St. Ambrose University Girls High School Invite 2027

March 16, 2027

Host: St. Ambrose University

Location: Wellness & Recreation Center – W Lombard St. Davenport, IA 52803

Entries: Entries will be done through ia.milesplit.com/

Entry Deadline: Noon on Monday March 15, 2027

Timing: AccuRace Timing Services – www.accuracetiming.com

Entry Limits: 3 entries per individual event, 1 relay – please be honest with entry times/marks.

Entry Fee: $150 per team per gender. Checks payable to St. Ambrose University – Track & Field

Team camps: Locationas will be handed out in team packets or contact the meet director on meet day.

Spectators: Admissions is $5

Spikes: ¼' pyramid spikes only. Spikes will be checked at the clerking table and at field event venue.

Trainers: SAU Athletic Trainers will be on site. They will apply tape but please bring your own tape.

Results: Results will be online at accuracetiming.com, live results through the day. Full results will be emailed to head coaches.

Meet Director: Tyler Mulder (563) 449-6610 muldertyler@sau.edu

Parking: Please park busses near the intersection of gaines St. & Lombard, we will have overflow bus parking near St. Vincent's Softball Field.

Weigh-ins: Throwing Implements must be weighed in at the throwing venue upon arrival prior to the event.

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3:00 PM Long Jump (triple jump to follow – Not Scored)

3:00 PM Shot Put

3:00 PM High Jump

3:00 PM Pole Vault (not scored)

3:30 PM 3000m Run

4x800m Relay

60m Hurdles

60m Dash

800m

4x200m Relay

400m Dash

1600m

200m Dash

4x400m Relay