

Beloit Relays
Strong Stadium / Karris Track and Field
Beloit, Wisconsin - 4/12/2025
Meet Program

Event 1 Women 10000 Meter Run

Relays: 38:47.32 4/24/2015 Karen Jones

Facility: 38:12.68 2013 Leslie Smebak

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Abigail Poehlman	JR	Unattached	45:00.00
2	Gianna Carroll	FR	St. Norbert	NT
3	Natalie Drane	SR	St. Norbert	50:25.75
4	Ella Jerdee	JR	St. Norbert	41:12.78
5	Sydney Leschisin	SO	Concordia (W)	NT
6	Emmeline Russell	SR	Beloit	NT
7	Abigail Lange	SO	Concordia (W)	NT

Event 2 Men 10000 Meter Run

Relays: 33:19.93 4/24/2015 Brian Cole

Facility: 31:24.40 2013 Frank Canady

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	William Cascio	FR	St. Norbert	NT
2	Mason Everts	SO	Concordia (W)	NT
3	Sawyer Wall	SO	Beloit	38:25.92
4	Christian Lopez	SO	St. Norbert	NT

Event 5 Women 4x100 Meter Relay

Relays: 49.05 4/28/2018 Concordia Univ. Chicago

C Schultz, K Armstrong, C Wilson, S Wilson

Facility: 49.05 4/28/2018 Concordia Univ. Chicago

C Schultz, K Armstrong, C Wilson, S Wilson

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	St. Norbert		52.00
	1) Ellie Staehling SR	2) Katie Smith SO	
	3) Gracie Wolfe JR	4) Mary Weisensel FR	
3	Beloit	B	51.00
	1) Naomee Casey JR	2) Naomi Murphy SO	
	3) Haley Carlin SO	4) Ellie Ousley SR	
	5) Devin Cuffy-Bethel JR		
4	Concordia (W)		48.66
	1) Maya Hielscher SR	2) Jacey Read FR	
	3) Natiya Ballard FR	4) Sabrina Moore SR	
5	Beloit		49.20
	1) Jaslyn Gama FR	2) Alayna Furch SR	
	3) Niomee Casey JR	4) Cole Miller SO	
6	Lake Forest		51.96
	1) Farah Tawfik FR	2) Jacquelyn Han JR	
	3) One Kenosi JR	4) AJ Jones JR	

Event 6 Men 4x100 Meter Relay

Relays: 42.48 4/28/2018 DuPage

P Pater, K Brown, L Grandison, J Funchess

Facility: 42.20 2013 Illinois College

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Beloit	C	45.20
	1) Jeremy Mueller SO	2) Conall Witherite FR	
	3) Elijah Hartberg FR	4) Jake Fein SO	
2	Beloit	B	44.00
	1) Drew Arhebur JR	2) Israel Zewdie JR	
	3) Prince Upadhyay JR	4) John-Charles Ify Deary FR	
3	Concordia (W)		43.50
	1) Victor Watson FR	2) Se'Korrey Thomas SO	
	3) Brock Roseman FR	4) Jalen Pressely FR	
4	St. Norbert		42.32
	1) Luke Nash SR	2) Max Jayne FR	
	3) Blake Retzlaff SR	4) Kavin Fredrick SO	
5	Beloit		42.91
	1) Ayouba Sumoaro SO	2) Alexandre Atou SR	
	3) Nathaniel Otis JR	4) Josh Yearby SO	
6	Lake Forest		43.87
	1) Trentyn Tyson SO	2) Jalen Williams FR	
	3) Payton Ross SO	4) Mason Wright JR	
7	Lake Forest	B	45.00
	1) Alex Pavlov FR	2) Nathan Okwu SO	
	3) Andrew Douthat SR	4) Matthew Lungu JR	

Event 7 Women 3000 Meter Steeplechase

Relays: 11:26.33 4/25/2014 Dominique Guinnane

Facility: 11:15.96 2013 Michelle Matter

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Sarah Kulas	SR	St. Norbert	12:34.33
2	Gretchen Lane	SR	St. Norbert	NT
3	Alexa Bertolini	FR	St. Norbert	NT
4	Anna Fitzgerald	SO	St. Norbert	NT

Event 8 Men 3000 Meter Steeplechase

Relays: 9:48.48 4/25/2014 Dakota Pruitt

Facility: 9:34.42 2013 Sam Stevens

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Jaden Schultz	SR	Concordia (W)	10:18.00
2	Owen Lashenik	FR	Lake Forest	NT
3	Drew Bolder	SR	St. Norbert	10:34.43
4	Cooper Rathmann	FR	Beloit	10:54.91
5	Riley Johnson	SO	Concordia (W)	11:28.00

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Event 9 Women 1500 Meter Run

Relays: 4:49.57 4/24/2015 **Dominique Guinnane**

Facility: 4:44.45 2013 **Megan O'Grady**

Lane Name	Yr	School	Seed Time	
Section 1 of 1 Finals				
1	Kera Riley	SO St. Norbert	4:58.91	_____
2	Amy Czauderna	JR Lake Forest	6:08.81	_____
3	Cole Miller	SO Beloit	5:24.18	_____
4	Danielle Van Grinsven	JR Concordia (W)	4:56.42	_____
5	Selin Tufte	FR Beloit	5:55.62	_____
6	Natalia Arteaga	FR St. Norbert	5:20.15	_____
7	Meghan Koning	SO Beloit	6:45.04	_____
8	Letitia Hoda	SO Lake Forest	5:05.92	_____
9	Avery Huffman	SO Lake Forest	6:12.01	_____
10	Ellee Grunwald	SR St. Norbert	5:23.58	_____
11	Ellie Clark	FR Lake Forest	5:46.17	_____
12	Sophie Graham	SO Lake Forest	5:06.08	_____
13	Carter Browne	SR Beloit	5:38.14	_____
14	Kristin Hintz	SR St. Norbert	5:47.16	_____

Event 10 Men 1500 Meter Run

Relays: 4:00.41 2013 **Dakota Pruitt**

Facility: 3:55.92 2013 **Cory Zimmerman**

Lane Name	Yr	School	Seed Time	
Section 1 of 1 Finals				
1	Jack Zunker	SO Lake Forest	5:18.58	_____
2	Aiden Cortinas	SR Beloit	4:26.66	_____
3	Austin Hewes	SO Lake Forest	4:25.14	_____
4	Ian Hoppe	SO St. Norbert	4:34.68	_____
5	Cal Fox	FR Beloit	NT	_____
6	Lawrence Huffman	SO St. Norbert	4:10.61	_____
7	Dylan Malmgren	FR Beloit	4:15.13	_____
8	Zach Leahy	FR Concordia (W)	4:09.34	_____
9	Sam Smith	SO Lake Forest	5:06.69	_____
10	Bart Brophy	JR Lake Forest	3:59.25	_____

Event 11 Women 100 Meter Hurdles

Relays: 15.71 4/25/2014 **Tara Goehrke**

Facility: 14.05 2013 **Melissa Norville**

Lane Name	Yr	School	Seed Time	
Section 1 of 2 Finals				
3	Lillia Carson	FR St. Norbert	NT	_____
4	Nina Alft	SO Concordia (W)	19.12	_____
5	Laci Hoeksema	JR St. Norbert	20.22	_____

Section 2 of 2 Finals

1	Ellison Lilyquist	SO St. Norbert	18.00	_____
2	Jacquelyn Han	JR Lake Forest	16.96	_____
3	Emma Eilertson	SO Concordia (W)	15.94	_____
4	Maya Hielscher	SR Concordia (W)	15.09	_____
5	Gretchen Schwarz	SO St. Norbert	15.40	_____
6	Lauren Borchardt	SR St. Norbert	16.12	_____
7	Kyra Kopec	SO St. Norbert	17.37	_____
8	Niomee Casey	JR Beloit	18.01	_____

Event 12 Men 110 Meter Hurdles

Relays: 16.01 4/24/2015 **Matt Fix**

Facility: 15.31 2013 **Karston Anderson**

Lane Name	Yr	School	Seed Time	
Section 1 of 1 Finals				
2	Dylen Calozzo	SO St. Norbert	17.91	_____
3	Jacob Larson	JR St. Norbert	15.92	_____
4	Payton Ross	SO Lake Forest	15.68	_____
5	Nathaniel Otis	JR Beloit	15.73	_____
6	Brandon Donahue	SO Concordia (W)	16.31	_____
7	Jacob Couillard	SR Concordia (W)	18.60	_____

Event 13 Women 400 Meter Dash

Relays: 58.49 4/13/2024 **Candis Damste**

Facility: 58.45 2013 **Chimdiofuma-Eze Echesi**

Lane Name	Yr	School	Seed Time	
Section 1 of 1 Finals				
2	Lena Wilson	SO Unattached	1:03.80	_____
3	Alayna Furch	SR Beloit	1:01.65	_____
4	Madison Gramblicka	FR St. Norbert	1:00.22	_____
5	Lydia Levra	FR Lakeland	1:00.76	_____
6	Ally Zickert	SR St. Norbert	1:02.63	_____
7	Kendra Troxel	SO St. Norbert	1:05.00	_____

Event 14 Men 400 Meter Dash

Relays: 48.76 2013

Facility: 48.40 2013

Nathan Saliga

Taylor Pasterski

Lane Name	Yr	School	Seed Time	
Section 1 of 3 Finals				
3	Cole Pawlitzky	JR St. Norbert	1:00.78	_____
4	Jonathan Timm	SR St. Norbert	58.21	_____
5	Jake Fein	SO Beloit	1:00.68	_____
6	Preston Dos Santos	FR Lakeland	NT	_____

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Section 2 of 3 Finals...(Event 14 Men 400 Meter Dash)

1	Conall Witherite	FR	Beloit	57.57
2	Prince Upadhyay	JR	Beloit	56.80
3	Jeremy Mueller	SO	Beloit	55.80
4	Trey Parr	FR	St. Norbert	54.35
5	Joshua Zick	SR	St. Norbert	54.76
6	Dominick Ceballos	FR	Concordia (W)	55.82
7	Liam Foo	FR	Lake Forest	57.05
8	Andrew Douthat	SR	Lake Forest	57.74

Section 3 of 3 Finals

1	Ryan Flood	SO	St. Norbert	53.23
2	Israel Zewdie	JR	Beloit	51.44
3	Spencer Evenson	SR	St. Norbert	50.44
4	Alexandre Atou	SR	Beloit	50.02
5	Matthew Lungu	JR	Lake Forest	50.16
6	Tate Songstad	FR	Unattached	50.49
7	Ollie Francis	SO	Lake Forest	52.90
8	Brock Roseman	FR	Concordia (W)	53.40

Event 15 Women 100 Meter Dash

Relays: 12.35 4/25/2014 Felicia Carlson
Facility: 12.05 2013 Felicia Carlson
Facility: 12.05 2013 Liz LeCaptain

Lane Name	Yr	School	Seed Time
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Section 1 of 3 Finals

3	Megan Gramblicka	FR	St. Norbert	NT
4	Ellie Ousley	SR	Beloit	16.39
5	Andrea Fernandez	FR	Lake Forest	NT

Section 2 of 3 Finals

2	Zahra Tait	FR	Lake Forest	13.86
3	One Kenosi	JR	Lake Forest	13.63
4	Annabelle Gonnering	FR	Concordia (W)	13.33
5	Lydia Levra	FR	Lakeland	13.45
6	Farah Tawfik	FR	Lake Forest	13.74
7	Jacquelyn Han	JR	Lake Forest	13.88

Section 3 of 3 Finals

1	Cassandra Vaughan	FR	St. Norbert	13.27
2	Gracie Wolfe	JR	St. Norbert	13.10
3	Katie Smith	SO	St. Norbert	12.85
4	Sabrina Moore	SR	Concordia (W)	12.39
5	AJ Jones	JR	Lake Forest	12.67
6	Ellie Staehling	SR	St. Norbert	13.06
7	Mary Weisensel	FR	St. Norbert	13.17
8	Nikki Tranel	SR	St. Norbert	13.31

Event 16 Men 100 Meter Dash

Relays: 10.73 4/25/2014 Josh Hurlebaus
Facility: 10.73 4/25/2014 Josh Hurlebaus

Lane Name	Yr	School	Seed Time
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Section 1 of 3 Finals

1	Morgan Caho	FR	Lakeland	NT
2	Nick Felske	SO	Unattached	13.00
3	Nathan Okwu	SO	Lake Forest	12.20
4	Brandon Donahue	SO	Concordia (W)	12.00
5	Drew Arhebut	JR	Beloit	12.20
6	Jacob Kundert	SR	Concordia (W)	12.98
7	Alex Pavlov	FR	Lake Forest	NT

Section 2 of 3 Finals

1	Max Jayne	FR	St. Norbert	11.83
2	John-Charles Ify Deary	FR	Beloit	11.50
3	Trentyn Tyson	SO	Lake Forest	11.43
4	Jalen Williams	FR	Lake Forest	11.40
5	Shuntaro Nakamura	SO	Lake Forest	11.40
6	Victor Watson	FR	Concordia (W)	11.45
7	Andrew Douthat	SR	Lake Forest	11.83
8	Silas Bernardino	FR	Concordia (W)	11.98

Section 3 of 3 Finals

1	Blake Retzlaff	SR	St. Norbert	11.26
2	Se'Korrey Thomas	SO	Concordia (W)	11.17
3	Jalen Pressely	FR	Concordia (W)	11.08
4	Josh Yearby	SO	Beloit	10.81
5	Luke Nash	SR	St. Norbert	10.85
6	Kavin Fredrick	SO	St. Norbert	11.09
7	Mason Wright	JR	Lake Forest	11.23
8	Ayouba Sumoaro	SO	Beloit	11.39

Event 17 Women 800 Meter Run

Relays: 2:21.22 4/25/2014 Ellie Waddle
Facility: 2:15.49 2013 Erin McShea

Lane Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Ellie Clark	FR	Lake Forest	3:00.00
2	Emmy PUNCHES	JR	Lake Forest	2:44.92
3	Sarah Kulas	SR	St. Norbert	2:40.11
4	Lena Wilson	SO	Unattached	2:54.00
5	Liya N'Diaye	FR	Lake Forest	2:37.03
6	Stella Abernethy	FR	Lake Forest	2:45.00
7	Carly Carpenter	FR	Beloit	3:04.04
8	Anabel Howie	FR	St. Norbert	2:38.00
9	Catherine Fairbanks	SO	St. Norbert	2:45.01

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Section 2 of 2 Finals...(Event 17 Women 800 Meter Run)

1	Kylee Camble	SO	Concordia (W)	2:30.49	_____
2	Sophie Graham	SO	Lake Forest	2:36.48	_____
3	Mikayla Becker	SO	Concordia (W)	2:35.79	_____
4	Olivia Ship	SR	St. Norbert	2:19.67	_____
5	Letitia Hoda	SO	Lake Forest	2:32.11	_____
6	Ellee Grunwald	SR	St. Norbert	2:36.00	_____
7	Kera Riley	SO	St. Norbert	2:25.00	_____
8	Bijou Phillips	JR	St. Norbert	2:30.27	_____
9	Anna Fitzgerald	SO	St. Norbert	2:32.94	_____

Event 18 Men 800 Meter Run

Relays: 1:54.23 4/28/2018 **Torrain Haughton**

Facility: 1:54.23 4/28/2018 **Torrain Haughton**

Lane Name	Yr	School	Seed Time		
Section 1 of 1 Finals					
1	Elijah Hartberg	FR	Beloit	2:09.68	_____
2	Logan Ashby	SO	St. Norbert	2:03.43	_____
3	Dylan Manteufel	JR	St. Norbert	1:58.26	_____
4	Eric Krause	FR	Concordia (W)	NT	_____
5	Ian Hoppe	SO	St. Norbert	2:14.46	_____
6	Ali Faiz	JR	Lake Forest	2:00.77	_____
7	Nick Johnson	SR	St. Norbert	1:59.00	_____
8	Corey Gomez	FR	Lake Forest	2:16.00	_____
9	Isaiah Lubner	SO	Concordia (W)	1:56.87	_____
10	Randy Johnson	SR	St. Norbert	1:58.00	_____
11	Kembre Daniel	FR	Beloit	2:02.00	_____

Event 19 Women 400 Meter Hurdles

Relays: 1:02.75 2013 **Kierra Smith**

Facility: 1:02.75 2013 **Kierra Smith**

Lane Name	Yr	School	Seed Time		
Section 1 of 1 Finals					
1	Niomée Casey	JR	Beloit	1:25.01	_____
2	Jacquelyn Han	JR	Lake Forest	1:15.05	_____
3	Kyra Kopec	SO	St. Norbert	1:13.31	_____
4	Olivia Ebel	SO	Concordia (W)	1:08.77	_____
5	Larissa Huffman	SO	St. Norbert	1:10.00	_____
6	Lauren Borchartd	SR	St. Norbert	1:14.64	_____
7	Haley Carlin	SO	Beloit	1:23.88	_____
8	Laura Anna Koskinen	SO	St. Norbert	NT	_____

Event 20 Men 400 Meter Hurdles

Relays: 53.17 4/13/2024 **Mitchell Van Vooren**

Facility: 53.17 4/13/2024 **Mitchell Van Vooren**

Lane Name	Yr	School	Seed Time		
Section 1 of 2 Finals					
3	Matthew Lungu	JR	Lake Forest	NT	_____
4	Luke Schmelzer-Zahorik	SO	St. Norbert	1:07.69	_____
5	Aaron Klug	SO	Concordia (W)	1:10.27	_____

Section 2 of 2 Finals

1	Dylen Callozzo	SO	St. Norbert	1:05.69	_____
2	Liam Foo	FR	Lake Forest	1:03.88	_____
3	Josh Sipes	SO	Concordia (W)	58.81	_____
4	Nathaniel Otis	JR	Beloit	55.00	_____
5	Zach Wendland	SO	Concordia (W)	56.95	_____
6	Keagan Brown	SR	St. Norbert	1:01.00	_____
7	Luke Witte	SO	Concordia (W)	1:04.53	_____

Event 21 Women 200 Meter Dash

Relays: 25.52 4/25/2014 **Molly Jo Smith**

Facility: 24.97 2013 **Melissa Norville**

Lane Name	Yr	School	Seed Time		
Section 1 of 4 Finals					
3	Lillia Carson	FR	St. Norbert	NT	_____
4	Caitlyn Weitzel	FR	Concordia (W)	30.80	_____
5	Ellie Ousley	SR	Beloit	34.60	_____
Section 2 of 4 Finals					
1	Andrea Fernandez	FR	Lake Forest	29.72	_____
2	Megan Gramblicka	FR	St. Norbert	29.50	_____
3	Farah Tawfik	FR	Lake Forest	28.90	_____
4	Cole Miller	SO	Beloit	28.80	_____
5	Jaslyn Gama	FR	Beloit	28.82	_____
6	Gretchen Schwarz	SO	St. Norbert	29.38	_____
7	Naomee Casey	JR	Beloit	29.70	_____
8	Ashley Burk	FR	Concordia (W)	30.52	_____
Section 3 of 4 Finals					
1	Laci Hoeksema	JR	St. Norbert	28.54	_____
2	Lena Wilson	SO	Unattached	28.40	_____
3	Rachel Allen	FR	St. Norbert	27.59	_____
4	Mary Weisensel	FR	St. Norbert	27.55	_____
5	Gracie Wolfe	JR	St. Norbert	27.57	_____
6	Sabrina Moore	SR	Concordia (W)	28.11	_____
7	Annabelle Gonnering	FR	Concordia (W)	28.48	_____
8	One Kenosi	JR	Lake Forest	28.73	_____
Section 4 of 4 Finals					
1	Nikki Tranel	SR	St. Norbert	27.00	_____
2	Madison Gramblicka	FR	St. Norbert	26.81	_____
3	AJ Jones	JR	Lake Forest	26.48	_____
4	Madi Crossman	SO	St. Norbert	26.42	_____
5	Katie Smith	SO	St. Norbert	26.48	_____
6	Cassandra Vaughan	FR	St. Norbert	26.80	_____
7	Lydia Levra	FR	Lakeland	26.85	_____
8	Alayna Furch	SR	Beloit	27.40	_____

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Event 22 Men 200 Meter Dash

Relays: 22.10 4/25/2014 Evan Frazier
 Facility: 22.02 2013 Joe Puntoriero

Lane	Name	Yr	School	Seed Time
Section 1 of 5 Finals				
2	Bennett Schmidt	FR	St. Norbert	NT
3	Silas Bernardino	FR	Concordia (W)	26.31
4	Nick Taylor	JR	Concordia (W)	25.81
5	Maddix Mueller	FR	St. Norbert	25.88
6	Jacob Kundert	SR	Concordia (W)	27.61
7	Jake Fein	SO	Beloit	NT
Section 2 of 5 Finals				
1	Jeremy Mueller	SO	Beloit	25.40
2	Prince Upadhyay	JR	Beloit	25.11
3	Nick Felske	SO	Unattached	25.00
4	Drew Arhebun	JR	Beloit	24.69
5	Andrew Douthat	SR	Lake Forest	24.90
6	Preston Dos Santos	FR	Lakeland	25.06
7	Conall Witherite	FR	Beloit	25.36
8	Nathan Okwu	SO	Lake Forest	25.46
Section 3 of 5 Finals				
1	Max Jayne	FR	St. Norbert	24.50
2	Payton Ross	SO	Lake Forest	24.40
3	Dominick Ceballos	FR	Concordia (W)	24.14
4	Shuntaro Nakamura	SO	Lake Forest	23.79
5	Victor Watson	FR	Concordia (W)	23.94
6	Trey Parr	FR	St. Norbert	24.28
7	Corban Jackson	FR	Concordia (W)	24.50
8	Corbyn Apfel	FR	St. Norbert	24.69
Section 4 of 5 Finals				
1	Trentyn Tyson	SO	Lake Forest	23.62
2	Ayouba Sumoaro	SO	Beloit	23.44
3	Jacob Larson	JR	St. Norbert	23.42
4	Michael Pollos	SR	St. Norbert	23.14
5	Se'Korrey Thomas	SO	Concordia (W)	23.35
6	Blake Retzlaff	SR	St. Norbert	23.44
7	John-Charles Ify Deary	FR	Beloit	23.60
8	Morgan Caho	FR	Lakeland	23.64
Section 5 of 5 Finals				
1	Luke Nash	SR	St. Norbert	23.01
2	Alex Pavlov	FR	Lake Forest	22.91
3	Tate Songstad	FR	Unattached	22.40
4	Josh Yearby	SO	Beloit	21.86
5	Alexandre Atou	SR	Beloit	22.34
6	Kavin Fredrick	SO	St. Norbert	22.51
7	Israel Zewdie	JR	Beloit	22.93
8	Jalen Pressely	FR	Concordia (W)	23.11

Event 23 Women 5000 Meter Run

Relays: 18:50.00 4/28/2018 Emma Koenig
 Facility: 17:29.76 2013 Megan O'Grady

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Melanie Arvis	JR	Concordia (W)	18:16.86
2	Simone De Montigny	JR	Beloit	19:43.33
3	Camdyn Guevara-Derber	SO	St. Norbert	NT
4	Lily Truskowski	SO	St. Norbert	21:25.98

Event 24 Men 5000 Meter Run

Relays: 15:50.64 4/13/2024 Ryan Cassidy
 Facility: 15:06.28 2013 Paul Davies

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Ryan Mount		Unattached	17:55.00
2	Jonah Slavik	FR	Concordia (W)	15:33.28
3	Demos Manoukis	FR	Lake Forest	17:25.12
4	Owen Eichfeld	SR	Beloit	21:19.57
5	Patrick Cadiz	SO	Lake Forest	17:17.70
6	Max Muszynski	JR	Beloit	19:26.88
7	Alex Barch		Unattached	16:00.00
8	Evan Abts	FR	St. Norbert	17:10.14

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Event 25 Women 4x400 Meter Relay

Relays: 4:06.81 4/13/2024 Beloit			
S Miller, C Damste, J Echols, A Furch			
Facility: 4:01.54 2013 Grinnell			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	St. Norbert	C	4:30.00
	1) Gretchen Lane SR	2) Laura Anna Koskinen SO	
	3) Megan Gramblicka FR	4) Catherine Fairbanks SO	
3	Beloit		4:12.00
	1) Jaslyn Gama FR	2) Alayna Furch SR	
	3) Niomee Casey JR	4) Cole Miller SO	
4	St. Norbert		3:58.44
	1) Madi Crossman SO	2) Madison Gramblicka FR	
	3) Nikki Tranel SR	4) Ally Zickert SR	
5	St. Norbert	B	4:09.00
	1) Olivia Ship SR	2) Rachel Allen FR	
	3) Kendra Troxel SO	4) Bijou Phillips JR	
6	Lake Forest		4:20.32
	1) AJ Jones JR	2) Farah Tawfik FR	
	3) Andrea Fernandez FR	4) One Kenosi JR	
7	Beloit	B	4:40.00
	1) Haley Carlin SO	2) Selin Tufte FR	
	3) Naomi Murphy SO	4) Carly Carpenter FR	
	5) Devin Cuffy-Bethel JR		

Event 26 Men 4x400 Meter Relay

Relays: 3:24.93 4/13/2024 Beloit			
A Atou, N Otis, I Zewdie, D DeGeorge			
Facility: 3:22.91 2013 St. Norbert			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Lake Forest	B	3:45.00
	1) Austin Hewes SO	2) Owen Lashenik FR	
	3) Liam Foo FR	4) Ali Faiz JR	
2	Beloit	C	3:34.00
	1) Cooper Rathmann FR	2) Prince Upadhyay JR	
	3) Aiden Cortinas SR	4) Jake Fein SO	
	5) Cal Fox FR		
3	St. Norbert	B	3:28.50
	1) Michael Pollos SR	2) Logan Ashby SO	
	3) Keagan Brown SR	4) Luke Schmelzer-Zahorik SO	
4	Beloit		3:24.10
	1) Nathaniel Otis JR	2) Alexandre Atou SR	
	3) Israel Zewdie JR	4) Kembre Daniel FR	
5	St. Norbert		3:27.62
	1) Spencer Evenson SR	2) Lawrence Huffman SO	
	3) Randy Johnson SR	4) Nick Johnson SR	
6	Lake Forest		3:29.63
	1) Alex Pavlov FR	2) Bart Brophy JR	
	3) Ollie Francis SO	4) Matthew Lungu JR	
7	Beloit	B	3:34.00
	1) Conall Witherite FR	2) Jeremy Mueller SO	
	3) Dylan Malmgren FR	4) Elijah Hartberg FR	

Event 27 Women Pole Vault

Relays: 3.61m 4/25/2014 Jessica Wiegert			
Facility: 3.61m 4/25/2014 Jessica Wiegert			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Finals			
1	Anabel Howie	FR St. Norbert	2.15m
2	Haley Carlin	SO Beloit	2.70m
3	Adelle Polzin	FR St. Norbert	2.85m
4	Lexa Wittmaack	SO St. Norbert	2.90m
5	Jaden Propson	SO St. Norbert	3.15m
6	Lara Deshler	JR St. Norbert	3.20m
7	Kaitlyn Kotula	JR Concordia (W)	3.20m
8	Isabella Galindo	JR St. Norbert	3.21m
9	Caitlyn Weitzel	FR Concordia (W)	3.21m
10	Naomee Casey	JR Beloit	3.21m

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Event 28 Men Pole Vault

Relays: 4.63m 4/13/2024 Aiden Anderson
 Facility: 4.63m 4/13/2024 Aiden Anderson

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Cooper Rathmann	FR	Beloit		3.10m
2	Jacob Couillard	SR	Concordia (W)		3.20m
3	Jonathan Timm	SR	St. Norbert		3.30m
4	Zach Wendland	SO	Concordia (W)		3.50m
5	Cal Fox	FR	Beloit		3.51m
6	Maddix Mueller	FR	St. Norbert		3.70m
7	Cole Pawlitzky	JR	St. Norbert		3.89m

Event 29 Women High Jump

Relays: 1.65m 4/25/2014 Sara Strauel
 Facility: 1.71m 2013 Emily Tysma

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jacey Read	FR	Concordia (W)	NH	
2	Amereka McPherson	JR	St. Norbert		1.40m
3	Ashley Burk	FR	Concordia (W)		1.40m
4	Amiyah Jackson	FR	Concordia (W)		1.45m
5	Laci Hoeksema	JR	St. Norbert		1.48m
6	Naomi Murphy	SO	Beloit		1.50m
7	Emma Eilertson	SO	Concordia (W)		1.60m

Event 30 Men High Jump

Relays: 2.03m 4/25/2014 Andrew Nottling
 Facility: 2.03m 4/25/2014 Andrew Nottling

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Kade Nelson	FR	St. Norbert	NH	
2	Joshua Zick	SR	St. Norbert		1.52m
3	Jacob Couillard	SR	Concordia (W)		1.64m
4	Morgan Caho	FR	Lakeland		1.76m
5	Marlon Stewart	SO	Lakeland		1.82m
6	Nathaniel Otis	JR	Beloit		1.86m
7	Bennett Schmidt	FR	St. Norbert		1.86m
8	Ryan Flood	SO	St. Norbert		1.87m
9	Zach Wendland	SO	Concordia (W)		1.90m

Event 31 Women Hammer Throw

Relays: 51.69m 4/13/2024 Vanessa Uitenbroek
 Facility: 54.68m 2013 Allison Devor

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Madysen Gonzagowski	FR	Concordia (W)		23.26m
2	Samantha Krueger	FR	St. Norbert		23.51m
3	Cora Anderson	SO	St. Norbert		23.81m
4	Kellee Hangartner	FR	St. Norbert		25.74m
5	Kai Herrera	SR	Beloit		29.95m
6	Daphne Aravena	FR	St. Norbert		30.22m
7	Kennedy Klitzke	FR	St. Norbert		32.45m
8	Makenna Herbrand	FR	Concordia (W)		32.49m
9	Jamie Maas	SR	Concordia (W)		32.55m
10	Bryanna Mursch	SO	Concordia (W)		33.63m
11	Adelaide Schmitt	FR	Beloit		33.99m
12	Jolie Foreman	JR	St. Norbert		34.02m
13	Morgan Feuker	SO	Concordia (W)		34.05m
14	Kailey Ramaker	JR	Concordia (W)		36.19m
15	Kayla Starnes	SR	St. Norbert		39.93m
16	Katherine Kronberger	SR	Beloit		40.49m
17	Gloria Tyler	SR	St. Norbert		44.16m

Event 32 Men Hammer Throw

Relays: 59.62m 4/28/2018 Brandon Pichen
 Facility: 59.62m 4/28/2018 Brandon Pichen

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Raymond Dewar	SR	Beloit		26.77m
2	Clayton Nichols	FR	Concordia (W)		27.13m
3	Alex Luehrs	SO	Unattached		28.22m
4	Hayden Kettman	FR	Concordia (W)		31.64m
5	Cooper Einsweiler	FR	St. Norbert		33.31m
6	Cooper Slatter	SR	Beloit		33.62m
7	Nick Felske	SO	Unattached		34.62m
8	Jacob Couillard	SR	Concordia (W)		35.81m
9	Jacob Sawicki	SO	St. Norbert		36.32m
10	Ian Phillips	FR	Beloit		36.84m
11	John Kutner	JR	Concordia (W)		41.60m
12	Joshua Martinez Marte	SO	Beloit		43.73m

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Event 33 Women Discus Throw

Relays: 47.96m 4/13/2024 Charlotte Frere				
Facility: 47.96m 4/13/2024 Charlotte Frere				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Daphne Aravena	FR	St. Norbert	23.99m
2	Madysen Gonzagowski	FR	Concordia (W)	26.09m
3	Makenna Herbrand	FR	Concordia (W)	26.17m
4	Samantha Krueger	FR	St. Norbert	26.32m
5	Morgan Feuker	SO	Concordia (W)	27.77m
6	Katherine Kronberger	SR	Beloit	28.39m
7	Jamie Maas	SR	Concordia (W)	28.77m
8	Kellee Hangartner	FR	St. Norbert	29.35m
Flight 2 of 2 Finals				
1	Kai Herrera	SR	Beloit	30.65m
2	Bryanna Mursch	SO	Concordia (W)	30.67m
3	Adelaide Schmitt	FR	Beloit	30.86m
4	Kennedy Klitzke	FR	St. Norbert	32.77m
5	Hadja Bayo	SR	Beloit	36.39m
6	Jolie Foreman	JR	St. Norbert	36.49m
7	Kayla Starnes	SR	St. Norbert	36.89m
8	Kailey Ramaker	JR	Concordia (W)	36.93m
9	Taylor Thiry	JR	St. Norbert	38.50m

Event 34 Men Discus Throw

Relays: 54.65m 4/13/2024 Steven Hermsen				
Facility: 54.65m 4/13/2024 Steven Hermsen				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Michael Kasemervisz	FR	Lake Forest	ND
2	Dominick Enriquez	FR	Lakeland	21.23m
3	Jonathan Timm	SR	St. Norbert	24.09m
4	Cole Pawlitzky	JR	St. Norbert	26.85m
5	Trevor Oneacre	SR	St. Norbert	28.72m
6	Cooper Slatter	SR	Beloit	32.16m
7	Nick Felske	SO	Unattached	32.93m
8	Alex Luehrs	SO	Unattached	34.01m
Flight 2 of 2 Finals				
1	John Kutner	JR	Concordia (W)	34.04m
2	Ian Phillips	FR	Beloit	34.68m
3	Raymond Dewar	SR	Beloit	34.88m
4	Cooper Einsweiler	FR	St. Norbert	35.03m
5	Clayton Nichols	FR	Concordia (W)	36.26m
6	Hayden Kettman	FR	Concordia (W)	36.86m
7	Jacob Sawicki	SO	St. Norbert	40.05m
8	Marcus Mittelstadt	SR	St. Norbert	41.17m
9	Joshua Martinez Marte	SO	Beloit	44.54m

Event 35 Women Javelin Throw

Relays: 41.01m 4/13/2024 Peyton Panka				
Facility: 42.08m 2013 Amanda Trieloff				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Sophia Papas	SR	Beloit	14.32m
2	Madysen Gonzagowski	FR	Concordia (W)	16.46m
3	Gloria Tyler	SR	St. Norbert	24.40m
4	Larissa Huffman	SO	St. Norbert	24.74m
5	Morgan Feuker	SO	Concordia (W)	26.00m
6	Cora Anderson	SO	St. Norbert	26.52m
7	Paige Schreiber	SO	Concordia (W)	27.59m
8	Adelaide Schmitt	FR	Beloit	27.65m
9	Haley Carlin	SO	Beloit	28.19m
10	Lauren Borchardt	SR	St. Norbert	29.47m
11	Emmy Punches	JR	Lake Forest	30.99m
12	Jamie Maas	SR	Concordia (W)	32.10m
13	Daphne Aravena	FR	St. Norbert	33.00m
14	Ellison Lilyquist	SO	St. Norbert	33.14m

Event 36 Men Javelin Throw

Relays: 64.76m 1963 John Budde				
Facility: 57.08m 4/13/2024 Noah Potratz				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	Luke Nash	SR	St. Norbert	ND
2	Morgan Caho	FR	Lakeland	ND
3	Cooper Slatter	SR	Beloit	21.48m
4	Ian Phillips	FR	Beloit	25.84m
5	Hayden Kettman	FR	Concordia (W)	31.43m
6	Joshua Zick	SR	St. Norbert	32.14m
7	Thomas Ian	SR	Beloit	33.14m
8	Clayton Nichols	FR	Concordia (W)	33.95m
9	Trevor Oneacre	SR	St. Norbert	35.83m
10	Alex Myszewski	SR	St. Norbert	36.70m
11	Nick Johnson	SR	St. Norbert	37.10m
Flight 2 of 2 Finals				
1	Jonathan Timm	SR	St. Norbert	37.67m
2	Randy Johnson	SR	St. Norbert	37.86m
3	Marcus Mittelstadt	SR	St. Norbert	39.00m
4	John Kutner	JR	Concordia (W)	39.31m
5	Luke Witte	SO	Concordia (W)	39.50m
6	Nick Taylor	JR	Concordia (W)	40.09m
7	Maddix Mueller	FR	St. Norbert	40.28m
8	Hunter Thiel	SO	St. Norbert	42.24m
9	Zach Wendland	SO	Concordia (W)	44.89m
10	Justin Clark	FR	Concordia (W)	45.16m
11	Jake Lemke	JR	Lakeland	46.22m
12	Holter Gette	FR	Concordia (W)	47.36m

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Event 37 Women Long Jump

Relays: 5.31m 4/24/2015 Elina Gunnarsson
 Facility: 5.85m 2013 Melissa Norville

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jacey Read	FR	Concordia (W)	ND	_____
2	Inessa Kaufman	SO	Lake Forest	4.23m	_____
3	Ellison Lilyquist	SO	St. Norbert	4.52m	_____
4	Larissa Huffman	SO	St. Norbert	4.55m	_____
5	Naomi Murphy	SO	Beloit	4.61m	_____
6	Zahra Tait	FR	Lake Forest	4.73m	_____
7	Sabrina Moore	SR	Concordia (W)	4.84m	_____
8	Amy Fix		Greater Milw	4.94m	_____
9	Ellie Staehling	SR	St. Norbert	5.02m	_____
10	Natiya Ballard	FR	Concordia (W)	5.04m	_____
11	Amereka McPherson	JR	St. Norbert	5.11m	_____
12	Alli Clark	SO	St. Norbert	5.11m	_____
13	Maya Hielscher	SR	Concordia (W)	5.18m	_____
14	Cassandra Vaughan	FR	St. Norbert	5.21m	_____
15	Marissa Lorenz	SR	St. Norbert	5.28m	_____

Event 38 Men Long Jump

Relays: 7.21m 1977 Sitz
 Facility: 6.72m 4/13/2024 Abayomi Awoyomi

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Mwesigwa Mulimba	JR	Lake Forest	4.75m	_____
2	Prince Upadhyay	JR	Beloit	5.32m	_____
3	Joshua Zick	SR	St. Norbert	5.45m	_____
4	Caeden Kreibich	FR	Concordia (W)	5.48m	_____
5	Nick Taylor	JR	Concordia (W)	5.54m	_____
6	Liam Foo	FR	Lake Forest	5.56m	_____
7	Corban Jackson	FR	Concordia (W)	5.74m	_____
8	Jake Lemke	JR	Lakeland	5.95m	_____
9	Jalen Williams	FR	Lake Forest	5.99m	_____
10	Lucas Mathes	FR	Concordia (W)	6.02m	_____
Flight 2 of 2 Finals					
1	Vanshith Bhandari	JR	Beloit	6.10m	_____
2	Israel Zewdie	JR	Beloit	6.14m	_____
3	Drew Arhebun	JR	Beloit	6.20m	_____
4	Kam'ron Pierre	FR	Concordia (W)	6.24m	_____
5	Anthony Osborn	JR	St. Norbert	6.26m	_____
6	Preston Dos Santos	FR	Lakeland	6.35m	_____
7	Corbyn Apfel	FR	St. Norbert	6.37m	_____
8	Hunter Thiel	SO	St. Norbert	6.39m	_____
9	Matt Ganz	SR	St. Norbert	6.41m	_____
10	Alex Myszewski	SR	St. Norbert	6.59m	_____
11	John-Charles Ify Deary	FR	Beloit	6.79m	_____

Event 39 Women Triple Jump

Relays: 11.43m 4/13/2024 Eden Maranell
 Facility: 12.33m 2013 Melissa Norville

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Inessa Kaufman	SO	Lake Forest	8.25m	_____
2	Zahra Tait	FR	Lake Forest	9.22m	_____
3	Stella Abernethy	FR	Lake Forest	9.40m	_____
4	Amy Fix		Greater Milw	10.05m	_____
5	Kaitlyn Kotula	JR	Concordia (W)	10.39m	_____
6	Alli Clark	SO	St. Norbert	10.87m	_____
7	Marissa Lorenz	SR	St. Norbert	11.00m	_____
8	Amereka McPherson	JR	St. Norbert	11.10m	_____
9	Amiyah Jackson	FR	Concordia (W)	11.35m	_____

Event 40 Men Triple Jump

Relays: 14.36m 2013 Jevon Maddoz
 Facility: 14.43m 2013 Kyle Mengarelli

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Vanshith Bhandari	JR	Beloit	11.84m	_____
2	Aaron Klug	SO	Concordia (W)	11.93m	_____
3	Anthony Osborn	JR	St. Norbert	12.22m	_____
4	Bennett Schmidt	FR	St. Norbert	12.24m	_____
5	Caeden Kreibich	FR	Concordia (W)	12.40m	_____
6	Corban Jackson	FR	Concordia (W)	12.58m	_____
7	Israel Zewdie	JR	Beloit	12.81m	_____
8	Jacob Larson	JR	St. Norbert	12.99m	_____
9	Hunter Thiel	SO	St. Norbert	13.00m	_____
10	Maddix Mueller	FR	St. Norbert	13.17m	_____
11	Lucas Mathes	FR	Concordia (W)	13.19m	_____
12	Ryan Talty	FR	Lake Forest	13.33m	_____
13	Alex Myszewski	SR	St. Norbert	13.74m	_____

Event 41 Women Shot Put

Relays: 14.43m 4/13/2024 Vanessa Uitenbroek
 Facility: 14.43m 4/13/2024 Vanessa Uitenbroek

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Larissa Huffman	SO	St. Norbert	8.48m	_____
2	Peyton Noles	FR	Lake Forest	8.85m	_____
3	Lillia Carson	FR	St. Norbert	9.47m	_____
4	Kai Herrera	SR	Beloit	9.50m	_____
5	Bryanna Mursch	SO	Concordia (W)	9.60m	_____
6	Madysen Gonzagowski	FR	Concordia (W)	9.76m	_____
7	Kellee Hangartner	FR	St. Norbert	9.89m	_____
8	Kailey Ramaker	JR	Concordia (W)	9.97m	_____

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1	Jamie Maas	SR	Concordia (W)	9.97m	_____
2	Adelaide Schmitt	FR	Beloit	9.98m	_____
3	Makenna Herbrand	FR	Concordia (W)	10.10m	_____
4	Cora Anderson	SO	St. Norbert	10.14m	_____
5	Morgan Feuker	SO	Concordia (W)	10.35m	_____
6	Hadja Bayo	SR	Beloit	10.90m	_____
7	Katherine Kronberger	SR	Beloit	10.96m	_____
8	Paige Schreiber	SO	Concordia (W)	11.25m	_____
9	Taylor Thiry	JR	St. Norbert	12.89m	_____

Event 42 Men Shot Put

Relays: 16.61m 1977 Rick versen
Facility: 16.22m 4/13/2024 Steven Hermesen

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Dominick Enriquez	FR	Lakeland	7.08m	_____
2	Rodney James	FR	Lake Forest	8.34m	_____
3	Joshua Zick	SR	St. Norbert	9.87m	_____
4	Jonathan Timm	SR	St. Norbert	9.94m	_____
5	Alex Luehrs	SO	Unattached	10.67m	_____
6	Clayton Nichols	FR	Concordia (W)	10.76m	_____
7	Cooper Slatter	SR	Beloit	11.11m	_____
8	Raymond Dewar	SR	Beloit	11.61m	_____
9	John Kutner	JR	Concordia (W)	12.04m	_____
10	Marcus Mittelstadt	SR	St. Norbert	12.52m	_____
11	Ian Phillips	FR	Beloit	12.78m	_____
12	Jacob Sawicki	SO	St. Norbert	12.81m	_____
13	Hayden Kettman	FR	Concordia (W)	13.08m	_____
14	Cooper Einsweiler	FR	St. Norbert	13.72m	_____
15	Michael Kasemervisz	FR	Lake Forest	14.72m	_____
16	Joshua Martinez Marte	SO	Beloit	15.05m	_____