

**2025 ASSUMPTION LAST CHANCE DRAKE RELAYS QUALIFIER
ASSUMPTION HIGH SCHOOL
1020 W. CENTRAL PARK AVE. DAVENPORT, IA
APRIL 17th, 2025
4:30 P.M. FIELD EVENTS
5:00 P.M. RUNNING EVENTS**

BOYS TEAMS:

Assumption, Bettendorf, Camanche, Central DeWitt, Clear Creek Amana, Davenport Central, Davenport North, North Scott, Solon, Williamsburg

GIRLS TEAMS:

Assumption, Bettendorf, Camanche, Central DeWitt, Clear Creek Amana, North Scott, Prince of Peace, Solon, Waukee Northwest, Williamsburg

AWARDS and SCORING:

No team scores or medals, this meet is all about putting up performances

ENTRIES and ENTRY FEE: \$150.00 per team/per gender. AccuRace Timing Services.
www.ia.milesplit.com

Admission: \$8.00

2 Varsity Individual events, 1 Varsity Relay

Entries will be Due on Wednesday April 16th at 12:00 PM.

COACHES:

The track surface is a Rekortan M99, 15 MM system. The track has eight lanes. Up to 3/8" inch spikes may be worn. Shot Put and Discus rings are concrete. There will be a first call and a final call-in which runner need to report by to the clerk of course in the staging area near the start line of their race. Please make sure your athletes are aware of the order for running events. The order of events is enclosed. Limited facilities are available at the stadium, so teams should come dressed. We have added porta potties to reduce some of the bathroom lines. There will be a concession stand available. We ask that all spectators stay in the stands. We only want competing athletes and athletes warming up in the competition area. All warmups are to be done on the back stretch of the track and infield. Please encourage your parents and fans to bring lawn chairs as spectator seating will be limited during our ever-developing expansion of our seating for the new facility.

Team Camps: Outside the fence in the greenspace

DAVENPORT ASSUMPTION

TRACK & FIELD

LAST CHANCE DRAKE QUALIFIER

FIELD EVENTS 4:30 PM

Girls Shot Put/Boys Shot Put, 3 Prelims, 3 Finals (Top 8)

Boys Discus/Girls Discus, 3 Prelims, 3 Finals (Top 8)

Girls High Jump (4'6") /Boys High Jump (5'6") 5 - Alive Format

Boys Long Jump/Girls Long Jump, 3 Prelims, 3 Finals (Top 8)

RUNNING EVENTS- All Finals 5:00 PM

Girls 800 M Sprint Medley Relay (100,100,200,400)

Boys 800 M Sprint Medley Relay (100,100,200,400)

Girls 3000M Run

Boys 3200M Run

Girls 4 x 800M Relay

Boys 4 x 800M Relay

Girls Shuttle Hurdle Relay (33")

Boys Shuttle Hurdle Relay (36")

Girls 100M Dash

Boys 100M Dash

W/C 100M

Girls 1,600 M Distance Medley Relay (200,200,400,800)

Boys 1,600 M Distance Medley Relay (200,200,400,800)

Girls 400M Dash

Boys 400M Dash

W/C 400M

Girls 4 x 200M Relay

Boys 4 x 200M Relay

Girls 100M Hurdles (33")

Boys 110 High Hurdles (39")

Girls 800M Run

Boys 800M Run

Girls 200M Dash

Boys 200M Dash

W/C 400M

Girls 400M Hurdles (30")

Boys 400M Hurdles (30")

Girls 1,500M Run

Boys 1,600M Run

Girls 4 x 100M Relay

Boys 4 x 100M Relay

Girls 4 x 400M Relay

Boys 4 x 400M Relay

Results can be found at: www accuracetimeing.com

DAVENPORT ASSUMPTION

TRACK & FIELD

EVENT	STAGGER START	START LINE	FINISH LINE	HURDLE MARK	EXCHANGE ZONES		
					1	2	3
100 M Dash		Yellow	White				
200 M Dash	1 Turn	White	White				
400 M Dash	2 Turn	White	White				
800 M Run	1 Turn		White				
1500 M Run		White	White				
1600/3200 M Run		White	White				
3000 M Run		White	White				
5,000 M Run		White	White				
10,000 M Run		White	White				
100 M Hurdles (Girls)		Yellow	White	Yellow			
110 M H Hurdles (Boys)			White	Blue			
400 M Hurdles	2 Turn	Yellow	White	Green			
10-Flight Shuttle M Hurdles (W)		White	White	White			
10-Flight Shuttle M Hurdles (M)		Black	White	Black			
Steeplechase		White	White	White			
4 x 100 M Relay	2 Turn	Yellow/White	White		Yellow	Yellow	Yellow
4 x 200 M Relay	4 Turn	White	White		White	White	Yellow
4 x 400 M Relay	3 Turn	Blue/White	White		Blue	Green	Green
4 x 800 M Relay	1 Turn	Green/White	White		Green	Green	Green
800 M Sprint Medley Relay	3 Turn	Blue/White	White		Blue	Blue	Black Start Black/Blue End
1600 M Distance Medley Relay	3 Turn	Blue/White	White		Blue	Black Start Black/Blue End	Green

TRACK MARKINGS