

West Salem Middle School Meet
West Salem High School
West Salem, Wisconsin - 5/13/2024
Results

Girls 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Tiegan Duffy	8	West Salem	13.71	8	6
2 Klara Hall	8	Tomah	13.81	8	4
3 Myla Habelman	7	Tomah	13.95	8	3
4 Norah Betcher	8	Tomah	14.12	8	2
5 Chloe Vitcenda	7	Tomah	14.28	8	1
6 Kensley Skifton	8	West Salem	14.35	1	
7 Alayna Curti	7	Longfellow (14.39	6	
8 Tenley Jilek	7	Tomah	14.55	8	
9 Rachel Zastoupil	8	Tomah	14.57	7	
10 Allie Krueger	8	West Salem	14.75	7	
11 Ariyah Ball	6	West Salem	15.02	7	
12 Sienna Raasch	8	Longfellow (15.32	6	
13 Adalyn Daly	7	Tomah	15.34	7	
14 Braylann Block	6	West Salem	15.45	5	
15 Ellie Stenberg	7	West Salem	15.55	6	
16 Claire Von Ruden	8	Longfellow (15.60	7	
17 Morgan Pacil	7	Longfellow (15.69	6	
18 Addison Severson	6	West Salem	15.70	5	
19 Raylyn Anderson	7	West Salem	15.93	5	15.926
20 Sydney Morris	6	Longfellow (15.93	6	15.930
21 Olivia Sprehn	7	West Salem	15.97	6	
22 Milynn Berg	6	Tomah	16.04	3	
23 Ava Johnson	7	Longfellow (16.05	5	
24 Lucia Nelson	6	Longfellow (16.08	5	
25 Tessa Luebke	6	West Salem	16.10	4	
26 Ellie Falkenberry	8	Longfellow (16.17	4	
27 Avery Herold	7	Longfellow (16.24	6	
28 Sofia Whitacre	7	West Salem	16.29	5	
29 Linnaea Frost	8	Longfellow (16.38	6	
30 Cydelle Gerhard	7	Longfellow (16.45	3	
31 Mya Fronk	7	West Salem	16.64	2	
32 Emma Furuseth	8	Longfellow (16.68	4	
33 Kylie Nelson	6	West Salem	16.75	3	
34 Jocelyn Heller	6	West Salem	16.77	4	
35 Camille Salaski	6	Longfellow (16.81	3	
36 Evie Millner	6	West Salem	16.82	4	
37 Tahlia Schroeder	6	Longfellow (16.86	3	
38 Elsa Wolbrink	7	West Salem	16.87	3	
39 Kesa Tomei	8	West Salem	16.95	3	
40 Nevaeh Klinski	7	Longfellow (16.98	2	
41 Ellie Peterson	7	West Salem	17.24	1	
42 Izzy Guth	8	West Salem	17.50	3	
43 Winter Baker	8	Longfellow (17.69	2	
44 Morgan Neumann	7	Longfellow (17.76	2	
45 Payton Christianson	7	Longfellow (17.99	2	
46 Alexis Vidden	6	Longfellow (18.15	2	

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47 Olivia Pederson	6 Longfellow (18.53	2
48 Lilly Stout	6 Longfellow (18.76	2
49 Sydney Hughes	7 Longfellow (22.07	1

Girls 200 Meter Dash

Name	Year School	Finals	H#	Points
1 Nola Mullikin	8 Tomah	28.17	6	6
2 Brielle Moore	8 West Salem	28.38	6	4
3 Klara Hall	8 Tomah	29.23	6	3
4 Anna Witte	8 West Salem	29.68	6	2
5 Bailey Rosenthal	8 West Salem	30.08	6	1
6 Norah Betcher	8 Tomah	30.27	6	
7 Abby Frost	7 Longfellow (30.47	6	
8 Isla Hansen	6 Longfellow (30.78	5	
9 Brooklyn Weiland	7 West Salem	31.29	5	
10 Alayna Curti	7 Longfellow (31.62	5	
11 Peyton Jehn	7 West Salem	31.70	5	
12 Sophia Ackerman	8 Longfellow (33.57	4	
13 Evelyn Stolp	7 Tomah	33.58	5	
14 Tani Williams	6 West Salem	34.00	4	
15 Amirie Mitchell	7 Longfellow (34.05	2	
16 Maya Eirschele	6 Tomah	34.37	4	
17 Braylann Block	6 West Salem	34.46	5	
18 Ellie Peterson	7 West Salem	35.30	3	
19 Aliza Gregar	8 Tomah	35.91	4	
20 Clara Falkenberry	6 Longfellow (35.99	1	
21 Jocelyn Heller	6 West Salem	36.01	1	
22 Winter Baker	8 Longfellow (36.76	3	
23 Nan Heckman	6 Longfellow (36.95	2	
24 Ava Gonzalez	6 Tomah	36.98	3	
25 Olivia Pederson	6 Longfellow (37.41	3	
26 Mya Fronk	7 West Salem	37.57	2	
27 Eliza Stein	6 Tomah	37.79	3	

Girls 400 Meter Dash

Name	Year School	Finals	H#	Points
1 Nola Mullikin	8 Tomah	1:05.27	4	6
2 Abby Frost	7 Longfellow (1:05.73	4	4
3 Maren Heckman	8 Longfellow (1:07.89	4	3
4 Ellie Apaun	7 Longfellow (1:10.65	4	2
5 Bailey Rosenthal	8 West Salem	1:11.03	4	1
6 Ariyah Ball	6 West Salem	1:12.85	3	
7 Alexis Engstrom	7 Longfellow (1:13.95	4	
8 Twyla Hoffman	6 Tomah	1:14.89	4	
9 Olivia Sprehn	7 West Salem	1:15.65	2	

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....Girls 400 Meter Dash

10 Sarah Faucheux	8 Longfellow (1:15.89	2
11 Ava Katona	6 West Salem	1:16.13	3
12 Violet Oldenburg	7 Longfellow (1:16.26	3
13 Evelyn Stolp	7 Tomah	1:16.35	3
14 Raylyn Anderson	7 West Salem	1:17.68	3
15 Ellie Peterson	7 West Salem	1:19.66	1
16 Tani Williams	6 West Salem	1:20.08	3
17 Maya Eirschele	6 Tomah	1:20.40	2
18 Makenna Beran	6 Longfellow (1:22.78	2
19 Magdalyn Peterson	6 West Salem	1:24.27	1
20 Gracie Meyers	8 Longfellow (1:24.70	2
21 Allie Schams	6 West Salem	1:24.75	2
22 Aubrey Owens	8 West Salem	1:25.47	1
23 Milynn Berg	6 Tomah	1:25.62	3

Girls 800 Meter Run

Name	Year School	Finals	H#	Points
1 Abby Frost	7 Longfellow (2:35.87	2	6
2 Ellie Apaun	7 Longfellow (2:45.38	2	4
3 Ada Meddinger	6 Longfellow (2:51.22	2	3
4 Charlotte Yard	8 Longfellow (2:55.62	1	2
5 Teagan Bailey	7 Tomah	2:56.41	2	1
6 Avery Barrette	8 Longfellow (2:57.20	2	
7 Aubrey Flock	7 West Salem	2:58.39	2	
8 Twyla Hoffman	6 Tomah	3:01.57	2	
9 Alexis Engstrom	7 Longfellow (3:02.11	2	
10 Ava Katona	6 West Salem	3:02.55	1	
11 Violet Oldenburg	7 Longfellow (3:05.83	1	
12 Makenna Beran	6 Longfellow (3:11.46	1	
13 Kenna Stieg	7 Tomah	3:16.21	1	
14 Gracie Meyers	8 Longfellow (3:19.15	1	
15 Abigail Moore	7 Tomah	3:27.01	1	
16 Aleena Montgomery	7 Tomah	3:35.40	1	

Girls 1600 Meter Run

Name	Year School	Finals	Points
1 Kaylyn Torkelson	8 Longfellow (6:18.22	6
2 Charlotte Yard	8 Longfellow (6:21.88	4
3 Teagan Bailey	7 Tomah	6:22.25	3
4 Avery Barrette	8 Longfellow (6:22.37	2
5 Hannah Yard	6 Longfellow (6:22.75	1
6 Olivia Conzemius	7 Tomah	6:23.95	
7 Ella Meagher	6 Tomah	6:30.89	

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Girls 100 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Myla Habelman	7	Tomah	15.65	3	6
2 Brielle Moore	8	West Salem	15.82	3	4
3 Tiegan Duffy	8	West Salem	16.35	3	3
4 Rachel Zastoupil	8	Tomah	17.69	3	2
5 Kaylyn Torkelson	8	Longfellow (17.95	3	1
6 Sophia Biundo	7	Longfellow (18.09	3	
7 Harper Rowling	7	Longfellow (18.24	2	
8 Allie Krueger	8	West Salem	18.27	2	
9 Harlow Hoffman	7	Tomah	18.96	2	
10 Maren Heckman	8	Longfellow (19.40	1	
11 Sarah Faucheux	8	Longfellow (19.79	2	
12 Adalyn Daly	7	Tomah	20.05	2	
13 Claire Von Ruden	8	Longfellow (20.22	1	
14 Amirie Mitchell	7	Longfellow (20.26	1	
15 Milynn Berg	6	Tomah	20.38	1	
16 Emma Furuseth	8	Longfellow (20.56	1	
17 Alyson Tomczak	7	Longfellow (21.27	2	
18 Linnaea Frost	8	Longfellow (22.07	2	

Girls 200 Meter Hurdles

Name	Year	School	Finals	Points
1 Brielle Moore	8	West Salem	32.92	6
2 Kaylyn Torkelson	8	Longfellow (37.57	4
3 Harper Rowling	7	Longfellow (37.99	3
4 Sophia Biundo	7	Longfellow (38.34	2
5 Harlow Hoffman	7	Tomah	38.43	1
6 Alyson Tomczak	7	Longfellow (41.32	

Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Tomah	56.22	2	6
1) Myla Habelman 7			
3) Chloe Vitcenda 7			
2 Longfellow (La Crosse)	57.62	2	4
1) Sienna Raasch 8			
3) Anabelle Lieurance 7			
3 West Salem 'E'	1:00.96	2	2
1) Brooklyn Weiland 7			
3) Peyton Jehn 7			
4 Tomah 'B'	x1:01.03	2	
1) Ella Meagher 6			
3) Daisy Pergande 8			
5 West Salem 'C'	x1:02.64	2	

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....Girls 4x100 Meter Relay

1) Ariyah Ball 6	2) Tessa Luebke 6		
3) Addison Severson 6	4) Braylann Block 6		
6 Longfellow (La Crosse) 'B'		x1:03.48	2
1) Olivia Winter 7	2) Blayer Franks 8		
3) Ellie Falkenberry 8	4) Sophie Ackerman 8		
7 Longfellow (La Crosse) 'C'		x1:04.50	2
1) Clare Stine 7	2) Vesper Wangu 6		
3) Zuri Wilk 7	4) Cleo Fannin 7		
8 Longfellow (La Crosse) 'D'		x1:05.20	2
1) Ava Johnson 7	2) Avery Herold 7		
3) Sydney Morris 6	4) Kendalyn Johnson 6		
9 Longfellow (La Crosse) 'F'		x1:05.85	1
1) Michaela Fresia 6	2) Tatum Michaels 6		
3) Meghan Roesler 6	4) Lucia Nelson 6		
10 Longfellow (La Crosse) 'E'		x1:07.01	1
1) Morgan Pacil 7	2) Eloise Chritton 6		
3) Maevan Olson 6	4) Makenna Beran 6		
11 West Salem 'B'		x1:07.15	1
1) Zarina Noronha 6	2) Magdalyn Peterson 6		
3) Raylyn Anderson 7	4) Kylie Nelson 6		
12 Longfellow (La Crosse) 'H'		x1:07.76	1
1) Cydelle Gerhard 7	2) Emma Furuseth 8		
3) Morgan Neumann 7	4) Camille Salaski 6		
13 West Salem 'D'		x1:09.64	1
1) Evie Millner 6	2) Tani Williams 6		
3) Allie Schams 6	4) Aubrey Owens 8		
14 Longfellow (La Crosse) 'G'		x1:09.97	1
1) Tahlia Schroeder 6	2) Clara Falkenberry 6		
3) Payton Christianson 7	4) Alexis Vidden 6		

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Tomah	1:58.58	2	6
1) Norah Betcher 8	2) Klara Hall 8		
3) Kaysen Meagher 8	4) Nola Mullikin 8		
2 Longfellow (La Crosse)	2:03.26	2	4
1) Elin Blackbourn 7	2) Alayna Curti 7		
3) Anabelle Lieurance 7	4) Sienna Raasch 8		
3 West Salem	2:04.32	2	2
1) Peyton Jehn 7	2) Kensley Skifton 8		
3) Brooklyn Weiland 7	4) Brynn Loging 7		
4 Tomah 'B'	x2:07.96	2	
1) Abigail Oyefesu 6	2) Harlow Hoffman 7		
3) Daisy Pergande 8	4) Anja Johnson 7		
5 Longfellow (La Crosse) 'B'	x2:13.69	2	
1) Claire Von Ruden 8	2) Ellie Falkenberry 8		
3) Blayer Franks 8	4) Olivia Winter 7		

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....Girls 4x200 Meter Relay

6 Longfellow (La Crosse) 'C'	x2:14.56	2
1) Clare Stine 7	2) Vesper Wangu 6	
3) Zuri Wilk 7	4) Cleo Fannin 7	
7 Longfellow (La Crosse) 'D'	x2:14.79	2
1) Ava Johnson 7	2) Avery Herold 7	
3) Sydney Morris 6	4) Katie Schlegel 8	
8 Longfellow (La Crosse) 'E'	x2:15.90	2
1) Sarah Faucheux 8	2) Amirie Mitchell 7	
3) Alyson Tomczak 7	4) Sophia Biundo 7	
9 Longfellow (La Crosse) 'F'	x2:17.11	1
1) Michaela Fresia 6	2) Nan Heckman 6	
3) Meghan Roesler 6	4) Lucia Nelson 6	
10 Longfellow (La Crosse) 'G'	x2:29.53	1
1) Tahlia Schroeder 6	2) Clara Falkenberry 6	
3) Payton Christianson 7	4) Alexis Vidden 6	
11 Longfellow (La Crosse) 'H'	x2:29.80	1
1) Camille Salaski 6	2) Olivia Pederson 6	
3) Morgan Neumann 7	4) Winter Baker 8	

Girls 4x400 Meter Relay

School	Finals	Points
1 West Salem	4:38.83	6
1) Anna Witte 8	2) Tiegan Duffy 8	
3) Allie Krueger 8	4) Bailey Rosenthal 8	
2 Tomah	4:50.16	4
1) Chloe Vitcenda 7	2) Tenley Jilek 7	
3) Shelby Vervoren 8	4) Ella Meagher 6	
3 Longfellow (La Crosse)	4:55.44	2
1) Maren Heckman 8	2) Ada Meddinger 6	
3) Ellie Apaun 7	4) Avery Barrette 8	
4 Longfellow (La Crosse) 'B'	x5:17.78	
1) Harper Rowling 7	2) Violet Oldenburg 7	
3) Charlotte Yard 8	4) Hannah Yard 6	
5 Longfellow (La Crosse) 'C'	x5:23.45	
1) Michaela Fresia 6	2) Meghan Roesler 6	
3) Kendalyn Johnson 6	4) Tatum Michaels 6	
6 Longfellow (La Crosse) 'D'	x5:31.06	
1) Clare Stine 7	2) Vesper Wangu 6	
3) Zuri Wilk 7	4) Cleo Fannin 7	

Girls High Jump

Name	Year School	Finals	Points
1 Rachel Zastoupil	8 Tomah	J4-08.00	6
2 Ellie Apaun	7 Longfellow (J4-08.00	4
3 Brooklyn Weiland	7 West Salem	4-02.00	3



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....Girls High Jump

4 Sophie Ackerman	8 Longfellow (4-00.00	2
5 Teagan Bailey	7 Tomah	3-10.00	1
6 Twyla Hoffman	6 Tomah	3-08.00	

Girls Long Jump

Name	Year School	Finals	Points
1 Abby Frost	7 Longfellow (13-02.75	6
2 Allie Krueger	8 West Salem	12-03.00	4
3 Sienna Raasch	8 Longfellow (12-02.25	3
4 Sophie Ackerman	8 Longfellow (11-06.50	2
5 Brynn Loging	7 West Salem	11-03.50	1
6 Riley Magness	8 Tomah	11-03.25	
7 Tani Williams	6 West Salem	11-02.50	
8 Tessa Luebke	6 West Salem	11-02.25	
9 Olivia Sprehn	7 West Salem	11-01.00	
10 Maevan Olson	6 Longfellow (10-09.50	
11 Claire Von Ruden	8 Longfellow (10-07.50	
12 Sofia Whitacre	7 West Salem	10-05.75	
13 Tatum Michaels	6 Longfellow (10-02.75	
14 Milynn Berg	6 Tomah	10-02.00	
15 Raylyn Anderson	7 West Salem	10-01.25	
16 Blayer Franks	8 Longfellow (10-00.25	
17 Jocelyn Heller	6 West Salem	9-10.50	
18 Elsa Wolbrink	7 West Salem	9-07.25	
19 Twyla Hoffman	6 Tomah	9-05.00	
20 Zarina Noronha	6 West Salem	9-02.00	
21 Ava Gonzalez	6 Tomah	8-08.50	
22 Eliza Stein	6 Tomah	8-04.25	
23 Aubrey Flock	7 West Salem	7-08.50	
24 Ellie Peterson	7 West Salem	7-07.75	
25 Evelyn Stolp	7 Tomah	7-07.00	
26 Kylie Nelson	6 West Salem	7-05.00	
27 Addison Severson	6 West Salem	7-04.00	

Girls Triple Jump

Name	Year School	Finals	Points
1 Ellie Stenberg	7 West Salem	28-08.50	6
2 Zuri Wilk	7 Longfellow (25-05.25	4
3 Tessa Luebke	6 West Salem	25-01.00	2.50
3 Ariyah Ball	6 West Salem	25-01.00	2.50
5 Tatum Michaels	6 Longfellow (24-04.25	1
6 Elsa Wolbrink	7 West Salem	23-04.75	

**West Salem Middle School Meet
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Girls Shot Put

Name	Year School	Finals	Points
1 Rachel Zastoupil	8 Tomah	26-00.00	6
2 Olivia Winter	7 Longfellow (23-09.50	4
3 Abigail Moore	7 Tomah	22-09.00	3
4 Cydelle Gerhard	7 Longfellow (20-07.00	2
5 Morgan Pacil	7 Longfellow (17-11.00	1
6 Sydney Hughes	7 Longfellow (16-04.50	
7 Lilly Stout	6 Longfellow (16-03.50	
8 Lucille (Lucy) Hall	7 Tomah	14-03.50	
9 Allie Schams	6 West Salem	14-01.50	
10 Olivia Conzemius	7 Tomah	12-04.00	

Girls Discus Throw

Name	Year School	Finals	H#	Points
1 Cydelle Gerhard	7 Longfellow (69-09	2	6
2 Abigail Moore	7 Tomah	62-02	2	4
3 Olivia Winter	7 Longfellow (60-07	2	3
4 Brynn Loging	7 West Salem	54-09	2	2
5 Ellie Stenberg	7 West Salem	53-00	2	1
6 Sydney Hughes	7 Longfellow (52-02	2	
7 Aleena Montgomery	7 Tomah	48-02	2	
8 Morgan Pacil	7 Longfellow (47-02	2	
9 Lilly Stout	6 Longfellow (44-07	1	
10 Zarina Noronha	6 West Salem	43-11	1	
11 Eliza Stein	6 Tomah	41-04	1	
12 Olivia Conzemius	7 Tomah	33-09	1	
13 Maya Eirschele	6 Tomah	29-08	1	

Women - Team Rankings - 15 Events Scored

1) Longfellow (La Crosse)	95	2) Tomah	74
3) West Salem	59		

Men - Team Rankings - 15 Events Scored

1) Longfellow (La Crosse)	88	2) Tomah	74
3) West Salem	59		