

Hayward CC

"It's a different kind of fun!"

To: Athletic Directors and Cross Country coaches from Ashland, Barron, Cameron, Cumberland, Hayward, Ladysmith, Northwestern, Saint Croix Falls, Spooner, Unity

From: Josh Turnbull (AD) and Joy Keller (Head Coach)

Re: 2026 HON Conference Cross Country Meet on 10/13/2026

We are looking forward to seeing you on Tuesday, October 13th, for the HON Conference Cross Country Meet. The meet will be held at the Birkie Trailhead in Cable. Follow 63 to Cable and turn East on County Road M for approximately 2.2 miles to Telemark Road. Take a right on Telemark Road and follow it for about 2.5 miles to the Birkie Start Trailhead.

Location:

American Birkebeiner Trailhead
42010 Telemark Rd
Cable, WI 54821

Schedule:

3:30 Course opens

4:00 Coach's meeting at the start line

4:20 pm National Anthem and Announcements

4:30 pm HS Girls

5:00 pm HS Boys

Awards to follow: Top 15 individual medals as well as Conference Plaques for 1st place teams at the conclusion of the Boys Race near the finish.

Timing: Registration will be through MileSplit at <https://wi.milesplit.com/> Please register by noon on Saturday October 10th.

Lane Assignments: Random draw: Northwestern - 1, Cameron - 2, Spooner - 3, Ashland - 4, Saint Croix Falls - 5, Hayward - 6, Unity - 7, Barron - 8, Ladysmith - 9, Cumberland - 10

Spectator Parking: Follow Telemark Road into the Birkie Trailhead venue. Spectator parking will be marked on the left. There will be a pedestrian pathway from the parking area to the race start and finish line areas. Please see maps for specifics.

Bus Parking: Team buses will have designated parking closer to the Derksen Great Hall

Team Tents: Will be along the fencing outside the starting and finishing area

Restrooms: There will be Restrooms or Porta Potties available for use.

Concessions: There will be a concession stand with pizza and a selection of snacks and drinks available.

Athletic Trainer: We will have our athletic trainer, Jennifer Sobota, on site at the start/finish area.

Spectators: Are welcome anywhere on the course and in a designated area at the start/finish area. No pets please.

Course Notes: This course is spectator friendly, with the race being two loops and the start and finish areas near each other. The course is marked with turn flags and flagging at major intersections. Every effort will be made to mark obstacles on the course. Maps are attached and additional maps will be available on the day of the meet.

Please remind your athletes and spectators...

- Stay on designated trails.
- Please pick up trash.
- Pets are not allowed.

We look forward to seeing you soon on Oct.13th! Feel free to contact us with any questions.

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BIRKIE TRAILHEAD
MIDDLE SCHOOL BOYS AND GIRLS ONE LAP 1.5 MILES
HIGH SCHOOL GIRLS AND BOYS TWO LAPS 5K

