 10 Hayward | 40.81 | 2 | 10 |
| 2 Kale Borchert | 12 St. Croix Falls | 42.44 | 2 | 8 |
| 3 David Goyke | 12 Ashland | 42.49 | 2 | 6 |
| 4 Cavin Thompson | 10 Northwestern | 43.77 | 2 | 5 |

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| | | | | |
|------------------|------------------------|-------|---|---|
| 5 Jacob Schradle | 12 Cumberland | 44.87 | 2 | 4 |
| 6 Timmy Meltz | 11 Ladysmith | 45.29 | 2 | 3 |
| 7 Colt Mikolon | 10 Cameron | 46.61 | 2 | 2 |
| 8 Owen Wallace | 9 St. Croix Falls | 48.17 | 2 | 1 |
| 9 Bryce McNulty | 9 Cumberland | 49.10 | 1 | |
| 10 Luke Morneau | 10 Chetek-Weyerhaeuser | 49.99 | 1 | |
| 11 Logan Keene | 10 Barron | 51.30 | 1 | |

Boys 4x100 Meter Relay

| School | Finals | H# | Points |
|--------------------------|--------|----|--------|
| 1 Cameron | 45.28 | 2 | 10 |
| 1) Caden Anderson 12 | | | |
| 3) Aiden Golat 11 | | | |
| 2 Ladysmith | 45.39 | 2 | 8 |
| 1) Tucker Galindo 12 | | | |
| 3) Doug Stevenson 11 | | | |
| 3 Barron | 45.93 | 2 | 6 |
| 1) Garrett Sadtler 11 | | | |
| 3) Devon Kerkhoff 10 | | | |
| 4 Chetek-Weyerhaeuser | 46.80 | 2 | 5 |
| 1) James Chamberlain 11 | | | |
| 3) Adam Foss 10 | | | |
| 5 Cumberland | 46.81 | 2 | 4 |
| 1) Chayden Berghammer 11 | | | |
| 3) Carson Catlin 10 | | | |
| 6 Ashland | 46.93 | 1 | 3 |
| 1) Greg Warren 11 | | | |
| 3) Gage Mika 10 | | | |
| 7 St. Croix Falls | 46.97 | 2 | 2 |
| 1) Jared DeSmith 10 | | | |
| 3) Owen Wallace 9 | | | |
| 8 Hayward | 47.11 | 2 | 1 |
| 1) Logan Poppe 12 | | | |
| 3) Anthony Aranda 11 | | | |
| 9 Spooner | 47.19 | 1 | |
| 1) Parker Dolan 10 | | | |
| 3) Ethan Hedinger 12 | | | |

Boys 4x200 Meter Relay

| School | Finals | H# | Points |
|---------------------|---------|----|--------|
| 1 Ashland | 1:33.64 | 2 | 10 |
| 1) Jackson Dufek 11 | | | |
| 3) Ramdy Goyke 11 | | | |
| 2 Ladysmith | 1:34.89 | 2 | 8 |
| 1) Ashton Clark 10 | | | |
| 2) Timmy Meltz 11 | | | |



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| | | | | |
|--------------------------|------------------------|---------|---|---|
| 3) Doug Stevenson 11 | 4) Tucker Galindo 12 | | | |
| 3 Spooner | | 1:38.00 | 2 | 6 |
| 1) Ethan Hedinger 12 | 2) Leo Loucks 10 | | | |
| 3) Parker Dolan 10 | 4) Connor Burke 10 | | | |
| 4 St. Croix Falls | | 1:39.01 | 2 | 5 |
| 1) Jared DeSmith 10 | 2) Chase Koepple 9 | | | |
| 3) Cameron Steek 11 | 4) Dylan Jones 12 | | | |
| 5 Chetek-Weyerhaeuser | | 1:39.39 | 1 | 4 |
| 1) James Chamberlain 11 | 2) Adam Foss 10 | | | |
| 3) Luke Morneau 10 | 4) Izaiah Patrow 12 | | | |
| 6 Northwestern | | 1:39.54 | 1 | 3 |
| 1) Jarrod Fossum 11 | 2) Elijah Westerlund 9 | | | |
| 3) Thaddeus Guderian 9 | 4) Seth Fouts 8 | | | |
| 7 Cameron | | 1:42.42 | 1 | 2 |
| 1) Micheal Gronski 10 | 2) Bryce Odash 11 | | | |
| 3) Kobe Koenig 9 | 4) Mateo Kelly 9 | | | |
| 8 Hayward | | 1:42.56 | 2 | 1 |
| 1) Brock Chucka 11 | 2) Brendan Young 9 | | | |
| 3) Anthony Aranda 11 | 4) Alex DePew 11 | | | |
| -- Cumberland | | DQ | 2 | |
| 1) Chayden Berghammer 11 | 2) Carson Catlin 10 | | | |
| 3) Jack Owens 11 | 4) Jacob Schradle 12 | | | |
| -- Barron | | DQ | 2 | |
| 1) Garrett Sadtler 11 | 2) David Pond 10 | | | |
| 3) Marten von Kalben 12 | 4) Devon Kerkhoff 10 | | | |

Boys 4x400 Meter Relay

| School | Finals | H# | Points |
|------------------------|--------------------------|----|--------|
| 1 Hayward | 3:43.07 | 2 | 10 |
| 1) Cade Schlapper 10 | 2) Austin Ewert 10 | | |
| 3) Brendan Young 9 | 4) Ben Laird 11 | | |
| 2 Cameron | 3:44.84 | 2 | 8 |
| 1) Preston Eldred 10 | 2) Jax Manor 11 | | |
| 3) Colt Mikolon 10 | 4) Micheal Gronski 10 | | |
| 3 Chetek-Weyerhaeuser | 3:44.86 | 2 | 6 |
| 1) Owen Hamholm 11 | 2) Bryant Motzer 11 | | |
| 3) Wylee Huset 12 | 4) Jack Myers 11 | | |
| 4 Northwestern | 3:47.53 | 2 | 5 |
| 1) Cavin Thompson 10 | 2) Boaz Wright 9 | | |
| 3) Thaddeus Guderian 9 | 4) Hunter Fredrickson 10 | | |
| 5 St. Croix Falls | 3:48.10 | 2 | 4 |
| 1) Jared DeSmith 10 | 2) Kale Borchert 12 | | |
| 3) Cameron Steek 11 | 4) Chase Lessard 12 | | |
| 6 Ashland | 3:50.07 | 2 | 3 |
| 1) Jeridan Bigboy 12 | 2) David Goyke 12 | | |
| 3) Rene Sems 12 | 4) Deryck Parduhn 12 | | |
| 7 Spooner | 3:55.20 | 1 | 2 |



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....Boys 4x400 Meter Relay

| | | | |
|---------------------|---------------------|---------|-----|
| 1) Luke Popp 12 | 2) Charlie Smith 9 | | |
| 3) Ethan Young 12 | 4) Theo Kohl 9 | | |
| 8 Barron | | 4:09.48 | 1 1 |
| 1) Evan Rindsig 11 | 2) Devon Otto 10 | | |
| 3) Logan Keene 10 | 4) Graham Ganong 10 | | |
| -- Cumberland | | DQ | 2 |
| 1) Carson Catlin 10 | 2) Josh Jain 12 | | |
| 3) Ty Kiekhoefer 11 | 4) Onesimus West 9 | | |

Boys 4x800 Meter Relay

| School | Finals | Points |
|-------------------------|-----------------------|--------|
| 1 Hayward | 8:42.94 | 10 |
| 1) Cade Schlapper 10 | 2) Austin Ewert 10 | |
| 3) Aiden Susedik 12 | 4) Evan Mcconnell 11 | |
| 2 Chetek-Weyerhaeuser | 8:47.88 | 8 |
| 1) Owen Hamholm 11 | 2) Bryant Motzer 11 | |
| 3) Wylee Huset 12 | 4) Jack Myers 11 | |
| 3 Cumberland | 9:07.69 | 6 |
| 1) Ashton Brannan 11 | 2) Tommy Dettinger 10 | |
| 3) Josh Swint 12 | 4) Conner Burke 12 | |
| 4 Ashland | 9:08.25 | 5 |
| 1) Dylan Anderson 12 | 2) Jeridan Bigboy 12 | |
| 3) Milo Gomez 10 | 4) Sam Marita 9 | |
| 5 Barron | 9:24.18 | 4 |
| 1) Trinity Halverson 12 | 2) Devon Otto 10 | |
| 3) Raul Tzampaxtle 9 | 4) Damien Ottum 11 | |
| 6 St. Croix Falls | 9:29.68 | 3 |
| 1) Oliver Bauer 9 | 2) Wyatt Bennett 9 | |
| 3) Lincoln Ferris 12 | 4) Chase Lessard 12 | |
| 7 Northwestern | 9:34.69 | 2 |
| 1) Liam Gort 9 | 2) Michael Jarman 11 | |
| 3) Payton Orme 10 | 4) Carter Olson 9 | |

Boys High Jump

| Name | Year School | Finals | Points |
|-----------------|--------------------|----------|--------|
| 1 Gavin Gores | 11 Cumberland | 6-00.00 | 10 |
| 2 Bradley Young | 11 Hayward | J5-10.00 | 7 |
| 2 Elias Mikunda | 11 Ladysmith | J5-10.00 | 7 |
| 4 Sean Zwisler | 11 Spooner | J5-10.00 | 5 |
| 5 Ashton Clark | 10 Ladysmith | J5-10.00 | 4 |
| 6 Julien Foster | 10 Cameron | J5-06.00 | 3 |
| 7 Dylan Jones | 12 St. Croix Falls | J5-04.00 | 1.50 |
| 7 Graham Ganong | 10 Barron | J5-04.00 | 1.50 |
| 9 Jax Manor | 11 Cameron | J5-04.00 | |
| 9 Cameron Kurtz | 9 Northwestern | J5-04.00 | |

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| | | | |
|--------------------|----|--------------|----|
| -- Evan Rindsig | 11 | Barron | NH |
| -- Brendan Young | 9 | Hayward | NH |
| -- James Schletty | 9 | Ladysmith | NH |
| -- Logan Keene | 10 | Barron | NH |
| -- Parker Dolan | 10 | Spooner | NH |
| -- Cole Larson | 9 | Spooner | NH |
| -- Hudson Landwehr | 10 | Northwestern | NH |

Boys Pole Vault

| Name | Year | School | Finals | Points |
|---------------------|------|---------------------|-----------|--------|
| 1 Gage Mika | 10 | Ashland | 13-06.00 | 10 |
| 2 Hudson Landwehr | 10 | Northwestern | 13-00.00 | 8 |
| 3 Carter Mika | 12 | Ashland | J13-00.00 | 6 |
| 4 Rene Sems | 12 | Ashland | J11-00.00 | 4.50 |
| 4 Jack Owens | 11 | Cumberland | J11-00.00 | 4.50 |
| 6 Logan Poppe | 12 | Hayward | J11-00.00 | 3 |
| 7 Michael Jarman | 11 | Northwestern | J11-00.00 | 2 |
| 8 Anders Waterworth | 11 | St. Croix Falls | J10-06.00 | 1 |
| 9 Grant Popp | 12 | Spooner | J10-00.00 | |
| 10 Theo Kohl | 9 | Spooner | J10-00.00 | |
| 11 Owen Nielcen | 11 | Northwestern | 9-06.00 | |
| 11 Graham Ganong | 10 | Barron | 9-06.00 | |
| 11 Alex Mikunda | 9 | Ladysmith | 9-06.00 | |
| 11 Adam Foss | 10 | Chetek-Weyerhaeuser | 9-06.00 | |
| -- David Pond | 10 | Barron | NH | |
| -- Noah Nelson | 10 | Chetek-Weyerhaeuser | NH | |
| -- Waylon Huset | 10 | Chetek-Weyerhaeuser | NH | |

Boys Long Jump

| Name | Year | School | Finals | Points |
|----------------------|------|-----------------|----------|--------|
| 1 Ashton Clark | 10 | Ladysmith | 21-01.00 | 10 |
| 2 Lucas Hansen | 10 | Hayward | 20-04.50 | 8 |
| 3 Alex DePew | 11 | Hayward | 19-10.00 | 6 |
| 4 Jackson Dufek | 11 | Ashland | 19-09.00 | 5 |
| 5 Doug Stevenson | 11 | Ladysmith | 19-07.50 | 4 |
| 6 Chayden Berghammer | 11 | Cumberland | 19-01.00 | 3 |
| 7 Kale Borchert | 12 | St. Croix Falls | 19-00.50 | 2 |
| 8 Aiden Golat | 11 | Cameron | 19-00.00 | 1 |
| 9 Caden Anderson | 12 | Cameron | 18-09.00 | |
| 10 Jack Owens | 11 | Cumberland | 18-03.50 | |
| 11 Cody Donica | 11 | Barron | 18-03.00 | |
| 12 Gage Mika | 10 | Ashland | 18-01.00 | |
| 13 Jarrod Fossum | 11 | Northwestern | 17-11.50 | |
| 14 Connor Burke | 10 | Spooner | 17-09.50 | |
| 15 Devon Kerkhoff | 10 | Barron | 17-09.00 | |



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| | | |
|----------------------|-----------------------|----------|
| 16 Marten von Kalben | 12 Barron | 17-02.50 |
| 17 Beau Helenius | 11 Northwestern | 17-01.50 |
| 18 Sean Zwisler | 11 Spooner | 17-00.00 |
| 19 Julien Foster | 10 Cameron | 16-03.50 |
| 20 Salvador Orozco | 9 Chetek-Weyerhaeuser | 14-00.00 |
| 21 Bryant Theien | 11 Northwestern | 13-07.00 |
| 22 Nick Davis | 9 Chetek-Weyerhaeuser | 13-01.00 |
| -- Ethan Hedinger | 12 Spooner | ND |

Boys Triple Jump

| Name | Year | School | Finals | Points |
|-------------------|------|---------------------|----------|--------|
| 1 Gannon Mohr | 12 | Hayward | 40-00.00 | 10 |
| 2 Jax Manor | 11 | Cameron | 39-07.25 | 8 |
| 3 Cody Donica | 11 | Barron | 39-02.00 | 6 |
| 4 Greg Warren | 11 | Ashland | 38-07.25 | 5 |
| 5 Dylan Jones | 12 | St. Croix Falls | 37-10.75 | 4 |
| 6 Cade Schlapper | 10 | Hayward | 37-02.50 | 3 |
| 7 Beau Helenius | 11 | Northwestern | 37-02.00 | 2 |
| 8 Luke Anderson | 10 | Chetek-Weyerhaeuser | 36-07.50 | 1 |
| 9 Timmy Meltz | 11 | Ladysmith | 36-00.00 | |
| 10 Louis Zimmer | 11 | Ladysmith | 35-00.00 | |
| 11 Onesimus West | 9 | Cumberland | 34-05.00 | |
| 12 Brady Shimko | 9 | Cameron | 33-05.00 | |
| 13 Edwin Martinez | 10 | Cumberland | 32-06.00 | |
| 14 Zander Walt | 10 | Spooner | 29-06.00 | |
| 15 Zachary Jahnke | 11 | Spooner | 28-09.00 | |
| -- Owen Wallace | 9 | St. Croix Falls | ND | |
| -- Kaleb Essen | 10 | Northwestern | ND | |

Boys Shot Put

| Name | Year | School | Finals | H# | Points |
|---------------------|------|---------------------|----------|----|--------|
| 1 Dylan Christie | 12 | St. Croix Falls | 49-09.75 | 2 | 10 |
| 2 Thor Sather | 12 | Chetek-Weyerhaeuser | 47-07.25 | 2 | 8 |
| 3 Gunnar Crowe | 11 | Ashland | 45-00.00 | 2 | 6 |
| 4 Erik Malmberg | 12 | Ashland | 44-10.00 | 2 | 5 |
| 5 Christian Jorstad | 12 | Chetek-Weyerhaeuser | 44-02.75 | 2 | 4 |
| 6 Bradey Gottwald | 12 | Hayward | 42-11.50 | 2 | 3 |
| 7 Garrik Block | 11 | Cameron | 42-10.50 | 2 | 2 |
| 8 Bryce Ronchi | 11 | Northwestern | 42-03.25 | 2 | 1 |
| 9 Tyler Phillips | 11 | Cameron | 41-11.25 | 2 | |
| 10 Daniel Wiggins | 12 | Ashland | 40-06.50 | 2 | |
| 11 Blake Rossmann | 12 | Northwestern | 40-04.00 | 2 | |
| 12 Shawn Holten | 10 | Barron | 39-06.75 | 2 | |
| 13 Mitchell Sprague | 11 | Ladysmith | 39-05.75 | 1 | |
| 14 RyKer Allen | 12 | Cumberland | 39-05.25 | 2 | |

**Heart O' North Conference Meet
 Spooner High School
 Spooner, Wisconsin - 5/14/2024
 Results**

....Boys Shot Put

| | | | | | |
|----|--------------------|----|---------------------|----------|---|
| 15 | Brennen Hanson | 9 | Barron | 39-02.25 | 1 |
| 16 | Logan Bockman | 11 | St. Croix Falls | 38-02.75 | 1 |
| 17 | Julius Mayberry | 10 | Northwestern | 37-11.00 | 1 |
| 18 | Mason Schultz | 12 | Spooner | 37-10.75 | 1 |
| 19 | Tristan Busch | 12 | Chetek-Weyerhaeuser | 36-08.50 | 1 |
| 20 | Ben Cunningham | 12 | Cumberland | 35-09.25 | 1 |
| 21 | James Nauetrz | 10 | Spooner | 34-07.25 | 1 |
| 22 | Connor Keene | 12 | Barron | 33-07.25 | 1 |
| 23 | Charlie Zimmer | 12 | Ladysmith | 32-08.00 | 1 |
| 24 | Liam Sykora | 11 | Ladysmith | 31-05.00 | 1 |
| 25 | Johnathan Magnuson | 11 | Spooner | 27-05.25 | 1 |
| 26 | Sean Oliver | 12 | Cameron | 26-11.00 | 1 |

Boys Discus Throw

| Name | Year | School | Finals | H# | Points | |
|------|--------------------|--------|---------------------|-----------|--------|----|
| 1 | Bradey Gottwald | 12 | Hayward | 144-10.50 | 2 | 10 |
| 2 | Blake Rossmann | 12 | Northwestern | 144-08.50 | 2 | 8 |
| 3 | Thor Sather | 12 | Chetek-Weyerhaeuser | 142-09 | 2 | 6 |
| 4 | Erik Malmberg | 12 | Ashland | 141-00 | 2 | 5 |
| 5 | Dylan Christie | 12 | St. Croix Falls | 135-06 | 2 | 4 |
| 6 | Ben Cunningham | 12 | Cumberland | 131-11 | 2 | 3 |
| 7 | Tyler Phillips | 11 | Cameron | 129-07 | 2 | 2 |
| 8 | Christian Jorstad | 12 | Chetek-Weyerhaeuser | 127-07.50 | 2 | 1 |
| 9 | Gunnar Crowe | 11 | Ashland | 120-07 | 2 | |
| 10 | Logan Bockman | 11 | St. Croix Falls | 118-02 | 2 | |
| 11 | Daniel Wiggins | 12 | Ashland | 113-07 | 2 | |
| 12 | Marshall Straw | 12 | Cumberland | 112-03.50 | 2 | |
| 13 | James Nauetrz | 10 | Spooner | 108-08 | 2 | |
| 14 | Nathan Humphrey | 12 | Barron | 108-07 | 1 | |
| 15 | Leo Loucks | 10 | Spooner | 104-11 | 1 | |
| 16 | Johnathan Magnuson | 11 | Spooner | 104-07 | 1 | |
| 17 | Brennen Hanson | 9 | Barron | 103-11 | 1 | |
| 18 | Liam Sykora | 11 | Ladysmith | 94-11.50 | 1 | |
| 19 | Connor Keene | 12 | Barron | 93-10 | 1 | |
| 20 | Westin Candler | 12 | Cameron | 93-08 | 1 | |
| 21 | Owen Nielcen | 11 | Northwestern | 93-04 | 1 | |
| 22 | Roman Ranallo | 12 | Cumberland | 91-11 | 1 | |
| 23 | Tristan Busch | 12 | Chetek-Weyerhaeuser | 85-10.50 | 1 | |
| 24 | Mitchell Sprague | 11 | Ladysmith | 79-09.50 | 1 | |
| 25 | Jasper Kempen | 10 | Ladysmith | 79-04 | 1 | |
| -- | Cooper Lawton | 11 | Northwestern | ND | 1 | |

Women - Team Rankings - 18 Events Scored

| | | | |
|--------------------|-----|-----------------|--------|
| 1) Cameron | 145 | 2) Hayward | 124.50 |
| 3) St. Croix Falls | 106 | 4) Northwestern | 71 |
| 5) Ashland | 65 | 6) Ladysmith | 57 |

**Heart O' North Conference Meet
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Results**

....Boys Discus Throw

| | | | |
|---------------|-------|------------------------|----|
| 7) Cumberland | 50 | 8) Chetek-Weyerhaeuser | 40 |
| 9) Barron | 33.50 | 10) Spooner | 8 |

=====
Men - Team Rankings - 18 Events Scored
=====

| | | | |
|------------------------|-------|---------------|--------|
| 1) Hayward | 155 | 2) Ashland | 133.50 |
| 3) St. Croix Falls | 70.50 | 4) Ladysmith | 69 |
| 5) Northwestern | 59 | 5) Cameron | 59 |
| 7) Chetek-Weyerhaeuser | 56 | 8) Cumberland | 46.50 |
| 9) Barron | 33.50 | 10) Spooner | 19 |