

# Luther Knights Invitational at Maple Grove Venues

Hosted By Luther High School

September 14, 2026

Hello Race Participants,

On Monday, October 5, 2026, the 19<sup>th</sup> annual Luther Knights Invitational will take place at Maple Grove Venues on County Rd. B between West Salem and Barre Mills, WI. Please read through this letter for all pertinent meet information.

**Address:** Maple Grove Venues  
W4142 County Road B  
West Salem, WI 54669

**Participating Schools:** Blair-Taylor, Cashton, Cochrane-Fountain City, Luther, Melrose-Mindoro, New Lisbon, North Crawford, Viroqua, Whitehall

**Entry Fees:** All payments are due on or before race day. Please make checks payable to **LUTHER HIGH SCHOOL.**

- \$200 for boys and girls
- \$100 for one gender
- \$20/runner if less than 5 runners

**Registration & Timing:** AccuRace will be timing this event. Runner entries should be submitted via [MileSplit](#) by noon on **Friday, October 2.**

**Awards:** Medals will be awarded to our top individual and team performers.

- Individual: Top 5 Medals for both Varsity Girls, Varsity Boys, MS Girls, & MS Boys
- Team: Medals for High School Varsity 1<sup>st</sup> and 2<sup>nd</sup> place team finishes (7 per team)

**Schedule:**

|        |                                           |
|--------|-------------------------------------------|
| 3:00pm | High School Course open for scouting.     |
| 3:15pm | Start of Lutheran Elementary School races |
| 3:45pm | High School Coaches Meeting               |
| 4:25pm | National Anthem                           |
| 4:30pm | Girls 5K (All levels)                     |
| 5:15pm | Boys 5K (All levels)                      |



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**Course:** This course will be the same course used for all cross country events at MGV. Please see attached map to familiarize yourself with the course.

**Team Camps:** All teams should use the designated team camp area. See the course map for the location of this area.

**Team Warmups:** All runners should warm up on the MGV grounds. No runners should warm up on Highway B or Ceresa Drive

**Spectator Admission/Parking:** All cars that enter the parking lot must pay a \$5 fee (\$6 if paying with a card). This is not our fee, but the fee Maple Grove Venues requires for use of their facilities. Please inform your parents and spectators that they will have to pay this fee as they enter the parking lot. **NO PARKING ON HIGHWAY B or CERESA DRIVE.**

**Spectator Guidelines:** All spectators must remain outside during the event. Porta-potties will be available on site. Please do not leave any trash on the course or the grounds.

We look forward to hosting your runners for this event. If you have any questions as we approach race day, please contact our Head Coach, Greg Rebernack, or our Athletic Director, Dan Unke.

Thanks, and see you soon!

Greg Rebernack, [rebegreg@luther.k12.wi.us](mailto:rebegreg@luther.k12.wi.us)  
Luther High School Head Cross Country Coach

Dan Unke, [unkedan@luther.k12.wi.us](mailto:unkedan@luther.k12.wi.us)  
Luther High School Athletic Director

