

Meet Manager: Bill DeVoe bdevoe@maustonschools.org (608) 547-7551
MHS Head T&F Coach: John Maki jmaki@maustonschools.org (608) 548-1657
MHS Athletic Director: Cheryl Cyert ccyert@maustonschools.org (608) 350-8008

MAUSTON EARLY BIRD INVITE

COACHES NOTES: Thanks a ton to everyone for attending the Mauston Early Bird Invite. We got cancelled in 2024, but are excited to be back for 2025 and for you all to come down to Mauston for some racing action. Some updates with our invite that I would like to note to everyone. We are in the process of transitioning our invite into a relays/co-ed style meet for future years. Co-ed events especially have helped with melding boys/girls teams together and have grown tremendously in popularity over the years and overall has helped with the promotion of our sport. In the spirit of this, we have reworked the typical outdoor order of events this year to include this and give this years' attending teams a first opportunity to experience a unique T&F event. Going forward, the goal will be to transition the invite entirely into relays, both gendered and co-ed, and also add the relay aspect to our field events (total of marks) and our hurdling events (shuttle hurdle relay). How this will look next year is still being worked on, but for this year, we have added the Distance Medley Relay, as well as the Co-ed 4x2 and Co-ed 4x4 relays. Thanks again for attending the 2025 MHS Early Bird Invite!

DATE: Tuesday, April 22nd, 2025

LOCATION: Mauston T&F Complex (*soon to be named after Bill DeVoe*)

START TIMES: Field Events @4:15 PM - Track Events @5:00 PM

TEAMS: Adams-Friendship, Holmen, Mauston, Wisconsin Dells

ENTRY FEES: \$250/School (checks payable to "Mauston Athletics" or "Mauston High School")

ADMISSION FEES (Spectators): No Admission, free of charge for spectators!

AWARDS: No awards will be given

PARKING - Bus parking will be available in the rear Olson Middle School parking lot for all buses/attending teams. Fan parking will also be available at either the back of OMS by the Track near bus parking, or in the front of the Middle school where there is plenty of on-campus parking available. There are also plenty of sidewalks and wheelchair accessible spaces leading to the Track complex, regardless of where you park on the Mauston Campus.

RULES:

- ¼ Inch Pyramid spikes are allowed, no pins!
- Please remind your athletes to be listening to the calls for their events, we will not be holding the start of an event for a late arriving participant.
- No dogs please at the competition venue.

ENTRIES / ENTRY LIMITATIONS / STARTING HEIGHTS / MARKS:

- Entries can be completed ONLINE at accuracetime.com (**Entry deadline: Monday, April 21st @Noon**)
- Unlimited entries in all individual track events, Unlimited entries in all individual field events
- Maximum of 2 relay entries per relay event
- Starting heights (HJ / PV) will be determined based on entries
- Horizontal jumps will be 3 attempts/Top 9 advance to finals (3 additional finals jumps)
- Shot Put/Discus will be 3 attempts/Top 9 advance to finals (3 additional finals throws)

GENERAL SCHEDULE OF EVENTS:

3:45 PM Coaches Meeting (finishing line area)

4:15 PM Start of Field Events - field event notes below...

5:00 PM: Start of Track Events, **Track events will be running on a "Rolling Time Schedule"**

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ORDER OF TRACK EVENTS:

G/B Distance Medley Relay (ran as 1200m - 400m - 800m - 1600m)

G/B Prelims of 100m/110m Hurdles

G/B Prelims of 100m Dash

****15 minute break****

G/B 100m/110m Hurdle Finals (2 finals heats depending on entries)

G/B 100m Dash Finals (2 finals heats depending on entries)

G/B 1600m Run

Co-Ed 4 x 200m Relay (ran as **Girl - Boy - Girl - Boy**)

G/B 400m Dash

G/B 4 x 100m Relay

G/B 300m Hurdles

G/B 800m Run

G/B 200m Dash

G/B 3200m Run

Co-Ed 4 x 400m Relay (ran as **Girl - Boy - Girl - Boy**)

FIELD EVENTS: Preliminaries & Finals for Long Jump, Triple Jump, Shot Put, and Discus

LONG JUMP

- Pit #2 located on the Southeast side of the Track Complex, be sure athletes check in with event staff
- 3 attempts in prelims, top 9 competitors will advance to finals (3 more attempts)
- Girls first, Boys second

TRIPLE JUMP

- Pit #1 located on the Southeast side of the Track Complex, be sure athletes check in with event staff
- 3 attempts in prelims, top 9 competitors will advance to finals (3 more attempts)
- Boys first, Girls second

HIGH JUMP

- High Jump apron located on the Northeast end of the Track, be sure athletes check in with event staff
- Boys first, girls second (once boys finish, there will be a warm-up window for girls)

POLE VAULT

- Pit located near Southeast side of the Track complex, be sure athletes check in with event staff
- Please deliver your weight verification forms to the event staff when arriving to Pole Vault
- Girls first, boys second (starting heights to be determined at the coaches meeting based on entries)

SHOT PUT

- Located on the Southwest side of the Track Complex, be sure athletes check in with event staff
- Girls first, boys second (3 preliminary throws, top 9 competitors will advance to finals)

DISCUS

- Located on the Southwest side of the Track Complex, be sure athletes check in with event staff
- Boys first, Girls second (3 preliminary throws, top 9 competitors will advance to finals)