

NORTHWESTERN HIGH SCHOOL

P.O. BOX 218
4751 SOUTH COUNTY HIGHWAY F
MAPLE, WI 54854
Office: 715-363-2434 Fax: 715-363-2523

TO: Athletic Directors and CC Coaches

RE: John Woodbury Cross Country Invitational
Tuesday, September 22, 2026

The John Woodbury CC Invitational hosted by Northwestern HS will be at the Norwood Golf Course (approximately two miles SW of Lake Nebagamon on Highway P).

Restroom facilities are available in the clubhouse and Port-a Potties will be available.

Please have team Buses Park in the golf course lot or on the west side HWY P after athletes are dropped off.

Entry Fee: \$150.00

Made out to Northwestern HS and sent to:

Northwestern HS

Attn: Alexis Landherr, AD

PO Box 218

Maple WI 54854

Online registration is handled through MileSplit at wi.milesplit.com and must be completed by September 19 at 12:00pm. You do not need to designate varsity runners as we will go with the top seven. Make sure you enter your middle school runners as well.

3:30 – Course Opens

4:00 – Coach's Meeting in Club House

4:30 – Middle School (**3200m**)

5:00 – Varsity and JV Girls (5000m)

5:30 – Varsity and JV Boys (5000m)

Awards: Trophies will go to the top two boys' and girls' varsity/JV teams. The top ten boys and girls will receive medals and the top ten JV and middle school boys and girls will receive ribbons.

Please contact Northwestern Athletic Director, Brian Smith at alandherr@nw-tigers.org Coach Phil McGrath at pmcgrath@nw-tigers.org or Coach Kieran Johnson at kijohnson@nw-tigers.org if you have any questions.