

Chicagoland Collegiate Athletic Conference Championships
Wellness & Recreation Center - St. Ambrose University
Davenport, Iowa - 2/7/2025 to 2/8/2025
Results

Women 60 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year	School	Prelims	H#
CCAC Indoor: * 7.60 2023		Alyssa Buskar, Trinity Christian		

Preliminaries

1 Kaylah McCall	JR	Olivet Nazarene	7.75Q	1
2 Tylar Parker	FR	Olivet Nazarene	7.83Q	3
3 Carsyn Burdine	JR	Olivet Nazarene	7.84Q	2
4 Emerson Colins	JR	St. Xavier	7.85q	2
5 Lillia Chvatal	SO	Viterbo	7.93q	3
6 Kaylee McLeod	SO	Viterbo	7.96q	1
7 Sarah Jordan	SO	St. Ambrose	7.97q	1
8 Braylee Hyatt	SO	Viterbo	8.06q	2 8.051
9 Naomi Cargo	JR	St. Xavier	8.06	3 8.054
10 Tyasia Wiggins-Miller	FR	St. Ambrose	8.11	1 8.102
11 Olivia Wingo	SR	Viterbo	8.11	3 8.104
12 Ajadah Taylor	FR	Olivet Nazarene	8.20	3
13 Amaya Rique	SO	St. Xavier	8.25	2
14 Jamaya Jenkins	SR	St. Xavier	8.26	2
15 Asia Pegues-Jarrett	SO	St. Ambrose	8.35	1
16 Ja'Kniah Lewis	SO	St. Ambrose	8.38	1
17 Daniella Kamps	FR	Trinity Christian	8.50	3
18 Ashley Lopez	SO	Trinity Christian	8.84	2

Women 60 Meter Dash

Name	Year	School	Finals	Points
CCAC Indoor: * 7.60 2023		Alyssa Buskar, Trinity Christian		

Finals

1 Kaylah McCall	JR	Olivet Nazarene	7.78	10
2 Tylar Parker	FR	Olivet Nazarene	7.83	8
3 Emerson Colins	JR	St. Xavier	7.92	6
4 Lillia Chvatal	SO	Viterbo	7.94	5
5 Carsyn Burdine	JR	Olivet Nazarene	7.96	4
6 Sarah Jordan	SO	St. Ambrose	7.98	3
7 Braylee Hyatt	SO	Viterbo	8.00	2
8 Kaylee McLeod	SO	Viterbo	8.03	1

Women 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 2 Best Times

Name	Year	School	Prelims	H#
CCAC Indoor: * 24.78 2024		Alyssa Buskar, Trinity Christian		

Preliminaries

1 Carsyn Burdine	JR	Olivet Nazarene	25.13Q	5
2 Hannah Antkoviak	SR	Olivet Nazarene	25.42Q	6
3 Tylar Parker	FR	Olivet Nazarene	25.89Q	4

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4	Kristen Garth	SO Olivet Nazarene	26.67Q	2
5	Amaya Rique	SO St. Xavier	26.97Q	1
6	Sarah Jordan	SO St. Ambrose	27.03Q	3
7	Aayla Marie-Adams	SO Judson	26.81q	2
8	Naomi Cargo	JR St. Xavier	26.98q	1
9	Tyasia Wiggins-Miller	FR St. Ambrose	27.14	4
10	Braylee Hyatt	SO Viterbo	27.22	5
11	Emma Johnson	SR Viterbo	27.43	5
12	Aolani Cannon	FR Trinity Christian	27.84	3
13	Jamaya Jenkins	SR St. Xavier	28.11	3
14	Aalyssa Gunn	SO Trinity Christian	28.20	1
15	Gianna Trenter	JR St. Francis (Ill.)	28.65	2
16	Emma Schoen	JR Viterbo	28.80	2
17	Daniella Kamps	FR Trinity Christian	29.34	1
18	Jillian Pergande	FR Viterbo	30.28	5
19	Abigail Hoekzema	SO Trinity Christian	30.83	4
20	Sierra Houts	FR Governors State	34.50	6

Women 200 Meter Dash

=====				
CCAC Indoor: *	24.78	2024	Alyssa Buskar, Trinity Christian	
Name	Year	School	Finals	H# Points
=====				

Finals

1	Hannah Antkoviak	SR Olivet Nazarene	24.99	2	10
2	Carsyn Burdine	JR Olivet Nazarene	25.25	2	8
3	Tylar Parker	FR Olivet Nazarene	25.73	2	6
4	Sarah Jordan	SO St. Ambrose	26.40	1	5
5	Kristen Garth	SO Olivet Nazarene	26.76	2	4
6	Aayla Marie-Adams	SO Judson	26.84	1	3
7	Amaya Rique	SO St. Xavier	27.28	1	2
8	Naomi Cargo	JR St. Xavier	27.59	1	1

Women 400 Meter Dash

=====				
CCAC Indoor: *	56.46	2017	Jenna Moody, St. Francis	
CCAC Indoor: *	56.46	2024	Gabbi Butler, St. Ambrose	
Name	Year	School	Finals	H# Points
=====				

1	Carsyn Burdine	JR Olivet Nazarene	57.59	3	10
	26.904 (26.904)	57.581 (30.678)			
2	Olivia Lentz	FR Olivet Nazarene	59.66	3	8
	27.800 (27.800)	59.655 (31.856)			59.655
3	Kristen Garth	SO Olivet Nazarene	59.66	3	6
	27.854 (27.854)	59.657 (31.803)			59.657
4	Laurel Munson	FR Olivet Nazarene	1:00.85	3	5
	28.585 (28.585)	1:00.844 (32.259)			
5	Aayla Marie-Adams	SO Judson	1:01.59	3	4
	27.730 (27.730)	1:01.590 (33.860)			



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6 Mackenzie Geers	SO Viterbo	1:04.88	2	3
30.517 (30.517)	1:04.874 (34.358)			
7 Aolani Cannon	FR Trinity Christian	1:05.47	2	2
31.262 (31.262)	1:05.464 (34.202)			
8 Trinity Bonham	SO Governors State	1:08.66	2	1
30.844 (30.844)	1:08.655 (37.812)			
9 Madelyn Kassulke	JR Viterbo	1:08.78	1	
30.393 (30.393)	1:08.777 (38.385)			
10 Jayna Schema	SO Viterbo	1:11.56	1	
31.380 (31.380)	1:11.557 (40.178)			
11 Jennifer Tomasic	FR Governors State	1:18.60	1	
34.088 (34.088)	1:18.596 (44.508)			

Women 600 Meter Run

=====					
CCAC Indoor: *	1:31.65	2024	Hannah Antkoviak, Olivet Nazarene		
Name	Year	School	Finals	H#	Points
=====					
1 Hannah Antkoviak	SR	Olivet Nazarene	1:29.49*	3	10
26.660 (26.660)	56.371 (29.712)	1:29.488 (33.118)			
2 Yanira Deana Paninka	JR	St. Xavier	1:38.90	3	8
29.894 (29.894)	1:03.281 (33.388)	1:38.895 (35.615)			
3 Lainey Teynor	JR	Viterbo	1:42.92	3	6
31.253 (31.253)	1:05.533 (34.280)	1:42.915 (37.383)			
4 Kristin Booker	SR	St. Xavier	1:43.64	3	5
31.474 (31.474)	1:05.628 (34.155)	1:43.640 (38.012)			
5 Mary Balashova	SR	Olivet Nazarene	1:44.04	3	4
31.668 (31.668)	1:05.864 (34.196)	1:44.040 (38.176)			
6 Amaya Rique	SO	St. Xavier	1:47.57	3	3
31.575 (31.575)	1:06.255 (34.680)	1:47.564 (41.309)			
7 Ella Johnston	SO	Trinity Christian	1:51.30	2	2
30.308 (30.308)	1:07.208 (36.900)	1:51.296 (44.089)			
8 Kallie Weyer	SO	Viterbo	1:54.10	2	1
33.805 (33.805)	1:13.615 (39.810)	1:54.095 (40.480)			
9 Mckinze Kearfott	JR	Judson	1:55.89	1	
34.840 (34.840)	1:13.322 (38.482)	1:55.887 (42.566)			
10 Katelyn Poe	SO	Judson	1:57.98	2	
35.969 (35.969)	1:16.125 (40.156)	1:57.974 (41.849)			
11 Kendra Czerneski	JR	Viterbo	1:59.38	2	
33.534 (33.534)	1:14.464 (40.930)	1:59.371 (44.908)			
12 Angelina Calvillo	SO	Trinity Christian	2:00.99	1	
38.635 (38.635)	1:19.352 (40.718)	2:00.989 (41.638)			
13 Karla Luviano	SO	Governors State	2:14.03	1	
41.530 (41.530)	1:27.700 (46.170)	2:14.030 (46.330)			
14 Sophia Perez	FR	Governors State	2:19.82	1	
41.697 (41.697)	1:28.380 (46.683)	2:19.817 (51.438)			
15 Liz Rios	SO	Governors State	2:24.61	2	
43.781 (43.781)	1:32.544 (48.763)	2:24.608 (52.065)			



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....Women 600 Meter Run

-- Faith Richardson	FR Trinity Christian	DQ	1	cut in too soon
42.269 (42.269)	1:28.667 (46.399)	2:14.117 (45.450)		
-- Kayla Rodriguez	SO Governors State	DQ	2	cut in too soon
45.175 (45.175)	1:38.909 (53.735)	2:38.512 (59.603)		

Women 800 Meter Run

=====					
CCAC Indoor: * 2:15.55 2024 Ana Pineda, St. Francis					
Name	Year	School	Finals	H#	Points
=====					
1	Alexandrea Clarke	JR St. Xavier	2:15.18*	2	10
	31.354 (31.354)	1:05.441 (34.088)	1:41.159 (35.719)		2:15.171 (34.012)
2	Heidi Heldt	JR Olivet Nazarene	2:16.47	2	8
	31.688 (31.688)	1:05.666 (33.979)	1:41.449 (35.783)		2:16.469 (35.020)
3	Olivia Mathis	JR St. Xavier	2:17.74	2	6
	31.306 (31.306)	1:05.716 (34.410)	1:42.329 (36.613)		2:17.734 (35.405)
4	Tori Gerber	SR Viterbo	2:18.24	2	5
	32.936 (32.936)	1:07.229 (34.293)	1:42.904 (35.675)		2:18.239 (35.336)
5	Allison Ramsey	SR St. Francis (Ill.)	2:18.38	1	4
	33.300 (33.300)	1:06.874 (33.575)	1:41.911 (35.038)		2:18.375 (36.465)
6	Taygen Beyer	FR Olivet Nazarene	2:22.69	2	3
	33.049 (33.049)	1:07.475 (34.426)	1:44.362 (36.888)		2:22.689 (38.328)
7	Tess Varga	FR Olivet Nazarene	2:29.54	2	2
	34.825 (34.825)	1:11.654 (36.829)	1:51.031 (39.378)		2:29.539 (38.509)
8	Danielle Moore	FR St. Ambrose	2:30.94	2	1
	33.645 (33.645)	1:11.274 (37.629)	1:50.445 (39.172)		2:30.938 (40.493)
9	Ariadna Juarez	JR Trinity Christian	2:32.12	2	
	34.556 (34.556)	1:11.226 (36.670)	1:52.159 (40.933)		2:32.116 (39.958)
10	Sydney Bonham	SO Governors State	2:32.26	1	
	36.000 (36.000)	1:13.694 (37.695)	1:53.171 (39.478)		2:32.251 (39.080)
11	Lilia Hacker	FR St. Francis (Ill.)	2:33.47	1	
	36.748 (36.748)	1:14.793 (38.045)	1:54.450 (39.658)		2:33.464 (39.015)
12	Carlie Woolm	SO St. Ambrose	2:35.04	2	
	35.915 (35.915)	1:14.169 (38.255)	1:54.911 (40.742)		2:35.036 (40.126)
13	Hannah Butler	JR Viterbo	2:35.99	1	
	36.827 (36.827)	1:15.413 (38.586)	1:55.527 (40.115)		2:35.983 (40.456)
14	Molly Young	SO Olivet Nazarene	2:39.15	1	
	38.058 (38.058)	1:17.555 (39.498)	1:58.324 (40.769)		2:39.143 (40.819)
15	Olivia Bukowski	SR St. Francis (Ill.)	2:42.61	1	
	39.833 (39.833)	1:21.225 (41.393)	2:01.701 (40.476)		2:42.610 (40.909)
16	Mckinze Kearfott	JR Judson	2:46.35	1	
	39.398 (39.398)	1:21.784 (42.386)	2:05.745 (43.962)		2:46.348 (40.603)
17	Ava Tomala	FR Governors State	2:47.11	1	
	40.530 (40.530)	1:22.178 (41.649)	2:05.994 (43.816)		2:47.110 (41.116)
18	Madison Siergiejski	FR Governors State	2:50.26	1	
	40.264 (40.264)	1:21.925 (41.662)	2:05.705 (43.780)		2:50.253 (44.548)
19	Eva Serrato	SR Judson	2:51.60	2	
	36.802 (36.802)	1:18.394 (41.592)	2:05.128 (46.735)		2:51.595 (46.468)

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....Women 800 Meter Run

20 Diana Perez	SO Governors State	3:07.33	1	
40.448 (40.448)	1:25.621 (45.173)	2:15.343 (49.722)	3:07.323 (51.980)	

Women 1000 Meter Run

=====				
CCAC Indoor: *	2:56.08	2024	Ana Pineda, St. Francis	
Name	Year	School	Finals	H# Points
=====				
1 Heidi Heldt	JR	Olivet Nazarene	2:57.01	3 10
34.360 (34.360)	1:09.654 (35.294)	1:46.120 (36.467)	2:23.014 (36.894)	
2:57.007 (33.994)				
2 Allison Ramsey	SR	St. Francis (Ill.)	2:57.56	3 8
33.746 (33.746)	1:08.963 (35.218)	1:44.794 (35.831)	2:21.159 (36.366)	
2:57.556 (36.398)				
3 Olivia Mathis	JR	St. Xavier	2:59.29	3 6
33.907 (33.907)	1:09.199 (35.292)	1:45.550 (36.351)	2:23.079 (37.530)	
2:59.290 (36.211)				
4 Alexandra Clarke	JR	St. Xavier	3:00.10	3 5
34.383 (34.383)	1:09.663 (35.280)	1:45.967 (36.304)	2:23.682 (37.715)	
3:00.091 (36.410)				
5 Taygen Beyer	FR	Olivet Nazarene	3:00.94	3 4
34.116 (34.116)	1:09.350 (35.234)	1:45.871 (36.522)	2:23.394 (37.523)	
3:00.934 (37.540)				
6 Tori Gerber	SR	Viterbo	3:02.72	1 3
34.625 (34.625)	1:12.053 (37.428)	1:51.213 (39.160)	2:28.261 (37.048)	
3:02.717 (34.456)				
7 Kaitlyn Knoche	SO	St. Ambrose	3:04.65	3 2
34.654 (34.654)	1:10.636 (35.983)	1:48.880 (38.244)	2:27.304 (38.424)	
3:04.643 (37.339)				
8 Lexi Minard	FR	St. Ambrose	3:06.41	2 1
36.347 (36.347)	1:13.750 (37.403)	1:51.761 (38.011)	2:29.026 (37.266)	
3:06.410 (37.384)				
9 Dyannara Franco	SO	St. Francis (Ill.)	3:07.21	2
36.053 (36.053)	1:13.506 (37.454)	1:51.551 (38.046)	2:29.662 (38.111)	
3:07.209 (37.547)				
10 Yanira Deana Paninka	JR	St. Xavier	3:07.90	1
34.250 (34.250)	1:12.157 (37.907)	1:51.529 (39.372)	2:30.922 (39.394)	
3:07.896 (36.974)				
11 Nicole Vollrath	FR	St. Francis (Ill.)	3:09.23	2
36.325 (36.325)	1:13.707 (37.383)	1:52.606 (38.899)	2:31.926 (39.320)	
3:09.230 (37.304)				
12 Bella Hoffer	SO	Olivet Nazarene	3:15.32	2
36.386 (36.386)	1:14.178 (37.792)	1:53.286 (39.108)	2:34.013 (40.727)	
3:15.311 (41.299)				
13 Jolie Jager	FR	Viterbo	3:28.77	2
37.802 (37.802)	1:16.982 (39.180)	1:59.314 (42.332)	2:44.629 (45.315)	
3:28.762 (44.134)				



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14 Elizabeth Lawrence	FR Judson	3:30.88	1		
35.765 (35.765)	1:14.654 (38.890)	1:58.032 (43.378)		2:45.250 (47.219)	
3:30.877 (45.627)					
15 Angelina Calvillo	SO Trinity Christian	3:34.95	2		
38.934 (38.934)	1:20.694 (41.760)	2:03.823 (43.130)		2:48.777 (44.954)	
3:34.949 (46.172)					
16 Jinni Jimenez	SO Governors State	3:39.80	1		
36.556 (36.556)	1:18.698 (42.143)	2:05.794 (47.096)		2:53.862 (48.068)	
3:39.793 (45.931)					
17 Jasmine Orozco	FR Trinity Christian	3:43.62	1		
39.022 (39.022)	1:22.634 (43.612)	2:10.044 (47.410)		2:58.460 (48.416)	
3:43.618 (45.159)					

Women 1 Mile Run

=====					
CCAC Indoor: * 5:06.29	2023	Allison Ramsey, St. Francis			
Name	Year School	Finals	H#	Points	
=====					
1 Nicole Vollrath	FR St. Francis (Ill.)	5:16.68	2	10	
39.821 (39.821)	1:19.515 (39.695)	2:00.538 (41.023)		2:42.087 (41.549)	
3:23.068 (40.982)	4:03.727 (40.659)	4:41.424 (37.698)		5:16.674 (35.250)	
2 Taygen Beyer	FR Olivet Nazarene	5:17.15	2	8	
39.704 (39.704)	1:19.355 (39.652)	2:00.383 (41.028)		2:41.925 (41.543)	
3:22.910 (40.985)	4:03.535 (40.626)	4:41.888 (38.353)		5:17.145 (35.258)	
3 Kaitlyn Knoche	SO St. Ambrose	5:18.57	2	6	
39.541 (39.541)	1:19.250 (39.709)	2:00.295 (41.046)		2:41.831 (41.536)	
3:22.840 (41.009)	4:03.468 (40.629)	4:42.651 (39.183)		5:18.565 (35.915)	
4 Bella Hoffer	SO Olivet Nazarene	5:30.47	2	5	
40.691 (40.691)	1:20.518 (39.828)	2:01.614 (41.096)		2:43.523 (41.909)	
3:25.427 (41.905)	4:07.893 (42.466)	4:50.468 (42.576)		5:30.468 (40.000)	
5 Jordyn Fleener	JR Trinity Christian	5:33.90	2	4	
40.610 (40.610)	1:20.171 (39.562)	2:01.117 (40.946)		2:43.344 (42.228)	
3:25.958 (42.615)	4:09.243 (43.285)	4:52.848 (43.606)		5:33.897 (41.049)	
6 Sydney Bonham	SO Governors State	5:42.37	2	3	
40.845 (40.845)	1:20.324 (39.479)	2:01.354 (41.030)		2:43.964 (42.610)	
3:27.444 (43.480)	4:12.797 (45.353)	4:59.654 (46.858)		5:42.367 (42.713)	
7 Destiny Vargas	JR Olivet Nazarene	5:43.47	2	2	
42.118 (42.118)	1:23.894 (41.776)	2:07.653 (43.759)		2:51.411 (43.759)	
3:35.025 (43.615)	4:19.308 (44.283)	5:02.671 (43.363)		5:43.465 (40.795)	
8 Anna Tynan	FR Olivet Nazarene	5:47.36	2	1	
42.348 (42.348)	1:24.055 (41.708)	2:07.433 (43.378)		2:51.443 (44.010)	
3:35.575 (44.133)	4:20.941 (45.366)	5:05.354 (44.413)		5:47.360 (42.006)	
9 Morgan Pieczynski	FR Governors State	5:50.09	1		
41.641 (41.641)	1:22.615 (40.975)	2:05.988 (43.373)		2:50.342 (44.355)	
3:35.579 (45.238)	4:21.432 (45.853)	5:07.465 (46.033)		5:50.089 (42.625)	
10 Elizabeth Lawrence	FR Judson	5:50.73	2		
42.625 (42.625)	1:24.538 (41.913)	2:08.358 (43.820)		2:52.781 (44.423)	
3:39.034 (46.253)	4:24.603 (45.569)	5:10.168 (45.566)		5:50.730 (40.562)	



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....Women 1 Mile Run

11 Hannah Butler	JR Viterbo	5:51.28	1
42.054 (42.054)	1:24.026 (41.973)	2:07.985 (43.959)	2:53.078 (45.093)
3:38.372 (45.295)	4:24.346 (45.975)	5:10.701 (46.355)	5:51.276 (40.576)
12 Sophie Hummitisch	SO Governors State	5:51.75	2
41.787 (41.787)	1:23.495 (41.709)	2:08.057 (44.562)	2:52.131 (44.075)
3:36.721 (44.590)	4:22.707 (45.986)	5:08.640 (45.933)	5:51.745 (43.106)
13 Rileigh Fortune	SR St. Ambrose	5:53.82	1
42.159 (42.159)	1:24.441 (42.282)	2:08.672 (44.232)	2:52.859 (44.188)
3:38.901 (46.042)	4:26.205 (47.305)	5:11.681 (45.476)	5:53.811 (42.130)
14 Olivia Wrobel	SR Trinity Christian	5:54.34	1
41.855 (41.855)	1:23.786 (41.932)	2:08.319 (44.533)	2:53.475 (45.156)
3:38.402 (44.928)	4:23.929 (45.528)	5:11.128 (47.199)	5:54.331 (43.203)
15 Jolie Jager	FR Viterbo	5:54.44	1
42.386 (42.386)	1:24.865 (42.479)	2:09.028 (44.163)	2:54.579 (45.552)
3:40.599 (46.020)	4:26.048 (45.449)	5:11.816 (45.769)	5:54.434 (42.618)
16 Patrycja Mrowca	FR St. Francis (Ill.)	5:58.19	1
42.871 (42.871)	1:25.145 (42.275)	2:09.329 (44.185)	2:53.814 (44.485)
3:39.552 (45.739)	4:26.392 (46.840)	5:13.084 (46.692)	5:58.186 (45.103)
17 Camila Mendez	SO Governors State	5:59.87	2
42.083 (42.083)	1:24.331 (42.249)	2:09.161 (44.830)	2:55.003 (45.842)
3:41.414 (46.412)	4:28.630 (47.216)	5:15.815 (47.186)	5:59.865 (44.050)
18 Eva Serrato	SR Judson	6:11.03	1
42.358 (42.358)	1:24.779 (42.422)	2:09.001 (44.222)	2:54.619 (45.619)
3:42.135 (47.516)	4:31.808 (49.673)	5:22.226 (50.419)	6:11.026 (48.800)
19 Jasmine Orozco	FR Trinity Christian	6:21.93	1
44.415 (44.415)	1:29.354 (44.939)	2:17.351 (47.998)	3:06.061 (48.710)
3:54.969 (48.909)	4:44.626 (49.658)	5:36.098 (51.472)	6:21.924 (45.826)
20 Loryn Heil	JR St. Ambrose	6:47.59	1
44.961 (44.961)	1:30.234 (45.273)	2:19.522 (49.289)	3:12.438 (52.916)
4:08.681 (56.243)	5:06.025 (57.345)	6:02.568 (56.543)	6:47.585 (45.018)
21 Jessica Olague	FR Trinity Christian	6:51.05	1
48.259 (48.259)	1:36.424 (48.165)	2:27.568 (51.145)	3:20.325 (52.758)
4:14.994 (54.669)	5:09.645 (54.652)	6:03.274 (53.629)	6:51.046 (47.773)

Women 3000 Meter Run

=====				
CCAC Indoor: *	9:54.53	2017	Ellie Willging, St. Xavier	
Name	Year	School	Finals	Points
=====				
1 Allison Ramsey		SR St. Francis (Ill.)	10:20.88	10
36.267 (36.267)		1:15.249 (38.983)	1:55.521 (40.272)	2:36.269 (40.749)
3:17.662 (41.393)		3:59.341 (41.679)	4:41.105 (41.765)	5:22.927 (41.822)
6:05.182 (42.256)		6:47.789 (42.608)	7:31.029 (43.240)	8:14.509 (43.480)
8:57.761 (43.252)		9:40.612 (42.852)	10:20.879 (40.268)	
2 Hannah Haag		SO Olivet Nazarene	10:30.74	8
39.197 (39.197)		1:21.719 (42.523)	2:04.412 (42.693)	2:46.982 (42.570)
3:29.785 (42.803)		4:12.137 (42.352)	4:53.984 (41.848)	5:35.945 (41.962)
6:18.414 (42.469)		7:01.385 (42.972)	7:44.707 (43.322)	8:28.317 (43.610)
9:12.062 (43.746)		9:54.744 (42.682)	10:30.731 (35.988)	

Chicagoland Collegiate Athletic Conference Championships
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....Women 3000 Meter Run

3 Vanessa Thomas	SR Viterbo	10:34.91	6
37.869 (37.869)	1:20.404 (42.535)	2:03.592 (43.189)	2:46.411 (42.819)
3:29.267 (42.856)	4:12.511 (43.245)	4:54.615 (42.105)	5:37.685 (43.070)
6:20.934 (43.249)	7:05.591 (44.658)	7:48.699 (43.109)	8:32.355 (43.656)
9:16.028 (43.673)	9:58.714 (42.686)	10:34.902 (36.189)	
4 Lexi Minard	FR St. Ambrose	10:36.97	5
38.962 (38.962)	1:20.622 (41.660)	2:03.128 (42.506)	2:45.909 (42.782)
3:28.497 (42.588)	4:10.467 (41.970)	4:51.792 (41.326)	5:34.112 (42.320)
6:16.841 (42.729)	6:59.514 (42.673)	7:42.768 (43.255)	8:26.271 (43.503)
9:12.531 (46.260)	9:57.071 (44.540)	10:36.969 (39.899)	
5 Dyannara Franco	SO St. Francis (Ill.)	10:37.07	4
39.181 (39.181)	1:21.381 (42.200)	2:03.754 (42.373)	2:46.712 (42.959)
3:29.548 (42.836)	4:12.307 (42.759)	4:54.872 (42.566)	5:37.838 (42.966)
6:21.058 (43.220)	7:05.338 (44.280)	7:48.951 (43.613)	8:32.592 (43.642)
9:16.072 (43.480)	9:59.249 (43.178)	10:37.065 (37.816)	
6 Kaylee O'Sullivan	FR Governors State	10:37.11	3
38.139 (38.139)	1:20.669 (42.530)	2:03.351 (42.682)	2:46.169 (42.819)
3:29.009 (42.840)	4:11.739 (42.730)	4:54.475 (42.736)	5:37.238 (42.763)
6:20.654 (43.416)	7:04.941 (44.288)	7:49.211 (44.270)	8:32.858 (43.648)
9:16.328 (43.470)	9:58.988 (42.660)	10:37.101 (38.113)	
7 Aleigha Garrison	FR Olivet Nazarene	10:48.86	2
38.828 (38.828)	1:21.352 (42.525)	2:04.379 (43.028)	2:47.034 (42.655)
3:29.804 (42.770)	4:12.702 (42.899)	4:54.231 (41.529)	5:36.735 (42.505)
6:20.167 (43.432)	7:04.701 (44.535)	7:49.448 (44.748)	8:34.244 (44.796)
9:20.797 (46.553)	10:05.831 (45.035)	10:48.854 (43.023)	
8 Krysta Stanko	SO Governors State	10:50.73	1
37.175 (37.175)	1:16.825 (39.650)	1:58.765 (41.940)	2:41.958 (43.193)
3:25.881 (43.923)	4:09.871 (43.990)	4:52.307 (42.436)	5:34.454 (42.148)
6:17.414 (42.960)	7:01.544 (44.130)	7:45.267 (43.723)	8:30.394 (45.128)
9:18.792 (48.399)	10:07.199 (48.408)	10:50.725 (43.526)	
9 Eleanor Fournier	SR Olivet Nazarene	10:57.61	
41.345 (41.345)	1:25.998 (44.653)	2:09.999 (44.002)	2:53.679 (43.680)
3:36.927 (43.248)	4:20.952 (44.026)	5:05.484 (44.532)	5:50.461 (44.978)
6:35.794 (45.333)	7:21.254 (45.460)	8:06.939 (45.686)	8:52.279 (45.340)
9:36.771 (44.492)	10:20.311 (43.540)	10:57.609 (37.299)	
10 Maite Farin	FR Trinity Christian	11:21.18	
43.361 (43.361)	1:29.258 (45.898)	2:15.572 (46.315)	3:02.832 (47.260)
3:49.241 (46.409)	4:34.938 (45.698)	5:20.218 (45.280)	6:05.969 (45.752)
6:51.942 (45.973)	7:38.035 (46.093)	8:23.738 (45.703)	9:09.735 (45.998)
9:55.107 (45.372)	10:39.289 (44.183)	11:21.177 (41.888)	
11 Emily Langerak	SO Olivet Nazarene	11:41.35	
42.397 (42.397)	1:27.764 (45.368)	2:15.312 (47.549)	3:03.571 (48.259)
3:50.542 (46.972)	4:38.684 (48.142)	5:25.378 (46.695)	6:12.748 (47.370)
7:00.457 (47.709)	7:47.732 (47.276)	8:35.242 (47.510)	9:22.999 (47.758)
10:11.299 (48.300)	10:58.728 (47.429)	11:41.341 (42.613)	

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....Women 3000 Meter Run

12 Maddy Butler	JR Trinity Christian	11:51.85		
46.534 (46.534)	1:32.722 (46.189)	2:19.087 (46.365)	3:05.325 (46.239)	
3:51.935 (46.610)	4:39.045 (47.110)	5:27.422 (48.378)	6:14.498 (47.076)	
7:02.954 (48.456)	7:51.528 (48.575)	8:41.568 (50.040)	9:31.988 (50.420)	
10:21.838 (49.850)	11:08.521 (46.683)	11:51.841 (43.320)		
13 Allison Lauri	FR Governors State	12:11.00		
40.864 (40.864)	1:25.719 (44.856)	2:10.872 (45.153)	2:59.862 (48.990)	
3:49.924 (50.062)	4:39.087 (49.163)	5:27.859 (48.773)	6:17.118 (49.259)	
7:06.295 (49.178)	7:56.559 (50.265)	8:48.187 (51.628)	9:38.868 (50.682)	
10:30.847 (51.979)	11:23.119 (52.273)	12:10.994 (47.875)		
14 Alison Borschnack	SO Governors State	13:52.73		
46.575 (46.575)	1:38.109 (51.535)	2:32.147 (54.038)	3:26.208 (54.062)	
4:21.509 (55.302)	5:16.862 (55.353)	6:13.624 (56.762)	7:10.794 (57.170)	
8:08.888 (58.095)	9:08.365 (59.478)	10:06.691 (58.326)	11:05.339 (58.649)	
12:02.891 (57.552)	12:55.945 (53.055)	13:52.727 (56.782)		

Women 5000 Meter Run

=====
 CCAC Indoor: * 17:24.18 2022 Katherine Bakken, St. Francis
 Name Year School Finals Points
 =====

1 Catherine White	JR Olivet Nazarene	18:36.23	10	
44.635 (44.635)	1:29.259 (44.624)	2:14.314 (45.055)	2:58.919 (44.606)	
3:43.560 (44.642)	4:28.860 (45.300)	5:14.582 (45.722)	5:59.496 (44.915)	
6:44.826 (45.330)	7:30.206 (45.380)	8:15.440 (45.235)	9:00.642 (45.202)	
9:45.744 (45.103)	10:30.915 (45.171)	11:16.374 (45.459)	12:02.142 (45.768)	
12:46.943 (44.802)	13:30.375 (43.432)	14:14.940 (44.566)	14:59.178 (44.238)	
15:43.364 (44.187)	16:27.784 (44.420)	17:11.662 (43.878)	17:54.538 (42.876)	
18:36.227 (41.690)				
2 Vanessa Thomas	SR Viterbo	18:40.10	8	
44.056 (44.056)	1:28.650 (44.594)	2:13.816 (45.167)	2:58.503 (44.687)	
3:43.270 (44.767)	4:28.558 (45.288)	5:14.248 (45.691)	5:59.134 (44.886)	
6:44.479 (45.346)	7:29.854 (45.375)	8:15.104 (45.251)	9:00.354 (45.250)	
9:45.448 (45.095)	10:30.579 (45.131)	11:16.096 (45.518)	12:01.835 (45.739)	
12:46.659 (44.824)	13:31.252 (44.594)	14:16.610 (45.358)	15:01.994 (45.384)	
15:48.419 (46.426)	16:33.948 (45.530)	17:18.400 (44.452)	18:02.164 (43.764)	
18:40.099 (37.935)				
3 Claire Carter	FR Olivet Nazarene	19:20.70	6	
44.938 (44.938)	1:29.792 (44.855)	2:15.368 (45.576)	3:00.674 (45.306)	
3:46.276 (45.603)	4:32.438 (46.162)	5:19.135 (46.698)	6:05.679 (46.544)	
6:52.530 (46.851)	7:39.392 (46.863)	8:26.663 (47.271)	9:13.431 (46.768)	
10:00.179 (46.748)	10:47.648 (47.470)	11:35.078 (47.430)	12:23.360 (48.283)	
13:11.492 (48.132)	13:59.379 (47.887)	14:47.499 (48.120)	15:33.820 (46.322)	
16:21.515 (47.695)	17:08.815 (47.300)	17:55.750 (46.935)	18:42.623 (46.874)	
19:20.696 (38.074)				

Chicagoland Collegiate Athletic Conference Championships
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....Women 5000 Meter Run

4 Allison Hein	JR St. Ambrose	19:22.70	5
46.335 (46.335)	1:32.136 (45.802)	2:18.710 (46.574)	3:05.064 (46.355)
3:51.460 (46.396)	4:36.567 (45.107)	5:24.243 (47.676)	6:11.212 (46.970)
6:58.196 (46.984)	7:45.378 (47.182)	8:32.062 (46.684)	9:19.691 (47.630)
10:06.692 (47.002)	10:53.434 (46.742)	11:40.216 (46.783)	12:26.740 (46.524)
13:13.975 (47.235)	14:00.992 (47.018)	14:48.286 (47.294)	15:35.487 (47.202)
16:23.118 (47.631)	17:10.346 (47.228)	17:57.278 (46.932)	18:43.187 (45.910)
19:22.700 (39.514)			
5 Addy Smith	JR St. Ambrose	19:23.64	4
45.930 (45.930)	1:31.596 (45.667)	2:18.088 (46.492)	3:04.678 (46.590)
3:50.880 (46.203)	4:36.364 (45.484)	5:24.043 (47.679)	6:10.930 (46.887)
6:57.922 (46.992)	7:45.206 (47.284)	8:31.556 (46.351)	9:19.167 (47.611)
10:06.195 (47.028)	10:52.699 (46.504)	11:39.888 (47.190)	12:26.308 (46.420)
13:13.248 (46.940)	14:00.012 (46.764)	14:47.316 (47.304)	15:34.507 (47.191)
16:22.067 (47.560)	17:09.022 (46.955)	17:55.868 (46.847)	18:41.435 (45.567)
19:23.640 (42.206)			
6 Lauren Smith	SR Olivet Nazarene	19:31.92	3
46.004 (46.004)	1:31.843 (45.839)	2:17.224 (45.382)	3:02.546 (45.322)
3:48.535 (45.990)	4:35.123 (46.588)	5:21.790 (46.667)	6:08.607 (46.818)
6:55.451 (46.844)	7:42.570 (47.119)	8:29.655 (47.086)	9:16.632 (46.978)
10:02.831 (46.199)	10:48.399 (45.568)	11:34.512 (46.114)	12:21.302 (46.790)
13:08.942 (47.640)	13:57.134 (48.192)	14:44.794 (47.660)	15:33.079 (48.286)
16:21.736 (48.658)	17:10.384 (48.648)	17:57.210 (46.826)	18:45.311 (48.102)
19:31.916 (46.606)			
7 Lauren Johnson	FR St. Ambrose	20:02.25	2
46.220 (46.220)	1:31.975 (45.755)	2:18.446 (46.471)	3:04.946 (46.500)
3:51.174 (46.228)	4:36.312 (45.139)	5:23.924 (47.612)	6:11.256 (47.332)
6:58.315 (47.059)	7:45.826 (47.511)	8:31.839 (46.014)	9:20.210 (48.371)
10:07.723 (47.514)	10:56.014 (48.291)	11:44.854 (48.840)	12:34.444 (49.591)
13:23.742 (49.298)	14:14.250 (50.508)	15:05.674 (51.424)	15:56.954 (51.280)
16:48.358 (51.404)	17:40.323 (51.966)	18:31.076 (50.754)	19:19.883 (48.807)
20:02.247 (42.364)			
8 Isabella Wojciechowski	SO Olivet Nazarene	20:04.62	1
46.470 (46.470)	1:32.519 (46.050)	2:18.634 (46.115)	3:04.859 (46.226)
3:50.983 (46.124)	4:36.847 (45.864)	5:23.820 (46.974)	6:11.316 (47.496)
6:59.140 (47.824)	7:47.056 (47.916)	8:35.342 (48.286)	9:23.980 (48.639)
10:12.526 (48.546)	11:01.968 (49.443)	11:51.228 (49.260)	12:18.707 (27.479)
12:41.135 (22.428)	13:31.202 (50.067)	14:21.476 (50.275)	15:12.111 (50.635)
16:02.310 (50.199)	16:52.342 (50.032)	17:41.779 (49.438)	18:31.151 (49.372)
20:04.619 (1:33.468)			
9 Morgan Pieczynski	FR Governors State	20:39.96	
45.251 (45.251)	1:30.035 (44.784)	2:15.688 (45.654)	3:01.006 (45.318)
3:46.764 (45.759)	4:33.031 (46.267)	5:19.940 (46.910)	6:07.719 (47.779)
6:55.736 (48.018)	7:43.752 (48.016)	8:32.266 (48.514)	9:21.272 (49.007)
10:11.703 (50.431)	11:03.492 (51.790)	11:55.106 (51.614)	12:48.171 (53.066)
13:40.258 (52.087)	14:33.040 (52.783)	15:27.047 (54.007)	16:19.848 (52.802)
17:13.079 (53.231)	18:06.512 (53.434)	18:58.534 (52.022)	19:48.804 (50.271)
20:39.952 (51.148)			

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....Women 5000 Meter Run

10 Maddy Butler	JR Trinity Christian	20:49.09		
47.296 (47.296)	1:34.946 (47.650)	2:22.803 (47.858)	3:10.524 (47.722)	
3:58.475 (47.951)	4:46.646 (48.171)	5:35.518 (48.872)	6:24.359 (48.842)	
7:13.652 (49.294)	8:03.755 (50.103)	8:53.687 (49.932)	9:44.562 (50.875)	
10:36.112 (51.551)	11:27.867 (51.755)	13:09.104 (1:41.238)	13:59.971 (50.867)	
14:53.172 (53.202)	15:46.048 (52.876)	16:38.880 (52.832)	17:32.235 (53.355)	
18:26.298 (54.063)	19:17.114 (50.816)	19:20.038 (2.924)	20:04.335 (44.298)	
20:49.090 (44.755)				

Women 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 6 Best Times

CCAC Indoor: *	8.60	2024	Hannah Antkoviak, Olivet Nazaren
Name		Year School	Prelims H#

Preliminaries

1 Hannah Antkoviak	SR Olivet Nazarene	8.68Q	2
2 Kaylah McCall	JR Olivet Nazarene	8.73Q	1
3 Emily Ludwig	SO Viterbo	9.13q	1
4 Emma Johnson	SR Viterbo	9.32q	2
5 Olivia Lentz	FR Olivet Nazarene	9.36q	2
6 Ashley Veronen	SR Viterbo	9.49q	2
7 Rashiya Warfield	SO St. Xavier	9.53q	1
8 Emerson Colins	JR St. Xavier	9.63q	2
9 Alonna Nalls	JR Olivet Nazarene	9.81	1
10 Elanah Harris	FR St. Ambrose	9.87	1
11 Madelyn Kassulke	JR Viterbo	10.06	2
12 Gianna Trenter	JR St. Francis (Ill.)	10.46	1
13 Ella Johnston	SO Trinity Christian	11.29	1
-- Olivia Jarrett	FR St. Xavier	DQ	2 ran around hurdle

Women 60 Meter Hurdles

CCAC Indoor: *	8.60	2024	Hannah Antkoviak, Olivet Nazarene
Name		Year School	Finals Points

Finals

1 Hannah Antkoviak	SR Olivet Nazarene	8.57*	10
2 Kaylah McCall	JR Olivet Nazarene	8.72	8
3 Emily Ludwig	SO Viterbo	9.10	6
4 Emma Johnson	SR Viterbo	9.27	5
5 Olivia Lentz	FR Olivet Nazarene	9.35	4
6 Rashiya Warfield	SO St. Xavier	9.48	3
7 Ashley Veronen	SR Viterbo	9.50	2
8 Emerson Colins	JR St. Xavier	9.53	1

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Women 4x400 Meter Relay

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=====
CCAC Indoor: * 3:54.53 2023 Olivet Nazarene, Olivet Nazarene
                Burdine, Betts, Antkoviak, Carter
School                Finals  Points
=====
1 Olivet Nazarene                4:00.58  10
  1) Laurel Munson FR              2) Tylar Parker FR
  3) Kristen Garth SO              4) Olivia Lentz FR
  1:00.550 (1:00.550)  2:03.603 (1:03.053)  3:01.950 (58.348)  4:00.580 (58.630)
2 St. Xavier                      4:02.18   8
  1) Yanira Deana Paninka JR        2) Emerson Colins JR
  3) Alexandra Clarke JR           4) Olivia Mathis JR
  59.306 (59.306)  1:59.831 (1:00.526)  2:58.850 (59.019)  4:02.180 (1:03.330)
3 Viterbo                          4:15.04   6
  1) Tori Gerber SR                 2) Mackenzie Geers SO
  3) Lainey Teynor JR              4) Avery Poppe FR
  1:07.583 (1:07.583)  2:10.300 (1:02.718)  3:13.586 (1:03.286)  4:15.040 (1:01.455)
4 St. Ambrose                      4:17.25   5
  1) Sarah Jordan SO                2) Danielle Moore FR
  3) Tyasia Wiggins-Miller FR       4) Kaitlyn Knoche SO
  1:03.940 (1:03.940)  2:09.657 (1:05.718)  3:13.667 (1:04.010)  4:17.244 (1:03.578)
5 Trinity Christian                 4:19.19   4
  1) Daniella Kamps FR              2) Ella Johnston SO
  3) Aalyssa Gunn SO               4) Aolani Cannon FR
  1:04.600 (1:04.600)  2:08.450 (1:03.850)  3:13.613 (1:05.163)  4:19.181 (1:05.569)
6 Governors State                  4:38.73   3
  1) Sydney Bonham SO               2) Trinity Bonham SO
  3) Morgan Pieczynski FR           4) Sophie Hummitisch SO
  1:15.019 (1:15.019)  2:26.906 (1:11.888)  3:32.577 (1:05.672)  4:38.723 (1:06.146)
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Women 4x800 Meter Relay

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=====
CCAC Indoor: * 9:25.70 2018 St. Francis, St. Francis
                Bruno, Navarrete, Baftiri, Conroy
School                Finals  Points
=====
1 Governors State                10:10.50  10
  1) Sydney Bonham SO               2) Trinity Bonham SO
  3) Kaylee O'Sullivan FR           4) Krysta Stanko SO
  2:27.716 (2:27.716)  5:14.863 (2:47.147)  7:44.403 (2:29.540)  10:10.498 (2:26.095)
2 Trinity Christian                10:20.46   8
  1) Ariadna Juarez JR              2) Maite Farin FR
  3) Olivia Wrobel SR               4) Jordyn Fleener JR
  2:34.647 (2:34.647)  5:17.332 (2:42.686)  7:46.238 (2:28.906)  10:20.456 (2:34.219)
3 Olivet Nazarene                 10:24.27   6
  1) Anna Tynan FR                  2) Molly Young SO
  3) Tess Varga FR                  4) Destiny Vargas JR
  2:32.890 (2:32.890)  5:13.059 (2:40.170)  7:49.971 (2:36.912)  10:24.263 (2:34.292)
4 Viterbo                          10:50.28   5
    
```



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....Women 4x800 Meter Relay

1) Hannah Butler JR	2) Kendra Czerneski JR
3) Kallie Weyer SO	4) Jolie Jager FR
2:39.368 (2:39.368)	5:29.562 (2:50.194)
8:09.943 (2:40.382)	10:50.274 (2:40.331)
5 St. Ambrose	11:21.89 4
1) Danielle Moore FR	2) Carlie Woolm SO
3) Eileen Elenteny SO	4) Loryn Heil JR
2:34.596 (2:34.596)	5:10.256 (2:35.660)
8:06.978 (2:56.722)	11:21.886 (3:14.908)

Women High Jump

CCAC Indoor: * 1.70m 2018		Anne-Lorraine Brown, Olivet Nazarene				
Name	Year	School	Finals	Points		
1 Avery Poppe		FR Viterbo	1.60m	5-03.00	10	
1.40 1.45 1.50 1.55 1.60 1.65						
P P O O O XXX						
2 Olivia Wingo		SR Viterbo	1.55m	5-01.00	8	
1.40 1.45 1.50 1.55 1.60						
P P O O XXX						
3 Trenyce Bonner		FR St. Ambrose	J1.55m	5-01.00	6	
1.40 1.45 1.50 1.55 1.60						
P O XO O XXX						
4 Abigail Hoekzema		SO Trinity Christian	J1.55m	5-01.00	5	
1.40 1.45 1.50 1.55 1.60						
P O O XXO XXX						
5 Sophie Dagnall		FR Olivet Nazarene	1.50m	4-11.00	4	
1.40 1.45 1.50 1.55						
O O XO XXX						
6 Aalyssa Gunn		SO Trinity Christian	J1.50m	4-11.00	3	
1.40 1.45 1.50 1.55						
O XXO XO XXX						
7 Yanira Deana Paninka		JR St. Xavier	1.45m	4-09.00	2	
1.40 1.45 1.50						
O O XXX						
8 Alonna Nalls		JR Olivet Nazarene	J1.45m	4-09.00	1	
1.40 1.45 1.50						
XO XO XXX						
9 Chloe VanderVeen		SR Olivet Nazarene	1.40m	4-07.00		
1.40 1.45						
O XXX						
10 Addison Adams		SR Olivet Nazarene	J1.40m	4-07.00		
1.40 1.45						
XO XXX						
-- Alexis Andersen		JR St. Ambrose	NH			
1.40						
XXX						
-- Eva Wintersteen		FR St. Xavier	NH			
1.40						
XXX						



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Women Pole Vault

CCAC Indoor: * 3.52m 2022													Olivia Earl, Olivet Nazarene			
Name	Year	School											Finals	Points		
1 Olivia Wingo		SR Viterbo												3.80m*	12-05.50	10
	2.60	2.75	2.90	3.05	3.20	3.35	3.50	3.60	3.70	3.80	3.90					
	P	P	P	P	P	P	O	O	O	XO	XXX					
2 Izzy Keck		SO Viterbo											3.60m*	11-09.75	8	
	2.60	2.75	2.90	3.05	3.20	3.35	3.50	3.60	3.70							
	P	P	P	P	XXO	XO	O	O	XXX							
3 Emma Johnson		SR Viterbo											3.50m	11-05.75	6	
	2.60	2.75	2.90	3.05	3.20	3.35	3.50	3.60								
	P	P	P	P	P	P	XO	XXX								
4 Kate Surwillo		JR St. Ambrose											3.35m	10-11.75	5	
	2.60	2.75	2.90	3.05	3.20	3.35	3.50									
	P	P	P	O	O	O	XXX									
5 Emily Ludwig		SO Viterbo											J3.35m	10-11.75	4	
	2.60	2.75	2.90	3.05	3.20	3.35	3.50									
	P	P	O	O	O	XO	XXX									
6 Ryleigh Warden		JR St. Ambrose											3.05m	10-00.00	3	
	2.60	2.75	2.90	3.05	3.20											
	P	P	P	O	XXX											
7 Jayda Hovland		JR Olivet Nazarene											2.90m	9-06.25	2	
	2.60	2.75	2.90	3.05												
	O	O	O	XXX												
8 Abigail Lueck		JR Olivet Nazarene											2.75m	9-00.25	1	
	2.60	2.75	2.90													
	O	O	XXX													
9 Madison Rykken		FR Olivet Nazarene											2.60m	8-06.25		
	2.60	2.75														
	O	XXX														
-- Makenna Smith		JR Olivet Nazarene											NH			
	2.60															
	XXX															

Women Long Jump

CCAC Indoor: * 5.63m 2023													Lexie Johnson, St. Ambrose			
Name	Year	School											Finals	Points		
1 Hailey Perrine		JR Olivet Nazarene											5.72m*	18-09.25	10	
	FOUL	5.44m	FOUL	5.72m	FOUL	5.63m										
2 Avery Poppe		FR Viterbo											5.59m	18-04.25	8	
	5.03m	5.22m	PASS	5.36m	5.32m	5.59m										
3 Lillia Chvatal		SO Viterbo											5.41m	17-09.00	6	
	5.33m	FOUL	FOUL	FOUL	5.41m	4.31m										
4 Braylee Hyatt		SO Viterbo											J5.41m	17-09.00	5	
	5.41m	5.12m	4.95m	4.98m	PASS	PASS										
5 Karissa Arvin		SO Olivet Nazarene											5.14m	16-10.50	4	
	4.83m	4.88m	4.77m	4.85m	5.14m	5.05m										



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....Women Long Jump

6	Tristyn Grube	SR Olivet Nazarene	5.09m	16-08.50	3
	4.69m 4.85m 4.96m 4.90m 5.09m 4.97m				
7	Alexis Andersen	JR St. Ambrose	5.07m	16-07.75	2
	5.03m 4.55m 4.67m 5.07m 4.95m FOUL				
8	Kaylee McLeod	SO Viterbo	5.04m	16-06.50	1
	4.43m 4.65m 5.04m FOUL PASS 4.91m				
9	Chloe VanderVeen	SR Olivet Nazarene	4.99m	16-04.50	
	4.99m 4.81m 4.63m 4.79m 4.87m 4.71m				
10	Tyasia Wiggins-Miller	FR St. Ambrose	4.83m	15-10.25	
	4.79m 4.83m FOUL				
11	Jor'ae Beaver	FR St. Ambrose	4.73m	15-06.25	
	4.73m 4.51m 4.53m				
12	Sophia Thomas	FR St. Xavier	4.69m	15-04.75	
	FOUL 4.69m 4.61m				
13	Elanah Harris	FR St. Ambrose	4.62m	15-02.00	
	FOUL 4.54m 4.62m				

Women Triple Jump

=====						
CCAC Indoor: * 11.75m 2017 Isi Edeko, St. Francis						
	Name	Year School	Finals		Points	
=====						
1	Rhianna Robinson	FR Viterbo	10.94m	35-10.75	10	
	10.90m 10.56m 10.59m 10.32m 10.49m 10.94m					
2	Hailey Perrine	JR Olivet Nazarene	10.89m	35-08.75	8	
	10.75m 10.89m 10.85m 10.78m 10.53m FOUL					
3	Aayla Marie-Adams	SO Judson	10.70m	35-01.25	6	
	10.16m 10.67m 10.65m 10.46m 10.70m 9.96m					
4	Alexis Andersen	JR St. Ambrose	10.42m	34-02.25	5	
	FOUL FOUL 10.34m 10.17m 10.42m 10.21m					
5	Karissa Arvin	SO Olivet Nazarene	10.22m	33-06.50	4	
	9.85m 9.98m 10.22m 10.07m 9.69m FOUL					
6	Addison Adams	SR Olivet Nazarene	10.12m	33-02.50	3	
	9.95m 9.96m 10.12m 9.96m 10.11m 10.11m					
7	Alonna Nalls	JR Olivet Nazarene	10.07m	33-00.50	2	
	FOUL 9.75m PASS 9.50m 9.58m 10.07m					
8	Kaylee McLeod	SO Viterbo	9.61m	31-06.50	1	
	9.61m 9.40m 9.40m					
9	Jor'ae Beaver	FR St. Ambrose	9.61m	31-06.50		
	FOUL FOUL 9.61m FOUL 9.35m FOUL					
10	Isabel Rubenzer	FR Viterbo	9.60m	31-06.00		
	9.60m 9.41m 9.18m					
11	Claire Roberts	SR St. Francis (Ill.)	9.29m	30-05.75		
	FOUL 9.10m 9.29m					

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Women Shot Put

CCAC Indoor: * 14.36m 2023 Annah Miller, St. Ambrose									
Name	Year	School	Finals			H#	Points		
1 Amanda Gustafson	SO	Olivet Nazarene	12.83m	42-01.25	2	10			
			12.73m	12.17m	12.37m	12.32m	12.83m	12.79m	
2 Lana Krohe	JR	St. Xavier	12.73m	41-09.25	2	8			
			11.59m	FOUL	11.91m	11.92m	12.19m	12.73m	
3 Jamie Sierocki	JR	St. Xavier	12.37m	40-07.00	2	6			
			11.87m	11.81m	11.78m	11.43m	FOUL	12.37m	
4 Kaylie Wiedmeyer	SO	Viterbo	12.25m	40-02.25	2	5			
			FOUL	11.36m	11.90m	12.25m	12.07m	12.25m	
5 Brianna Neumiller	SO	St. Ambrose	12.06m	39-07.00	2	4			
			12.03m	12.06m	11.50m	FOUL	11.86m	10.93m	
6 Brooklyn Ludescher	FR	Viterbo	11.62m	38-01.50	2	3			
			11.59m	11.62m	11.30m	11.19m	11.18m	FOUL	
7 Mariah James	FR	St. Xavier	11.33m	37-02.25	2	2			
			FOUL	11.12m	11.33m	10.99m	11.13m	11.32m	
8 Isabel Rubenzer	FR	Viterbo	10.84m	35-06.75	2	1			
			10.15m	9.78m	10.71m	FOUL	10.84m	10.53m	
9 Amariah Scott	SO	St. Xavier	10.82m	35-06.00	2				
			10.75m	10.82m	FOUL	FOUL	10.59m	10.26m	
10 Alexa Velazquez	JR	Trinity Christian	10.63m	34-10.50	2				
			10.54m	10.63m	8.37m				
11 Jaden Hart	JR	St. Francis (Ill.)	10.16m	33-04.00	2				
			9.85m	10.16m	FOUL				
12 Paige Stefanek	JR	Trinity Christian	9.94m	32-07.50	1				
			9.21m	9.94m	9.77m				
13 Alexis Tomlin	SO	St. Ambrose	9.87m	32-04.75	1				
			FOUL	9.87m	FOUL				
14 Rebecca Sedbrook	FR	Viterbo	9.75m	32-00.00	1				
			9.01m	8.78m	9.75m				
15 Oluwatosin King	FR	Governors State	9.33m	30-07.50	1				
			8.60m	9.33m	8.59m				
16 Gabrielle Maxwell	FR	Olivet Nazarene	9.26m	30-04.75	1				
			8.93m	9.01m	9.26m				
17 Olivia Moisa	FR	St. Ambrose	9.06m	29-08.75	1				
			FOUL	8.44m	9.06m				
18 Annika Biel	SR	Trinity Christian	8.88m	29-01.75	1				
			8.20m	8.88m	8.80m				
19 Katelynn Benitez	SO	Trinity Christian	8.11m	26-07.25	1				
			7.66m	8.11m	8.07m				
20 Nyajia Straughter	FR	St. Francis (Ill.)	7.96m	26-01.50	1				
			7.50m	7.96m	7.79m				
21 Rachel Romilus	FR	St. Ambrose	6.51m	21-04.25	1				
			6.34m	FOUL	6.51m				

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Women Weight Throw

CCAC Indoor: * 18.55m 2018 Carlie Vannatta, Olivet Nazarene						
Name	Year	School	Finals		Points	
1 Lana Krohe		JR St. Xavier	13.61m	44-08.00	10	
			13.61m 13.38m FOUL	13.19m 13.46m FOUL		
2 Paige Stefanek		JR Trinity Christian	13.34m	43-09.25	8	
			FOUL 11.85m 13.34m	FOUL 13.12m FOUL		
3 Kaylie Wiedmeyer		SO Viterbo	12.70m	41-08.00	6	
			FOUL 11.08m 11.38m	12.70m 11.68m FOUL		
4 Jamie Sierocki		JR St. Xavier	12.66m	41-06.50	5	
			12.65m FOUL 12.63m	FOUL 12.59m 12.66m		
5 Jaden Hart		JR St. Francis (Ill.)	12.39m	40-07.75	4	
			12.39m 12.10m FOUL	11.56m FOUL 11.59m		
6 Mariah James		FR St. Xavier	11.91m	39-01.00	3	
			11.42m FOUL 11.91m	11.68m 11.64m FOUL		
7 Amariah Scott		SO St. Xavier	11.46m	37-07.25	2	
			11.46m 11.22m 11.37m	11.35m FOUL FOUL		
8 Brianna Neumiller		SO St. Ambrose	11.32m	37-01.75	1	
			FOUL 9.75m 11.32m	11.07m 11.14m FOUL		
9 Julianna Jones		SR St. Ambrose	10.80m	35-05.25		
			10.59m 10.47m 10.08m	FOUL 10.80m 10.11m		
10 Gabrielle Maxwell		FR Olivet Nazarene	10.30m	33-09.50		
			9.75m 10.30m 9.29m			
11 Annika Biel		SR Trinity Christian	9.29m	30-05.75		
			FOUL FOUL 9.29m			
12 Alexis Tomlin		SO St. Ambrose	9.10m	29-10.25		
			FOUL 9.10m FOUL			
13 Katelynn Benitez		SO Trinity Christian	8.92m	29-03.25		
			FOUL 8.92m 8.38m			
14 Nyajia Straughter		FR St. Francis (Ill.)	8.57m	28-01.50		
			8.57m 8.46m FOUL			
-- Alexa Velazquez		JR Trinity Christian	FOUL			
			FOUL FOUL FOUL			

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

CCAC Indoor: * 2:33.71 2018 Bridget Sulek, St. Ambrose				
Name	Year	School	Finals	Points
1 Mary Balashova		SR Olivet Nazarene	2:36.47	614
2 Avery Poppe		FR Viterbo	2:42.19	548
3 Chloe VanderVeen		SR Olivet Nazarene	2:57.86	385
4 Madelyn Harris		SO Olivet Nazarene	3:04.57	324
5 Alonna Nalls		JR Olivet Nazarene	3:51.33	39

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Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

=====
 CCAC Indoor: * 9.19 2020 Maddy Youngers, St. Ambrose
 Name Year School Finals H# Points
 =====

1	Alonna Nalls	JR Olivet Nazarene	9.57	2	794
2	Avery Poppe	FR Viterbo	9.79	2	752
3	Madelyn Harris	SO Olivet Nazarene	10.01	2	710
4	Chloe VanderVeen	SR Olivet Nazarene	10.53	1	616
5	Mary Balashova	SR Olivet Nazarene	10.78	1	573

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

=====
 CCAC Indoor: * 1.64m 2021 Lynette Latocha, Olivet Nazarene
 Name Year School Finals Points
 =====

1	Avery Poppe	FR Viterbo	1.59m	5-02.50	724
	1.17 1.20 1.23 1.26 1.29	1.32 1.35 1.38 1.41 1.44	1.53 1.56 1.59 1.62		
	P P P P P	P P P P P	XO XXO XXO XXX		
2	Alonna Nalls	JR Olivet Nazarene	1.41m	4-07.50	523
	1.17 1.20 1.23 1.26 1.29	1.32 1.35 1.38 1.41 1.44			
	P P P P XO	O O XO O XXX			
2	Chloe VanderVeen	SR Olivet Nazarene	1.41m	4-07.50	523
	1.17 1.20 1.23 1.26 1.29	1.32 1.35 1.38 1.41 1.44			
	P P P P O	O O O O XXX			
4	Mary Balashova	SR Olivet Nazarene	1.29m	4-02.75	399
	1.17 1.20 1.23 1.26 1.29	1.32			
	O XO O XXO O	XXX			
5	Madelyn Harris	SO Olivet Nazarene	1.23m	4-00.50	340
	1.17 1.20 1.23 1.26				
	XO XO O XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

=====
 CCAC Indoor: * 5.23m 2020 Maddy Youngers, St. Ambrose
 Name Year School Finals Points
 =====

1	Avery Poppe	FR Viterbo	5.38m*	17-08.00	665
	5.09m 5.14m 5.38m				
2	Alonna Nalls	JR Olivet Nazarene	4.88m	16-00.25	527
	4.70m FOUL 4.88m				
3	Chloe VanderVeen	SR Olivet Nazarene	4.82m	15-09.75	511
	4.74m 4.82m 4.61m				
4	Madelyn Harris	SO Olivet Nazarene	4.46m	14-07.75	418
	4.46m 4.36m FOUL				
5	Mary Balashova	SR Olivet Nazarene	4.26m	13-11.75	369
	4.21m 4.26m 4.25m				



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Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

CCAC Indoor: * 10.71m 2022		Brenna McGuire, Judson			
Name	Year	School	Finals	Points	
1 Alonna Nalls		JR Olivet Nazarene	11.11m*	36-05.50	602
	11.11m 11.01m 10.02m				
2 Avery Poppe		FR Viterbo	9.15m	30-00.25	474
	8.54m 8.90m 9.15m				
3 Mary Balashova		SR Olivet Nazarene	7.56m	24-09.75	371
	6.79m 7.56m FOUL				
4 Madelyn Harris		SO Olivet Nazarene	6.51m	21-04.25	304
	6.22m 6.19m 6.51m				
5 Chloe VanderVeen		SR Olivet Nazarene	6.49m	21-03.50	302
	FOUL 6.29m 6.49m				

Women Indoor Pentathlon

CCAC Indoor: * 3104 2023		Lana Musa, St. Xavier			
Name	Year	School	Finals	H#	Points
1 Avery Poppe		FR Viterbo	3163*	10	
2 Alonna Nalls		JR Olivet Nazarene	2485	8	
3 Chloe VanderVeen		SR Olivet Nazarene	2337	6	
4 Mary Balashova		SR Olivet Nazarene	2326	5	
5 Madelyn Harris		SO Olivet Nazarene	2096	4	

Women - Team Rankings - 19 Events Scored

1) Olivet Nazarene	279	2) Viterbo	166
3) St. Xavier	102	4) St. Ambrose	69
5) St. Francis (Ill.)	40	6) Trinity Christian	36
7) Governors State	21	8) Judson	13

Men - Team Rankings - 19 Events Scored

1) Olivet Nazarene	258	2) St. Ambrose	209
3) St. Xavier	117.50	4) St. Francis (Ill.)	48
5) Viterbo	33.50	6) Governors State	27
7) Trinity Christian	18	8) Judson	12