

Monroe Middle School – Ekena Cross Country Invitational

Honoring the late Chuck Ekena, former School District of Monroe Teacher

Date: Thursday, October 1, 2026

Location: Twining Park, 425 14th Ave, Monroe, WI 53566

Start Time: 4:30 PM

Cost: \$ 85 if you are not hosting or in our conference.

Participating Schools

Albany, Verona, Belleville, Dodgeville, Edgerton, Middleton, McFarland, Mount Horeb, Oregon, New Glarus/Monticello, Stoughton

Meet Information

- AccuRace Timing
 - Live Results at www accuracetimeing.com
 - Entries will be through MileSplit at wi.milesplit.com .
 - Entry deadline will be Monday, September 28th at noon.
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Race Schedule (Approximate)

- **4:30 PM – 6th Grade Race** (Boys & Girls, 1.5 miles)
 - **5:00 PM – 7th Grade Race** (Boys & Girls, 1.5 miles)
 - **5:30 PM – 8th Grade Race** (Boys & Girls, 2.0 miles – same opening loop as 6th/7th, repeated twice)
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Awards

 **Individual:** Top 5 finishers per race (by gender) receive medals

 **Team:** Winning team for each grade level/gender receives a **Cheese Plaque**

 **Announcements:** At the conclusion of the 8th grade race, there will be a quick recognition of **team and grade-level winners**.

Course Map

- [ Twining Park Map.pdf] (*please print ahead of arrival*)
 - A lead vehicle will guide the races; we will also have a trail vehicle.
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Contacts

Athletic Director:

Ryan Thompson – ryanthompson@monroe.k12.wi.us

Monroe CC Coaches:

- Paul Ritschard – paulritschard@monroe.k12.wi.us
 - Patrick Cleary – patrickcleary@monroe.k12.wi.us
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We look forward to seeing you on **October 1st!**