

2026 RIDGE AND VALLEY CROSS COUNTRY CONFERENCE MEET @ KICKAPOO AREA SCHOOLS

Date: Thursday, October 15

Location: Kickapoo Area Schools

Schools Participating: De Soto, Kickapoo/La Farge, North Crawford, River Ridge, Seneca, Shullsburg/Belmont, Wauzeka-Steuben, Weston

Course Description: Our course has rolling hills throughout and includes two portions in the woods surrounding the school where there is uneven ground, roots, trees, etc., giving it a true cross country feel.

Start Times:

- 4:00 – Course Opens
- 5:00 – High School Girls
- 5:30 – High School Boys
- 6:10 – Awards at the Finish Line

Lanes (Via Random # Generator): Shullsburg/Belmont - 1, River Ridge - 2, NC - 3, De Soto - 4, Wauzeka/Steuben - 5, Seneca - 6, Weston - 7, KLF - 8

Awards: The first 7 runners to cross the finish line will be 1st Team All-Conference. Runners 8-14 that cross the finish line will be 2nd Team All-Conference. The top 5 runners on each team will be counted for scoring, runners 6 and 7 will be “pushers”. The lowest scoring team will be conference champions.

Entries: Unlimited and done through <https://wi.milesplit.com/>

Entry Fees: \$125 per school

Entries are due by Monday, October 12th at 12:00p.m.

Questions: Jake Gehrke - jgehrke@kickapoo.k12.wi.us or Kent Petersen kpetersen@kickapoo.k12.wi.us

3.1 Mile Course Map

