

**SAU Tune Up**  
**Roell Indoor Track - St. Ambrose University**  
**Davenport, Iowa - 2/15/2025**  
**Results**

**Men 60 Meter Dash**  
**Top 8 Advance by Time**

Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1 Kameron Bohnsack	SO	St. Ambrose	7.05q	4
2 Jeremiah Steed		Unattached	7.14q	3
3 Zack Trapp	SR	Unattached	7.15q	4
4 Alex Fuller	SO	St. Ambrose	7.20q	4
5 Jackson Baedke	SO	St. Ambrose	7.22q	3 7.216
6 Will Reemtsma		Unattached	7.22q	3 7.220
7 Owen Gulick	SO	St. Ambrose	7.24q	3
8 Sam Koenig	FR	Quincy	7.26q	1 7.253
9 Jaquarion Lewis	SO	St. Ambrose	7.26	2 7.259
10 Jadon Konkell		Unattached	7.27	2
11 Conner Turner	FR	Quincy	7.30	1
12 Ben Wilson	SR	St. Ambrose	7.31	1
13 Charles Huesmann	FR	St. Ambrose	7.35	3
14 Jayden Ruiz	JR	Quincy	7.40	3
15 Hunter Reynolds	FR	Augustana	7.44	4
16 Nathan Koonce	JR	St. Ambrose	7.45	2
17 David Allred		Iowa TC	7.51	2 7.503
18 Collin Ferry	FR	Augustana	7.51	2 7.509
19 Javon Bruce	JR	St. Ambrose	7.57	1 7.562
19 Collin Jeffries	FR	St. Ambrose	7.57	3 7.562
21 Mohamed Benbrahim	FR	Augustana	7.59	2
22 Erik Hite	0	Iowa TC	7.63	1
23 Jimmy Vercoe	JR	Augustana	7.69	2
24 Nolan Dexter		Iowa TC	7.74	1
25 Conner Calhoun	FR	Augustana	7.81	3
26 Aymane Bargaouz	FR	Augustana	7.93	4
27 Kale Cartee	SR	St. Ambrose	8.33	5
28 Luke Benes	SR	St. Ambrose	8.39	5
29 Lu Guetzko		Iowa TC	9.77	4

**Men 60 Meter Dash**

Name	Year	School	Finals
<b>Finals</b>			
1 Kameron Bohnsack	SO	St. Ambrose	7.04
2 Zack Trapp	SR	Unattached	7.13 7.126
3 Jeremiah Steed		Unattached	7.13 7.130
4 Owen Gulick	SO	St. Ambrose	7.23
5 Sam Koenig	FR	Quincy	7.26
6 Jackson Baedke	SO	St. Ambrose	7.32

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**Men 200 Meter Dash**

Name	Year	School	Finals	H#
1 Will Reemtsma		Unattached	22.65	8
2 Jaquarion Lewis	SO	St. Ambrose	22.74	8 22.732
3 Jeremiah Steed		Unattached	22.74	8 22.739
4 Jadon Konkell		Unattached	23.15	6
5 Isaac Nolan	SO	St. Ambrose	23.24	6
6 Aidan Buford	FR	Augustana	23.89	6
7 Hunter Reynolds	FR	Augustana	24.03	4
8 Mohamed Benbrahim	FR	Augustana	24.17	5
9 Nathan Koonce	JR	St. Ambrose	24.25	5
10 Brayden Veil	FR	Augustana	24.39	4
11 Jayden Ruiz	JR	Quincy	24.55	4
12 Josh Vook	FR	Augustana	24.58	4
13 Collin Ferry	FR	Augustana	24.60	2
14 Collin Jeffries	FR	St. Ambrose	24.78	2
15 Nolan Dexter		Iowa TC	25.20	2
16 Jimmy Vercoe	JR	Augustana	25.37	5
17 Conner Calhoun	FR	Augustana	25.76	1
18 Aymane Bargaouz	FR	Augustana	25.92	2
19 Jacob Canida		Iowa TC	31.62	1

**Men 400 Meter Dash**

Name	Year	School	Finals	H#
1 Ben Char	JR	Augustana	50.56	3
24.615 (24.615)		53.710 (29.095)		
2 Jackson Baedke	SO	St. Ambrose	51.06	3
23.111 (23.111)		51.052 (27.942)		
3 John Murray	FR	Augustana	53.39	1
24.527 (24.527)		53.385 (28.859)		
4 Bayley Pierce	FR	Augustana	53.71	3
23.062 (23.062)		50.551 (27.490)		
5 Curtis Baldwin	JR	Augustana	58.57	1
26.385 (26.385)		58.564 (32.179)		
6 Jacob Canida		Iowa TC	1:27.65	1
32.035 (32.035)		1:27.644 (55.610)		

**Men 600 Meter Run**

Name	Year	School	Finals
1 Mason Dunn	0	Iowa TC	1:50.08

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**Men 800 Meter Run**

Name	Year	School	Finals	H#
1 Donovan Garro	SR	Augustana	2:00.11	2
29.601 (29.601)	58.756 (29.155)	1:29.437 (30.682)	2:00.104 (30.667)	
2 Jayden Patel	0	Iowa TC	2:00.29	2
29.357 (29.357)	58.917 (29.560)	1:29.659 (30.742)	2:00.287 (30.628)	
3 Ben Milner	FR	Augustana	2:03.34	2
30.275 (30.275)	1:00.125 (29.851)	1:31.419 (31.294)	2:03.337 (31.919)	
4 Thomas Hess	FR	Quincy	2:05.81	2
29.864 (29.864)	59.477 (29.614)	1:32.535 (33.058)	2:05.804 (33.270)	
5 Nathanael Hayford	FR	Unattached	2:11.64	2
30.949 (30.949)	1:03.328 (32.379)	1:37.485 (34.158)	2:11.636 (34.151)	
6 Ted Gray	FR	Augustana	2:12.21	2
29.524 (29.524)	58.489 (28.966)	1:32.844 (34.355)	2:12.201 (39.358)	
7 Gage Gaulrapp	FR	Augustana	2:12.48	2
30.645 (30.645)	1:02.905 (32.260)	1:36.979 (34.074)	2:12.476 (35.498)	
8 Anthony Conard	FR	St. Ambrose	2:12.58	1
33.049 (33.049)	1:06.101 (33.052)	1:40.109 (34.008)	2:12.578 (32.470)	
9 Ben Boatright	FR	St. Ambrose	2:12.92	1
32.535 (32.535)	1:05.777 (33.242)	1:39.819 (34.043)	2:12.919 (33.100)	
10 August Haak	SO	Augustana	2:15.44	1
33.619 (33.619)	1:07.423 (33.804)	1:42.598 (35.175)	2:15.439 (32.842)	
11 Conor McCaffrey	FR	Augustana	2:16.67	1
34.057 (34.057)	1:07.399 (33.343)	1:42.357 (34.958)	2:16.662 (34.306)	
12 Jeffrey Tsao	SO	Augustana	2:16.88	2
31.084 (31.084)	1:03.844 (32.760)	1:40.045 (36.202)	2:16.873 (36.828)	
13 Matthew Ponce	FR	Augustana	2:22.06	1
34.390 (34.390)	1:09.073 (34.683)	1:46.171 (37.099)	2:22.054 (35.883)	
14 Kasey Dose	FR	Augustana	2:26.84	1
34.809 (34.809)	1:10.461 (35.652)	1:48.486 (38.026)	2:26.837 (38.351)	

**Men 1000 Meter Run**

Name	Year	School	Finals
1 Joseph Warning	SR	Unattached	2:45.31
32.438 (32.438)	1:05.137 (32.699)	1:38.754 (33.618)	2:12.762 (34.009)
2:45.309 (32.548)			
2 Gavin Stalzer	JR	St. Ambrose	2:47.06
32.168 (32.168)	1:04.482 (32.315)	1:38.532 (34.050)	2:13.734 (35.202)
2:47.054 (33.320)			
3 Vincent Olson	FR	Quincy	2:50.54
31.915 (31.915)	1:05.661 (33.746)	1:40.371 (34.710)	2:15.617 (35.246)
2:50.539 (34.923)			
4 Jack Degner	FR	St. Ambrose	2:55.63
32.812 (32.812)	1:07.129 (34.318)	1:42.889 (35.760)	2:19.569 (36.680)
2:55.624 (36.055)			

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**....Men 1000 Meter Run**

5 Austin Haskins	JR Quincy	3:00.32	
33.141 (33.141)	1:07.661 (34.520)	1:44.568 (36.908)	2:22.944 (38.376)
3:00.314 (37.370)			

**Men 1 Mile Run**

Name	Year School	Finals	H#
1 Daniel Prochaska	FR Augustana	4:24.02	2
31.123 (31.123)	1:02.694 (31.571)	1:34.732 (32.039)	2:07.974 (33.242)
2:42.684 (34.711)	3:17.648 (34.964)	3:52.404 (34.756)	4:24.018 (31.614)
2 Emiliano Almendariz	SO Augustana	4:32.79	2
32.114 (32.114)	1:05.016 (32.903)	1:38.746 (33.730)	2:13.138 (34.392)
2:47.931 (34.794)	3:23.235 (35.304)	3:59.002 (35.767)	4:32.787 (33.786)
3 Donovan Garro	SR Augustana	4:38.86	2
34.059 (34.059)	1:06.839 (32.780)	1:41.939 (35.100)	2:18.883 (36.944)
2:53.604 (34.722)	3:30.100 (36.496)	4:05.152 (35.052)	4:38.858 (33.706)
4 Grant Trentz	0 Iowa TC	4:39.60	2
34.747 (34.747)	1:07.886 (33.139)	1:42.342 (34.456)	2:18.366 (36.024)
2:53.931 (35.566)	3:28.730 (34.799)	4:04.458 (35.728)	4:39.596 (35.139)
5 Jose Gomez	SO Augustana	4:40.87	2
34.539 (34.539)	1:07.051 (32.512)	1:41.827 (34.776)	2:17.394 (35.567)
2:53.043 (35.650)	3:29.248 (36.206)	4:05.562 (36.314)	4:40.868 (35.307)
6 Zachary Benoit	0 Iowa TC	4:48.37	2
34.080 (34.080)	1:07.724 (33.644)	1:42.631 (34.907)	2:18.696 (36.066)
2:54.875 (36.179)	3:32.695 (37.820)	4:10.567 (37.872)	4:48.363 (37.796)
7 Josh Traugott	SO Augustana	4:52.10	2
35.776 (35.776)	1:11.163 (35.387)	1:48.096 (36.934)	2:25.816 (37.720)
3:03.011 (37.195)	3:40.787 (37.776)	4:18.204 (37.418)	4:52.091 (33.887)
8 Joseph Warning	SR Unattached	4:55.56	2
35.379 (35.379)	1:10.610 (35.231)	1:47.502 (36.892)	2:24.863 (37.362)
3:02.047 (37.184)	3:40.260 (38.214)	4:18.992 (38.732)	4:55.552 (36.560)
9 Ben Milner	FR Augustana	4:56.15	2
35.182 (35.182)	1:10.247 (35.066)	1:47.247 (37.000)	2:26.332 (39.086)
3:05.330 (38.998)	3:43.371 (38.042)	4:20.735 (37.364)	4:56.144 (35.410)
10 Gage Gaulrapp	FR Augustana	4:58.90	2
36.424 (36.424)	1:11.507 (35.083)	1:48.206 (36.699)	2:26.816 (38.611)
3:05.804 (38.988)	3:44.026 (38.222)	4:21.758 (37.732)	4:58.898 (37.140)
11 Tyler Weber	FR Augustana	5:02.19	1
35.347 (35.347)	1:12.140 (36.794)	1:51.025 (38.886)	2:29.775 (38.750)
3:09.024 (39.250)	3:49.105 (40.082)	4:28.129 (39.024)	5:02.188 (34.059)
12 Primo Moreno	SO Augustana	5:03.46	1
38.561 (38.561)	1:15.912 (37.351)	1:54.855 (38.943)	2:34.529 (39.675)
3:14.033 (39.504)	3:52.535 (38.502)	4:30.188 (37.654)	5:03.455 (33.267)
13 Nick Simpson	0 Iowa TC	5:04.26	1
36.480 (36.480)	1:12.992 (36.512)	1:51.403 (38.411)	2:29.819 (38.416)
3:09.069 (39.251)	3:49.131 (40.062)	4:28.241 (39.111)	5:04.257 (36.016)

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**....Men 1 Mile Run**

14 Steven Austin	JR Iowa TC	5:04.51	1		
36.943 (36.943)	1:13.183 (36.240)	1:51.860 (38.678)		2:31.085 (39.226)	
3:10.604 (39.519)	3:50.891 (40.287)	4:30.369 (39.479)		5:04.508 (34.139)	
15 Jeffrey Tsao	SO Augustana	5:06.44	1		
37.392 (37.392)	1:13.491 (36.099)	1:52.216 (38.726)		2:31.448 (39.232)	
3:10.753 (39.306)	3:50.720 (39.967)	4:30.244 (39.524)		5:06.439 (36.195)	
16 Mick Flannery	0 Iowa TC	5:08.96	1		
36.660 (36.660)	1:12.931 (36.271)	1:51.665 (38.735)		2:30.696 (39.031)	
3:10.633 (39.938)	3:51.273 (40.640)	4:32.064 (40.791)		5:08.953 (36.890)	
17 Ashley Bowser	JR Augustana	5:22.63	2		
38.287 (38.287)	1:16.394 (38.107)	1:56.695 (40.302)		2:38.163 (41.468)	
3:19.658 (41.495)	4:00.862 (41.204)	4:42.123 (41.262)		5:22.628 (40.506)	
18 Matthew Ponce	FR Augustana	5:27.35	1		
38.987 (38.987)	1:16.517 (37.531)	1:56.192 (39.675)		2:38.041 (41.850)	
3:20.823 (42.782)	4:04.497 (43.675)	4:48.539 (44.042)		5:27.348 (38.810)	
19 Kasey Dose	FR Augustana	5:31.65	1		
39.664 (39.664)	1:18.361 (38.698)	1:59.681 (41.320)		2:41.707 (42.026)	
3:24.461 (42.755)	4:07.713 (43.252)	4:50.912 (43.199)		5:31.648 (40.736)	
20 Brady Benoit	JR Iowa TC	5:36.94	1		
39.279 (39.279)	1:19.797 (40.519)	2:02.397 (42.600)		2:45.576 (43.179)	
3:29.471 (43.895)	4:13.528 (44.058)	4:57.539 (44.011)		5:36.937 (39.399)	

**Men 3000 Meter Run**

Name	Year School	Finals			
1 Luke Getz	JR St. Ambrose	9:02.03			
34.779 (34.779)	1:10.466 (35.687)	1:46.417 (35.951)		2:23.030 (36.614)	
2:59.570 (36.540)	3:36.270 (36.700)	4:12.843 (36.574)		4:48.863 (36.020)	
5:24.875 (36.012)	6:01.631 (36.756)	6:38.361 (36.730)		7:14.954 (36.594)	
7:51.133 (36.179)	8:27.493 (36.360)	9:02.021 (34.528)			
2 Cade Baker	Iowa TC	9:05.11			
36.551 (36.551)	1:12.125 (35.574)	1:48.115 (35.991)		2:24.609 (36.494)	
3:01.269 (36.660)	3:37.167 (35.899)	4:13.551 (36.384)		4:50.427 (36.876)	
5:27.074 (36.647)	6:04.074 (37.000)	6:40.775 (36.702)		7:18.429 (37.654)	
7:56.097 (37.668)	8:31.606 (35.510)	9:05.101 (33.495)			
3 Noah Maske	SR St. Ambrose	9:10.98			
36.033 (36.033)	1:12.522 (36.490)	1:49.299 (36.778)		2:25.978 (36.679)	
3:02.499 (36.522)	3:38.978 (36.479)	4:15.822 (36.844)		4:52.902 (37.080)	
5:29.845 (36.943)	6:07.041 (37.196)	6:43.759 (36.719)		7:21.413 (37.654)	
7:59.073 (37.660)	8:35.849 (36.776)	9:10.971 (35.123)			
4 Jaden Gocken	SO Augustana	9:19.40			
35.746 (35.746)	1:12.561 (36.815)	1:49.951 (37.391)		2:27.353 (37.402)	
3:05.022 (37.670)	3:42.843 (37.822)	4:21.190 (38.347)		4:59.590 (38.400)	
5:37.687 (38.098)	6:16.082 (38.395)	6:54.193 (38.111)		7:32.539 (38.347)	
8:10.255 (37.716)	8:47.846 (37.591)	9:19.397 (31.551)			

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**....Men 3000 Meter Run**

5 Collin Delagrangé	SO Unattached	9:23.83		
36.349 (36.349)	1:12.815 (36.467)	1:49.446 (36.631)	2:26.267 (36.822)	
3:02.793 (36.526)	3:39.267 (36.475)	4:16.627 (37.360)	4:53.779 (37.152)	
5:31.758 (37.979)	6:10.741 (38.983)	6:49.610 (38.870)	7:27.945 (38.335)	
8:06.713 (38.768)	8:46.022 (39.310)	9:23.823 (37.802)		
6 Kevin Chaney	JR St. Ambrose	9:25.86		
37.075 (37.075)	1:14.010 (36.935)	1:51.749 (37.739)	2:29.614 (37.866)	
3:07.670 (38.056)	3:46.137 (38.467)	4:24.469 (38.332)	5:02.806 (38.338)	
5:41.590 (38.784)	6:20.761 (39.171)	7:00.445 (39.684)	7:39.653 (39.208)	
8:18.213 (38.560)	8:55.255 (37.043)	9:25.857 (30.602)		
7 Ian Eller	JR St. Ambrose	9:26.70		
36.109 (36.109)	1:12.315 (36.207)	1:49.077 (36.762)	2:25.410 (36.334)	
3:01.585 (36.175)	3:37.538 (35.954)	4:14.630 (37.092)	4:52.727 (38.098)	
5:31.450 (38.723)	6:10.401 (38.951)	6:50.042 (39.642)	7:29.049 (39.007)	
8:07.870 (38.822)	8:47.687 (39.818)	9:26.699 (39.012)		
8 Liam Storie	FR Augustana	9:40.92		
35.169 (35.169)	1:11.682 (36.514)	1:48.895 (37.214)	2:26.483 (37.588)	
3:04.559 (38.076)	3:42.963 (38.404)	4:21.449 (38.486)	5:00.182 (38.734)	
5:39.806 (39.624)	6:20.158 (40.352)	7:00.665 (40.507)	7:41.658 (40.994)	
8:22.303 (40.646)	9:02.753 (40.450)	9:40.919 (38.167)		
9 Alex Gazarek	SR Augustana	9:45.28		
35.373 (35.373)	1:11.845 (36.472)	1:48.762 (36.918)	2:25.695 (36.934)	
3:02.215 (36.520)	3:38.743 (36.528)	4:16.250 (37.507)	4:54.990 (38.740)	
5:34.239 (39.250)	6:15.366 (41.127)	6:57.238 (41.872)	7:40.398 (43.160)	
8:22.001 (41.603)	9:04.254 (42.254)	9:45.277 (41.023)		
10 Jude Mintle	SO Quincy	10:12.30		
38.351 (38.351)	1:17.907 (39.556)	1:57.897 (39.990)	2:39.145 (41.248)	
3:19.795 (40.651)	4:01.694 (41.899)	4:43.109 (41.415)	5:24.623 (41.515)	
6:06.238 (41.615)	6:47.638 (41.400)	7:29.603 (41.966)	8:10.994 (41.391)	
8:52.542 (41.548)	9:33.221 (40.679)	10:12.299 (39.079)		
11 Owen Weinfurtnér	FR Quincy	10:14.36		
37.965 (37.965)	1:17.574 (39.610)	1:57.573 (39.999)	2:38.822 (41.250)	
3:19.526 (40.704)	4:01.403 (41.878)	4:42.866 (41.463)	5:24.419 (41.554)	
6:06.318 (41.899)	6:47.894 (41.576)	7:30.161 (42.267)	8:12.319 (42.159)	
8:54.299 (41.980)	9:35.273 (40.974)	10:14.358 (39.086)		
12 Mitch Dolynchuk	JR Augustana	10:46.23		
38.483 (38.483)	1:17.345 (38.862)	1:57.235 (39.891)	2:38.577 (41.342)	
3:20.035 (41.459)	4:02.118 (42.083)	4:44.098 (41.980)	5:27.357 (43.259)	
6:12.397 (45.040)	6:57.681 (45.284)	7:42.915 (45.235)	8:28.859 (45.944)	
9:15.409 (46.550)	10:00.919 (45.511)	10:46.227 (45.308)		

**Men 60 Meter Hurdles**  
**Top 8 Advance by Time**

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Name	Year	School	Prelims H#
=====			
Preliminaries			
1 AJ Banks	SO	Augustana	8.49q 2
2 Landon Sprous	FR	Quincy	8.74q 1

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**....Men 60 Meter Hurdles**

3	Brayden Veil	FR Augustana	8.84q	2
4	Bayley Pierce	FR Augustana	9.03q	2
5	Mike Hudson	SR Augustana	9.09q	1
6	Nathan Koonce	JR St. Ambrose	9.17q	2
7	Dominic Ricci	FR Quincy	9.22q	1
8	David Allred	Iowa TC	9.36q	1
9	Josh Vook	FR Augustana	9.39	1
10	Conner Calhoun	FR Augustana	9.50	1
11	Curtis Baldwin	JR Augustana	9.98	2
12	Aymane Bargaouz	FR Augustana	11.49	1

**Men 60 Meter Hurdles**

Name	Year School	Finals
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Finals

1	AJ Banks	SO Augustana	8.28
2	Landon Sprous	FR Quincy	8.61
3	Brayden Veil	FR Augustana	8.71
4	David Allred	Iowa TC	8.79
5	Bayley Pierce	FR Augustana	8.93
6	Dominic Ricci	FR Quincy	9.14
7	Nathan Koonce	JR St. Ambrose	9.27
--	Mike Hudson	SR Augustana	FS

**Men 4x400 Meter Relay**

School	Finals
1 Augustana 'B'	3:37.53
1) Mike Hudson SR	2) John Murray FR
3) Curtis Baldwin JR	4) Emiliano Almendariz SO
2 Augustana 'C'	x3:38.66
1) Jaymel Brackens FR	2) Jimmy Vercoe JR
3) Ben Milner FR	4) Aymane Bargaouz FR
3 Quincy	3:40.40
1) Landon Sprous FR	2) Jarvis Thompson SO
3) Sam Koenig FR	4) Dominic Ricci FR
4 Augustana 'D'	x3:41.26
1) Bayley Pierce FR	2) Donovan Garro SR
3) Conner Calhoun FR	4) Ted Gray FR
5 Augustana	x3:41.43
1) AJ Banks SO	2) Beans Rice FR
3) Daniel Prochaska FR	4) Ben Char JR

**SAU Tune Up**  
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**Men 4x800 Meter Relay**

School	Finals
1 St. Ambrose	7:50.36
1) Tommy Ashby SR	2) Trae Corby SR
3) Chris Miserendino JR	4) Dylan Grandon SO
1:53.805 (1:53.805) 3:50.733 (1:56.929) 5:49.157 (1:58.425) 7:50.352 (2:01.195)	

**Men Distance Medley**

School	Finals
1 St. Ambrose	10:11.17
1) Chris Miserendino JR	2) Ben Wilson SR
3) Dylan Grandon SO	4) Will Dowda SR
2 St. Ambrose 'B'	x11:33.93
1) Tommy Ashby SR	2) Charles Huesmann FR
3) Nathan Boleyn JR	4) Jack Degner FR

**Men High Jump**

Name	Year School	Finals
1 Isaac Nolan	SO St. Ambrose	1.75m 5-08.75
1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75		
P P P P O O O XXO		
2 Gerard Cabrera Espinach	FR Augustana	1.70m 5-07.00
1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75		
P P P P O O XO XXX		
3 Aiden Haag	SO St. Ambrose	1.65m 5-05.00
1.40 1.45 1.50 1.55 1.60 1.65 1.70		
P P P P O XXO XXX		
4 August Haak	SO Augustana	1.40m 4-07.00
1.40 1.45		
O XXX		

**Men Pole Vault**

Name	Year School	Finals
1 Joshua Mottet	JR St. Ambrose	4.48m 14-08.25
2.53 2.83 3.13 3.28 3.43 3.58 3.73 3.88 4.03 4.18 4.33 4.48 4.65		
P P P P P P P P P XXO XO O XXP		
2 Arthur Atwell	Team Thomas	4.33m 14-02.50
2.53 2.83 3.13 3.28 3.43 3.58 3.73 3.88 4.03 4.18 4.33 4.48		
P P P P P P P O P XO XO XXX		
3 Justin Bowers	JR St. Ambrose	4.03m 13-02.50
2.53 2.83 3.13 3.28 3.43 3.58 3.73 3.88 4.03 4.18		
P P P P P P P XO O XXX		





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**....Men Pole Vault**

4	Dakota Straight	SR Augustana	3.88m	12-08.75
	2.53 2.83 3.13 3.28 3.43 3.58 3.73 3.88 4.03			
	P P P P P P XO O XXX			
5	Dominic Neely	JR St. Ambrose	J3.88m	12-08.75
	2.53 2.83 3.13 3.28 3.43 3.58 3.73 3.88 4.03			
	P P P O O O XO XO XXX			
6	Collin Ferry	FR Augustana	3.73m	12-02.75
	2.53 2.83 3.13 3.28 3.43 3.58 3.73 3.88			
	P P P O O O XO XXX			
7	Mike Hudson	SR Augustana	3.58m	11-09.00
	2.53 2.83 3.13 3.28 3.43 3.58 3.73			
	P P P O O O XXX			
8	Brayden Combs	FR Unattached	3.13m	10-03.25
	2.53 2.83 3.13 3.28			
	P P XO XXX			
9	Zander VandeSand	FR Augustana	2.83m	9-03.25
	2.53 2.83 3.13			
	O O XXX			
10	August Haak	SO Augustana	J2.83m	9-03.25
	2.53 2.83 3.13			
	O XO XXX			

**Men Long Jump**

=====						
Name	Year	School	Finals			
=====						
1	Jack Thompson	FR Quincy	6.94m	22-09.25		
	6.39m 6.82m	FOUL 6.94m 6.93m 6.75m				
2	Jerron Baker	FR Quincy	6.39m	20-11.75		
	6.20m 6.19m 5.85m	6.14m 6.24m 6.39m				
3	Jarvis Thompson	SO Quincy	6.21m	20-04.50		
	FOUL 5.66m 6.21m	6.20m 6.01m 6.14m				
4	Gerard Cabrera Espinach	FR Augustana	6.20m	20-04.25		
	6.13m 6.06m 6.01m	6.06m 6.20m 6.10m				
5	Conner Turner	FR Quincy	6.13m	20-01.50		
	6.13m FOUL FOUL FOUL	FOUL 6.09m				
6	Mike Hudson	SR Augustana	6.07m	19-11.00		
	5.84m 5.84m 6.07m	6.05m PASS PASS				
7	Charlie Kallal	FR Quincy	5.93m	19-05.50		
	5.93m 5.93m 5.67m	5.66m FOUL FOUL				
8	Anthony Bianchi	SR St. Ambrose	5.76m	18-10.75		
	5.76m FOUL 5.62m	PASS PASS PASS				
9	Aiden Haag	SO St. Ambrose	5.63m	18-05.75		
	5.37m 5.61m 5.63m	5.55m 5.63m 5.56m				
10	Landon Rivera	FR St. Ambrose	5.20m	17-00.75		
	5.20m 4.96m 4.73m					
11	Lu Guetzko	Iowa TC	2.90m	9-06.25		
	2.90m FOUL FOUL					



**SAU Tune Up**  
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**Men Triple Jump**

Name	Year	School					Finals	
1 Jack Thompson	FR	Quincy					13.65m	44-09.50
			13.65m	13.11m	13.62m	13.62m	FOUL	13.45m
2 Jerron Baker	FR	Quincy					13.29m	43-07.25
			12.14m	12.60m	13.29m	13.24m	12.96m	13.26m
3 Charlie Kallal	FR	Quincy					12.55m	41-02.25
			12.02m	12.42m	12.52m	12.55m	12.22m	FOUL
4 Jarvis Thompson	SO	Quincy					12.20m	40-00.50
			11.78m	11.50m	12.20m	PASS	PASS	PASS
5 Landon Rivera	FR	St. Ambrose					10.75m	35-03.25
			10.52m	10.53m	10.46m	10.56m	10.55m	10.75m

**Men Shot Put**

Name	Year	School					Finals		H#
1 Jonah Wilson	SR	St. Ambrose					16.05m	52-08.00	2
			FOUL	14.62m	15.26m	16.05m	FOUL	15.88m	
2 Magnus Wells	JR	Augustana					15.20m	49-10.50	2
			14.86m	FOUL	15.15m	14.92m	FOUL	15.20m	
3 Joseph Reinhart	SO	St. Ambrose					15.13m	49-07.75	2
			14.78m	FOUL	14.34m	15.13m	14.25m	FOUL	
4 Kyle Uhl	SR	St. Ambrose					15.07m	49-05.50	2
			FOUL	FOUL	15.07m	FOUL	14.51m	14.51m	
5 Logan Lefils	SO	St. Ambrose					14.04m	46-00.75	2
			12.93m	14.04m	13.64m	12.89m	12.97m	12.31m	
6 Brandt Williams	NA	Unat-St. Ambrose					12.61m	41-04.50	2
			12.61m	12.08m	11.62m				
7 Eryn Carreno	FR	Augustana					12.47m	40-11.00	2
			11.39m	FOUL	12.47m	FOUL	FOUL	11.90m	
8 Mike Hudson	SR	Augustana					12.43m	40-09.50	1
			11.19m	11.82m	12.43m				
9 Jequan Johnson	FR	Augustana					12.21m	40-00.75	1
			12.16m	FOUL	11.48m	FOUL	12.21m	FOUL	
10 Evan Santilli	FR	Augustana					J12.21m	40-00.75	2
			12.21m	12.03m	FOUL	FOUL	11.78m	11.91m	
11 Landon Wierenga	SO	Augustana					12.00m	39-04.50	1
			11.75m	FOUL	12.00m				
12 Taylor Snook	FR	St. Ambrose					J12.00m	39-04.50	1
			FOUL	12.00m	FOUL				
13 Banks Dieckman	FR	Augustana					11.95m	39-02.50	1
			11.85m	FOUL	11.95m				
14 Marcus Steen	FR	St. Ambrose					11.27m	36-11.75	1
			10.85m	11.27m	FOUL				
15 Jacob Brown	FR	Augustana					J11.27m	36-11.75	1
			11.27m	FOUL	FOUL				
16 Jude Rowell	FR	Augustana					10.89m	35-08.75	1
			10.89m	9.95m	10.68m				

**SAU Tune Up**  
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**....Men Shot Put**

17 Justin Russell	SO Augustana	8.91m	29-02.75	1
8.82m 8.91m 8.60m				
-- Damian Alba	FR Augustana	JFOUL		1
-- Evan Carroll	FR Quincy	FOUL		2
FOUL FOUL FOUL				

**Men Weight Throw**

Name	Year School	Finals	H#
1 Magnus Wells	JR Augustana	18.39m 60-04.00	2
16.51m 16.21m 17.93m	FOUL FOUL	18.39m	
2 Peter Knaus	SR Unattached	17.36m 56-11.50	2
16.81m 17.22m 17.36m			
3 Landon Wierenga	SO Augustana	15.74m 51-07.75	2
FOUL 15.74m	FOUL FOUL FOUL		
4 Joseph Reinhart	SO St. Ambrose	15.05m 49-04.50	2
15.05m	FOUL FOUL FOUL		
5 Evyn Carreno	FR Augustana	12.85m 42-02.00	2
FOUL 12.39m	FOUL FOUL 12.85m 12.74m		
6 Micah Bischoff	SO Augustana	12.83m 42-01.25	1
12.26m 12.83m 12.48m	12.40m FOUL 11.94m		
7 Marcus Steen	FR St. Ambrose	12.74m 41-09.75	1
11.20m 10.98m 12.30m	FOUL 12.74m 12.60m		
8 Banks Dieckman	FR Augustana	12.26m 40-02.75	1
FOUL 11.55m 12.26m	12.05m FOUL FOUL		
9 Anthony Woods	SR St. Ambrose	12.23m 40-01.50	1
12.23m	FOUL FOUL FOUL FOUL FOUL		
10 Brandt Williams	NA Unat-St. Ambrose	12.21m 40-00.75	2
FOUL FOUL 12.21m			
11 Evan Carroll	FR Quincy	12.09m 39-08.00	2
11.58m 10.94m 11.29m	FOUL 11.85m 12.09m		
12 Jacob Brown	FR Augustana	11.33m 37-02.25	1
FOUL 11.33m	FOUL		
13 Justin Russell	SO Augustana	10.23m 33-06.75	1
10.23m 10.08m	FOUL		
-- Jequan Johnson	FR Augustana	FOUL	2
FOUL FOUL FOUL			
-- Evan Santilli	FR Augustana	FOUL	2
FOUL FOUL FOUL			
-- Anthony Spiezio	FR St. Ambrose	FOUL	1
FOUL FOUL FOUL			

