



**RIVERDALE GINGER MORREY TRACK & FIELD INVITATIONAL**

Riverdale High School  
Muscodia, WI 53573  
608-739-3116

**Athletic Director:** Curt Thompson    **Head Coach:** Brooke DeWitt    **Principal:** Sarah Gruen

**WHEN:**            Saturday 5-3-25

**WHERE:**          Riverdale High School Track

**TIME:**            Field events begin at 9:00am; running begins at 9:30am  
Coaches meeting at 8:30am in the press box.

**Entry Fee:**      \$200.00

**ENTRIES:** All entries will be done online at <http://wi.milesplit.com>, entries end on Friday May 2nd, at 12:00pm. Please make sure you log in so that you do not have problems later in the week. All results will be posted on [www accuracetimeing.com](http://www accuracetimeing.com). Contact Clark Jillson at [chvjillson@aol.com](mailto:chvjillson@aol.com) if you have trouble logging in.

**\*ALL WIAA RULES APPLY – 3 entries per event with a maximum of 28 total entries. One relay team per relay event.**

**Spikes:** Only ¼” pyramid spikes may be used on this track.

**\*\* Please do not use tape on track or runways. Chalk will be provided\*\***

**Scratches:** Scratches and changes can be done in the track garage, no additions.

**Coaches meeting at 8:30 a.m. in the Press box near track.** Scratches and replacements can be made immediately upon arrival in the track garage.

**Field Events will begin at 9:00am**

**\*. The athletes will get 4 attempts in all field events.**

\*Girls Shot Put – followed by Boys

\*Boys Discus– followed by Girls

\*Long Jump – Both – Open Pit until 11:00am

\*Triple Jump – Both – Open Pit until 11:00am

\*Boys Pole Vault followed by Girls – starting heights determined at coaches meeting

\*Girls High Jump followed by Boys – starting heights determined at coaches meeting

**Running events will begin at 9:30 a.m.**

**AWARDS:** Team plaques will be awarded to 1<sup>st</sup> and 2<sup>nd</sup> place team. Medals awarded 1<sup>st</sup>-3<sup>rd</sup> place.

**RESULTS:** Will be posted to [www accuracetimeing.com](http://www accuracetimeing.com) following the meet.

**CONCESSIONS:** We will have a concession stand available.

**\*\*Please clean up your team camp before you leave. \*\***

**9:30AM Running Events: \*\*Events will be combined when possible\*\***

3200m Relay – Girls  
3200m Relay - Boys  
100m Hurdles – Girls  
110m Hurdles – Boys  
100m Dash – Girls  
100m Dash – Boys  
1600m Run – Girls  
1600m Run – Boys  
4 x 200m Relay – Girls  
4 x 200m Relay – Boys  
400m Dash – Girls  
400m Dash – Boys  
4 x 100m Relay – Girls  
4 x 100m Relay – Boys  
300m Hurdles – Girls  
300m Hurdles – Boys  
800m Run – Girls  
800m Run – Boys  
200m Dash – Girls  
200m Dash – Boys  
3200m Run – Girls  
3200m Run – Boys  
4 x 400m Relay – Girls  
4 x 400m Relay – Boys

**\*\*SCHEDULE IS ROLLING\*\***