

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

Girls 55 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1	Jeorgia	Evans	9	Mid-Prairie	7.34 8 10
2	Taylor	Wing	12	Maquoketa	7.36 8 8
3	Leah	Lambe	9	Bellevue	7.52 8 6
4	Jordan	Tegeler	10	Northeast	7.58 8 5
5	Avery	Recker	11	Regina	7.64 8 4
6	Cora	Widel	11	Maquoketa	7.69 7 3
7	Tayla	Leibfried	12	Bellevue	7.82 8 2
8	Reese	Naeve	11	Regina	7.83 2 1
9	Gabrielle	LA Rue	11	Anamosa	7.87 8
10	Addi	Schultes	11	West Branch	7.89 8
11	Emma	Meincke	12	Durant	7.95 7
12	Bella	Dellege	11	Tipton	7.97 6
13	Lauren	Oltmanns	10	Anamosa	7.98 7
14	Myli	Hershberger	10	Mid-Prairie	8.02 7
15	Laney	Steines	9	Bellevue	8.06 7
16	Hannah	Rodgers	11	Mid-Prairie	8.09 7
17	Jeorgia	Neumann	12	Camanche	8.10 7 8.091
18	Abren	Bazal	10	Wilton	8.10 2 8.100
19	Riele	Burken	11	Northeast	8.12 6
20	Tessa	Bombai	9	Mid-Prairie	8.15 7
21	Margaret	White	9	Regina	8.17 3
22	Ryley	Galloway	9	Maquoketa	8.21 6
23	Maddie	Recker	11	Cascade	8.22 6
24	Alivia	Barnard	11	Durant	8.24 6
25	Izzy	Snyder	9	Cascade	8.26 6
26	Karleigh	Hansen	10	Northeast	8.37 5
27	Karlee	Hansen	9	West Branch	8.38 1
28	Cadence	James	11	Maquoketa	8.46 5 8.453
29	Jasalyn	Jensen	11	Camanche	8.46 6 8.458
30	Shaylynn	Albrecht	10	Anamosa	8.50 5
31	Julia	Ambundo	12	Monticello	8.55 6
32	Emily	Garcia	11	West Liberty	8.59 3
33	Emersyn	Green	12	Cascade	8.60 4
34	Leah	Caffery	10	Wilton	8.62 2 8.611
35	Vanessa	Steines	9	Bellevue	8.62 5 8.619
36	Emma	Frake	9	Cascade	8.68 4
37	Briseyda	Rodriguez	11	Beckman Catholic	8.70 5
38	Thelma	Henricksen	10	Camanche	8.71 5
39	Gemma	Haas	9	Monticello	8.74 4
40	Gianna	Westhoff	12	Beckman Catholic	8.81 5
41	Izzy	Reck	9	Anamosa	8.83 5
42	Paige	Thomas	11	Tipton	8.84 4
43	Catalina	McGrane	10	Beckman Catholic	9.01 4
44	Maggie	Trueblood	10	Tipton	9.04 2
45	Maria	Rogriquez	10	Beckman Catholic	9.11 3
46	Avalynn	Miller	9	West Liberty	9.13 3

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls 55 Meter Dash

47 Kaelin Hahn	9 Durant	9.14	4
48 Emma Hardersen	10 Monticello	9.32	4
49 McKenna Ware	9 Durant	9.48	3
50 Ana Lower	11 Northeast	9.51	4
51 Sadie Johnson	10 Camanche	9.61	2
52 Emily Mejia	9 West Liberty	9.67	3
53 Adalyn Monk	10 Monticello	9.68	3
54 Brittany De La Cerda	9 West Liberty	10.38	3

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Jeorgia Evans	9	Mid-Prairie	26.34	7	10
2 Taylor Wing	12	Maquoketa	26.53	7	8
3 Cora Widel	11	Maquoketa	27.41	7	6
4 Leah Lambe	9	Bellevue	27.49	6	5
5 Avery Recker	11	Regina	27.72	7	4
6 Lauren Oltmanns	10	Anamosa	28.72	6	3
7 Reese Naeve	11	Regina	28.77	7	2
8 Kate Green	12	Cascade	28.80	5	1
9 Gabrielle LA Rue	11	Anamosa	28.82	6	
10 Tayla Leibfried	12	Bellevue	28.93	6	
11 Kaitlyn Besler	12	Beckman Catholic	29.47	3	
12 Rieley Burken	11	Northeast	29.52	5	
13 Raelyn Schroeder	11	Northeast	29.70	5	
14 Rachel Reeves	9	Northeast	29.72	4	
15 Ella Keune	11	Regina	29.77	6	
16 Sierra Crowner	9	Mid-Prairie	29.96	6	
17 Makayla Paar	10	Cascade	30.11	3	
18 Laila Atkinson	10	Monticello	30.19	5	
19 Kennedy Simpson	11	West Branch	30.20	1	
20 Dani Crutchley	10	West Branch	30.48	3	
21 Alivia Barnard	11	Durant	30.67	4	
22 Ava Zimmerman	11	Monticello	30.69	5	
23 Paige Thomas	11	Tipton	31.08	2	
24 Cadence James	11	Maquoketa	31.15	1	
25 Claire Recker	10	Beckman Catholic	31.27	2	
26 Emily Garcia	11	West Liberty	31.41	4	
27 Brianna Krusey	11	Camanche	31.51	3	
28 Adison Daufeldt	12	Durant	31.67	4	
29 Eva Marnin	9	Mid-Prairie	31.99	5	
30 JayLyn Burroughs	10	West Liberty	32.11	4	
31 Emersyn Green	12	Cascade	32.20	2	
32 Thelma Henricksen	10	Camanche	32.32	2	
33 Avery Jurgens	10	Monticello	32.36	3	
34 Kayla Burkle	12	Beckman Catholic	32.63	2	
35 Izzy Reck	9	Anamosa	32.84	3	
36 Kaelin Hahn	9	Durant	33.01	1	

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

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37 Alyssa Lenz	11 West Liberty	33.82	4
38 Jordan Hennings	12 Bellevue	35.07	2
39 Katlynn Waite	9 West Branch	35.16	1
40 Gracie Haack	11 Camanche	37.42	1

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Jordan Tegeler	10	Northeast	59.83	7	10
2 Ella Hein	10	Tipton	1:02.05	7	8
3 Cora Widel	11	Maquoketa	1:03.09	6	6
4 Justice Armbruster	11	Maquoketa	1:03.87	6	5
5 Lexi Skay	11	West Branch	1:04.74	6	4
6 Peyton Ries	10	Monticello	1:05.22	6	3
7 Rylee Wing	12	Maquoketa	1:06.70	5	2
8 Jeorgia Neumann	12	Camanche	1:06.74	7	1
9 Kyrie Poll	10	Mid-Prairie	1:06.89	6	
10 Miya Pitz	9	Beckman Catholic	1:06.95	6	
11 Lauren Heying	9	Anamosa	1:07.39	5	
12 Autumn Domeyer	10	Beckman Catholic	1:07.52	5	
13 Avery Recker	11	Regina	1:08.58	7	
14 Karleigh Hansen	10	Northeast	1:09.32	4	
15 Leah Sickels	10	Regina	1:09.73	5	
16 Olivia Becker	9	West Branch	1:09.92	1	
17 Karley McCombie	9	Bellevue	1:10.80	1	
18 Calie Waltz	11	Camanche	1:10.85	4	
19 Averi Janecek	10	Mid-Prairie	1:12.61	5	
20 Elle Iske	9	West Liberty	1:12.71	3	
21 Paige Thomas	11	Tipton	1:12.76	2	
22 Brooke Heying	11	Anamosa	1:13.25	4	
23 Halia Gade	9	West Branch	1:13.76	3	
24 Gabby Hingtgen	11	Bellevue	1:14.20	4	
25 Zoey Hagen	12	Tipton	1:14.80	1	
26 Ellie Brown	12	Beckman Catholic	1:15.54	3	
27 Vanessa Steines	9	Bellevue	1:17.85	3	
28 Macy Dusanek	11	Monticello	1:18.27	4	
29 Clara Simon	9	West Liberty	1:18.34	2	
30 Kendal Gruman	9	Durant	1:18.41	2	
31 Jessica Mach	12	Wilton	1:18.45	3	
32 Paige Pumphrey	9	Monticello	1:19.93	4	
33 McKenna Ware	9	Durant	1:20.87	2	
34 Ana Lower	11	Northeast	1:24.20	2	
35 Abbi Nylin	12	Camanche	1:24.73	3	
36 Rosemary Coreas	9	West Liberty	1:35.10	2	
-- Jeorgia Evans	9	Mid-Prairie	DQ	7	didn't fin. in lane

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

Girls 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Grace Hamann	9	West Branch	2:25.35	3	10
2 Izzy Hardin	11	Maquoketa	2:26.94	3	8
3 Rachel Hostetler	9	Mid-Prairie	2:29.32	3	6
4 Teryn Hansen	11	Northeast	2:33.03	3	5
5 Hallie Kelchen	11	Cascade	2:40.08	3	4
6 Riley Buttz	9	Maquoketa	2:43.11	3	3
7 Charlett Smith	9	Monticello	2:43.42	3	2
8 Rebekah Wallington	11	Mid-Prairie	2:44.95	3	1
9 Alexa Fitzgerald	10	Tipton	2:47.60	3	
10 Ava Remley	11	Anamosa	2:49.37	3	
11 Carley Conrad	9	Cascade	2:49.93	2	
12 Caejyn Helgens	12	Anamosa	2:54.42	2	
13 Autumn Domeyer	10	Beckman Catholic	2:57.04	2	
14 Elise Hein	10	Durant	2:57.70	2	
15 Skyler Wright	10	Durant	2:57.74	2	
16 Katie Stadtmueller	10	Monticello	2:58.64	2	
17 Krishel Kalina	12	Camanche	3:01.67	1	
18 Ella Gibson	9	Maquoketa	3:03.95	1	
19 Mya Bodecker	10	Tipton	3:04.98	3	
20 Lilly Kraft	11	Wilton	3:06.36	2	
21 Ellie Johnson	11	Regina	3:09.50	2	
22 Kayla Shady	10	Monticello	3:09.66	1	
23 Addison Mente	9	Tipton	3:12.01	1	
24 Caitlyn Harrison	11	West Branch	3:12.43	2	
25 Andrea Schneider	10	Beckman Catholic	3:17.00	1	
26 Geneva Fairlie	12	Camanche	3:17.19	1	
27 Alaina Safly	11	Mid-Prairie	3:18.32	2	
28 Stella Elder	10	West Liberty	3:31.63	1	
29 Ximena Valenzuela	10	West Liberty	3:33.98	1	
30 Kendal Gruman	9	Durant	3:35.13	1	
31 Jacinta Westhoff	9	Beckman Catholic	3:35.21	1	

Girls 1500 Meter Run

Name	Year	School	Finals	H#	Points
1 Izzy Hardin	11	Maquoketa	4:53.28	2	10
2 Grace Hamann	9	West Branch	4:58.01	2	8
3 Rachel Hostetler	9	Mid-Prairie	5:10.66	2	6
4 Brooklyn Stutzman	10	Mid-Prairie	5:14.94	2	5
5 Hallie Kelchen	11	Cascade	5:18.26	2	4
6 Leah Koehler	12	Monticello	5:21.25	2	3
7 Delany Homan	10	Camanche	5:35.95	2	2
8 Ruby Greving	11	Regina	5:46.60	2	1
9 Charlotte Ihns	9	Maquoketa	5:46.95	1	
10 Gretchyn Fairlie	12	Camanche	5:49.22	2	
11 Carley Conrad	9	Cascade	5:54.66	1	

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls 1500 Meter Run

12 Bri Kearney	11 Monticello	5:54.83	1
13 Addison Guerra	10 West Liberty	5:59.51	2
14 Caejyn Helgens	12 Anamosa	6:16.93	1
15 Skyler Wright	10 Durant	6:25.73	1
16 Ivy Reschly	12 Mid-Prairie	6:30.44	1
17 Elise Hein	10 Durant	6:32.82	1
18 Ellie Johnson	11 Regina	6:35.85	2
19 Caitlyn Harrison	11 West Branch	6:36.03	1
20 Audrey Fort	11 Anamosa	6:37.48	1
21 Natalie Bailey	9 Wilton	6:39.48	1
22 Shelby Griebat	11 Tipton	7:11.19	1
23 Kathryne Sundstrom	10 Anamosa	7:35.58	1

Girls 55 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Kate Green	12	Cascade	8.70	6	10
2 Reese Naeve	11	Regina	8.83	6	8
3 Justice Armbruster	11	Maquoketa	9.42	6	6 9.414
4 Makayla Paar	10	Cascade	9.42	6	5 9.417
5 Sophie Miller	11	Mid-Prairie	9.51	5	4
6 Maelyn Kluever	11	Maquoketa	9.64	6	3
7 Molly Roling	12	Cascade	9.66	6	2
8 Addison Frake	11	Cascade	9.79	6	1
9 Natalyn Tarr	9	Northeast	9.95	5	
10 Natalie Besler	10	Beckman Catholic	10.01	6	10.001
11 Kaitlyn Besler	12	Beckman Catholic	10.01	5	10.009
12 Paityn Daedlow	10	Tipton	10.21	5	
13 Raelyn Schroeder	11	Northeast	10.27	4	10.268
14 Mariah Alpen	12	Durant	10.27	5	10.270
15 Alivia Garcia	10	West Liberty	10.28	2	
16 Addison Norton	10	Monticello	10.29	5	
17 Betsy Gavin	9	Regina	10.30	1	
18 Jayleen Kivi	11	West Liberty	10.35	2	
19 Claire Johnson	9	Northeast	10.41	5	10.406
20 Eleanor Brehm	9	Beckman Catholic	10.41	3	10.408
21 Ella Keune	11	Regina	10.48	1	
22 Olivia Schlabach	11	Mid-Prairie	10.49	4	
23 Sierra Cowner	9	Mid-Prairie	10.51	4	
24 Charlett Smith	9	Monticello	10.58	3	
25 Ava Oberbroecking	10	Beckman Catholic	10.60	3	
26 Macy Dusanek	11	Monticello	10.62	2	
27 Rachel Reeves	9	Northeast	10.63	4	
28 Amber Wolf	12	West Branch	10.72	3	
29 Claire Trimpe	9	Mid-Prairie	10.76	4	
30 Clara Simon	9	West Liberty	10.87	2	
31 Kennedy Simpson	11	West Branch	10.88	4	10.872
32 Emily Meier	11	Tipton	10.88	3	10.874

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls 55 Meter Hurdles

33 Atty Moore	10 Maquoketa	10.94	2	
34 Kylee Hahn	11 Durant	10.96	4	
35 Aleigha Campie	10 Camanche	11.07	3	
36 Jenie Gomez	11 West Branch	11.08	4	11.074
37 Halia Gade	9 West Branch	11.08	2	11.076
38 Brynn Goettsch	12 Durant	11.35	3	
39 Adison Daufeldt	12 Durant	11.61	3	
40 Zoey Hagen	12 Tipton	12.05	1	
41 Karley Tobiason	10 Monticello	12.48	2	

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Maquoketa	1:51.70	5	10
1) Maelyn Kluever 11	2) Taylor Wing 12		
3) Millie Wing 9	4) Cora Widell 11		
2 Cascade	1:52.19	5	8
1) Molly Roling 12	2) Leona Manternach 9		
3) Addison Frake 11	4) Kate Green 12		
3 Bellevue	1:53.78	5	6
1) Tayla Leibfried 12	2) Bella Leibfried 10		
3) MaKinley Scheckel 9	4) Leah Lambe 9		
4 Northeast	1:54.93	5	5
1) Natalyn Tarr 9	2) Jordan Tegeler 10		
3) Teryn Hansen 11	4) Claire Johnson 9		
5 Mid-Prairie	1:54.95	5	4
1) Myli Hershberger 10	2) Tessa Bombei 9		
3) Ruby Miller 10	4) Hannah Rodgers 11		
6 Durant	1:55.09	4	3
1) Elise Jones 10	2) Emma Meincke 12		
3) Ally Meincke 10	4) Mazie Timmerman 10		
7 Beckman Catholic	1:55.57	4	2
1) Maggie Cassidy 9	2) Paige Fangmann 10		
3) Sienna Rahe 9	4) Lillie Womer 9		
8 Anamosa	1:55.81	4	1
1) Gabrielle LA Rue 11	2) Regan Nebergall 12		
3) Gabbi Kjormoe 11	4) Lauren Oltmanns 10		
9 Tipton	1:56.66	5	
1) Bella Dellege 11	2) Annie Beeler-Allen 11		
3) Paityn Daedlow 10	4) Tatum Nebergall 12		
10 West Branch	1:58.33	4	
1) Addi Schultes 11	2) Dani Crutchley 10		
3) Jenie Gomez 11	4) Lexi Skay 11		
11 Northeast 'B'	x1:58.35	3	
1) Riele Burken 11	2) Karleigh Hansen 10		
3) Rachel Reeves 9	4) Raelyn Schroeder 11		
12 West Liberty	1:59.68	4	
1) Sully Hall 10	2) Chandler Gingerich 10		

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls 4x200 Meter Relay

3) Kylee Daufeldt 9	4) Nevaeh Beans 10		
13 Durant 'B'		x1:59.70	3
1) Alivia Barnard 11	2) Kylee Hahn 11		
3) Mariah Alpen 12	4) Adison Daufeldt 12		
14 Bellevue 'B'		x1:59.89	2
1) Cydney Tath 11	2) Laney Steines 9		
3) Karley McCombie 9	4) Bel Sieverding 10		
15 Camanche		2:00.57	3
1) Jasalyn Jensen 11	2) Brianna Krusey 11		
3) Miley Duritza 12	4) Jeorgia Neumann 12		
16 Beckman Catholic 'B'		x2:01.02	3
1) Becca Goerdts 12	2) Judith Williams 12		
3) Vivienne Rahe 9	4) Kate Goerdts 9		
17 Regina		2:01.35	3
1) Margaret White 9	2) Caitlyn Bell 11		
3) Leah Sickels 10	4) Lily Nibaur 10		
18 Monticello		2:01.53	4
1) Laila Atkinson 10	2) Brynn Schmit 10		
3) Avery Jurgens 10	4) Ava Zimmerman 11		
19 Mid-Prairie 'B'		x2:03.35	2
1) Sophie Miller 11	2) Eva Marnin 9		
3) Claire Trimpe 9	4) Sierra Crowner 9		
20 Anamosa 'B'		x2:05.38	3
1) Izzy Reck 9	2) Grace Miner 9		
3) Bekah Bonifazi-King 9	4) Kennedy Thompson 10		
21 Tipton 'B'		x2:08.24	1
1) Zoey Hagen 12	2) Emily Meier 11		
3) Paige Thomas 11	4) Maggie Trueblood 10		
22 Monticello 'B'		x2:10.01	2
1) Mallory McElmeel 9	2) Gemma Haas 9		
3) Karley Tobiason 10	4) Emma Hardersen 10		
23 West Liberty 'B'		x2:10.10	2
1) Porter Maurer 10	2) Camila Verdinez 9		
3) Sofia Rocha 9	4) JayLyn Burroughs 10		
24 West Branch 'B'		x2:11.19	2
1) Alyssa Vargason 11	2) Karlee Hansen 9		
3) Katlynn Waite 9	4) Greta Voss 9		
25 Maquoketa 'B'		x2:12.72	2
1) Lou Hausmann 11	2) Holly Manders 12		
3) Macklyn McCloughlin 9	4) Ava Ferguson 9		
26 Camanche 'B'		x2:15.17	1
1) Izzy Cinadr 9	2) Kaityln Lathrop 9		
3) Aleigha Campie 10	4) Sadie Johnson 10		
27 Cascade 'B'		x2:22.05	1
1) Emma Frake 9	2) Emersyn Green 12		
3) Julia Knepper 9	4) Josie Green 9		

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Cascade	4:18.34	4	10
1) Molly Roling 12	2) Leona Manternach 9		
3) Addison Frake 11	4) Kalynn Lamey 12		
2 West Branch	4:20.36	4	8
1) Lexi Skay 11	2) Olivia Becker 9		
3) Addi Schultes 11	4) Grace Hamann 9		
3 Northeast	4:20.76	4	6
1) Natalyn Tarr 9	2) Claire Johnson 9		
3) Teryn Hansen 11	4) Jordan Tegeler 10		
4 Maquoketa	4:23.61	4	5
1) Justice Armbruster 11	2) Kalyn Hackman 12		
3) Rylee Wing 12	4) Natalie Hackman 9		
5 Monticello	4:28.36	3	4
1) Peyton Ries 10	2) Brynn Schmit 10		
3) Addison Norton 10	4) Ava Capron 12		
6 Tipton	4:29.37	4	3
1) Ella Hein 10	2) Tatum Nebergall 12		
3) Paityn Daedlow 10	4) Zoe Holstein 11		
7 Beckman Catholic	4:31.82	3	2
1) Miya Pitz 9	2) Paige Fangmann 10		
3) Maggie Cassidy 9	4) Eleanor Brehm 9		
8 Durant	4:34.59	3	1
1) Emma Meincke 12	2) Ally Meincke 10		
3) Elise Jones 10	4) Mazie Timmerman 10		
9 Bellevue	4:36.54	2	
1) Jade Sprout 12	2) MaKinley Scheckel 9		
3) Bella Leibfried 10	4) Kenzingten Scheckel 9		
10 Mid-Prairie	4:36.76	4	
1) Ruby Miller 10	2) Hannah Rodgers 11		
3) Kyrie Poll 10	4) Kendal Landstrum 10		
11 Beckman Catholic 'B'	x4:39.25	2	
1) Sienna Rahe 9	2) Vivienne Rahe 9		
3) Judith Williams 12	4) Kaitlyn Besler 12		
12 West Liberty	4:42.14	3	
1) Kylee Daufeldt 9	2) Addison Guerra 10		
3) Alivia Garcia 10	4) Porter Maurer 10		
13 Anamosa	4:42.27	2	
1) Kennedy Thompson 10	2) Regan Nebergall 12		
3) Lauren Heying 9	4) Gabbi Kjormoe 11		
14 Tipton 'B'	x4:42.33	2	
1) Anniese Beeler-Allen 11	2) Bella Dellege 11		
3) Laura Owen 12	4) Alexa Fitzgerald 10		
15 West Branch 'B'	x4:42.88	2	
1) Lander Malloy 9	2) Cassie Swisher 10		
3) Alyssa Vargason 11	4) Amber Wolf 12		
16 Camanche	4:46.55	2	
1) Jasalyn Jensen 11	2) Delany Homan 10		

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls 4x400 Meter Relay

3) Calie Waltz 11	4) Jeorgia Neumann 12	
17 Mid-Prairie 'B'	x5:01.66	3
1) Rebekah Wallington 11	2) Claire Trimpe 9	
3) Averi Janecek 10	4) Brooklyn Stutzman 10	
18 Cascade 'B'	x5:03.21	1
1) Hallie Kelchen 11	2) Carley Conrad 9	
3) Maddie Recker 11	4) Emma Frake 9	
19 Camanche 'B'	x5:13.43	1
1) Emma Cleveland 10	2) Toni Ebersberger 9	
3) Aleigha Campie 10	4) Izzy Cinadr 9	
20 Monticello 'B'	x5:17.84	1
1) Gemma Haas 9	2) Mallory McElmeel 9	
3) Macy Dusanek 11	4) Brianna Kearney 11	
21 Maquoketa 'B'	x5:20.87	1
1) JoAnna Ochoa 10	2) Holly Manders 12	
3) Emily Siegrist 9	4) Evelyn Nelson 12	

Girls 4x800 Meter Relay

School	Finals	Points
1 Monticello	10:20.63	10
1) Peyton Ries 10	2) Brynn Schmit 10	
3) Leah Koehler 12	4) Ava Capron 12	
2 Mid-Prairie	10:31.88	8
1) Rachel Hostetler 9	2) Tessa Brokaw 9	
3) Brooklyn Stutzman 10	4) Kendal Landstrum 10	
3 Maquoketa	10:42.54	6
1) Natalie Hackman 9	2) Riley Buttz 9	
3) Ella Gibson 9	4) Kalyn Hackman 12	
4 Tipton	11:07.85	5
1) Laura Owen 12	2) Zoe Holstein 11	
3) Alexa Fitzgerald 10	4) Karli Hines 12	
5 Bellevue	11:14.31	4
1) Gabby Hingtgen 11	2) MaKinley Scheckel 9	
3) Jade Sprout 12	4) Kenzingten Scheckel 9	
6 Anamosa	11:16.21	3
1) Brooke Heying 11	2) Lauren Heying 9	
3) Regan Cunningham 10	4) Ava Remley 11	
7 Camanche	11:35.32	2
1) Gretchyn Fairlie 12	2) Geneva Fairlie 12	
3) Toni Ebersberger 9	4) Delany Homan 10	
8 Mid-Prairie 'B'	x11:35.80	
1) Hannah Rodgers 11	2) Rebekah Wallington 11	
3) Braelee Yoder 9	4) Kyrie Poll 10	
9 Wilton	11:59.81	1
1) Natalie Bailey 9	2) Lilly Kraft 11	
3) Jessica Mach 12	4) Audra Coss 11	
10 Tipton 'B'	x12:22.21	



River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls 4x800 Meter Relay

- | | |
|--------------------|-------------------------|
| 1) Mya Bodecker 10 | 2) Chloe Seydel 9 |
| 3) Addison Mente 9 | 4) Shelby Griebat 11 |
| 11 West Liberty | 12:51.35 |
| 1) Elle Iske 9 | 2) Madelyn Deahr 10 |
| 3) Stella Elder 10 | 4) Ximena Valenzuela 10 |

Girls 1600 Sprint Medley

School	Finals	H#	Points
1 Tipton	4:36.46	2	10
1) Bella Dellege 11	2) Tatum Nebergall 12		
3) Zoe Holstein 11	4) Laura Owen 12		
2 Maquoketa	4:37.77	2	8
1) Ryley Galloway 9	2) Millie Wing 9		
3) Kalyn Hackman 12	4) Natalie Hackman 9		
3 Mid-Prairie	4:39.09	1	6
1) Myli Hershberger 10	2) Tessa Bombei 9		
3) Ruby Miller 10	4) Kendal Landstrum 10		
4 Bellevue	4:50.16	2	5
1) Tayla Leibfried 12	2) Bella Leibfried 10		
3) MaKinley Scheckel 9	4) Kenzingten Scheckel 9		
5 Cascade	4:55.77	1	4
1) Makayla Paar 10	2) Izzy Snyder 9		
3) Maddie Recker 11	4) Kalynn Lamey 12		
6 Regina	4:56.34	2	3
1) Margaret White 9	2) Lily Nibaur 10		
3) Caitlyn Bell 11	4) Harper Erwin 11		
7 Anamosa	5:00.33	1	2
1) Shaylynn Albrecht 10	2) Grace Miner 9		
3) Bekah Bonifazi-King 9	4) Regan Cunningham 10		
8 West Branch	5:01.11	1	1
1) Rena Holmes 11	2) Jenie Gomez 11		
3) Lander Malloy 9	4) Cassie Swisher 10		
9 Wilton	5:01.96	2	
1) Abren Bazal 10	2) Leah Caffery 10		
3) Kinsey Drake 12	4) Audra Coss 11		
10 Camanche	5:02.85	1	
1) Brianna Krusey 11	2) Miley Duritza 12		
3) Emma Cleveland 10	4) Toni Ebensberger 9		
11 West Liberty	5:27.87	2	
1) Chandler Gingerich 10	2) Alivia Garcia 10		
3) Nevaeh Beans 10	4) Sully Hall 10		

Girls High Jump

Name	Year School	Finals	Points
1 Tatum Nebergall	12 Tipton	5-00.00	1.52m 10



River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls High Jump

2 Tessa Bombei	9 Mid-Prairie	J5-00.00	1.52m	8
3 Leona Manternach	9 Cascade	4-10.00	1.47m	6
4 Kinsey Drake	12 Wilton	4-08.00	1.42m	5
5 Rilynn Buesing	12 Durant	J4-08.00	1.42m	4
6 Taylor Luensmann	9 Beckman Catholic	J4-08.00	1.42m	3
7 Lexi Skay	11 West Branch	4-06.00	1.37m	1.50
7 Miya Pitz	9 Beckman Catholic	4-06.00	1.37m	1.50
9 Myli Hershberger	10 Mid-Prairie	J4-06.00	1.37m	
10 Alyssa Vargason	11 West Branch	4-04.00	1.32m	
10 McKenna Hiller	10 West Liberty	4-04.00	1.32m	
10 Lillie Womer	9 Beckman Catholic	4-04.00	1.32m	
13 Kaityln Lathrop	9 Camanche	4-02.00	1.27m	
13 Emma Cleveland	10 Camanche	4-02.00	1.27m	
15 Nevaeh Beans	10 West Liberty	4-00.00	1.21m	
-- Julia Ambundo	12 Monticello	NH		
-- Avalynn Miller	9 West Liberty	NH		

Girls Long Jump

Name	Year	School	Finals	Points
1 Georgia Evans	9	Mid-Prairie	17-10.00	5.43m 10
2 Ella Hein	10	Tipton	16-08.00	5.08m 8
3 Taylor Wing	12	Maquoketa	16-07.00	5.05m 6
4 Sully Hall	10	West Liberty	16-04.00	4.97m 5
5 Kinsey Drake	12	Wilton	15-11.00	4.85m 4
6 Abren Bazal	10	Wilton	15-06.00	4.72m 3
7 Ruby Miller	10	Mid-Prairie	15-05.00	4.69m 2
8 Claire Trimpe	9	Mid-Prairie	15-04.00	4.67m 1
9 Raelyn Schroeder	11	Northeast	14-09.00	4.49m
10 Karley McCombie	9	Bellevue	14-06.00	4.41m
10 Paityn Daedlow	10	Tipton	14-06.00	4.41m
12 Mariah Alpen	12	Durant	14-03.00	4.34m
13 Cydney Tath	11	Bellevue	13-11.00	4.24m
13 Addi Schultes	11	West Branch	13-11.00	4.24m
15 Kylee Hahn	11	Durant	13-06.00	4.11m
16 Emily Garcia	11	West Liberty	13-01.00	3.98m
17 Kendal Gruman	9	Durant	12-10.00	3.91m
18 Bel Sieverding	10	Bellevue	12-08.00	3.86m
19 Izzy Snyder	9	Cascade	11-03.00	3.42m
-- Ana Lower	11	Northeast	FOUL	
-- Atty Moore	10	Maquoketa	FOUL	
-- Izzy Cinadr	9	Camanche	FOUL	
-- JoAnna Ochoa	10	Maquoketa	FOUL	
-- Abbi Nylin	12	Camanche	FOUL	

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

Girls Shot Put

Name	Year	School	Finals	H#	Points
1 Alyssa Pierce	12	West Branch	37-05.00	11.40m	3 10
2 Paige Irvine	11	Camanche	36-03.00	11.04m	3 8
3 Harper Pacha	11	Mid-Prairie	33-03.00	10.13m	3 6
4 Adalee Klein	10	Regina	33-00.00	10.05m	3 5
5 Miley Duritza	12	Camanche	32-06.00	9.90m	3 4
6 Emeé Himes-Luensman	10	Monticello	31-07.00	9.62m	3 3
7 Jordyn Schmidt	10	Tipton	31-05.00	9.57m	3 2
8 Crystal Bonifazi-King	11	Anamosa	31-01.00	9.47m	3 1
9 Alexis Adnew	9	Northeast	29-08.00	9.04m	3
10 Kasey Frommelt	9	Anamosa	29-05.00	8.96m	1
11 Brynn Goettsch	12	Durant	28-00.00	8.53m	3
12 Emma Kromminga	10	Monticello	27-05.00	8.35m	2
13 Danika Pratt	10	Tipton	27-04.00	8.33m	2
14 Renee Cook	10	Maquoketa	26-10.00	8.17m	2
15 Porter Maurer	10	West Liberty	26-05.00	8.05m	2
16 Leah Caffery	10	Wilton	26-03.00	8.00m	2
17 Kylee McElmeel	9	Monticello	26-01.00	7.95m	2
18 Kendal Dierickx	9	Durant	26-00.00	7.92m	1
19 Ashley Swift	12	Wilton	25-08.00	7.82m	1
20 Dessa Poll	12	Mid-Prairie	25-05.00	7.74m	2
20 MacKayla Cavanagh	10	Maquoketa	25-05.00	7.74m	2
22 Hadli Schultz	10	Camanche	25-03.00	7.69m	2
22 Stephan Sophia	9	Cascade	25-03.00	7.69m	3
24 Madilyn Koch	10	Maquoketa	24-08.00	7.51m	2
25 Emma Barrick	12	Beckman Catholic	24-07.00	7.49m	3
26 Emma Creed	10	Mid-Prairie	24-00.00	7.31m	2
27 Juliana Gleason	10	Bellevue	22-11.00	6.98m	1
28 Jillilyn Kessler	12	Tipton	22-07.00	6.88m	1
29 Delaney Blindt	9	West Branch	21-08.00	6.60m	1
30 Millie Fuhrmann	9	Regina	21-04.00	6.50m	2
31 Emily Rennert	9	Durant	21-00.00	6.40m	1
32 Audrey Zoller	9	Anamosa	20-01.00	6.12m	1
33 Kara Felton	9	Cascade	19-03.00	5.86m	1
34 Josie Green	9	Cascade	17-05.00	5.30m	1
35 Gisselle Sanchez Antonio	9	West Liberty	17-03.00	5.25m	1
36 Emeri Pooch	9	West Branch	17-01.00	5.20m	1

Women - Team Rankings - 13 Events Scored

1) Maquoketa	103	2) Mid-Prairie	87
3) Cascade	55	4) Tipton	46
5) West Branch	42.50	6) Northeast	31
7) Bellevue	28	7) Regina	28
9) Monticello	25	10) Camanche	17
11) Wilton	13	12) Anamosa	10
13) Beckman Catholic	8.50	14) Durant	8
15) West Liberty	5		

River Valley Conference Championships
University of Dubuque - A.Y. McDonald Indoor Track
Dubuque, Iowa - 3/25/2025
Results

....Girls Shot Put

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Men - Team Rankings - 13 Events Scored
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1) Mid-Prairie	79.50	2) Anamosa	59
3) Cascade	47	4) Northeast	43.50
5) Camanche	41	6) West Liberty	35
6) Tipton	35	8) West Branch	32
9) Bellevue	31	10) Durant	22
11) Regina	20.50	12) Wilton	20
13) Beckman Catholic	16	14) Maquoketa	14.50
15) Monticello	11		