

Midwest Conference Championships
Beloit Country Club - Hosted by Beloit College
Beloit, Wisconsin
October 31, 2026

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Womens' 6000 Meter Run ****

Place	Team Pts	Team Place	Bib#	Name	Yr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1	1/16	637	Joley Berger	Jr	Ripon	21:20.0	6:52
2	2	1/13	403	Lidia Dahlman	Jr	Cornell College	21:52.0	7:03
3	3	2/16	634	Gabby Allard	Sr	Ripon	22:20.0	7:12
4	4	1/9	549	Lillian Courtmage-Dyke	Jr	Lawrence	22:28.0	7:14
5	5	2/9	557	Mila Westra	Jr	Lawrence	22:34.0	7:16
6	6	1/20	457	Hannah Roth	Sr	Grinnell	22:45.0	7:20
7	7	2/20	451	Arushi Kharbanda	So	Grinnell	22:54.0	7:23
8	8	2/13	405	Milar Little	Jr	Cornell College	23:00.0	7:25
9	9	3/13	404	Gretchyn Fairlie	So	Cornell College	23:05.0	7:26
10	10	3/16	645	Ximena Juarez	Sr	Ripon	23:12.0	7:29
11	11	1/16	582	Mia Deegan	Fr	Luther	23:15.0	7:29
12	12	1/17	516	Lettia Hoda	Sr	Lake Forest	23:16.0	7:30
13	13	3/20	449	Lizzie Drew	So	Grinnell	23:17.0	7:30
14	14	4/16	635	Addy Baird	Fr	Ripon	23:19.0	7:31
15	15	4/13	413	Carley Seeley	Jr	Cornell College	23:24.0	7:32
16	16	5/13	410	Zoe Peesel	Sr	Cornell College	23:26.0	7:33
17	17	2/16	590	Norah McDonald	Sr	Luther	23:28.0	7:34
18	18	1/8	381	Addie Bogda	So	Beloit	23:38.0	7:37
19	19	4/20	454	Ella McEntee	So	Grinnell	23:43.0	7:39
20	20	5/16	650	Leah Page	So	Ripon	23:44.0	7:39
21	21	5/20	459	Chloe Song	Fr	Grinnell	23:47.0	7:40
22	22	6/20	450	Beatrice Ebel	Jr	Grinnell	23:52.0	7:41
23	23	7/20	460	Emily Summers	So	Grinnell	23:53.0	7:42
24		8/20	464	Cindy Wang	Jr	Grinnell	23:54.0	7:42
25		9/20	461	Julia Toro	So	Grinnell	23:59.0	7:44
26	24	6/16	641	Mya Garcia	Sr	Ripon	24:03.0	7:45
27	25	3/9	553	Griyan Hughland	Fr	Lawrence	24:07.0	7:46
28	26	3/16	593	Annika Veit	Sr	Luther	24:12.0	7:48
29	27	1/6	484	Adelie Wilson	Fr	Illinois College	24:14.0	7:48
30	28	4/9	554	Ella Nichelson	Fr	Lawrence	24:19.0	7:50
31	29	4/16	589	Mia Lung	Jr	Luther	24:20.0	7:50
32	30	1/5	494	Elsie Conwell	So	Knox	24:22.0	7:51
33		1/2	605	Morgan Sheley	Fr	Monmouth (Ill.)	24:23.0	7:51
34		10/20	466	Carmen Wooten	So	Grinnell	24:24.0	7:52
35	31	6/13	406	Lily Manzo	Fr	Cornell College	24:24.1	7:52
36	32	2/17	515	Sophie Graham	Sr	Lake Forest	24:26.0	7:52
37	33	7/16	638	Emma Bousley	Fr	Ripon	24:30.0	7:54
38	34	2/6	478	Samantha Costello	Sr	Illinois College	24:31.0	7:54
39	35	7/13	414	Hannah Stone	Fr	Cornell College	24:40.0	7:57
40	36	3/17	512	Ellie Clark	Jr	Lake Forest	24:48.0	7:59
41	37	5/9	552	Laura Henze	Sr	Lawrence	24:50.0	8:00
42	38	5/16	579	Katelyn Brower	Fr	Luther	24:57.0	8:02
43	39	6/16	587	Mallory Kotewa	So	Luther	24:57.1	8:02
44	40	7/16	586	Kate Johnson	So	Luther	24:58.0	8:03
45	41	6/9	550	Rachel Fleck	So	Lawrence	25:01.0	8:04
46	42	7/9	551	Annabelle Gerrits	Fr	Lawrence	25:01.1	8:04
47	43	3/6	479	Sophie Helfrich	Fr	Illinois College	25:07.0	8:06
48		11/20	447	Julia Chang	So	Grinnell	25:07.1	8:06
49		12/20	458	Ellie Scott	Fr	Grinnell	25:12.0	8:07
50	44	4/17	524	Gabriela Tamamidis	Fr	Lake Forest	25:12.1	8:07
51	45	4/6	480	Caroline Peters	Sr	Illinois College	25:15.0	8:08
52	46	5/6	483	Izzy Wellenreiter	Fr	Illinois College	25:19.0	8:09
53		8/16	652	Sienna Timm	So	Ripon	25:20.0	8:10
54		13/20	463	Noelle Vu	Jr	Grinnell	25:20.1	8:10
55	47	5/17	519	Amelia Long	Fr	Lake Forest	25:23.0	8:11
56		8/13	407	Ruby Mercer	Fr	Cornell College	25:26.0	8:12
57		14/20	446	Edie Broadmoore	So	Grinnell	25:27.0	8:12
58	48	2/8	383	Sofia Jackson	So	Beloit	25:28.0	8:12
59	49	3/8	386	Cole Miller	Sr	Beloit	25:30.0	8:13
60		8/16	594	Lillyan Wiese	Jr	Luther	25:30.1	8:13

10/31/2026 10:30PM

Weather: Cloudy, 57° F

Results provided by AccuRace Timing Services
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Team		Team		Womens 5000 Meter Run		Avg		
Place	Pts	Place	Bib#	Name	Yr	Team	Time	Mile
=====	=====	=====	=====	=====	==	=====	=====	=====
61	50	4/8	388	Allie Roberts	So	Beloit	25:36.0	8:15
62		9/16	647	Noelle Makela	Fr	Ripon	25:39.0	8:16
63		9/13	415	Sophie Stumbo	Sr	Cornell College	25:41.0	8:16
64		8/9	556	Lydia Shaney	Fr	Lawrence	25:46.0	8:18
65		15/20	452	Alex Machemer	Fr	Grinnell	25:51.0	8:20
66		9/16	580	Nora Brown	Fr	Luther	25:53.0	8:20
67		10/16	649	Tatum Packard	So	Ripon	25:56.0	8:21
68		10/16	584	Kylie Heaberlin	Fr	Luther	25:59.0	8:22
69		11/16	583	Lilian Gyure	Fr	Luther	26:00.0	8:23
70		2/2	604	Melissa Bivolarov	Sr	Monmouth (Ill.)	26:02.0	8:23
71		12/16	588	Alma Lofquist	Fr	Luther	26:03.0	8:24
72		16/20	456	Jianna Pollack	Sr	Grinnell	26:09.0	8:26
73		11/16	640	Jaslyn Gama	Fr	Ripon	26:11.0	8:26
74		17/20	455	Juliet Outka	Fr	Grinnell	26:11.1	8:26
75		18/20	448	Rowan Divadeenam	Sr	Grinnell	26:13.0	8:27
76		10/13	411	Josie Schenk	So	Cornell College	26:14.0	8:27
77		11/13	412	Zoe Scott	Jr	Cornell College	26:20.0	8:29
78	51	6/6	482	Ashley Watson	So	Illinois College	26:29.0	8:32
79		12/13	409	Murray Page	Sr	Cornell College	26:31.0	8:33
80	52	6/17	523	Marysia Salabaj	Fr	Lake Forest	26:32.0	8:33
81	53	7/17	511	Maureen Bluemle	Jr	Lake Forest	26:34.0	8:34
82		8/17	510	Stella Abernethy	Jr	Lake Forest	26:42.0	8:36
83		12/16	639	Lizzie Burton	Fr	Ripon	26:45.0	8:37
84		9/17	522	Scarlett Perske	Fr	Lake Forest	26:52.0	8:39
85		10/17	518	Ashlynn Judge	Fr	Lake Forest	27:14.0	8:46
86		19/20	462	Eloise Van Howe	Fr	Grinnell	27:20.0	8:48
87		20/20	453	Caroline Mallette	Jr	Grinnell	27:33.0	8:53
88		13/16	648	Cedarlyn Otremba	Fr	Ripon	27:52.0	8:59
89		14/16	651	Riley Runke	Fr	Ripon	28:03.0	9:02
90		11/17	509	Shanzeh Abbas	Fr	Lake Forest	28:07.0	9:03
91		12/17	520	Sheila Mehtarkhel	Fr	Lake Forest	28:17.0	9:07
92		13/17	514	Grace Gleason	Jr	Lake Forest	28:28.0	9:10
93	54	2/5	498	Nicolette Walsh	So	Knox	28:28.1	9:10
94		14/17	521	Utopia Pasika	Sr	Lake Forest	28:29.0	9:11
95	55	5/8	384	Meghan Koning	Sr	Beloit	28:45.0	9:16
96		9/9	555	Jane Partsch	Sr	Lawrence	29:10.0	9:24
97	56	6/8	387	Ellie Nelson	So	Beloit	29:38.0	9:33
98	57	7/8	385	Ana Metz	So	Beloit	29:57.0	9:39
99		13/16	581	Sophia Brown	Jr	Luther	30:23.0	9:47
100		15/17	517	Avery Huffman	Sr	Lake Forest	30:26.0	9:48
101		16/17	525	Flynn Wolff	Fr	Lake Forest	30:29.0	9:49
102		14/16	591	Lily Nagy	So	Luther	30:33.0	9:50
103		15/16	644	Johanna Ibarra	Sr	Ripon	30:55.0	9:58
104		13/13	408	Ashley Olvera	Sr	Cornell College	31:01.0	9:59
105		17/17	513	Minseo Gee	Fr	Lake Forest	31:07.0	10:01
106		16/16	646	Sierra LeRoy	Jr	Ripon	31:34.0	10:10
107		8/8	382	Carly Carpenter	Jr	Beloit	32:25.0	10:27
108	58	3/5	497	Ramona Liggett	Jr	Knox	33:20.0	10:44
109	59	4/5	496	Lanaya Kellum	Fr	Knox	34:56.0	11:15
110	60	5/5	495	Sarahi Hernandez	Fr	Knox	35:16.0	11:22
111		15/16	585	Summer Jensen	Sr	Luther	35:34.0	11:27
112		16/16	592	Cassie Peterson	Sr	Luther</		

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**** Womens' Team Score ****

1.	48	Ripon	(22:47.0 113:55.0 2:24.0)
1	1	Joley Berger	Jr 21:20.0
2	3	Gabby Allard	Sr 22:20.0
3	10	Ximena Juarez	Sr 23:12.0
4	14	Addy Baird	Fr 23:19.0
5	20	Leah Page	So 23:44.0
6	(24)	Mya Garcia	Sr 24:03.0
7	(33)	Emma Bousley	Fr 24:30.0
2.	50	Cornell College	(22:57.4 114:47.0 1:34.0)
1	2	Lidia Dahlman	Jr 21:52.0
2	8	Milar Little	Jr 23:00.0
3	9	Gretchyn Fairlie	So 23:05.0
4	15	Carley Seeley	Jr 23:24.0
5	16	Zoe Peesel	Sr 23:26.0
6	(31)	Lily Manzo	Fr 24:24.1
7	(35)	Hannah Stone	Fr 24:40.0
3.	66	Grinnell	(23:17.2 116:26.0 1:02.0)
1	6	Hannah Roth	Sr 22:45.0
2	7	Arushi Kharbanda	So 22:54.0
3	13	Lizzie Drew	So 23:17.0
4	19	Ella McEntee	So 23:43.0
5	21	Chloe Song	Fr 23:47.0
6	(22)	Beatrice Ebel	Jr 23:52.0
7	(23)	Emily Summers	So 23:53.0
4.	99	Lawrence	(23:39.6 118:18.0 2:22.0)
1	4	Lillian Courtmage-Dyke	Jr 22:28.0
2	5	Mila Westra	Jr 22:34.0
3	25	Griyan Hughland	Fr 24:07.0
4	28	Ella Nicholson	Fr 24:19.0
5	37	Laura Henze	Sr 24:50.0
6	(41)	Rachel Fleck	So 25:01.0
7	(42)	Annabelle Gerrits	Fr 25:01.1
5.	121	Luther	(24:02.4 120:12.0 1:42.0)
1	11	Mia Deegan	Fr 23:15.0
2	17	Norah McDonald	Sr 23:28.0
3	26	Annika Veit	Sr 24:12.0
4	29	Mia Lung	Jr 24:20.0
5	38	Katelyn Brower	Fr 24:57.0
6	(39)	Mallory Kotewa	So 24:57.1
7	(40)	Kate Johnson	So 24:58.0
6.	171	Lake Forest	(24:37.1 123:05.1 2:07.0)
1	12	Lettia Hoda	Sr 23:16.0
2	32	Sophie Graham	Sr 24:26.0
3	36	Ellie Clark	Jr 24:48.0
4	44	Gabriela Tamamidis	Fr 25:12.1
5	47	Amelia Long	Fr 25:23.0
6	(52)	Marysia Salabaj	Fr 26:32.0
7	(53)	Maureen Bluemle	Jr 26:34.0

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**** Womens' Team Score ****

7.	195	Illinois College	(24:53.2 124:26.0 1:05.0)
1	27	Adelie Wilson	Fr 24:14.0
2	34	Samantha Costello	Sr 24:31.0
3	43	Sophie Helfrich	Fr 25:07.0
4	45	Caroline Peters	Sr 25:15.0
5	46	Izzy Wellenreiter	Fr 25:19.0
6	(51)	Ashley Watson	So 26:29.0
8.	220	Beloit	(25:47.4 128:57.0 5:07.0)
1	18	Addie Bogda	So 23:38.0
2	48	Sofia Jackson	So 25:28.0
3	49	Cole Miller	Sr 25:30.0
4	50	Allie Roberts	So 25:36.0
5	55	Meghan Koning	Sr 28:45.0
6	(56)	Ellie Nelson	So 29:38.0
7	(57)	Ana Metz	So 29:57.0
9.	261	Knox	(31:16.5 156:22.110:54.0)
1	30	Elsie Conwell	So 24:22.0
2	54	Nicolette Walsh	So 28:28.1
3	58	Ramona Liggett	Jr 33:20.0
4	59	Lanaya Kellum	Fr 34:56.0
5	60	Sarahi Hernandez	Fr 35:16.0

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**** Mens' 8000 Meter Run ****

Place	Team Pts	Team Place	Bib#	Name	Yr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	=====	=====	=====	=====
1	1	1/21	569	Michel Heinrich	Sr	Luther	25:06.0	5:03
2	2	2/21	567	Adam Gray	Fr	Luther	25:11.0	5:04
3	3	1/13	391	Jacob Bach	Jr	Cornell College	25:14.0	5:05
4	4	1/23	536	Nick Hansen	Jr	Lawrence	25:40.0	5:10
5	5	1/28	431	Jack Lakin	So	Grinnell	25:40.1	5:10
6	6	1/25	622	Dylan Malmgren	Jr	Ripon	25:41.0	5:10
7	7	2/28	416	Ben Abelow	Jr	Grinnell	25:52.0	5:13
8	8	3/21	563	Jacob Bruns	Jr	Luther	26:00.0	5:14
9	9	2/23	543	Zach Meyer	Jr	Lawrence	26:01.0	5:15
10	10	3/28	422	Leif Dahl	So	Grinnell	26:07.0	5:16
11	11	4/28	426	Greyson Imm	Jr	Grinnell	26:07.1	5:16
12	12	2/13	399	Isaac Morris	Jr	Cornell College	26:09.0	5:16
13	13	3/23	548	Noah Zhang	Fr	Lawrence	26:19.0	5:18
14	14	4/23	540	Finn Lee	Sr	Lawrence	26:30.0	5:20
15	15	5/28	424	Milo Flores	Fr	Grinnell	26:35.0	5:21
16	16	6/28	443	Evan Whildin	Fr	Grinnell	26:38.0	5:22
17	17	7/28	434	Sebastian Manza	Sr	Grinnell	26:40.0	5:22
18	18	2/25	615	Drew Kaufmann	So	Ripon	26:41.0	5:23
19	19	1/9	503	Demos Manoukis	Jr	Lake Forest	26:41.1	5:23
20	20	5/23	531	Ryan Cassidy	Sr	Lawrence	26:47.0	5:24
21	21	3/25	620	Finn Lettau	So	Ripon	26:47.1	5:24
22	22	6/23	535	Gabe Gross	Fr	Lawrence	26:49.0	5:24
23		8/28	417	Sam Beck	Sr	Grinnell	26:52.0	5:25
24	23	4/25	614	Nathan Johnson	So	Ripon	26:52.1	5:25
25	24	7/23	545	Finn Walston	Fr	Lawrence	26:53.0	5:25
26	25	3/13	402	Tony Zamudio	Sr	Cornell College	26:59.0	5:26
27		8/23	544	Max Reemtsma	Sr	Lawrence	27:02.0	5:27
28	26	4/21	560	Jack Bode	Sr	Luther	27:03.0	5:27
29	27	5/21	565	Johnny Fox	Sr	Luther	27:10.0	5:28
30		9/28	436	Aidan Michaelson	Jr	Grinnell	27:14.0	5:29
31	28	5/25	619	Otto Leake	Fr	Ripon	27:16.0	5:30
32		9/23	534	Tristen Gray	Fr	Lawrence	27:16.1	5:30
33		10/28	429	Ian Kawamura	Fr	Grinnell	27:17.0	5:30
34		10/23	527	Leigham Alexander	So	Lawrence	27:19.0	5:30
35		11/23	547	Sebastian Woodrich	Fr	Lawrence	27:20.0	5:30
36		11/28	433	Spencer Lyau	So	Grinnell	27:21.0	5:31
37	29	1/9	602	Xander Stoub	Sr	Monmouth (Ill.)	27:24.0	5:31
38	30	6/25	613	Jaxon Hornby	Jr	Ripon	27:32.0	5:33
39	31	4/13	393	Jamie Briggs	Jr	Cornell College	27:34.0	5:33
40	32	5/13	392	Breezy Barnes	Jr	Cornell College	27:34.1	5:33
41	33	7/25	633	Zephyr Zahnter-Yocom	Fr	Ripon	27:38.0	5:34
42	34	6/21	559	Reid Binsfeld	Jr	Luther	27:40.0	5:34
43	35	7/21	558	Peyton Andring	Fr	Luther	27:41.0	5:35
44		8/25	617	Adam Klemm	So	Ripon	27:44.0	5:35
45		12/23	537	Jasper Hansen-Terry	Fr	Lawrence	27:47.0	5:36
46		13/23	538	Caleb Hardy	Jr	Lawrence	27:47.1	5:36
47		14/23	542	Jaxson Meyer	Fr	Lawrence	27:49.0	5:36
48	36	6/13	394	Caden Edwards	So	Cornell College	27:52.0	5:37
49		12/28	438	Nicholas Ouhabi	Jr	Grinnell	27:53.0	5:37
50	37	2/9	600	Andrew Peterson	Jr	Monmouth (Ill.)	27:55.0	5:37
51		9/25	631	Nick Tyrcha	So	Ripon	27:55.1	5:37
52	38	3/9	595	Fernando Avila Rubio	Jr	Monmouth (Ill.)	27:56.0	5:38
53		8/21	564	Abe Conway	Jr	Luther	27:58.0	5:38
54		13/28	427	David In	Jr	Grinnell	28:03.0	5:39
55		14/28	441	Cayden Smith	So	Grinnell	28:04.0	5:39
56		9/21	574	Simon Persson	Jr	Luther	28:06.0	5:40
57		15/28	421	Cole Craig	Fr	Grinnell	28:06.0	5:40
58		15/23	539	Reuben Keuler	Jr	Lawrence	28:09.0	5:40
59	39	1/8	468	Robby Biesenthal	Sr	Illinois College	28:09.1	5:40
60	40	4/9	599	Dawid Opiola	Fr	Monmouth (Ill.)	28:10.0	5:40

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**** Mens' 8000 Meter Run ****

Place	Team	Team	Bib#	Name	Yr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	=====	=====	=====	=====
61	41	1/8	490	Misha Ratner	Jr	Knox	28:10.1	5:40
62		10/21	572	Ben Murr	Jr	Luther	28:15.0	5:41
63		16/28	444	Evan Young	Fr	Grinnell	28:17.0	5:42
64	42	5/9	596	Wyatt Hall	Fr	Monmouth (Ill.)	28:18.0	5:42
65		11/21	562	Miles Bremer	Fr	Luther	28:20.0	5:42
66	43	6/9	603	Jack Wayne	Fr	Monmouth (Ill.)	28:20.1	5:42
67		17/28	420	Henry Chiao	So	Grinnell	28:20.2	5:43
68	44	7/13	397	Easton Mai	So	Cornell College	28:20.3	5:43
69		18/28	432	Justin Lee	Jr	Grinnell	28:21.0	5:43
70	45	2/9	502	Owen Lashenik	Jr	Lake Forest	28:22.0	5:43
71		16/23	526	Francis Alexander	So	Lawrence	28:22.1	5:43
72		19/28	439	Henry Pickert	Fr	Grinnell	28:23.0	5:43
73	46	3/9	499	Khalil Crosby	So	Lake Forest	28:25.0	5:43
74		10/25	627	Aidan Ruedinger	So	Ripon	28:26.0	5:44
75		12/21	568	Trey Hegland	Fr	Luther	28:32.0	5:45
76	47	2/8	474	Jack Rogers	So	Illinois College	28:33.0	5:45
77		20/28	440	Gabe Shiloh	So	Grinnell	28:33.1	5:45
78		11/25	612	Kilian Duncan	Fr	Ripon	28:40.0	5:46
79		8/13	396	Milo Lovely	Fr	Cornell College	28:47.0	5:48
80	48	3/8	471	Benny Helfrich	Fr	Illinois College	28:47.1	5:48
81	49	4/8	472	Zac Howard	So	Illinois College	28:52.0	5:49
82		21/28	437	Tommy Millward	Fr	Grinnell	28:52.1	5:49
83		12/25	610	Paxton Downing	Fr	Ripon	28:59.0	5:50
84		22/28	435	Jackson Massey	Jr	Grinnell	29:06.0	5:52
85		9/13	401	Johan Pacheco	So	Cornell College	29:09.0	5:52
86		13/25	628	Carter Schroeder	Fr	Ripon	29:10.0	5:53
87	50	4/9	500	Oliver Gumerson	So	Lake Forest	29:13.0	5:53
88		13/21	571	Andrew Morin	Fr	Luther	29:18.0	5:54
89		17/23	528	Elek Anderson	Sr	Lawrence	29:19.0	5:54
90		14/25	626	Jordan Rosenbaum	Fr	Ripon	29:20.0	5:55
91		18/23	529	Josh Anderson	Fr	Lawrence	29:21.0	5:55
92		14/21	578	Hudson Wheelock	Fr	Luther	29:24.0	5:55
93		10/13	389	Grant Anderson	Jr	Cornell College	29:26.0	5:56
94		15/25	623	Jackson Manley	So	Ripon	29:29.0	5:56
95		15/21	561	Alex Bodnar	Sr	Luther	29:30.0	5:57
96		23/28	425	Ryan Hill	Sr	Grinnell	29:34.0	5:57
97	51	5/8	467	Jack Armbruster	Fr	Illinois College	29:38.0	5:58
98		16/25	608	Kole Brock	So	Ripon	29:39.0	5:58
99		19/23	546	Wesley Wiesner	Sr	Lawrence	29:39.1	5:58
100		17/25	616	Connor Kinser	So	Ripon	29:40.0	5:59
101	52	5/9	508	Jack Zunker	Sr	Lake Forest	29:41.0	5:59
102	53	7/9	601	Braden Rees	So	Monmouth (Ill.)	29:41.1	5:59
103		16/21	566	Griffin Fry	Fr	Luther	29:49.0	6:00
104		18/25	606	Parker Blakeslee	So	Ripon	29:52.0	6:01
105		8/9	598	Riley Morgan	So	Monmouth (Ill.)	29:52.1	6:01
106		19/25	632	Tyler York	Fr	Ripon	29:54.0	6:01
107		20/23	541	Sam Meier	Fr	Lawrence	29:54.1	6:01
108		11/13	398	Anders Mork	Sr	Cornell College	29:55.0	6:02
109	54	2/8	487	Evan McClusky	Sr	Knox	29:58.0	6:02
110		21/23	532	Ryan Draginis	Sr	Lawrence	30:11.0	6:05
111		17/21	573	Benson Newhouse	Sr	Luther	30:11.1	6:05
112		12/13	400	Van Munson	Jr	Cornell College	30:13.0	6:05
113		20/25	621	Parker Lipinski	Fr	Ripon	30:22.0	6:07
114	55	3/8	486	Max Lawrence	Sr	Knox	30:23.0	6:07
115		21/25	611	Corne du Toit	Jr	Ripon	30:33.0	6:09
116	56	6/8	469	Devin Bradfield	Fr	Illinois College	30:39.0	6:10
117		18/21	570	Harrison Laug	So	Luther	30:41.0	6:11
118	57	4/8	492	Adam Szpakowski	Fr	Knox	30:41.1	6:11
119		22/25	629	Nick Steffen	Fr	Ripon	30:42.0	6:11
120		13/13	390	Reno Anderson	Fr	Cornell College	30:44.0	6:11

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Weather: Cloudy, 57° F

Midwest Conference Championships
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Results provided by AccuRace Timing Services
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**** Mens' 8000 Meter Run ****

Place	Team	Team	Bib#	Name	Yr	Team	Time	Avg Mile
=====	=====	=====	=====	=====	=====	=====	=====	=====
121		24/28	445	Landy Zhuo	Fr	Grinnell	30:46.0	6:12
122	58	7/8	473	LeBron Reed	Fr	Illinois College	30:52.0	6:13
123		25/28	418	Joshua Benyo Baker	So	Grinnell	30:55.0	6:14
124	59	5/8	491	Ridesh Rokaha Chhetri	Jr	Knox	31:04.0	6:15
125		26/28	428	Max Jedlicka	Jr	Grinnell	31:12.0	6:17
126		23/25	624	Xzavier Navarette	So	Ripon	31:15.0	6:18
127		22/23	533	Jack Farmer	Fr	Lawrence	31:17.0	6:18
128		24/25	618	Joe Klug	Fr	Ripon	31:50.0	6:25
129		19/21	576	Sam Swain	So	Luther	31:57.0	6:26
130		8/8	470	Hank Fletcher	Fr	Illinois College	32:03.0	6:27
131	60	6/9	501	Elliott Krebs	So	Lake Forest	32:11.0	6:29
132		20/21	575	Wil Quinn	Sr	Luther	32:18.0	6:30
133		27/28	423	Jack Ellwein	Jr	Grinnell	32:41.0	6:35
134		28/28	419	Owen Block	Sr	Grinnell	33:12.0	6:41
135	61	1/5	377	Samuel Neubauer	Fr	Beloit	33:18.0	6:42
136	62	2/5	379	Sawyer Wall	Sr	Beloit	33:25.0	6:44
137	63	6/8	493	Logan Washburn	Fr	Knox	33:26.0	6:44
138		23/23	530	Will Beaumont	Jr	Lawrence	33:29.0	6:45
139	64	3/5	378	Matthias Shoemaker	Fr	Beloit	33:54.0	6:50
140		21/21	577	Peter Weiss	Fr	Luther	33:59.0	6:51
141		25/25	625	Manny Ramirez	Fr	Ripon	34:02.0	6:51
142	65	7/9	504	Thomas Marstin	So	Lake Forest	34:08.0	6:52
143	66	4/5	380	Conall Witherite	Jr	Beloit	34:24.0	6:56
144		8/9	505	Ian Parsons	Jr	Lake Forest	34:27.0	6:56
145	67	5/5	376	Abraham Benson	Fr	Beloit	34:56.0	7:02
146		9/9	597	Larry Kamara	Sr	Monmouth (Ill.)	35:37.0	7:10
147	68	7/8	488	Chasyn Pollard	Jr	Knox	35:48.0	7:13
148		8/8	489	Elden Randolph	Fr	Knox	36:25.0	7:20
149		9/9	506	Sam Sanchez	Jr	Lake Forest	37:05.0	7:28

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Weather: Cloudy, 57° F

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Midwest Conference Championships
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**** Mens' Team Score ****

1.	48	Grinnell	(26:04.3 130:21.2 0:54.9)
1	5	Jack Lakin	So 25:40.1
2	7	Ben Abelow	Jr 25:52.0
3	10	Leif Dahl	So 26:07.0
4	11	Greyson Imm	Jr 26:07.1
5	15	Milo Flores	Fr 26:35.0
6	(16)	Evan Whildin	Fr 26:38.0
7	(17)	Sebastian Manza	Sr 26:40.0
2.	60	Lawrence	(26:15.4 131:17.0 1:07.0)
1	4	Nick Hansen	Jr 25:40.0
2	9	Zach Meyer	Jr 26:01.0
3	13	Noah Zhang	Fr 26:19.0
4	14	Finn Lee	Sr 26:30.0
5	20	Ryan Cassiday	Sr 26:47.0
6	(22)	Gabe Gross	Fr 26:49.0
7	(24)	Finn Walston	Fr 26:53.0
3.	64	Luther	(26:06.0 130:30.0 2:04.0)
1	1	Michel Heinrich	Sr 25:06.0
2	2	Adam Gray	Fr 25:11.0
3	8	Jacob Bruns	Jr 26:00.0
4	26	Jack Bode	Sr 27:03.0
5	27	Johnny Fox	Sr 27:10.0
6	(34)	Reid Binsfeld	Jr 27:40.0
7	(35)	Peyton Andring	Fr 27:41.0
4.	96	Ripon	(26:39.5 133:17.2 1:35.0)
1	6	Dylan Malmgren	Jr 25:41.0
2	18	Drew Kaufmann	So 26:41.0
3	21	Finn Lettau	So 26:47.1
4	23	Nathan Johnson	So 26:52.1
5	28	Otto Leake	Fr 27:16.0
6	(30)	Jaxon Hornby	Jr 27:32.0
7	(33)	Zephyr Zahnter-Yocom	Fr 27:38.0
5.	103	Cornell College	(26:42.1 133:30.1 2:20.1)
1	3	Jacob Bach	Jr 25:14.0
2	12	Isaac Morris	Jr 26:09.0
3	25	Tony Zamudio	Sr 26:59.0
4	31	Jamie Briggs	Jr 27:34.0
5	32	Breezy Barnes	Jr 27:34.1
6	(36)	Caden Edwards	So 27:52.0
7	(44)	Easton Mai	So 28:20.3
6.	186	Monmouth (Ill.)	(27:56.6 139:43.0 0:54.0)
1	29	Xander Stoub	Sr 27:24.0
2	37	Andrew Peterson	Jr 27:55.0
3	38	Fernando Avila Rubio	Jr 27:56.0
4	40	Dawid Opiola	Fr 28:10.0
5	42	Wyatt Hall	Fr 28:18.0
6	(43)	Jack Wayne	Fr 28:20.1
7	(53)	Braden Rees	So 29:41.1

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**** Mens' Team Score ****

7.	212	Lake Forest		(28:28.5 142:22.1 2:59.9)
1	19	Demos Manoukis	Jr 26:41.1	
2	45	Owen Lashenik	Jr 28:22.0	
3	46	Khalil Crosby	So 28:25.0	
4	50	Oliver Gumerson	So 29:13.0	
5	52	Jack Zunker	Sr 29:41.0	
6	(60)	Elliott Krebs	So 32:11.0	
7	(65)	Thomas Marstin	So 34:08.0	
8.	234	Illinois College		(28:47.9 143:59.2 1:28.9)
1	39	Robby Biesenthal	Sr 28:09.1	
2	47	Jack Rogers	So 28:33.0	
3	48	Benny Helfrich	Fr 28:47.1	
4	49	Zac Howard	So 28:52.0	
5	51	Jack Armbruster	Fr 29:38.0	
6	(56)	Devin Bradfield	Fr 30:39.0	
7	(58)	LeBron Reed	Fr 30:52.0	
9.	266	Knox		(30:03.3 150:16.2 2:53.9)
1	41	Misha Ratner	Jr 28:10.1	
2	54	Evan McClusky	Sr 29:58.0	
3	55	Max Lawrence	Sr 30:23.0	
4	57	Adam Szpakowski	Fr 30:41.1	
5	59	Ridesh Rokaha Chhetri	Jr 31:04.0	
6	(63)	Logan Washburn	Fr 33:26.0	
7	(68)	Chasyn Pollard	Jr 35:48.0	
10.	320	Beloit		(33:59.4 169:57.0 1:38.0)
1	61	Samuel Neubauer	Fr 33:18.0	
2	62	Sawyer Wall	Sr 33:25.0	
3	64	Matthias Shoemaker	Fr 33:54.0	
4	66	Conall Witherite	Jr 34:24.0	
5	67	Abraham Benson	Fr 34:56.0	