

# 54<sup>th</sup> Annual Boys' / 47<sup>th</sup> Annual Girls'

## Logan Track and Field Invitational

Tuesday, April 22<sup>nd</sup>, 2025

### Competing Schools

Arcadia      Caledonia      G-E-T      La Crescent - Hokah      Logan      Tomah

**CONSTRUCTION IN 2025:** Please tell your parents that there are NO BLEACHERS along the homestretch this year at Swanson Field as we renovate that portion of the stadium! Parents can bring their foldable chairs and set up along that area to watch the meet, there is still a lot of room in that area. The bleachers along the backstretch are still there for fans and coaches to use. Thank you in advance for your patience as we update our facility. ☺

### General Information

**Date:** Tuesday, April 22<sup>nd</sup>, 2025

**Site:** Swanson Field – Logan High School

**Starting Time:** Field events will begin at **4:00** and running events will begin at **4:15**

**Entry Fee:** \$250.00 for Boys and Girls (Combined)

**Coaches Meeting:** 3:45 by the Timing Tent at the finish line

**Entries:** **THREE** entries per school in each open event, one relay team.

**Entries are due on Sunday, April 20<sup>th</sup> at 11:59pm**

**Entries will be taken through AccuraceTiming at [www accuracetimeing.com](http://www accuracetimeing.com)**

**Please go to the website in advance and familiarize yourself with it to avoid problems**

**PV Forms:** Please bring your state's weight verification form to the coaches meeting or give it directly to the Pole Vault event judge.

**Rules:** Same as the WIAA, four total event limitation with no more than three being running events or field events. Minnesota schools will follow their own state restrictions.

**Scoring: 10-8-6-5-4-3-2-1 in all events.** We can only take 6 to finals in the 100/110 hurdles and 100 dash, so we will score places 7 and 8 from results in trials

**Lane Assignments:** Lanes will be seeded by time, according to entries submitted. Lanes will be seeded in the following order – 3-4-2-5-1-6 (6 lane track)

**Equipment:** Blocks will be provided. Please bring your own batons. Athletes will be allowed to use spikes no larger than ¼". Pyramid spikes only, please.

**Miscellaneous:** Athletes are allowed to warm-up in the infield, but the only other people allowed in the infield of the track are contestants in uniform warming up for an upcoming event and meet officials. Meet management reserves the right to reduce the number of "allowed" people in the infield should the area become too congested. **All soccer balls, footballs & Frisbees are to be kept back at your school. Thank you for your efforts on this!!!!**

Any ????? - Joe Hackbarth 608-498-7107 or email [jhackbar@lacrossesd.org](mailto:jhackbar@lacrossesd.org)

\*\*\*SCHEDULE\*\*\*

2025 Logan Track & Field Invitational  
Order of Events

- Boys Discus first, followed by the Girls. Four throws, No Finals.
- Girls Shot Put first, followed by the Boys. Four throws, No Finals.
  - Wheelchair SP will throw at the start of the Girls SP competition
- Boys Pole Vault to completion, followed by the Girls.
- The Boys Triple Jump and Girls Long Jump will be run cafeteria style from 4:00 to 5:15pm, with four jumps and no finals. The Boys Long Jump and the Girls Triple Jump will be run cafeteria style from 5:30 to 6:45pm, with four jump and no finals.
- Girls High Jump to completion, followed by the Boys. (5-Alive Method)

**Trials: 4:15** 100M High Hurdles – Girls Trials  
110M High Hurdles – Boys Trials  
100M Dash – Girls Trials  
100m Dash – Boys Trials  
4x800M Relay – Girls (One section on time)  
4x800M Relay – Boys (One section on time)

We will NOT follow a time schedule for the meet once the Hurdle Finals begin  
We will NOT run the Girls 100H Final before 5:00 **UNLESS** weather conditions warrant  
us to roll the meet through after the 4x8 races

**5:00** 100M High Hurdles – Girls Final  
110M High Hurdles – Boys Final  
100M Dash – Girls Final  
100M Dash – Boys Final  
1600M Run – Girls Final (One section on time)  
1600M Run – Boys Final (One section on time)  
4x200M Relay – Girls (One section on time)  
4x200M Relay - Boys (One section on time)  
400M Dash - Girls (3-4 sections on time)  
400M Dash – Boys (3-4 sections on time)  
4x100M Relay – Girls (One section on time)  
4x100M Relay – Boys (One section on time)  
300M Low Hurdles – Girls (3-4 sections on time)  
300M Intermediate Hurdles – Boys (3-4 sections on time)  
800M Run – Girls (1-2 sections on time)  
800M Run – Boys (1-2 sections on time)  
200M Dash – Girls (Four sections on time)  
200M Dash – Boys (Four sections on time)  
3200M Run – Girls (One section on time)  
3200M Run – Boys (One section on time)  
4x400M Relay – Girls (One section on time)  
4x400M Relay – Boys (One section on time)