

3 Rivers Conference Cross Country Meet 2026

Monday, October 12th 2026

Westby High School

Participating Teams : Aquinas, Holmen, Logan, Longfellow, Onalaska, Sparta, Tomah, West Salem, Westby.

Start Times - 3:00 Course Opens for Preview

4:00 pm Girls "B" Race (Unlimited entries, score top 5)

* please note, the following start times are estimates, we will start the following races early if possible to ensure completion of all races prior to dark.

4:30 pm Boys "B" Race (Unlimited entries, score top 5)

5:00 pm Girls "A" Race (limited to 7 entries, score top 5)

5:30 pm Boys "A" Race (limited to 7 entries, score top 5)

Registration - will be through MileSplit at <https://wi.milesplit.com/>. The deadline will be Saturday the 10th at noon.

Course - The course will be run on the Westby High School Course. This is located behind the middle school/high school complex. The High School address is 206 West Ave S, Westby. Both races are set for a 2 mile distance.

Buses - Please encourage your buses to park on Highland Street. Many drivers will pull into the parking lot for our HS Football field and drop off kids prior to parking. From there athletes will have a relatively short walk across our softball fields and down the hill to our CC course. There are bathrooms available near this drop off. The bathrooms are in a white corrugated steel building overlooking the softball fields. If you arrive after 3:25 your bus can park in the middle school parking lot. This parking lot is on Nelson street between the middle and elementary schools.

Packets - Pick up Packets at the tent near the finish line

Team Camps - Please set team camps and tents on the practice football field.

Concessions - Will be available, no carry-ins please.

Restrooms - Porta-potties are available just north of the finish line. Bathrooms can be accessed in a building north of the softball fields.

Results - Accurace

Lane Assignments

Lane 1 Sparta

Lane 2 Aquinas

Lane 3 Tomah

Lane 4 Westby

Lane 5 Onalaska

Lane 6 West Salem

Lane 7 Longfellow

Lane 8 Holmen

Lane 9 Logan

* Please remind spectators that dogs are not permitted at a WIAA event unless they are official service dogs.

*If you have questions contact Kevin Sherry - kevin.sherry@westby-norse.org

