

## Wisconsin Heights/Barneveld Tri– Poynette, Waterloo, WHB

**When:** April 15, 2025

**Location:** Wisconsin Heights High School–10173 US-14, Mazomanie, WI 53560

**Starting Time:** Field Events–4:15 & 4x800–4:45

*Please set up team tents outside the track fence on the opposite side of the press box. You can exit the track through the gate on the back side of the track. Please advise your athletes that the elementary school playground is not available for their use.*

**Entries: due 12:00 pm, April 14, 2025 to <https://www accuracetimeing.com/info>**

- 3 varsity spots with 1 varsity relay, unlimited JV in running and field events
- Scratches may be made prior to the start of the meet

### Field Events:

- Girls 1st - triple jump, high jump, shot put
- Boys 1st - long jump, pole vault, discus
- Long jump / triple Jump - 4 attempts varsity, 3 attempts JV
- Shot put (girls first) and discus (boys first). Throws will be done in the 1-1-1-1 manner.
- Girl's high jump and boy's pole vault will be first and run to completion.
  - Starting height for high jump: two heights lower than lowest seeded athlete
  - Starting height for the pole vault: girls–5'6" boys–7'6"

**Running Events:** Please have runners check in before they hear last call for their race at the south end of the track by the start of the 100 meter dash.

- Exchange zones: Teams, please send a coach for these relay exchange zones
  - 4 x 200
    - 1st and 3rd Exchange - **WHB/Poynette** (Red to red, yellow to yellow)
    - 2nd Exchange - **Waterloo** (Red to red)
  - 4 x 100 (Yellow to yellow for all exchanges)
    - 1st Exchange - **WHB**
    - 2nd Exchange - **Poynette**
    - 3rd Exchange - **Waterloo**

**Athlete's Marks:** Please have your athletes use chalk, not tape, if they need to make marks on the track.

**Spikes:** We will allow ¼ inch spikes. Our shot and discus rings are concrete.

**Concessions:** Wisconsin Heights FFA will be operating a concession stand behind the bleachers.

**Buses:** Due to the timing of the meet start and school dismissal, we will most likely have a number of buses entering the school at the same time. Please have buses enter at the main entrance, drop off at the track, and then proceed around the building to park on the south end of the high school by the greenhouse.

**Questions:** If you have any questions, please feel free to contact us

Gwyn Padden-Lechten / [gpadddenlechten@wisheights.k12.wi.us](mailto:gpadddenlechten@wisheights.k12.wi.us) / (608) 767-2595 ext. 2608

Liz Hrodey/ [ehrodey@wisheights.k12.wi.us](mailto:ehrodey@wisheights.k12.wi.us) / (608) 767-2595 ext. 2603