

WESTBY CROSS COUNTRY INVITATIONAL

Coaches,

We would like to welcome you and your teams to the 2026 Westby Invitational. The meet will be held on Tuesday, September 22nd. The schedule of events: 3:30 Course opens for inspection for Middle School and High School teams. 3:30 our Elementary Run will be completed, 4:00 High School Coaches Meeting—in the grey shed north of the Finish Line

Middle School will race first 4:15 Girls Race and 4:40 MS Boys Race.

MS Lane Assignment: 1) Brookwood, 2) Aquinas, 3) Royall, 4) Westby, 5) Viroqua, 6) Onalaska, 7) West Salem, 8) Kickapoo, and 10) Mel-Min

5:10 The course will close for inspection.

Our high school races are run in a relay format.. Please have all of your athletes report to the starting line together to help our starter. It is your athletes responsibility to run in the race they are assigned. If they start in a different wave, their time will be incorrect.

High School Teams with lane assignments: Lane 1 Providence Academy, Lane 2 River Ridge, Lane 3 Mel-Min, Lane 4 GET, Lane 5 Wonewoc Center / Royall, Lane 6 Iowa Grant, Lane 7 Westby, Lane 8 Kickapoo LaFarge, Lane 9 Coulee Christian, Lane 10 Viroqua, Lane 11 North Crawford, Lane 12 Hillsboro, Lane 13 La Crosse Central, Lane 14 Bangor, Lane 15 Luther, and Lane 16 New Lisbon.

4:50 All High School female runners should have reported to the starting line.

5:10 JV Girls Race. All Junior Varsity Girls

5:14 Varsity 5th, 6th, and 7th Runners Girls

5:16 Varsity 3rd and 4th Runners Girls

5:18 Varsity 1st and 2nd Runners Girls

5:40 All High School boys runners should have reported to the starting line.

6:00 JV Boys Race. All Junior Varsity Boys

6:04 Varsity 5th, 6th, and 7th Runners Boys

6:06 Varsity 3rd and 4th Runners Boys

6:08 Varsity 1st and 2nd Runners Boys

Registration:

You will do your entries on MileSplit. Make sure you are able to log in and you have updated your roster as needed. Entries are due by Monday, Sept. 21st at noon. If you have questions about completing entries, contact Clark Jillson at AccuRace Timing or contact the help at MileSplit. Due to our relay format please enter your athletes in 1st and 2nd runners race and then 3rd and 4th, etc. Inc. team would need to follow this procedure as well. Results: We will do our best to provide printed results to anyone who would like them following the awards, but complete results will be available following the awards ceremony at AccuRace Timing.

2025 Results

Top 10 Boys Individuals

Ben Carney	Sparta	17:00
Adrian Bautista	GET	17:41
Landen Turgasen	Kick-LaFarge	17:48
Dominic Kirkpatrick	Hillsboro	17:57
Braedyn Novak	Sparta	18:07
Sam Knoble	North Crawford	18:18
Jacob Fresia	Central	18:21
Carson Mayer	GET	18:29
Troy Hafemeister	Royall	18:30
Angel Vazquez-Bartolo	Iowa Grant	18:30

Top 10 Girls Individuals

Elizabeth Curtis	Westby	19:43
Allyah Schwem	Viroqua	20:34
Addison Evenstad	Westby	20:40
Angela Diehl	Viroqua	21:02
Charlotte Yard	Central	21:05
Hazel Goltz	Viroqua	21:11
Hermione Anderson	Sparta	21:13
Ingrid Carstens	North Crawford	21:38
Kaylyn Torkelson	Central	21:43
Grace Olson	Bangor	21:47

Boys Team Champions: Sparta 70 pts and Runner Up: Iowa Grant 75pts

Girls Team Champions: Westby 44 pts and Runner Up: Viroqua 45 pts

COURSE(S): The elementary run will be 800 meters; the start will be near the playground west of the elementary building and end at our common starting line.

The middle school run will be a two- loop course measuring 2 miles.

The high school run will be a two- loop course measuring 3.1 miles.

Maps for both the MS 2- mile course and 5K course will be made available on the day of the event.

CONCESSIONS will be available in the grey shed near the finish, so please no carry - ins. **RESTROOMS** are also available, and we will provide porta potties near the finish line; restrooms are in a building north of the softball diamonds.